

2007 Virginia Swimming Long Course
LSC Top 10
July 2007, Age Up Date = 8/31/2007

Women 15-18 50 Free

1	26.91 L	T	*I Davis, Hannah	18	CGBD	- VA	7/31/2007	2007 ConocoPhillips USA Swimming
2	27.06 L	P	*I Perks, Caitlin	17	QDD	- VA	8/6/2007	2007 Speedo Junior National Champio
3	27.09 L	P	*I Cavalier, Meredith	16	QDD	- VA	8/6/2007	2007 Speedo Junior National Champio
4	27.20 L	F	Simmons, Caroline	16	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours
5	27.63 L	P	*I Hines, Lauren	17	LY	- VA	8/6/2007	2007 Speedo Junior National Champio
6	27.65 L	P	*I Jones, Rebecca	16	TIDE	- VA	11/30/2006	2006 U.S. Open
7	27.83 L	T	*I Baar, Nancy	16	GATR	- VA	11/30/2006	2006 U.S. Open
8	27.84 L L	F	*I Stephens, Carter	15	NOVA	- VA	7/12/2007	PVS Senior LC Champs 2007
9	27.88 L	F	*I Bassett, Kate	15	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
10	28.10 L L	F	*I Okeyo, Bunge	16	GATR	- VA	7/26/2007	2007 VA LC Senior Championships

Women 15-18 100 Free

1	57.92 L	F	*I Perks, Caitlin	17	QDD	- VA	8/6/2007	2007 Speedo Junior National Champio
2	58.12 L	T	*I Davis, Hannah	18	CGBD	- VA	7/31/2007	2007 ConocoPhillips USA Swimming
3	58.66 L	P	*I Jones, Rebecca	16	TIDE	- VA	11/30/2006	2006 U.S. Open
4	59.12 L	P	*I Cavalier, Meredith	16	QDD	- VA	8/6/2007	2007 Speedo Junior National Champio
5	1:00.04 L	T	*I Hines, Lauren	17	LY	- VA	8/6/2007	2007 Speedo Junior National Champio
6	1:00.34 L	F	*I Harrison, Caitlyn	16	QDD	- VA	7/26/2007	2007 VA LC Senior Championships
7	1:00.45 L	T	*I Naurath, Rachel	15	NOVA	- VA	8/6/2007	2007 Speedo Junior National Champio
8	1:00.65 L	P	*I Baar, Nancy	16	GATR	- VA	3/27/2007	2007 USA Swimming Spring Champio
9	1:00.67 L	F	*I Bassett, Kate	15	NOVA	- VA	7/19/2007	2007 LC Age Group Championships
10	1:00.74 L	P	Simmons, Caroline	16	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours

Women 15-18 200 Free

1	2:04.26 L	F	*I Jones, Rebecca	16	TIDE	- VA	7/26/2007	2007 VA LC Senior Championships
2	2:06.19 L	T	*I Perks, Caitlin	17	QDD	- VA	8/6/2007	2007 Speedo Junior National Champio
3	2:06.56 L L	F	*I Naurath, Rachel	15	NOVA	- VA	8/6/2007	2007 Speedo Junior National Champio
4	2:07.12 L	P	*I Nunn, Abigail	17	NOVA	- VA	7/26/2007	2007 VA LC Senior Championships
5	2:09.03 L	P	*I Shaw, Elizabeth	18	NOVA	- VA	7/26/2007	2007 VA LC Senior Championships
6	2:09.36 L	T	*I Cavalier, Meredith	16	QDD	- VA	8/6/2007	2007 Speedo Junior National Champio
7	2:10.30 L	P	*I Myers, Anne	18	NOVA	- VA	3/27/2007	2007 USA Swimming Spring Champio
8	2:10.41 L	F	*I Davis, Hannah	18	CGBD	- VA	5/18/2007	Josh Weaver Memorial Meet on the Hi
9	2:10.61 L	F	*I Rudolph, Jackie	16	TIDE	- VA	7/26/2007	2007 VA LC Senior Championships
10	2:11.01 L	F	*I Endsley, Paige	17	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships

Women 15-18 400 Free

1	4:23.42 L	P	*I Naurath, Rachel	15	NOVA	- VA	8/6/2007	2007 Speedo Junior National Champio
2	4:28.16 L	P	*I Jones, Rebecca	16	TIDE	- VA	8/6/2007	2007 Speedo Junior National Champio
3	4:30.88 L	F	*I Nunn, Abigail	17	NOVA	- VA	7/12/2007	PVS Senior LC Champs 2007
4	4:31.50 L	P	*I Perks, Caitlin	17	QDD	- VA	8/6/2007	2007 Speedo Junior National Champio
5	4:33.35 L	F	*I Endsley, Paige	17	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships
6	4:33.50 L	F	*I Madden, Meagan	17	NOVA	- VA	7/12/2007	PVS Senior LC Champs 2007
7	4:34.59 L	F	*I Schroeder, Katie	15	PSDN	- VA	6/22/2007	4th Annual YSSC Firecracker Invitatio
8	4:35.33 L	P	*I Rudolph, Jackie	16	TIDE	- VA	7/26/2007	2007 VA LC Senior Championships
9	4:36.33 L	F	*I Shaw, Elizabeth	18	NOVA	- VA	7/12/2007	PVS Senior LC Champs 2007
10	4:36.36 L	F	*I Bartholomew, Erin	16	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships

Women 15-18 800 Free

1	8:56.42 L	F	*I Naurath, Rachel	15	NOVA	- VA	8/6/2007	2007 Speedo Junior National Champio
2	9:14.62 L	F	*I Jones, Rebecca	16	TIDE	- VA	5/18/2007	Josh Weaver Memorial Meet on the Hi
3	9:19.84 L	F	*I Nunn, Abigail	17	NOVA	- VA	6/15/2007	Edwin C. Cuttino Memorial Long Cour
4	9:20.61 L	F	*I Perks, Caitlin	17	QDD	- VA	7/26/2007	2007 VA LC Senior Championships
5	9:21.87 L	P	*I Myers, Anne	18	NOVA	- VA	3/27/2007	2007 USA Swimming Spring Champio
6	9:24.79 L	F	*I Chong, Jamie	17	LY	- VA	7/26/2007	2007 VA LC Senior Championships
7	9:25.58 L	F	*I Endsley, Paige	17	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships
8	9:26.19 L	F	*I Madden, Meagan	17	NOVA	- VA	7/12/2007	PVS Senior LC Champs 2007
9	9:29.21 L	F	*I Schroeder, Katie	15	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships
10	9:32.14 L	F	*I Bartholomew, Erin	16	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships

Women 15-18 1500 Free

1	17:12.70 L	F	*I Naurath, Rachel	15	NOVA	- VA	8/6/2007	2007 Speedo Junior National Champio
2	17:29.98 L	F	*I Nunn, Abigail	17	NOVA	- VA	8/6/2007	2007 Speedo Junior National Champio
3	17:36.06 L	F	*I Jones, Rebecca	16	TIDE	- VA	6/22/2007	4th Annual YSSC Firecracker Invitatio
4	17:49.79 L	F	*I Schroeder, Katie	15	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships
5	17:52.59 L	F	*I Chong, Jamie	17	LY	- VA	7/26/2007	2007 VA LC Senior Championships
6	17:52.85 L	F	*I Endsley, Paige	17	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships
7	18:05.83 L	F	*I Madden, Meagan	17	NOVA	- VA	7/12/2007	PVS Senior LC Champs 2007
8	18:19.01 L	F	*I Bartholomew, Erin	16	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships
9	18:27.84 L	F	*I Rothemich, Jennifer	15	NOVA	- VA	7/26/2007	2007 VA LC Senior Championships
10	18:28.00 L	F	*I Moravcikova, Martina	18	TIDE	- VA	6/22/2007	4th Annual YSSC Firecracker Invitatio

Women 15-18 100 Back

1	1:05.15 L	F	*I Cavalier, Meredith	16	QDD	- VA	8/6/2007	2007 Speedo Junior National Champio
2	1:06.79 L	P	*I Haley, Lauren	18	PSDN	- VA	11/30/2006	2006 U.S. Open

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3	1:07.05 L	P	*I Glaeser, Suzannah	17	QDD	- VA	7/26/2007	2007 VA LC Senior Championships	
4	1:08.24 L	P	*I Baar, Nancy	16	GATR	- VA	3/27/2007	2007 USA Swimming Spring Champio	
5	1:08.51 L	P	*I Kessler, Kate	16	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships	
6	1:08.56 L	P	*I Shanks, Lisa	17	SEVA	- VA	7/26/2007	2007 VA LC Senior Championships	
7	1:08.73 L	P	*I Rothemich, Jennifer	15	NOVA	- VA	7/26/2007	2007 VA LC Senior Championships	
8	1:09.17 L L	F	*I Hartmann, Caroline	17	CGBD	- VA	6/7/2007	2007 NC Charlotte UltraSwim	
9	1:09.20 L	F	*I Swecker, Morgan	16	BAC	- VA	7/26/2007	2007 VA LC Senior Championships	
10	1:09.34 L	P	*I Dunn, Jessica	17	QDD	- VA	7/26/2007	2007 VA LC Senior Championships	
Women 15-18 200 Back									
1	2:20.48 L	F	*I Cavalier, Meredith	16	QDD	- VA	8/6/2007	2007 Speedo Junior National Champio	
2	2:26.62 L	F	*I Rothemich, Jennifer	15	NOVA	- VA	7/26/2007	2007 VA LC Senior Championships	
3	2:27.48 L	F	*I Glaeser, Suzannah	17	QDD	- VA	7/26/2007	2007 VA LC Senior Championships	
4	2:27.52 L	P	*I Shanks, Lisa	17	SEVA	- VA	7/26/2007	2007 VA LC Senior Championships	
5	2:28.42 L	F	*I Henry, Devin	15	GATR	- VA	7/26/2007	2007 VA LC Senior Championships	
6	2:28.71 L	F	Wash, Kelsey	16	VA	- VA	8/8/2007	Eastern Zone Age Group Long Cours	
7	2:28.92 L	F	*I Madden, Meagan	17	NOVA	- VA	7/12/2007	PVS Senior LC Champs 2007	
8	2:28.95 L	F	*I Rudolph, Jackie	16	TIDE	- VA	7/26/2007	2007 VA LC Senior Championships	
9	2:29.62 L	F	*I Swecker, Morgan	16	BAC	- VA	7/26/2007	2007 VA LC Senior Championships	
10	2:29.87 L	P	*I Hartmann, Caroline	17	CGBD	- VA	8/6/2007	2007 Speedo Junior National Champio	
Women 15-18 100 Breast									
1	1:13.47 L	F	*I Moravcikova, Martina	18	TIDE	- VA	6/22/2007	4th Annual YSSC Firecracker Invitatio	
2	1:15.12 L	P	*I Holloway, Meaghan	16	WAC	- VA	11/30/2006	2006 U.S. Open	
3	1:15.19 L	P	*I Sink, Keri	16	GATR	- VA	8/6/2007	2007 Speedo Junior National Champio	
4	1:15.70 L	P	*I Nunn, Abigail	17	NOVA	- VA	7/26/2007	2007 VA LC Senior Championships	
5	1:16.58 L	F	*I Boyer, Paige	16	WAC	- VA	7/26/2007	2007 VA LC Senior Championships	
6	1:16.64 L	F	*I Harris, Courtney	18	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships	
7	1:17.00 L	F	*I Little, Caroline	17	NOVA	- VA	7/12/2007	PVS Senior LC Champs 2007	
8	1:17.10 L	F	*I Royce, Carolyn	17	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships	
9	1:17.26 L	P	*I Randall, Shelby	16	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships	
10	1:18.22 L	P	*I Stagg, Ellen Carter	16	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships	
Women 15-18 200 Breast									
1	2:40.50 L	F	*I Moravcikova, Martina	18	TIDE	- VA	6/22/2007	4th Annual YSSC Firecracker Invitatio	
2	2:42.35 L	P	*I Sink, Keri	16	GATR	- VA	8/6/2007	2007 Speedo Junior National Champio	
3	2:43.15 L	F	*I Nunn, Abigail	17	NOVA	- VA	7/12/2007	PVS Senior LC Champs 2007	
4	2:45.07 L	F	*I McGeath, Miriam	16	GATR	- VA	7/26/2007	2007 VA LC Senior Championships	
5	2:45.41 L	F	*I Harris, Courtney	18	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships	
6	2:46.27 L	P	*I Holloway, Meaghan	16	US	- VA	8/6/2007	2007 Speedo Junior National Champio	
7	2:46.94 L	F	*I Berke, Megan	17	NOVA	- VA	7/26/2007	2007 VA LC Senior Championships	
8	2:47.03 L	F	*I Shaw, Elizabeth	18	NOVA	- VA	7/12/2007	PVS Senior LC Champs 2007	
9	2:47.48 L	P	*I Myers, Anne	18	NOVA	- VA	3/27/2007	2007 USA Swimming Spring Champio	
10	2:48.16 L	F	*I Randall, Shelby	16	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships	
Women 15-18 100 Fly									
1	1:02.30 L	F	*I Shaw, Elizabeth	18	NOVA	- VA	8/6/2007	2007 Speedo Junior National Champio	
2	1:04.88 L	T	*I Stephens, Carter	15	NOVA	- VA	8/6/2007	2007 Speedo Junior National Champio	
3	1:04.89 L	F	*I Holloway, Meaghan	16	UN	- VA	6/7/2007	2007 NC Charlotte UltraSwim	
4	1:05.61 L	P	*I Nunn, Abigail	17	NOVA	- VA	7/26/2007	2007 VA LC Senior Championships	
5	1:05.94 L	F	*I Bechard, Sarah	17	BAC	- VA	7/26/2007	2007 VA LC Senior Championships	
6	1:05.95 L	P	*I Glaeser, Suzannah	17	QDD	- VA	7/26/2007	2007 VA LC Senior Championships	
7	1:05.98 L	P	*I Davis, Hannah	18	CGBD	- VA	7/26/2007	2007 VA LC Senior Championships	
8	1:06.15 L	F	*I Naurath, Rachel	15	NOVA	- VA	5/18/2007	Josh Weaver Memorial Meet on the Hi	
9	1:06.44 L	P	*I Kalnins, Dana	16	QDD	- VA	8/6/2007	2007 Speedo Junior National Champio	
10	1:06.58 L	F	*I Bassett, Kate	15	NOVA	- VA	7/19/2007	2007 LC Age Group Championships	
Women 15-18 200 Fly									
1	2:13.64 L	P	*I Shaw, Elizabeth	18	NOVA	- VA	8/6/2007	2007 Speedo Junior National Champio	
2	2:18.21 L	P	*I Mizelle, Meggie	18	NOVA	- VA	3/27/2007	2007 USA Swimming Spring Champio	
3	2:19.09 L	T	*I Beckenstein, Allie	17	CYAC	- VA	7/13/2007	2007 Upper SE Regional YMCA Cham	
4	2:19.28 L	T	*I Nunn, Abigail	17	NOVA	- VA	8/6/2007	2007 Speedo Junior National Champio	
5	2:19.61 L	T	*I Kalnins, Dana	16	QDD	- VA	8/6/2007	2007 Speedo Junior National Champio	
6	2:19.98 L	F	*I Naurath, Rachel	15	NOVA	- VA	7/12/2007	PVS Senior LC Champs 2007	
7	2:20.68 L	T	*I Bowe, Madeline	16	CYAC	- VA	7/13/2007	2007 Upper SE Regional YMCA Cham	
8	2:20.81 L	T	*I Stephens, Carter	15	NOVA	- VA	8/6/2007	2007 Speedo Junior National Champio	
9	2:20.92 L	T	*I Broadus, Brenna	16	CYAC	- VA	7/13/2007	2007 Upper SE Regional YMCA Cham	
10	2:23.84 L	F	*I Sink, Keri	16	GATR	- VA	7/26/2007	2007 VA LC Senior Championships	
Women 15-18 200 IM									
1	2:22.60 L	F	*I Shaw, Elizabeth	18	NOVA	- VA	3/27/2007	2007 USA Swimming Spring Champio	
2	2:24.82 L	P	*I Nunn, Abigail	17	NOVA	- VA	7/12/2007	PVS Senior LC Champs 2007	
3	2:25.69 L	F	*I Sink, Keri	16	GATR	- VA	7/26/2007	2007 VA LC Senior Championships	
4	2:26.37 L	T	*I Holloway, Meaghan	16	WAC	- VA	11/30/2006	2006 U.S. Open	
5	2:26.57 L	T	*I Perks, Caitlin	17	QDD	- VA	11/30/2006	2006 U.S. Open	
6	2:26.84 L	F	*I Cavalier, Meredith	16	QDD	- VA	7/26/2007	2007 VA LC Senior Championships	

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8	2:27.93 L	F	*I Jones, Rebecca	16	TIDE	- VA	5/18/2007	Josh Weaver Memorial Meet on the Hi
9	2:28.16 L	F	*I Royce, Carolyn	17	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships
10	2:28.91 L	P	*I Randall, Shelby	16	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships
Women 15-18 400 IM								
1	4:56.96 L	F	*I Shaw, Elizabeth	18	NOVA	- VA	3/27/2007	2007 USA Swimming Spring Champio
2	5:01.72 L	P	*I Nunn, Abigail	17	NOVA	- VA	7/12/2007	PVS Senior LC Champs 2007
3	5:04.76 L	P	*I Myers, Anne	18	NOVA	- VA	3/27/2007	2007 USA Swimming Spring Champio
4	5:05.53 L	F	*I Naurath, Rachel	15	NOVA	- VA	6/7/2007	2007 NC Charlotte UltraSwim
5	5:09.24 L	F	*I McGeath, Miriam	16	GATR	- VA	7/26/2007	2007 VA LC Senior Championships
6	5:09.43 L	P	*I Sink, Keri	16	GATR	- VA	8/6/2007	2007 Speedo Junior National Champio
7	5:12.36 L	F	*I Moravcikova, Martina	18	TIDE	- VA	6/22/2007	4th Annual YSSC Firecracker Invitatio
8	5:13.34 L	F	*I Schroeder, Katie	15	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships
9	5:14.85 L	P	*I Harris, Courtney	18	PSDN	- VA	7/26/2007	2007 VA LC Senior Championships
10	5:14.95 L	P	*I Holloway, Meaghan	16	WAC	- VA	11/30/2006	2006 U.S. Open