



2014-2015 Central District New Officials Orientation/Training

We need Officials at all positions and from all Teams!

Officiating is fun and rewarding. If you want to get involved and contribute to our sport, this is a great way to do it!! We have lots of meets and the more officials we have, the easier it is to adequately staff them.

The training will include an introduction and overview of USA Swimming officiating, an explanation of Virginia Swimming's officials training and certification process and a clinic for **Stroke and Turn Judge** (the initial step on the "wet deck").

**Thursday, October 2
6:30 pm
Location: NOVA of VA Aquatics**

You will be able to start training at the first meet in October.

If interested, please RSVP to NOVA's officials chair (lrizzolini@vcu.edu) or Bob Rustin (Bob.A.Rustin@USA.dupont.com) by September 26st.

Come Join the Officials Team!!



TOP TEN REASONS TO BE A USA SWIMMING OFFICIAL

10. They give you free food and a heat sheet.
9. You don't have to time.
8. The meet goes much faster.
7. It's cooler on deck than in the stands and not as crowded either.
6. You don't have to decide what to wear to a swim meet.
5. You meet new and interesting people - across the state and country.
4. You may be able to deduct travel expenses on your taxes.
3. You get to see your child swim up close and personal, and they know where you are when they need money.
2. You have the satisfaction of knowing you are contributing to your child's swimming efforts.
1. All teams need to provide officials in the meets we participate in, or the meet won't happen.