

Virginia Swimming Club Roster

Club	Name	Contact	Head Coach
757	757 Swim 2009 Mara Park Pl Williamsburg, VA 23185-2110	Maria Long (757) 220-5532 registrar@757swim.com	Morgan Cordle (757) 871-2144 coachmorgan@757swim.com
ACAC	Atlantic Coast Athletic Clubs of VA, Inc. 500 Albemarle Sq Charlottesville, VA 22901-7405	Kathryn Stephenson (434) 978-3800 kathryns@acac.com	Helen Dixon (434) 978-3800 Ext: 1385 helend@acac.com
ACST	ACAST-Amberjacks 708 N Coalter St Staunton, VA 24401-3406	Alicia Jantzi (540) 885-8089 alicia@saymca.org	Alicia Jantzi (540) 885-8089 Ext: 109 alicia.jantzi@gmail.com
BAC	Burkwood Aquatic Club, Inc PO Box 1886 Mechanicsville, VA 23116-0007	Regina Davis (804) 730-4076 office@bacswim.com	Mike Dolan (804) 350-5791 coachmike@bacswim.com
BASS	Battlefield Area Star Swimmers PO Box 222 Madison, VA 22727-0222	Shelby Gohn (540) 948-5394 shelbygohn@gmail.com	Kevin McHaney (540) 948-7629 Ext: 11 kmchaney@yahoo.com
BASS-S	Bass South 1607 Bell Farms Ln Palmyra, VA 22963-5076	DiFazio, Cosmo (434) 589-6166 cos.difazio@gmail.com	Cosmo DiFazio (434) 589-6116 cos.difazio@gmail.com
BRAC	Blue Ridge Aquatic Club 151 Hassinger St SW Apt 7 Abingdon, VA 24210-2434	Dan Heraly (276) 944-6945 Dheraly@swimbrac.com	Daniel Heraly (276) 944-6945 Dheraly@swimbrac.com
CAST	Coomes Area Swim Team PO Box 2495 Abingdon, VA 24212-2495	Melisha Wynne (276) 623-5279 mwynne@abingdon-va.gov	Ian Dye (276) 623-5279 cast@abingdon-va.gov
CAV	Cavalier Swimming 450 Whitehead Rd Charlottesville, VA 22903-2406	August Busch (434) 928-5755 apb9r@virginia.edu	August Busch (434) 982-5755 apb9r@virginia.edu
CCA	Carter Center Aquatics 4254 Colonial Ave Roanoke, VA 24018-4009	Greg Lake (540) 529-6648 glake@ccamarlins.com	Greg Lake (540) 989-7284 glake@ccamarlins.com
CGBD	Coast Guard Blue Dolphins 607 Lotz Dr Yorktown, VA 23692-2179	Steve Hennessy (757) 369-2202 coachsteve2423@gmail.com	Steve Hennessy (757) 369-2202 coachsteve2423@gmail.com
CYAC	Piedmont Family YMCA/CYAC 93 Burchs Creek Rd Crozet, VA 22932-3602	Patrick Bateman (540) 314-8715 pbateman@piedmontymca.org	Pat Bateman (540) 314-8715 pbateman@piedmontymca.org
DC	Dolphin Club 5403 Monument Ave Richmond, VA 23226-1408	Jonathan Kaplan (804) 545-8640 coach_jonathan@hotmail.com	Jonathan Kaplan (864) 508-2961 coach_jonathan@hotmail.com

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DIG	DIG Swimming 6209 E Shallowford Ct Suffolk, VA 23435-3163	Kim Frost (757) 619-9173 kim@endorphinfitness.com	Mike Salpeter (757) 638-7941 digswimcoach@gmail.com
ECAT	East Coast Aquatic Team 732 Eden Way N Ste 125 Chesapeake, VA 23320-2798	Art Anthony (757) 450-2152 coachartecat@gmail.com	Art Anthony (757) 450-2152 coachart.ecat@gmail.com
FUAC	Fork Union Aquatic Club 4744 James Madison Hwy Fork Union, VA 23055-2078	Ryan Campbell (434) 842-4210 campbellr@fuma.org	Ryan Campbell (434) 808-6811 campbellr@fuma.org
GATR	Virginia Gators PO Box 4646 Roanoke, VA 24015-0646	Doug Fonder (540) 397-0505 dougfonder@gmail.com	Doug Fonder (540) 397-0505 dougfonder@gmail.com
GATR-C	GATR - Charlottesville 707 Belvedere Blvd Charlottesville, VA 22901-3200	Cathy O'Hara (703) 475-1874 cvillegators@gmail.com	John Bean (434) 882-2003 gatorbean@embarqmail.com
GATR-V	GATR - Harrisonburg 377 West Ave Harrisonburg, VA 22801-1530	Sophie Lai 925-457-8818 sophievellner@hotmail.com	Kevin Lai (203) 739-9320 kevinlai12383@gmail.com
GATR-L	GATR - Lynchburg 7128 Morton Dr Lynchburg, VA 24502-2008	Greg Hofmann (434) 944-4960 swmngators@yahoo.com	Greg Hofmann (434) 515-5400 swmngators@yahoo.com
HA	Hargrave Aquatics 200 Military Dr Chatham, VA 24531-4658	Nathan Manley (434) 432-2681 manleyn@hargrave.edu	Nathan Manley (719) 866-4058 nathan.manley@usoc.org
HOKI	H2okie Aquatics PO Box 1076 Christiansburg, VA 24068-1076	Scott Baldwin (540) 998-2327 edbaldwi@vt.edu	Scott Baldwin (540) 998-2327 edbaldwi@vt.edu
KFY	Kirk Family YMCA Kraken 520 Church Ave SW Roanoke, VA 24016-5012	Hannah Yacynych (540) 342-9622 hyacynych@ymcaroanoke.org	Hannah Yacynych (540) 342-9622 Ext: 3107 hyacynych@ymcaroanoke.org
LASO	Lifetime Aquatic Swim Org 1 Health Way Lifetime Wellness Center Marion, VA 24354-4225	Meg O'Donnell (276) 781-2747 modonnell@lifetimewc.com	Meg O'Donnell (276) 781-2747 modonnell@lifetimewc.com
LIB	Liberty Aquatics 1971 University Blvd Lynchburg, VA 24515-0002	Jake Shellenberger (434) 582-2387 jashellenberger@liberty.edu	Jake Shellenberger (434) 582-2387 jashellenberger@liberty.edu
LY	Lynchburg YMCA Swim Team 105 Fox Hollow Rd Lynchburg, VA 24503-3858	Abby Woodruff (919) 824-4738 abby2swim@gmail.com	Ryan Woodruff (919) 943-6420 ryan.d.woodruff@gmail.com

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NOVA	NOVA of Virginia Aquatics, Inc 12207 Gayton Rd Richmond, VA 23238-3219	Lori Hopewell (804) 750-1183 novabusinessoffice@novaswim.org	Geoff Brown (804) 690-2396 nova.gbrown1@verizon.net
NOVA-S	NOVA South PO Box 3944 Chester, VA 23831-8472	Lauren McCorey (804) 955-8572 laurenmccorey@gmail.com	Lauren McCorey (804) 955-8572 laurenmccorey@gmail.com
OBX	OBX Swim Club PO Box 1028 Nags Head, NC 27959-1028	Barrett Crook (704) 395-8908 eskimohealer@yahoo.com	Badger Faison (507) 226-6321 badger.faison@gmail.com
ODAC	Old Dominion Aquatic Club 609 Ryder Cup Ln Virginia Beach, VA 23462-4645	Karen Keenan (757) 471-1828 karensundahl@swimodac.com	Steve Bialorucki (757) 471-1828 stevebialorucki@swimodac.com
PSDN	Poseidon Swimming Inc 5050 Ridgedale Pkwy North Chesterfield, VA 23234-4741	Marla Shreve (804) 447-2487 admin@poseidonswimming.com	Ted Sallade (804) 447-2487 tedpsdn@poseidonswimming.com
PSDN-H	Poseidon Swimming Hanover PO Box 1886 Mechanicsville, VA 23116-0007	Regina Davis (804) 730-4076 office@bacswim.com	David Kienlen (253) 951-9368 davekienlen@comcast.net
PWSC	Prince William Swim Club 12513 Manchester Way Woodbridge, VA 22192-6311	Lorena Caballero (703) 273-5676 colore5@comcast.net	Lorena Caballero (703) 473-5676 colore5@comcast.net
QSTS	Quest Swimming 6800 Deer Run Dr Midlothian, VA 23112-1902	Dudley Duncan (804) 640-5714 swimmet1@aol.com	Dudley Duncan (804) 640-5714 swimmet1@aol.com
RACE	Richmond Racers 1718 Wilmington Ave Richmond, VA 23227-4341	Scott Mortimer (804) 640-5694 snmortimer@gmail.com	Mike Hodges (804) 780-4449 coachmike1130@gmail.com
RAPP	Rappahannock Raiders Swim Club PO Box 463 King George, VA 22485-0463	Felica Wasser (540) 623-7108 derekandfelicawasser@yahoo.com	Delwyn Jones (540) 207-2527 djones.raiders@gmail.com
RAYS	Rappahannock Y Swim Team PO Box 866 Stafford, VA 22555-0866	Bob Herlinger (540) 207-0846 stingraybob93@verizon.net	Bob Herlinger (540) 207-0846 stingraybob93@verizon.net
RICH	Spider Swimming 28 Westhampton Way The Robins Center Richmond, VA 23173-0001	Matt Barany (804) 289-8750 mbarany@richmond.edu	Matt Barany (804) 289-8750 mbarany@richmond.edu
RPST	Regency Park Swim Team 6105 N Danford St Fredericksburg, VA 22407-8383	Andy Baciocco (540) 846-3580 rpstcoach@comcast.net	Andy Baciocco (540) 846-3580 rpstcoach@comcast.net

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SCAT	Star City Aquatic Team 3610 Derby Dr Roanoke, VA 24012-6531	Sarah Nielsen (540) 556-4381 ben.nielsen@cox.net	Robert Braaten (540) 309-0865 rcbraaten123@gmail.com
SEVA	South Eastern Virginia Aquatics PO Box 2854 Newport News, VA 23609-0854	David Henderson (757) 897-6127 sevaseahawks@aol.com	Dave Henderson (757) 897-6127 sevaseahawks@aol.com
SFY	Salem Family YMCA 1126 Kime Ln Salem, VA 24153-5301	Cathy Shenal (540) 387-9622 cshenal@ymcaroanoke.org	Daniel Smith (540) 387-9622 dsmith@ymcaroanoke.org
SMAC	Shenandoah Marlins Aquatic Club 648 S Wayne Ave Waynesboro, VA 22980-4838	Scott Thacker (540) 943-9622 scott.thacker@smacswimming.org	Scott Thacker (434) 444-8084 scott.thacker@smacswimming.org
STAT	Stafford Aquatics Team PO Box 836 Stafford, VA 22555-0836	Kim Correa (703) 987-7561 correakim4@gmail.com	Boris Rybatsky (540) 645-0604 rbz1950@gmail.com
STLH	Stealth Swim Team 14531 Potomac Mills Rd Woodbridge, VA 22192-6808	Allison Griffin (703) 396-7946 allison@swimkids.us	David Tonnesen (703) 732-0877 dave@swimkids.us
STRM	Rockbridge Storm Swim Team 323 Old Farm Road Lexington, VA 24450-1552	Julie Woodzicka (540) 463-5441 forswimming@gmail.com	Leslie Ayers (540) 460-7469 leslie@rockbridgeswims.org
TAC	Tidewater Aquatic Club PO Box 16304 Chesapeake, VA 23328-6304	Jessica Livsey (757) 373-0199 jhm329@gmail.com	Jessica Livsey (757) 683-6135 jhm329@gmail.com
TIDE	Tide Swimming 726 10th St Virginia Beach, VA 23451-4525	Richard Hunter (757) 306-0591 coachrichard@tideswimming.com	Sandra Jones (757) 407-7247 coachsandra@tideswimming.com
TORP	TSC Torpedoes 24588 Buckwheat Ln Aldie, VA 20105-5886	Virginia Moffitt (703) 401-0686 coachginger@swim4theclub.com	Ginger Moffitt (703) 401-0686 coachginger@swim4thclub.com
TRIB	Tribe Aquatics 84 Teal Way Williamsburg, VA 23188-1695	Matthew Crispino (757) 221-3393 mecrispino@wm.edu	Matt Crispino (757) 221-3393 mecrispino@wm.edu
TSU	Tsunami Swimming 365 Belle Plains Rd Falmouth, VA 22405-3435	Peter Maloney (540) 371-4369 swimcoachpeter@yahoo.com	Peter Maloney (540) 371-4369 swimcoachpeter@yahoo.com
VSTP	Valley Swim Team-Phoenix 115 Old Forest Cir Winchester, VA 22602-6627	Jessica De Jong (540) 545-8124 jepdejong@comcast.net	Bradley Boelter boelterbrad@gmail.com

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W&M	William and Mary, College of PO Box 399 Williamsburg, VA 23187-0399	Matt Crispino (757) 221-3393 mecrispino@wm.edu	Matthew Crispino (757) 221-3393 mecrispino@wm.edu
WAC	Williamsburg Aquatic Club 3013 South Ct Williamsburg, VA 23185-3819	Harold Baker (757) 229-8662 coachharold2@cox.net	Henry Baker (757) 229-8662 coachharold2@cox.net
WFS	Woodberry Forest Swimming 42 Woodberry Sta Woodberry Forest, VA 22989-8005	Gregory Guldin (540) 672-3900 guldin@me.com	Gregory Guldin (540) 672-3900 Ext: 5300 guldin@me.com
WST	Winchester Swim Team PO Box 3157 Winchester, VA 22604-2357	Kelly Warnagiris (703) 283-9121 kelly@warnagiris.org	Thomas Grove (540) 539-4440 wstswim@hotmail.com
YMST	YMCA Marlin Swim Team 3 Starling Ave Martinsville, VA 24112-2921	Joseph Compton (276) 340-6513 martinsvillemarlins1@gmail.com	Joseph Compton (276) 632-6427 martinsvillemarlins1@gmail.com