

Virginia Swimming Short Course Senior Champ, Sanction #: VSI-11-51**25 Yard Course****Session Report**

Session: 1 Thursday Timed Finals

Day of Meet: 1 Starts at 04:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women Senior 1650 Freestyle	47	6	04:00 PM	_____
Finals	2 Men Senior 1650 Freestyle	40	5	05:53 PM	_____
	Swimmers Counts for Warm-ups: 87	=====	=====		
	Entry / Heat Totals:	87	11		
	Finish Time			07:19 PM	_____

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Session: 2 Friday Trials

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	3 Women Senior 200 Freestyle	77	10	08:30 AM	_____
Prelims	4 Men Senior 200 Freestyle	93	12	08:53 AM	_____
Prelims	5 Women Senior 100 Breaststroke	67	9	09:19 AM	_____
Prelims	6 Men Senior 100 Breaststroke	77	10	09:33 AM	_____
Prelims	7 Women Senior 100 Butterfly	69	9	09:47 AM	_____
Prelims	8 Men Senior 100 Butterfly	79	10	09:59 AM	_____
Prelims	9 Women Senior 400 IM	57	8	10:11 AM	_____
Prelims	10 Men Senior 400 IM	69	9	10:52 AM	_____
Finals-S	11 Women Senior 800 Freestyle Relay	6	1	11:34 AM	_____
Finals-S	12 Men Senior 800 Freestyle Relay	9	2	11:42 AM	_____
	Swimmers Counts for Warm-ups: 356	=====	=====		
	Entry / Heat Totals:	603	80		
	Finish Time			11:58 AM	_____

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Session: 4 Friday Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	3 Women Senior 200 Freestyle	24	3u	06:00 PM	_____
Finals	4 Men Senior 200 Freestyle	24	3u	06:09 PM	_____
Finals	5 Women Senior 100 Breaststroke	24	3u	06:17 PM	_____
Finals	6 Men Senior 100 Breaststroke	24	3u	06:24 PM	_____
Finals	7 Women Senior 100 Butterfly	24	3u	06:30 PM	_____
Finals	8 Men Senior 100 Butterfly	24	3u	06:35 PM	_____
Finals	9 Women Senior 400 IM	24	3u	06:41 PM	_____
Finals	10 Men Senior 400 IM	24	3u	06:57 PM	_____
	Break: 10 Minutes				
Finals-2	11 Women Senior 800 Freestyle Relay	16	2	07:23 PM	_____
Finals-2	12 Men Senior 800 Freestyle Relay	16	2	07:40 PM	_____
	Swimmers Counts for Warm-ups: 142	=====	=====		
	Entry / Heat Totals:	224	28		
	Finish Time			07:57 PM	_____

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Session: 5 Saturday Trials

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13 Women Senior 200 Freestyle Relay	24	3	08:30 AM	_____
Finals	14 Men Senior 200 Freestyle Relay	30	4	08:37 AM	_____
Prelims	15 Women Senior 200 Butterfly	64	8	08:44 AM	_____
Prelims	16 Men Senior 200 Butterfly	95	12	09:05 AM	_____
Prelims	17 Women Senior 50 Freestyle	75	10	09:33 AM	_____
Prelims	18 Men Senior 50 Freestyle	101	13	09:41 AM	_____
Prelims	19 Women Senior 200 Breaststroke	59	8	09:50 AM	_____
Prelims	20 Men Senior 200 Breaststroke	59	8	10:13 AM	_____
Prelims	21 Women Senior 100 Backstroke	72	9	10:35 AM	_____
Prelims	22 Men Senior 100 Backstroke	81	11	10:49 AM	_____
Prelims	23 Women Senior 500 Freestyle	54	7	11:06 AM	_____
Prelims	24 Men Senior 500 Freestyle	72	9	11:45 AM	_____
Finals-S	25 Women Senior 400 Medley Relay	9	2	12:31 PM	_____
Finals-S	26 Men Senior 400 Medley Relay	16	2	12:41 PM	_____
	Swimmers Counts for Warm-ups: 414	=====	=====		
	Entry / Heat Totals:	811	106		
	Finish Time			12:50 PM	_____

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Session: 7 Saturday Finals

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	15 Women Senior 200 Butterfly	24	3u	06:00 PM	_____
Finals	16 Men Senior 200 Butterfly	24	3u	06:10 PM	_____
Finals	17 Women Senior 50 Freestyle	24	3u	06:18 PM	_____
Finals	18 Men Senior 50 Freestyle	24	3u	06:23 PM	_____
Finals	19 Women Senior 200 Breaststroke	24	3u	06:27 PM	_____
Finals	20 Men Senior 200 Breaststroke	24	3u	06:37 PM	_____
Finals	21 Women Senior 100 Backstroke	24	3u	06:46 PM	_____
Finals	22 Men Senior 100 Backstroke	24	3u	06:53 PM	_____
Finals	23 Women Senior 500 Freestyle	24	3u	06:59 PM	_____
Finals	24 Men Senior 500 Freestyle	24	3u	07:17 PM	_____
	Break: 10 Minutes				
Finals-2	25 Women Senior 400 Medley Relay	16	2	07:44 PM	_____
Finals-2	26 Men Senior 400 Medley Relay	16	2	07:55 PM	_____
	Swimmers Counts for Warm-ups: 173	=====	=====		
	Entry / Heat Totals:	272	34		
	Finish Time			08:05 PM	_____

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Session: 8 Sunday Trials

Day of Meet: 4 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	27 Women Senior 200 Medley Relay	23	3	08:30 AM	_____
Finals	28 Men Senior 200 Medley Relay	29	4	08:44 AM	_____
Prelims	29 Women Senior 200 Backstroke	72	9	09:02 AM	_____
Prelims	30 Men Senior 200 Backstroke	81	11	09:27 AM	_____
Prelims	31 Women Senior 100 Freestyle	90	12	09:55 AM	_____
Prelims	32 Men Senior 100 Freestyle	97	13	10:11 AM	_____
Prelims	33 Women Senior 200 IM	85	11	10:26 AM	_____
Prelims	34 Men Senior 200 IM	87	11	10:54 AM	_____
Finals-S	35 Women Senior 400 Freestyle Relay	8	1	11:20 AM	_____
Finals-S	36 Men Senior 400 Freestyle Relay	15	2	11:24 AM	_____
	Swimmers Counts for Warm-ups: 337	=====	=====		
	Entry / Heat Totals:	587	77		
	Finish Time			11:32 AM	_____

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Session: 10 Sunday Distance Events

Day of Meet: 4 Starts at 01:15 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-S	37 Women Senior 1000 Freestyle	48	6	01:15 PM	_____
Finals-S	38 Men Senior 1000 Freestyle	44	6	02:24 PM	_____
	Swimmers Counts for Warm-ups: 92	=====	=====		
	Entry / Heat Totals:	92	12		
	Finish Time			03:27 PM	_____

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Session: 11 Sunday Finals

Day of Meet: 4 Starts at 04:30 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	37 Women Senior 1000 Freestyle	8	1	04:30 PM	_____
Finals-1	38 Men Senior 1000 Freestyle	8	1	04:42 PM	_____
	Break: 10 Minutes				
Finals	29 Women Senior 200 Backstroke	24	3u	05:02 PM	_____
Finals	30 Men Senior 200 Backstroke	24	3u	05:12 PM	_____
Finals	31 Women Senior 100 Freestyle	24	3u	05:22 PM	_____
Finals	32 Men Senior 100 Freestyle	24	3u	05:28 PM	_____
Finals	33 Women Senior 200 IM	24	3u	05:33 PM	_____
Finals	34 Men Senior 200 IM	24	3u	05:42 PM	_____
	Break: 10 Minutes				
Finals-2	35 Women Senior 400 Freestyle Relay	16	2	06:01 PM	_____
Finals-2	36 Men Senior 400 Freestyle Relay	16	2	06:10 PM	_____
	Swimmers Counts for Warm-ups: 115	=====	=====		
	Entry / Heat Totals:	192	24		
	Finish Time			06:19 PM	_____