## VSI Report for Disability Committee of VSI (VSIreportNOVof2018.doc)

### November 20, 2018

Updates on some of our VSI disability swimmers are as follows"

- Joseph Peppersack has had a great swimming season so far. Joseph broke a Para Swimming American Short Course Record in the 100 IM. And on Saturday, Nov. 17<sup>th</sup>, Joseph broke the Para Swimming American Short Course record in the 200 Free. He has also achieved several season and personal best times.
- Samantha Tubbs is still training at the Olympic Training Center in Colorado Springs. She
  continues to take college classes and she teaches swimming lessons and also coaches the swim
  team at a local YMCA. Samantha is working hard to prepare for the upcoming Can Am
  Swimming Championships in Tucson, in December.
- Emilia Scovel has been working out with her developmental team, Nation's Capital Swim Club Freedom Center. Emilia swims twice a week with NCAP, and outside of the pool she has been active with therapeutic horseback riding.
- Sean Harrington is still working in Eastern Virginia (Chesapeake) and Sean swims regularly at his nearby YMCA pool.
- The VSI Disability Committee applaudes NOVA Coach Anita Dillman for working with two Handicapped swimmers and for including them in the regular VSI meets this year.

The International Paralympic Committee recently published, after many committee meetings, the strategic framework and goals for all World Para Sports, which of course includes swimming. The Vision, Mission, Values and Athlete Sport Characteristics for Paralympic Swimmers are below:

#### Vision:

Enable Para athletes to showcase their abilities and fulfi I their full potential at all levels from the grassroots through to the high performance level.

#### Mission

Develop a long-term competition calendar which encourages and increases athlete participation, provides high levels of professional officiating and classification, fair competition, and boosts the profile of the sport and its athletes.

#### **Values**

Courage Determination Inspiration Equality

# **Sport characteristics**

Athlete centered , Collaborative and engaging Fair and accountable Open and ethical

On behalf of the VSI Disability Committee, I thank our parents, coaches, officials, and countless volunteers for support our very dear and committed disability swimmers.

Respectfully submitted,

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