



Minutes – Board of Directors Meeting Sunday April 30, 2017

Topic

Presenter

Call to Order by Steve at 7:45am.

General Chair

This is part 1 of a 2 part meeting. We will get some sense of business after committee meetings. A few items have been added to the agenda: Under new business – we will discuss upcoming schedule and calendar, and also discuss times and fees task force. Also discussion on tri/quad meets for seniors swimmers, and all star team selection. Kevin will review election process. We will need tellers nominated from the floor during HOD meeting. A motion was made to approve agenda with no additions. Seconded and passed.

Minutes from previous board meeting were announced- Ashby had sent out the minutes and they were posted on the Virginia Swimming website. A date listed incorrectly in the minutes was edited and the minutes were approved as edited.

Secretary

Treasurer Report

Bob Rustin

Slow month for income. We will be over budget for Athlete Reimbursement. John asked what was our exposure in this area for the LSC? Mary explained the criterion for eligibility. The Treasurer's Report serves as a motion. Seconded by David and approved.

Report Submitted

Consent Agenda

Steve Hennessy

Finance Division Reports

Bill Geiszler

Outreach reimbursement – 2 requests about 10 days late. Bill needs approval from board since these requests are past the deadline. Jessica moved and Peter seconded. Motion approved.

Copies of budget provided to group for review. During budget meeting group found a deficit. Took measures to bring deficit down. Proposal in increase to VSI from Registration payments. Questions as to when was the last time we increased this?

Bill reviewed revenue and expenses, and how some items offset each other.

Questions from the board as to why do we keep having a deficit? Reserve covers what is in checking account.

Steve suggested that perhaps the new board should review the budget process. Changes have come about and we want to make sure we are making changes to our budgeting process as needed.

Bill pointed out where we could make increases for next years budget.

The budget was presented as a motion. Seconded by Kevin McHaney.

Call for a vote - the budget passed.

- Club Development Grant Committee

Bill Geiszler

Administrative Division Reports

- Administration

Up to 85 long course meets on schedule for this spring/summer.

Need to get back to task force on other meet options.

John Stanley

No report

- Rules

Kevin Hogan

No Report

- Officials

Bryan Wallin

No report

- Diversity and Inclusion

Peter Maloney

Report submitted

- Registration/Membership

One action item – Membership Cards. None will be provided for anyone starting 2018, we can order them if we want to keep producing them. Mary asked the coaches who felt the cards were not necessary. Coaches can print their own if they want. Mary made a motion that VSI discontinue to produce membership cards to coach members. Peter seconded the motion. Motion passed.

Mary Turner

Report Submitted

- Technical Planning

Accepted recommendation from senior committee for allocation of Senior Champs and Age Group Champs. Multiple bids for Summer Awards meet – all at same facility. Tech planning wants to go back to facility to discuss who should host Summer Awards meet-received more than one bid for this meet. Tech planning would provide a list of criterion as to whom would be preferable host team. Tech planning is in a difficult position.

Jessica Simons

Report submitted

Discussion ensued– why are we asking the facility who should host the meet?

Incomplete bid should not be entertained. Must be submitted with Bid Request and draft Meet Announcement. Push back to teams who need to follow the process. Use the data we have from the teams to make the decision as to who should host the meet. This is new business – not been discussed before.

Does not have firm commit from facility from SW championships.

Moving Poseidon to Blue Ridge Region and Quest will move to Northern Region.

- National Times Verification Officer

Terry Randolph

No report

- Records

Jessica Simons

<ul style="list-style-type: none"> • Equipment & Webmaster 	No Report Michael Braum No report
<ul style="list-style-type: none"> • Age Group <p>No new business to discuss.</p>	Scott Baldwin No report
<ul style="list-style-type: none"> • Disability 	David Strider Report Submitted
<ul style="list-style-type: none"> • Zone Team Manager 	Maureen Tolliver No report
<ul style="list-style-type: none"> • Senior Division Reports <p>Time standards will stay the same. Liberty has been endorsed for Age Group State Champs and for Long Course Senior Champs, CSAC 1st choice and Jeff Rouse 2nd for Short course Senior Champs.</p> <p>Want to put together group to work on best practices – to facilitate better communication with officials throughout the LSC.</p>	Ted Sallade Report submitted

<ul style="list-style-type: none"> • Coach Division Report <p>Coaches conducted a survey at Regional champs – VSI scored overall 4.27 (out of 5). Feedback from the survey – teams wanted more 10 and under short course meets, VSI scored highly on providing help to the clubs. Kevin then discussed elections for coach reps.</p>	Kevin McHaney No report
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<ul style="list-style-type: none"> • Athlete Division Report <p>Nothing to report. Steve thanked Grace for her service.</p> <p><i>Steve would like Athlete committee to develop what would be the best tools to use for social media and getting our info out to membership.</i></p>	Alix Neilan
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Safety Division Report	Gordan Hair No Report
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Unfinished (Old Business)

<ul style="list-style-type: none"> • Vacant Board & Advisory Positions <p>Some of this will be taken care of through elections. Tag Grove has expressed interest in Camps and Clinics. <i>Steve to follow up on this.</i></p>	Steve Hennessy
<ul style="list-style-type: none"> • Club Development Coordinator – still looking • Hiring Task Force Update <p>Report sent out to BOD.</p> <p>Job opening to be posted on VSI website and Swim Swam. Reviewed recruiting plans.</p>	Ashby Marcey

<ul style="list-style-type: none"> • Philips 66 Outstanding Service Recognition 	Steve Hennessy
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Making presentation this afternoon-Two recipients for this award, and one for lifetime swimming membership.

- Lifetime USA Swimming Membership – see above
- Meet Fees and Timelines

Steve Hennessy

John Stanley

Needs more time to work with task force on this issue.

- VSI Meet Announcement Templates

Jessica Simons

Jessica has some additions which need to be added– like Drone policy, shower policy

New Business:

- Proposed schedule and calendar

Jessica needs dates for next years April BOD/HOD meeting and Awards event. This event will be held April 28/29 of 2018. Swimposium will be held September 30 and Oct 1 this fall. AGC and Senior Champs are scheduled.

Jessica does not have firm commitment for facility for Blue Ridge Regional Championships. Tech planning will not be putting forth regional alignment for 2018, until we see how the numbers shake out for 2017. For 2018 short course regional's, taking Poseidon out of Southeast region and putting them in Blue Ridge. Taking Quest from Blue Ridge and moving to Northeast region.

Steve urged Tech planning to publish these moves and the numbers behind them. Discussion over moving teams and length of meets. ***Steve asked Jessica to bring in a report with all the numbers.***

Will be making some additions to the Meet Template – one example is the drone policy. They would like all the templates to match. Perhaps make some of the formats more easy to follow. ***Want to get this done by September. Jessica asked for any input on meet announcements to be sent to her.***

Steve urged his predecessor to formalize who is on the committees. Some people do not know they are on a committee.

Upcoming face to face meetings:

October 1, 2017 – BOD/HOD Meeting

February 3, 2018 – BOD Meeting Saturday at 2:00pm

April 29, 2018 – BOD/HOD Meetings

August 25, 2018 – BOD Meeting Saturday at 2:00pm

Video conferences:

November 20, 2017 – Monday at 9:00pm

June 3, 2018 - Sunday at 9:00pm

Mary suggested a controlled agenda for these meetings.

- Fees and Timelines Task Force Report

Not much to report, task force is still working in this area.

- Proposed Senior Tri/Quad Meets

Nothing to report at this time.

- All Star Team – Use of SWIMS and how do we expand its use?

Times from SWIMS are the official times.

Ted Sallade

Mary Turner

- Election and Nomination Procedures (selection of tellers)

Kevin Hogan

GET ELECTRONIC COPY FOR MINUTES!

If there are three Tellers, they should be appointed by the HOD

Nominating committee- requires election of five members, and one must be an athlete.

Last time we elected more than 5 to committee. If we increase the nominating committee, we will need to add additional athletes.

- Update on Eastern Zone Meeting

The meeting is next weekend – Zone workshop in conjunction with meeting. Teams are supposed to let Jessica know what meets they are attending out of town. This same info is available on Swims, why put the burden on the teams? If Jessica is using team manager she may not get corrected times. Why do we not use SWIMS for everything? ***Steve felt this should be a procedural change in policies and procedures. Asked John to make sure this gets done.***

- Women's leadership conference report

Stephanie thanked the group for sending her to the conference. She really enjoyed it and gave us a brief overview of some of the material they covered.

Announcements

CEO search to replace Chuck. Mike Unger is Interim CEO.

Steve asked teenagers to consider social media options for VSI. Want to know what the office and Admin Vice Chair can do to come up with cohesive approach for social media.

Adjournment

Board Members & Officers in attendance:

Drew Hirth, Kevin Hogan, Gordon Hair, Peter Maloney, Bill Geizsler, Bob Rustin, Bryan Wallin, Mary Turner, Jessica Simmons, Terry Randolph, David Strider, Steve Hennessey, John Stanley, Maureen Tolliver, Art Anthony, Stephanie Sulig, Kara Morgan, Scott Baldwin, Kevin McHaney

Registration Report

Virginia Swimming House of Delegates April 30, 2017

Year-round Athletes: 6600 Seasonal: 57 Non-athletes: 922 Clubs: 47

Membership Cards: With the increasing use of Deck Pass and related legislation that was passed last year requiring LSCs to accept it as a valid verification of membership for non-athletes, USA Swimming will no longer be providing membership cards. However, LSCs can order cards from the same vendor at the same price paid by USA Swimming in the past. \$7.50 per 30 cards. Last year I ordered 200 non-coach cards for members registered as 'Other' and 725 coach cards. The cost to VSI for these cards for 2018 would be \$240 plus shipping. It costs approximately \$.56 to mail each card (postage plus lamination) and I estimate annual costs for this is \$500.

Action Item: Decide if VSI wants to continue providing non-athlete membership cards to coach members and those registering as 'Other'.

Contributions: Contributions have been made to the Alzheimer's Association and to the USA Swimming Foundation in memory of Bill Randolph.

Awards Celebration Update:

2017 Numbers

Compared to last year the total number of athletes attending year was almost the same but the number of others attending decreased significantly (479 last year). The number of those purchasing Park Only tickets decreased from 56 last year. Every athlete paid \$8 to attend the picnic this year but with VSI covering the additional \$10.52 for the cost of the lunch. We based our budget for the athlete lunches on 400 attending.

All Star Team: In September it was announced that the criteria for the All-Star Team was changed. The current definition is that athletes who rank in the top 5 of their age group in any event will be named to the team with a team being selected for Long Course as well as Short Course. The dates used for selecting the LC team were 3/1/16 – 7/24/16 while those for the SC team were 9/1/16 – 3/12/17. The 'top time' method of selecting the team was much less complex than that used previously. There were 229 different athletes named to the LC team with 223 named to the SC team. There were 315 different athletes named as All-Stars.

Athletes	Others	Coaches	Park Only
357	289	38	32

Background Checks: USA Swimming has changed vendors for BG checks. The former vendor's service and quality had diminished during the most recent years of the contract and so the change was made. However, because of the change, any BG check conducted through the new vendor will cost \$38 whether it is an initial screening or the renewal of a previous one. Subsequent renewals with this vendor will cost \$18. While I hope that BG checks with this new company will be finalized in a more timely manner, I do not know if that will be the case. Please do not wait until the last minute to initiate a renewal! With the previous vendor, Virginia was the slowest state in returning results. I believe this is a state issue and not related to the vendor but I am not certain.

Safe Sport: A change was approved to the Recommended Guidelines for as far as chaperones sharing a room with 12 and under athletes. The purpose of this change is to clarify that while USA Swimming does permit a non-coach, non-familial, non-athlete member adult to share a room with athletes under the age of 12 for purposes of safety and appropriate adult supervision, the recommended arrangement is for the adult to share a room with more than one athlete.

Changes to Membership Categories: At its meeting last weekend, the USA Swimming Board of Directors approved the following additions:

- Jr Coach Proposal: this will allow teams to have 16 or 17 year olds serve in a coaching capacity while under the direct supervision of a fully certified coach. The individual must meet all membership requirements except the BG check. Once the individual turns 18, s/he must pass the BG check. It is strongly recommended that teams still conduct pre-employment screening for the Jr Coaches (ex. Contact school officials, etc).
- Athletes who are coaches (and vice versa) will no longer be required to pay a fee for each membership category but will be required to submit a registration for each.
- Flex Membership Category: year-round membership category where athletes can participate in a maximum of two meets per year below the LSC championship level.
The legislation needed to put these into place will be submitted for consideration at Convention this fall. The anticipated implementation date of these programs: April 2, 2018

Swimposium 2017: This year's event will be held on September 30th at the Hilton Garden Inn (Innsbrook) in Richmond. Presenters for the Officials' workshop and the Coaches' workshop have already been secured as well as the Olympian for the Athletes' clinic. Arrangements have been made for the coach certification clinic as well. Both clinics will be held at CSAC.

DRAFT

Va Swimming Financial Summary

Year 16 /17 End April Financials

5/11/17

*** Revenue ***	Budget	March	April	Year to Date
USAS Registration	\$428,400	\$4,760.00	\$1,512.00	\$412,424
VS Registration	\$95,200	\$1,584.00	\$171.50	\$92,292
USAS Club Dues	\$3,640		\$70.00	\$3,290
VS Club Dues	\$1,560		\$30.00	\$1,510
Meet Sanctions	\$2,700	\$100.00	\$140.00	\$2,000
Meet Rebates	\$165,000	\$23,580.65	\$18,081.00	\$109,648
Meet Swimmer Fees	\$0			\$0
Sales & Misc.	\$2,500	\$1,100.00		\$1,100
Championship Meet Revenue	\$0			\$500
Sectional Meet Revenue	\$10,000			\$5,000
Zone Meet Revenue	\$50,000			\$0
SC Zones Revenue	\$0			\$0
LC Zones Revenue	\$42,025			\$18,101
Clinics and Swimposium Revenue	\$3,500			\$3,679
Awards Banquet	\$25,000			\$0
Zone Meeting Revenue				0
Interest - Checking	\$25	\$1.95	\$1.92	\$13.14
Interest - Reserves	\$400	\$32.02	\$5.64	\$73.99
Total Revenue	\$829,950	\$31,159	\$20,012	\$649,631

***** Expenses *****

USAS Registration	\$428,400	\$6,333.00	\$4,518.00	\$415,603
USAS Club Dues	\$3,640			\$3,150
Travel - US Open	\$2,500			\$0
Travel - LC Nationals	\$25,000			\$3,500
Travel - SC Nationals	\$20,000	\$500.00	\$13,500.00	\$24,500
Travel - National Team Trials	\$0			\$0
Travel - National Youth Team	\$1,500			\$0
Travel - Discretionary	\$3,000	\$273.40		\$2,056
National Travel - Coaches				\$1,500
Senior Championships Support	\$15,000			\$1,977
Championship Meet Expenses	\$5,000	\$1,261.04		\$1,261

Sectional Meet Expenses	\$10,000	\$3,487.67	\$838.37	\$4,326
Zone Meet Expenses	\$50,000			\$0
SC Zones Expenses	\$0			\$0
LC Zones Expenses	\$82,525		\$4,792.45	\$13,481
Administrator	\$31,500	\$2,625.00	\$2,625.00	\$21,000
Payroll Taxes	\$2,835	\$215.77	\$201.02	\$1,662
Webmaster	\$20,000	\$1,542.00	\$1,542.00	\$12,336
Website Expenses	\$3,000			\$540
Administration Expenses	\$14,000	\$384.96	\$146.11	\$5,628
Awards Banquet	\$40,000		\$6,473.87	\$6,474
National Convention	\$15,000			\$13,459
Equipment	\$3,000	\$547.56	\$952.97	\$2,093
Officials Training & Travel	\$18,000	\$3,209.81	\$460.67	\$11,831
Supplies & Misc.	\$3,000	\$142.11	\$89.99	\$2,447
USAS Workshops	\$3,000			\$2,051
VS Workshops	\$1,000			\$0
VS Camps & Clinics	\$4,000			\$1,277
Diversity & Outreach Programs	\$7,000	\$2,347.75	\$86.50	\$6,861
Safe Sport Programs	\$1,000			\$0
Make A Splash Programs	\$10,000			\$6,000
Coach Mentoring Program	\$0			
Zone Meeting	\$3,000		\$1,537.20	\$1,537
Championship Meet Awards	\$30,000	\$3,044.05	\$7,373.24	\$24,553
Grants/Development/Clubs	\$50,000		\$1,700.00	\$6,700.00

Total Expenses	\$905,900	\$25,914.12	\$46,837.39	\$597,804.40
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Net Income (Loss)	(\$75,950)	\$5,244.50	(\$26,825.33)	\$51,826
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Checking:	
Beginning Funds	\$101,628.00
Net Income (Loss)	\$51,826
Interest Transferred from (to) Reserves	(\$73.99)
Other Transfers from (to) Reserves	\$50,000.00
Ending Funds	\$203,380
VS Reserves	\$330,656
Total Funds	\$534,036

**VSI Disability Committee Report
April 27, 2017**

Updates on some of our VSI swimmers with a handicap are below:

1. **Samantha Tubbs** has been training full time in the Olympic Training Course at Colorado Springs. Samantha has joined as a member of the USA Resident Team.
2. **Joseph Peppersack** is teaching swim lessons for children and for adults. He is planning to be trained as a lifeguard. In May Joseph will compete in the ParaSwimming Meet in Cincinnati, and he will enroll for the ParaSwimming world series meet in Indianapolis. Joseph also graduates this spring, and in the Fall he will be attending the University of Mary Washington, where he will swim on the Official U.M. W. Swim Team.
3. **Sean Harrington** still swims. He plans and swims his own sets at the YMCA Aquatic Center in Great Bridge, in Chesapeake. He is no longer swimming competitively. Sean still works part-time at the Chesapeake Regional Medical Center in the Materials Management Dept.
4. **Emilia Scovel** is taking two months off from swimming as she recuperates from major surgery, involving muscle lengthening and left ankle manipulation. In late May Emilia will begin swimming again with her summer swim team, the Dominion Valley Sharks.

There are several other swimmers in VSI who may have neurological and/or cognitive disorders ; and VSI coaches, officials, and other athlete youth swimmers have been most supportive of these athletes as they push the limits each day as their coach works with them ; increasing their endurance, speed, and efficiency in the water .

Representatives from 7 LSCs in the Eastern Zone attended the **Eastern Zone Disability Swimming Clinic** in March. The Facilitator, Mark Rieniets , provided several invigorating lectures and shared an overview of USA Swimming's challenge to "Educate, Empower, and Engage" more disabled swimmers, parents, coaches, and officials to support programs geared for identifying those swimmers with physical or cognitive impairments, optimizing their individual swimming training needs , and providing meets where they can validate their improved performance. Mark is the Chair of the USA Swimming Disability Committee . The three "E"s will be one of the main strategies to increase awareness for and start programs for such swimmers in the USA.

Mark noted that there is an estimate of between 3,000 - 7,000 disabled swimmers in the USA . The number of swimmers actually swimming with "impaired" (physical or cognitive limitations) in the USA is far less than expected. There is a growing interest, worldwide, in Paralympic sports.

Mark conducted the Paralympic Officials Clinic from 8 am to 1200 noon. He reviewed the classification schema, both for starting adaptations and for stroke adaptations, based on their coding. Mark discussed the strategy for tapping blind swimmers, hearing enhancements, access of assistants on deck for the starts, and he explained each of the physical codes for "impaired swimmers. "

New Jersey swimming , courtesy of LSC , hosted the afternoon swim meet at Rutgers University

pool. The other host was Children's Specialized Hospital. Age range of athletes was 8 to 33 years. One of the athletes, Robert Griswold, had previously competed in the Paralympics, in Rio, De Janeiro, in Sept, 2016.

The meet was from 1 pm to 4:30 pm. The Natatorium was the Sonny Werblin Rutgers University Aquatic Center. At the conclusion of the meet, Mark Rieniets and Doug Griswold met with our official trainee group and summarized the coding system and key officiating strategies for open Paralympic

swimming events. Doug also shared with our group other USA clinic dates and Paralympic regional and national meets

Doug and Mark also talked about :

1. Ways to support parents of disability swimmers while not letting them get in the way of the coach's planned training.
2. How to set up deck (officials, Staging area for swimmers, wheelchair traffic, mats, etc..)
3. Ways to demonstrate respect for each of the impaired swimmers on the deck

Doug and Mark provided each of the training officials with a "sample" World Paralympic DQ slip, the key for "Codes of Exception," and the text /outline for the USA Paralympics "Technical Officials briefing." Each of the participants at this clinic fulfilled all the Part I didactic clinical exposure, and they received link from Doug Griswold, to enable them to register as a Level I Paralympic Official, for Stroke / Turn judging.

Upcoming Regional and National Paralympic Swimming Meets are listed below:

April 21 - 23, 2017: Turnstone Endeavor Games

April 21 - 23, 2017: Southeastern Regional Games

May 5 - 7, 2017: Dairyland Games

May 6 - 7, 2017: Cincinnati Para-Swimming Open

May 10 - 14, 2017: Desert Challenge Games

May 11 - 14, 2017: Dixie Games

May 20 - 21, 2017: Gateway Games

June 3 - 4, 2017: Jimi Flowers Classic

June 3 - 4, 2017: Junior Masonic Regional Meet

June 3 - 4, 2017: Bee Hive Games

June 8 - 11, 2017: UCO Endeavor Games

June 9 - 11, 2017: Indianapolis 2017 World Para Swimming World Series

June 9 - 11, 2017: Great Lakes Regional Games

June 15 - 18, 2017: Thunder in the Valley Games

June 22 - 25, 2017: Angel City Games

July 15 - 22, 2017: Adaptive Sports USA Junior Nationals 2017

July 21 - 23, 2017: U.S. Paralympics Swimming World Championships Trials

September 9 - 10, 2017: California Classic

October 21 - 22, 2017: ASL Fred Lamback Disability Meet

December 14 - 17, 2017: Can-Am Open

Other members of our VSI Disability Committee include Pat Donahue, Lee Gibbs, Jessica Simons, Kim Downs, Art Anthony, Ray Tubbs, John Harrington, Sandy Peppersach, Joseph Peppersach, and Sean Harrington.

Respectfully submitted,

David Strider, RN, CCRN, MSN, ACNP DNP
Chairperson – VSI Disability Committee

1. Two Female Head Coaches were sent to the Women's leadership conference in Colorado, they will give a report to the coaches, BOD and at the HOD on Sunday.
2. Six Virginia swimmers, our Diversity committee Athlete's rep and the Diversity Liaison, will attend the 2017 Eastern Zone Diversity Camp and summit, in Buffalo, NY. The camp and summit will be held on the campus of the University of Buffalo.
3. I attended the Diversity in Aquatics Conference (DIA) in Miami, FL. The first speaker was the Key note address by the superintendent of schools for the City of Miami, who spoke about bringing learn to swim programs to the city schools in Miami, a city surrounded by water but the majority of its students can't swim, and most of them has never been to the beach.
4. A round table discussion of fourteen youth organizations led by the Red Cross National office for Diversity and Inclusion Division, topics included, Getting more Diverse individuals certified in WSI, WSIT, Life Guarding, LGIT. Putting programs into facilities that have none, starting and maintaining Learn to swim programs in Diverse Areas.
5. DIA is working to establish programs in HBCU, (Historically Black Universities and Colleges) Coppin State University in Maryland is starting a College swim team.
6. Learn to swim programs are the feeder system for all competitive teams, work with those LTS programs to keep the kids in the water and have them make a safe transition to the competitive teams.
7. Reach 1 million kids on International Water Safety Day.
8. International Water Safety Day, celebrated on May 15th each year, is designed to help spread global awareness of the ongoing drowning pandemic, and to educate youth in becoming safer in and around water.
9. In this age of on line sign ups what can we do to get teams to have their parents check the box on the USA registration? Virginia swimming is way behind other LSC in getting this done.
10. An LSC Diversity Camp will be held in April 2018 TBA. This will be a trial run to us hosting the EZ Diversity camp in 2019.

2017-2018

Date	Type	Meet
		September
12/17/17		Convention
22-24	Open	Season Opener (Host: LY, Venue Jamerson Y)
30-1		Swimposium - House of Delegates
		October
7	SE	8 & Under Super Circuit (Host:ODAC, Venue GRSR)
14-15	Open	SEVA A/BB/B/C (Host : SEVA, Venue BMAC)
14-15	Open	Great Pumpkin Splash (Host RAYS:, Venue: JRSSC)
21	Open	Top Banana 8 & Under meet (Host : CGBD, Venue FTE)
21-22	Closed	YMCA Tri Meet (Host :LY, Venue Jamerson Y)
21-22	Closed	Senior Qualifying Meet (Host :SEVA, Venue BMAC)
28-29	Open	A/BB/B/C (Host : TAC, Venue ODU)
		November
4	SE	8 & Under Super Circit #2)Host ODAC: Venue GRSR)
3-5	Open	Hokie November Invite (Host : Hokie, Venue CAC)
10-12	Open	Senior/Age Group (12&U) (Host :CGBD, Venue

		BMAC)
18-19	Closed	Age Group Quad (Host : SEVA, Venue FTE)
17-19	Open	13 & over P/F (Host : ECAT , Venue FTE)

29-02 Winter Nationals
December

8-10	Open	12 & Under BB+ Christmas Champs (Host :SEVA, Venue FTE)
7-10	Closed	Swim and Tri Winter Champs (Host: Hokie, Venue CAC)
6-9		Winter Juniors
9	SE	8 & Under Super Circuit # 3 (Host: ODAC, Venue GBRS)

January

6	SE	8 & Under Super Circuit # 4 (Host: ODAC, Venue GBSR)
6-7	Open	January Invite (Host: RAYS , Venue JRSSC)
5-7	Closed	YMCA Invitational (Host: LY, Venue Jamerson Y)
13	Open	Penquin Plunge 8 & Under (Host:CGBD, Venue FTE)
19-21	Open	MLK Invite (Host: Hokie, Venue CAC)

20-21	Open	A/BB/B/C (Host : TAC, Venue ODU)	
20-21	Closed	Winter invite Senior-Age Group (Host: CGBD, Venue	FTE)
26-28	Open	Age Group A- (Host : ECAT, Venue FTE)	

February

9-10	SE	8 & Under Super Circuit Championshi Meet (Host :ODAC, Venue G Southwest 8 & Under District Champs (Host :CCA, Venue	
10-11	SW	NCS)	
16-18	SE	Southeast District Champs (12 & Under (Host: Seva, Venue NNCC)	
23-25	Tidewater	Tidewater Region Champs (Host: CGBD, Venue BMAC)	
23-25	North	Northern Virginia Region Champs (Host : RAYS, Venue JRSSC)	
23-25	Blue Ridge	Blue Ridge SW District 9-12 and Blue Ridge Region Champs (Host C Ly, Venue Liberty University)	

March

1-4	VSI	VSI Senior Champs (Host : PSDN, Venue CSAC)	
1-4	VSI	VSI Senior Champs (Host :LY, Venue Liberty University)	
8-11	VSI	VSI Age Group Champs (Host:Hokie, Venue CAC)	
13-17		NCSA Juniors	
21-24		NCSA Age Group	
23-25	EZ	EZ Spedo Sectionals (Host VSI, Venue CAC)	
24-25	Open	A/BB/B/C LC Meet (Host: SEVA, Venue BMAC)	

April

21-22	Closed	LC Invitational (Host : CGD, Venue BMAC)
21-22		Banquet and HOD ?

May

5-6	Open	May Invite (Host : RAYS, Venue JRSSC) May (Invite (Host:Hokie, Venue CAC)
18-21	Open	A/BB/B/C (Host : TAC, Venue BMAC)
19-20	Open	

June

22-24	Open	Summer Madness LC Invite (Host : CGBD, Venue BMAC)
29-07/01	Open	Virginia Commonwelath Games (Host : LY, Venue Liberty Universit Friecracker Invite (Host: Hokie, Venue CAC)
29-07/01	Open	

July

13-15	LSC 3	Regional Summer Awards (Host : CCA, Venue CAC)
13-15	LSC 2	Regional Summer Awards (Host : ECAT, Venue BMAC)
13-15	LSC 2	Regional Summer Awards (Host: Seva, Venue NNCC) EVA.Venue BMAC)
13-15	LSC 2	Regional Summer Awards (HOST : ODAC, Venue BNAC)
13-15	LSC 1	Regional Summer Awards (HOST : RAYS, Venue

JRSSC)
19-22 VSI LC Senior Champs (Host : LY, Venue Liberty University)
19-22 VSI LC Senior Champs (Host : PSDN, Venue CSAC)
26-29 VSI LC Age Champs (Host: Hokie, Venue CAC)

31-04 Summer Juniors

August

7-11 Summer Nationals
8-11 LC EZ Age Group Champs (Host : PSDN, Venue CSAC)

DRAFT