

**2008-2009 Virginia Swimming Short Course**  
**LSC Top 10**  
**April 2009, Age Up Date = 5/1/2009**

Time	P/F/S	Name	Age/Yr			
<b>Men 15-18 50 Free</b>						
1	20.60 Y	F *I Evan Gregg	18	HOKI VA	3/5/2009	2009 VA SC Senior Championships
2	20.71 Y	F *I Mac Anthony	17	NOVA VA	12/4/2008	2008 PV Tom Dolan Invitational
3	20.81 Y	P *I Dimitri Higgins	17	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
4*	21.02 Y	P *I Trevor Carr	17	RAYS VA	3/17/2009	2009 NCSA Junior National Swimming
4*	21.02 Y	F *I Daniel Foky	18	CVA VA	3/5/2009	2009 VA SC Senior Championships
6	21.20 Y	F *I Michael Covert	16	SQST VA	12/5/2008	2008 RSA Reindeer Meet
7	21.21 Y	P *I Adam Skipper	17	CGBD VA	12/11/2008	2008 Speedo SC Junior National
8	21.29 Y	P *I Zack Motter	17	TAC VA	3/5/2009	2009 VA SC Senior Championships
9	21.30 Y L	F *I Stuart Ferguson	18	PSDN VA	3/5/2009	2009 VA SC Senior Championships
10	21.39 Y	F *I Chad Smith	16	TIDE VA	3/5/2009	2009 VA SC Senior Championships
<b>Men 15-18 100 Free</b>						
1	44.63 Y	F *I Evan Gregg	18	UN VA	2/26/2009	2009 VA AA High School State C
2	45.25 Y	P *I Mac Anthony	17	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
3	45.31 Y	F *I Hussein Mohamed	17	UN VA	2/13/2009	2009 VA VSIS Swim
4	45.61 Y	P *I Thomas Stephens	16	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
5	45.77 Y	F *I Trevor Carr	17	RAYS VA	3/5/2009	2009 VA SC Senior Championships
6*	45.83 Y	F *I Kevin McCarthy	18	UUVAA VA	3/5/2009	2009 VA SC Senior Championships
6*	45.83 Y	F *I Dimitri Higgins	17	NOVA VA	12/4/2008	2008 PV Tom Dolan Invitational
8	45.94 Y	F *I Seth Wensel	18	GATR VA	3/5/2009	2009 VA SC Senior Championships
9	46.03 Y	F *I Jameson Hill	17	QDD VA	12/12/2008	2008 NBAC CHRISTMAS
10	46.53 Y	P *I Zack Motter	17	TAC VA	3/17/2009	2009 NCSA Junior National Swimming
<b>Men 15-18 200 Free</b>						
1	1:36.98 Y	P *I Evan Gregg	18	HOKI VA	3/17/2009	2009 NCSA Junior National Swimming
2	1:37.89 Y	P *I Seth Wensel	18	GATR VA	3/17/2009	2009 NCSA Junior National Swimming
3	1:37.98 Y	P *I Thomas Stephens	16	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
4	1:38.95 Y	F *I Jameson Hill	17	QDD VA	12/12/2008	2008 NBAC CHRISTMAS
5	1:39.55 Y	F *I Hussein Mohamed	17	UN VA	2/13/2009	2009 VA VSIS Swim
6	1:39.87 Y	F *I Mac Anthony	17	NOVA VA	12/4/2008	2008 PV Tom Dolan Invitational
7	1:39.88 Y	P *I Andrew Starr	18	UN VA	2/20/2009	2009 VA Virginia State AAASwim
8	1:40.26 Y	P *I Jake Stronko	18	UN VA	2/20/2009	2009 VA Virginia State AAASwim
9	1:40.43 Y	F *I Kevin McCarthy	18	UUVAA VA	3/5/2009	2009 VA SC Senior Championships
10	1:40.45 Y	P *I Matt Carder	17	TIDE VA	3/5/2009	2009 VA SC Senior Championships
<b>Men 15-18 500 Free</b>						
1	4:25.37 Y	P *I Jameson Hill	17	QDD VA	3/5/2009	2009 Grand Prix
2	4:26.94 Y	P *I Seth Wensel	18	GATR VA	3/17/2009	2009 NCSA Junior National Swimming
3	4:27.84 Y	P *I Thomas Stephens	16	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
4	4:31.03 Y	P *I Brooks Ross	18	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
5	4:31.13 Y	F *I Kevin McCarthy	18	UUVAA VA	3/5/2009	2009 VA SC Senior Championships
6	4:32.28 Y	F *I Andrew Starr	18	CVA VA	3/5/2009	2009 VA SC Senior Championships
7	4:32.89 Y	F *I Matt Carder	17	UN VA	2/20/2009	2009 VA Virginia State AAASwim
8	4:33.36 Y	P *I Alexander Aceino	18	PSDN VA	3/17/2009	2009 NCSA Junior National Swimming
9	4:35.22 Y	P *I Fernando Rubio	18	SQST VA	3/17/2009	2009 NCSA Junior National Swimming
10	4:36.17 Y	F *I Jason Brame	18	LY VA	4/6/2009	2009 YMCA Nationals Short Course
<b>Men 15-18 1000 Free</b>						
1	9:14.31 Y	F *I Brooks Ross	18	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
2	9:24.16 Y	F *I Thomas Stephens	16	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
3	9:24.40 Y	F *I Alexander Aceino	18	PSDN VA	3/17/2009	2009 NCSA Junior National Swimming
4	9:25.91 Y	F *I Jason Brame	18	LY VA	4/6/2009	2009 YMCA Nationals Short Course
5	9:26.16 Y	F *I Matt Carder	17	TIDE VA	3/5/2009	2009 VA SC Senior Championships
6	9:30.69 Y	F *I West Cuthbert	17	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming

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7	9:31.66 Y	F	*I John Vivadelli	18	NOVA VA	3/5/2009	2009 VA SC Senior Championships
8	9:33.86 Y	F	*I Michael Bogese	17	NOVA VA	12/4/2008	2008 PV Tom Dolan Invitational
9	9:34.05 Y	F	*I Andrew Cook	16	LY VA	4/6/2009	2009 YMCA Nationals Short Course
10	9:34.10 Y	F	*I Jameson Hill	17	QDD VA	12/12/2008	2008 NBAC CHRISTMAS
<b>Men 15-18 1650 Free</b>							
1	15:34.78 Y	F	*I Brooks Ross	18	NOVA VA	3/5/2009	2009 VA SC Senior Championships
2	15:50.10 Y	F	*I Jason Brame	18	LY VA	4/6/2009	2009 YMCA Nationals Short Course
3	15:50.53 Y	F	*I Matt Carder	17	TIDE VA	3/5/2009	2009 VA SC Senior Championships
4	15:57.56 Y	F	*I John Vivadelli	18	NOVA VA	3/5/2009	2009 VA SC Senior Championships
5	16:01.33 Y	F	*I West Cuthbert	17	NOVA VA	3/5/2009	2009 VA SC Senior Championships
6	16:04.09 Y	F	*I Morgan Latimer	16	PSDN VA	3/5/2009	2009 VA SC Senior Championships
7	16:04.77 Y	F	*I Michael Mowen	17	SMAC VA	4/6/2009	2009 YMCA Nationals Short Course
8	16:05.51 Y	F	*I Michael Bogese	17	NOVA VA	3/5/2009	2009 VA SC Senior Championships
9	16:07.18 Y	F	*I Andrew Cook	16	LY VA	4/6/2009	2009 YMCA Nationals Short Course
10	16:10.23 Y	F	*I Rodney Fentress	15	TIDE VA	3/5/2009	2009 VA SC Senior Championships
<b>Men 15-18 100 Back</b>							
1	49.82 Y L	P	*I Samuel Rairden	17	PSDN VA	3/17/2009	2009 NCSA Junior National Swimming
2*	50.10 Y	P	*I Alex Mazure	16	SQST VA	3/5/2009	2009 VA SC Senior Championships
2*	50.10 Y	P	*I Tom Sheranek	18	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
4	50.60 Y	F	*I Christopher Cirillo	18	CGBD VA	3/5/2009	2009 VA SC Senior Championships
5	50.64 Y	F	*I Michael Covert	16	SQST VA	3/5/2009	2009 VA SC Senior Championships
6	50.78 Y	P	*I Josh Friedel	16	RAYS VA	3/17/2009	2009 NCSA Junior National Swimming
7	51.33 Y	F	*I Jonathan Keltner	18	CGBD VA	3/5/2009	2009 VA SC Senior Championships
8	51.36 Y L	P	*I Daniel Pead	18	PSDN VA	3/17/2009	2009 NCSA Junior National Swimming
9	51.45 Y	P	*I Mac Anthony	17	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
10	51.61 Y	F	*I Trevor Carr	17	RAYS VA	3/5/2009	2009 VA SC Senior Championships
<b>Men 15-18 200 Back</b>							
1	1:46.56 Y	P	*I Tom Sheranek	18	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
2	1:47.61 Y	F	*I Josh Friedel	16	RAYS VA	12/11/2008	2008 Speedo SC Junior National
3	1:48.63 Y	P	*I Samuel Rairden	17	PSDN VA	3/17/2009	2009 NCSA Junior National Swimming
4	1:49.42 Y	P	*I Michael Covert	16	SQST VA	3/17/2009	2009 NCSA Junior National Swimming
5	1:50.19 Y	F	*I Andrew Starr	18	CVA VA	3/5/2009	2009 VA SC Senior Championships
6	1:50.58 Y	F	*I Alex Mazure	16	SQST VA	3/5/2009	2009 VA SC Senior Championships
7*	1:50.69 Y	P	*I Kevin McCarthy	18	UUVAA VA	3/5/2009	2009 VA SC Senior Championships
7*	1:50.69 Y	P	*I Sidney Glass	17	BAC VA	3/17/2009	2009 NCSA Junior National Swimming
9	1:51.09 Y	P	*I Michael Crawley	18	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
10	1:51.41 Y	F	*I Seth Wensel	18	GATR VA	3/5/2009	2009 VA SC Senior Championships
<b>Men 15-18 100 Breast</b>							
1	53.75 Y	F	*I Stuart Ferguson	18	PSDN VA	12/4/2008	2008 ConocoPhillips Short Course
2	56.97 Y	P	*I Hunter Knight	17	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
3	57.12 Y	P	*I Ben Grove	17	WST VA	3/17/2009	2009 NCSA Junior National Swimming
4	57.40 Y	T	*I Mac Anthony	17	NOVA VA	3/26/2009	2009 PV EZ R2 Sectionals - TT
5	57.57 Y	F	*I Adam Skipper	17	CGBD VA	12/11/2008	2008 Speedo SC Junior National
6	57.81 Y	P	*I Garrett Greenland	18	UN VA	2/26/2009	2009 VA AA High School State C
7	57.82 Y	P	*I Alex Vance	15	CCA VA	3/17/2009	2009 NCSA Junior National Swimming
8	58.14 Y	T	*I Mason Wilcox	18	CGBD VA	12/11/2008	2008 Speedo SC Junior National
9	58.33 Y	P	*I Nick Montes de Oca	17	BASS VA	3/17/2009	2009 NCSA Junior National Swimming
10	58.36 Y	F	*I Jason Haigh	17	UN VA	1/10/2009	2009 VA Twentieth Kecoughtan
<b>Men 15-18 200 Breast</b>							
1	1:58.05 Y	P	*I Stuart Ferguson	18	PSDN VA	12/4/2008	2008 ConocoPhillips Short Course
2	2:02.31 Y	P	*I Hunter Knight	17	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming

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3	2:04.26 Y	F *I	Danny Loftus	16	CGBD VA	3/5/2009	2009 VA SC Senior Championships
4	2:04.52 Y	F *I	Jason Haigh	17	WAC VA	3/26/2009	2009 PV Speedo Champions Series
5	2:05.05 Y	P *I	Nick Montes de Oca	17	BASS VA	3/17/2009	2009 NCSA Junior National Swimming
6	2:05.48 Y	F *I	Fernando Rubio	18	SQST VA	12/11/2008	2008 Speedo SC Junior National
7	2:05.50 Y	P *I	Ben Grove	17	WST VA	3/17/2009	2009 NCSA Junior National Swimming
8	2:06.02 Y	P *I	Alex Vance	15	CCA VA	3/17/2009	2009 NCSA Junior National Swimming
9	2:06.08 Y	F *I	Jared Lovett	18	LASO VA	3/26/2009	2009 PV Speedo Champions Series
10	2:06.93 Y	P *I	Daniel Pead	18	PSDN VA	3/17/2009	2009 NCSA Junior National Swimming
<b>Men 15-18 100 Fly</b>							
1	49.13 Y	F *I	Stuart Ferguson	18	PSDN VA	3/5/2009	2009 VA SC Senior Championships
2	49.48 Y	F *I	Jonathan Keltner	18	CGBD VA	3/5/2009	2009 VA SC Senior Championships
3	49.73 Y	P *I	Mason Wilcox	18	CGBD VA	12/11/2008	2008 Speedo SC Junior National
4	49.93 Y	P *I	Samuel Rairden	17	PSDN VA	3/17/2009	2009 NCSA Junior National Swimming
5	50.05 Y	P *I	Christopher Cirillo	18	CGBD VA	3/5/2009	2009 VA SC Senior Championships
6	50.11 Y	P *I	Alexander Aceino	18	PSDN VA	3/17/2009	2009 NCSA Junior National Swimming
7	50.36 Y	F *I	Jared Lovett	18	LASO VA	3/26/2009	2009 PV Speedo Champions Series
8	50.49 Y	P *I	Michael Covert	16	SQST VA	3/17/2009	2009 NCSA Junior National Swimming
9	50.52 Y	F *I	Seth Wensel	18	GATR VA	12/12/2008	2008 Christmas Meet Inviational
10	50.79 Y	P *I	Evan Gregg	18	HOKI VA	3/17/2009	2009 NCSA Junior National Swimming
<b>Men 15-18 200 Fly</b>							
1	1:48.18 Y	P *I	Stuart Ferguson	18	PSDN VA	3/17/2009	2009 NCSA Junior National Swimming
2	1:49.21 Y	F *I	Seth Wensel	18	GATR VA	12/12/2008	2008 Christmas Meet Inviational
3	1:50.23 Y	F *I	Christopher Cirillo	18	CGBD VA	3/5/2009	2009 VA SC Senior Championships
4	1:50.33 Y	P *I	Thomas Stephens	16	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
5	1:50.89 Y	P *I	K.j. Shaw	18	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
6	1:50.91 Y	F *I	Jared Lovett	18	LASO VA	3/26/2009	2009 PV Speedo Champions Series
7	1:51.39 Y	P *I	Michael Crawley	18	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
8	1:51.81 Y	P *I	Morgan Latimer	16	PSDN VA	3/17/2009	2009 NCSA Junior National Swimming
9	1:51.84 Y	F *I	Josh Friedel	16	RAYS VA	12/11/2008	2008 Speedo SC Junior National
10	1:52.08 Y	F *I	Jonathan Keltner	18	CGBD VA	3/5/2009	2009 VA SC Senior Championships
<b>Men 15-18 200 IM</b>							
1	1:48.01 Y	F *I	Evan Gregg	18	HOKI VA	12/11/2008	2008 Speedo SC Junior National
2	1:49.79 Y	P *I	Stuart Ferguson	18	PSDN VA	12/4/2008	2008 ConocoPhillips Short Course
3	1:51.55 Y	P *I	Nick Montes de Oca	17	BASS VA	3/17/2009	2009 NCSA Junior National Swimming
4	1:51.61 Y	F *I	Danny Loftus	16	CGBD VA	3/5/2009	2009 VA SC Senior Championships
5	1:51.82 Y	F *I	Jared Lovett	18	LASO VA	3/26/2009	2009 PV Speedo Champions Series
6	1:52.13 Y	F *I	Kohl Hurdle	18	CGBD VA	12/12/2008	2008 NBAC CHRISTMAS
7	1:52.40 Y	P *I	Conor Blackwood	18	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
8	1:52.68 Y	P *I	Tom Sheranek	18	NOVA VA	12/4/2008	2008 PV Tom Dolan Invitational
9	1:52.74 Y	F *I	Fernando Rubio	18	SQST VA	12/11/2008	2008 Speedo SC Junior National
10	1:53.79 Y	P *I	Adam Skipper	17	CGBD VA	12/11/2008	2008 Speedo SC Junior National
<b>Men 15-18 400 IM</b>							
1	3:54.62 Y	P *I	Tom Sheranek	18	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
2	3:56.43 Y	P *I	Nick Montes de Oca	17	BASS VA	3/17/2009	2009 NCSA Junior National Swimming
3	3:57.48 Y	P *I	Fernando Rubio	18	SQST VA	3/17/2009	2009 NCSA Junior National Swimming
4	3:59.82 Y	F *I	Kohl Hurdle	18	CGBD VA	12/12/2008	2008 NBAC CHRISTMAS
5	3:59.88 Y	P *I	Hunter Knight	17	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
6	4:00.96 Y	P *I	Jameson Hill	17	QDD VA	3/5/2009	2009 Grand Prix
7	4:01.11 Y	F *I	Jason Brame	18	LY VA	4/6/2009	2009 YMCA Nationals Short Course
8	4:02.07 Y	P *I	Michael Crawley	18	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
9	4:02.69 Y	P *I	Stuart Ferguson	18	PSDN VA	3/5/2009	2009 VA SC Senior Championships

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10	4:03.89 Y	P	*I K.j. Shaw	18	NOVA VA	3/17/2009 2009 NCSA Junior National Swimming