

**2008-2009 Virginia Swimming Short Course
LSC Top 10**

April 2009, Age Up Date = 5/1/2009

Time	P/F/S	Name	Age/Yr			
Men 13-14 50 Free						
1	22.15 Y	P Cameron Johnston	14	SQST VA	3/19/2009	2009 VSI SC Age Group Championships
2	22.18 Y	F *I Peyton Bailey	14	CGBD VA	3/19/2009	2009 VSI SC Age Group Championships
3	22.41 Y L	F *I Jacob Siar	14	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
4	22.93 Y	F *I Garret Lynn	14	US VA	3/19/2009	2009 VSI SC Age Group Championships
5	23.01 Y L	F Curtis Stallings	14	ODAC VA	3/19/2009	2009 VSI SC Age Group Championships
6	23.04 Y	F Eric Wolf	14	TCAC VA	3/19/2009	2009 VSI SC Age Group Championships
7	23.23 Y	P Joseph Lupacchino	14	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
8	23.41 Y	F *I Henry Bassett	14	NOVA VA	1/16/2009	2009 NC RSA January Jubilee Meet
9	23.57 Y	F Ryan Mitchell	14	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
10*	23.77 Y	F Zack Phelps	14	HOKI VA	3/19/2009	2009 VSI SC Age Group Championships
10*	23.77 Y L	F Thomas Ferguson	14	PSDN VA	3/19/2009	2009 VSI SC Age Group Championships
Men 13-14 100 Free						
1	48.19 Y	F *I Jacob Siar	14	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
2	48.56 Y	P Cameron Johnston	14	SQST VA	3/19/2009	2009 VSI SC Age Group Championships
3	48.64 Y	T *I Garret Lynn	14	US VA	3/26/2009	2009 PV EZ R2 Sectionals - TT
4	49.05 Y	F *I Peyton Bailey	14	CGBD VA	3/19/2009	2009 VSI SC Age Group Championships
5	50.12 Y	T *I Zac Paryzek	14	UN-US VA	3/26/2009	2009 PV EZ R2 Sectionals - TT
6	50.23 Y	P Eric Wolf	14	TCAC VA	3/19/2009	2009 VSI SC Age Group Championships
7	50.64 Y	P Ryan Mitchell	14	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
8	50.68 Y L	F *I Caleb Williams	14	LY VA	3/13/2009	2009 Short Course USY Championships
9	51.16 Y	P Jared Redding	14	RAYS VA	3/19/2009	2009 VSI SC Age Group Championships
10	51.21 Y	P *I Henry Bassett	14	NOVA VA	1/16/2009	2009 NC RSA January Jubilee Meet
Men 13-14 200 Free						
1	1:42.68 Y	F *I Jacob Siar	14	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
2	1:45.39 Y	P *I Caleb Williams	14	LY VA	4/6/2009	2009 YMCA Nationals Short Course
3	1:46.47 Y	F *I Peyton Bailey	14	CGBD VA	3/19/2009	2009 VSI SC Age Group Championships
4	1:46.88 Y	F *I Garret Lynn	14	US VA	3/19/2009	2009 VSI SC Age Group Championships
5	1:47.10 Y	F *I Zac Paryzek	14	UN-01 VA	3/19/2009	2009 VSI SC Age Group Championships
6	1:48.33 Y	F Joseph Lupacchino	14	VACS VA	3/19/2009	2009 VSI SC Age Group Championships
7	1:48.69 Y	F Anthony Zoldork	14	VACS VA	3/19/2009	2009 VSI SC Age Group Championships
8	1:49.84 Y	F *I Lucas Otruba	14	CCA VA	3/19/2009	2009 VSI SC Age Group Championships
9	1:50.62 Y	F Cameron Johnston	14	SQST VA	10/10/2008	SEVA - Virginia Statewide A/BB/B/C
10	1:50.73 Y	F Adam Mustafa	14	QDD VA	3/19/2009	2009 VSI SC Age Group Championships
Men 13-14 500 Free						
1	4:39.19 Y	F *I Jacob Siar	14	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
2	4:44.88 Y	F William Nicely	14	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
3	4:47.63 Y	F *I Zac Paryzek	14	UN-01 VA	3/19/2009	2009 VSI SC Age Group Championships
4	4:48.98 Y	P *I Caleb Williams	14	LY VA	12/5/2008	16th Annual TYR Capital Classic
5	4:55.21 Y	F Shane Condon	14	BAC VA	3/19/2009	2009 VSI SC Age Group Championships
6	4:55.38 Y	F *I Lucas Otruba	14	CCA VA	12/11/2008	2008 PV Sport Fair Winter Classic
7	4:57.17 Y	F Anthony Shields	14	QDD VA	3/19/2009	2009 VSI SC Age Group Championships
8	4:59.37 Y	F Adam Mustafa	14	QDD VA	3/19/2009	2009 VSI SC Age Group Championships
9	5:00.21 Y	F Ryan Mitchell	14	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
10	5:00.52 Y	F John Denning	13	TAC VA	3/19/2009	2009 VSI SC Age Group Championships
Men 13-14 1000 Free						
1	9:34.05 Y	F *I Jacob Siar	14	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
2	9:38.02 Y	F *I Zac Paryzek	14	UN-01 VA	3/19/2009	2009 VSI SC Age Group Championships
3	9:40.21 Y	F William Nicely	14	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
4	9:46.69 Y	F Anthony Zoldork	14	VACS VA	3/19/2009	2009 VSI SC Age Group Championships
5	10:00.77 Y	F *I Caleb Williams	14	LY VA	3/13/2009	2009 Short Course USY Championships

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	Time	P/F/S	Name	Age/Yr			
6	10:07.48 Y	F	*I Lucas Otruba	14	CCA VA	3/19/2009	2009 VSI SC Age Group Championships
7	10:12.54 Y	F	Shane Condon	14	BAC VA	3/19/2009	2009 VSI SC Age Group Championships
8	10:15.67 Y	F	James Balderston	14	ODAC VA	3/19/2009	2009 VSI SC Age Group Championships
9	10:23.26 Y	F	Chris Balch	14	WAC VA	2/7/2009	WAC LAST CHANCE MEET
10	10:23.64 Y	F	Joseph Lupacchino	14	VACS VA	3/19/2009	2009 VSI SC Age Group Championships
Men 13-14 1650 Free							
1	16:07.05 Y	F	William Nicely	14	SQST VA	3/19/2009	2009 VSI SC Age Group Championships
2	16:10.33 Y	F	*I Zac Paryzek	14	UN-01 VA	3/19/2009	2009 VSI SC Age Group Championships
3	16:10.83 Y	F	*I Jacob Siar	14	GATR VA	3/5/2009	2009 VA SC Senior Championships
4	16:59.72 Y	F	*I Caleb Williams	14	LY VA	3/13/2009	2009 Short Course USY Championships
5	17:10.26 Y	F	*I Lucas Otruba	14	CCA VA	3/19/2009	2009 VSI SC Age Group Championships
6	17:15.27 Y	F	James Balderston	14	ODAC VA	3/19/2009	2009 VSI SC Age Group Championships
7	17:15.31 Y	F	John Denning	13	TAC VA	3/19/2009	2009 VSI SC Age Group Championships
8	17:21.96 Y	F	*I Brett Barden	13	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
9	17:33.38 Y	F	Alex Rayle	14	SMAC VA	3/19/2009	2009 VSI SC Age Group Championships
10	17:35.65 Y	F	Shane Condon	14	BAC VA	3/19/2009	2009 VSI SC Age Group Championships
Men 13-14 100 Back							
1	52.65 Y	F	*I Peyton Bailey	14	CGBD VA	3/19/2009	2009 VSI SC Age Group Championships
2	52.98 Y	F	*I Jacob Siar	14	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
3	54.20 Y L	P	*I Caleb Williams	14	LY VA	4/6/2009	2009 YMCA Nationals Short Course
4	54.48 Y	F	*I Taylor Copeland	14	NOVA VA	4/2/2009	2009 PC ALMA SCY FARW SC CHMP
5	54.57 Y	F	Jesse Burnley	13	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
6	55.34 Y	P	*I Justin Barden	14	UN VA	2/26/2009	2009 VA AA High School State C
7	56.11 Y	P	Charley Bowles	14	CGBD VA	3/19/2009	2009 VSI SC Age Group Championships
8	56.25 Y	F	*I Garret Lynn	14	US VA	3/19/2009	2009 VSI SC Age Group Championships
9*	56.33 Y	F	Anthony Shields	14	QDD VA	3/19/2009	2009 VSI SC Age Group Championships
9*	56.33 Y	F	*I Henry Bassett	14	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
Men 13-14 200 Back							
1	1:55.43 Y	F	*I Jacob Siar	14	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
2	1:56.99 Y	P	*I Caleb Williams	14	LY VA	4/6/2009	2009 YMCA Nationals Short Course
3	1:57.43 Y	F	*I Peyton Bailey	14	CGBD VA	12/12/2008	2008 NBAC CHRISTMAS
4	1:57.98 Y	F	Jesse Burnley	13	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
5	1:59.12 Y	F	*I Taylor Copeland	14	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
6	2:00.09 Y	F	*I Justin Barden	14	BASS VA	3/19/2009	2009 VSI SC Age Group Championships
7	2:00.38 Y	P	Shane Condon	14	BAC VA	3/19/2009	2009 VSI SC Age Group Championships
8	2:00.55 Y	F	Charley Bowles	14	CGBD VA	3/19/2009	2009 VSI SC Age Group Championships
9	2:01.34 Y	F	Anthony Shields	14	QDD VA	3/19/2009	2009 VSI SC Age Group Championships
10	2:02.39 Y	F	*I Garret Lynn	14	US VA	12/5/2008	2008 RSA Reindeer Meet
Men 13-14 100 Breast							
1	59.75 Y	F	Cameron Johnston	14	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
2	1:01.30 Y	F	William Nicely	14	SQST VA	3/5/2009	2009 VA SC Senior Championships
3	1:02.07 Y	F	Curtis Stallings	14	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
4	1:02.75 Y	F	*I Clark Hou	13	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
5	1:03.50 Y	P	Chris Balch	14	WAC VA	3/5/2009	2009 VA SC Senior Championships
6	1:04.33 Y	F	Charley Bowles	14	CGBD VA	3/19/2009	2009 VSI SC Age Group Championships
7	1:04.36 Y	F	Andrew Vice	14	UN VA	2/7/2009	2009 TCIS Championship Meet
8	1:04.80 Y	F	Lucas Alvarez	13	CGBD VA	12/12/2008	2008 NBAC CHRISTMAS
9	1:04.84 Y	F	Carl Fuhs	14	TIDE VA	3/19/2009	2009 VSI SC Age Group Championships
10	1:04.85 Y	F	Ryan Mitchell	14	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
Men 13-14 200 Breast							
1	2:12.16 Y	F	William Nicely	14	SQST VA	3/5/2009	2009 VA SC Senior Championships

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2	2:14.03 Y	F	Anthony Zoldork	14	VACS VA	3/19/2009	2009 VSI SC Age Group Championships
3	2:14.31 Y	P *I	Clark Hou	13	NOVA VA	4/2/2009	2009 PC ALMA SCY FARW SC CHMP
4	2:16.43 Y	F	Charley Bowles	14	CGBD VA	3/19/2009	2009 VSI SC Age Group Championships
5	2:17.10 Y	P	Chris Balch	14	WAC VA	3/5/2009	2009 VA SC Senior Championships
6	2:17.76 Y	F *I	Zack Browne	13	NOVA VA	4/2/2009	2009 PC ALMA SCY FARW SC CHMP
7	2:17.93 Y	F	Cameron Johnston	14	SQST VA	12/5/2008	2008 RSA Reindeer Meet
8	2:21.16 Y	F	Brian Polo	14	VACS VA	3/19/2009	2009 VSI SC Age Group Championships
9	2:21.31 Y	F	Forrest Deal	14	SHKS VA	3/19/2009	2009 VSI SC Age Group Championships
10	2:21.92 Y	P *I	Cameron Moore	14	NOVA VA	4/2/2009	2009 PC ALMA SCY FARW SC CHMP
Men 13-14 100 Fly							
1	51.44 Y	F *I	Garret Lynn	14	US VA	3/26/2009	2009 PV Speedo Champions Series
2	53.21 Y	F	Thomas Ferguson	14	PSDN VA	3/19/2009	2009 VSI SC Age Group Championships
3	53.72 Y	F *I	Peyton Bailey	14	CGBD VA	3/19/2009	2009 VSI SC Age Group Championships
4	53.76 Y	F *I	Zac Paryzek	14	UN-01 VA	3/19/2009	2009 VSI SC Age Group Championships
5	54.03 Y	F	Anthony Zoldork	14	VACS VA	3/19/2009	2009 VSI SC Age Group Championships
6	55.14 Y	P	Alex Montes de Oca	14	BASS VA	3/19/2009	2009 VSI SC Age Group Championships
7	55.45 Y	F	Preston Dunham	14	ODAC VA	3/19/2009	2009 VSI SC Age Group Championships
8	55.47 Y	P *I	Justin Barden	14	BASS VA	3/19/2009	2009 VSI SC Age Group Championships
9	55.73 Y	F	Austin Zoldork	14	PSDN VA	3/19/2009	2009 VSI SC Age Group Championships
10	55.74 Y	F	Chris Balch	14	WAC VA	3/19/2009	2009 VSI SC Age Group Championships
Men 13-14 200 Fly							
1	1:56.79 Y	F *I	Zac Paryzek	14	UN-01 VA	3/19/2009	2009 VSI SC Age Group Championships
2	1:57.19 Y	F	Anthony Zoldork	14	VACS VA	3/19/2009	2009 VSI SC Age Group Championships
3	2:00.32 Y	F	Thomas Ferguson	14	PSDN VA	3/19/2009	2009 VSI SC Age Group Championships
4	2:00.45 Y	F	Preston Dunham	14	ODAC VA	12/5/2008	2008 RSA Reindeer Meet
5	2:00.64 Y	F *I	Zack Browne	13	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
6	2:00.85 Y	F *I	Cameron Moore	14	NOVA VA	4/2/2009	2009 PC ALMA SCY FARW SC CHMP
7	2:01.34 Y	F	Nicholas DeLeon	13	TAC VA	3/19/2009	2009 VSI SC Age Group Championships
8	2:03.15 Y	F	Alex Montes de Oca	14	BASS VA	3/19/2009	2009 VSI SC Age Group Championships
9	2:03.61 Y	F *I	Taylor Copeland	14	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
10	2:04.03 Y	F	Cameron Johnston	14	SQST VA	1/16/2009	2009 RAC Classic
Men 13-14 200 IM							
1	1:58.07 Y	F	William Nicely	14	SQST VA	3/19/2009	2009 VSI SC Age Group Championships
2	1:59.37 Y	F *I	Jacob Siar	14	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
3	2:00.46 Y	F	Anthony Zoldork	14	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
4	2:01.93 Y	F *I	Caleb Williams	14	LY VA	12/5/2008	16th Annual TYR Capital Classic
5	2:02.32 Y	P	Cameron Johnston	14	SQST VA	3/19/2009	2009 VSI SC Age Group Championships
6	2:02.67 Y	F	Chris Balch	14	WAC VA	3/19/2009	2009 VSI SC Age Group Championships
7	2:02.82 Y	P *I	Peyton Bailey	14	CGBD VA	12/12/2008	2008 NBAC CHRISTMAS
8	2:03.35 Y	F	Anthony Shields	14	QDD VA	3/19/2009	2009 VSI SC Age Group Championships
9	2:03.49 Y	P	Charley Bowles	14	CGBD VA	3/19/2009	2009 VSI SC Age Group Championships
10	2:04.08 Y	F *I	Zac Paryzek	14	TCAC VA	12/4/2008	2008 PV Tom Dolan Invitational
Men 13-14 400 IM							
1	4:09.38 Y	F	William Nicely	14	SQST VA	3/19/2009	2009 VSI SC Age Group Championships
2	4:11.09 Y	F	Anthony Zoldork	14	VACS VA	3/19/2009	2009 VSI SC Age Group Championships
3	4:17.21 Y	P *I	Caleb Williams	14	LY VA	12/5/2008	16th Annual TYR Capital Classic
4	4:17.54 Y	F	Charley Bowles	14	CGBD VA	3/19/2009	2009 VSI SC Age Group Championships
5	4:21.23 Y	P	Chris Balch	14	WAC VA	3/5/2009	2009 VA SC Senior Championships
6	4:22.43 Y	F *I	Jacob Siar	14	GATR VA	1/16/2009	2009 SE Pilot January Classic
7	4:22.87 Y	F	John Denning	13	TAC VA	3/19/2009	2009 VSI SC Age Group Championships
8	4:22.94 Y	F	Thomas Ferguson	14	PSDN VA	3/19/2009	2009 VSI SC Age Group Championships

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9	4:23.27 Y	F	*I Zac Paryzek	14	UN VA	1/23/2009	2009 MA Elite Invite
10	4:23.33 Y	F	*I Garret Lynn	14	UNUS VA	11/14/2008	CGBD Fall Invitation 2008