

2011 VA SC SR Championships - 3/3/2011 to 3/6/2011**VSI Sanction #:VS-11-51****Session Report**

Session: 1 Thursday Timed Finals

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Women Senior 1650 Freestyle	35	5u	05:30 PM
Finals	2 Men Senior 1650 Freestyle	43	6u	07:05 PM
	Swimmers Counts for Warm-ups: 78	=====	=====	
	Entry / Heat Totals:	78	11	
	Finish Time			08:50 PM

Session: 2 Friday Trials

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	3 Women Senior 200 Freestyle	79	10u	08:30 AM
Prelims	4 Men Senior 200 Freestyle	77	10u	08:55 AM
Prelims	5 Women Senior 100 Breaststroke	63	8u	09:18 AM
Prelims	6 Men Senior 100 Breaststroke	65	9u	09:31 AM
Prelims	7 Women Senior 100 Butterfly	69	9u	09:45 AM
Prelims	8 Men Senior 100 Butterfly	77	10u	09:59 AM
Prelims	9 Women Senior 400 IM	50	7u	10:13 AM
Prelims	10 Men Senior 400 IM	60	8u	10:49 AM
Finals-S	11 Women Senior 800 Freestyle Relay	5	1u	11:28 AM
Finals-S	12 Men Senior 800 Freestyle Relay	6	1u	11:36 AM
	Swimmers Counts for Warm-ups: 334	=====	=====	
	Entry / Heat Totals:	551	73	
	Finish Time			11:44 AM

Session: 4 Friday Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	3 Women Senior 200 Freestyle	24	3u	06:00 PM
Finals	4 Men Senior 200 Freestyle	24	3u	06:09 PM
Finals	5 Women Senior 100 Breaststroke	24	3u	06:17 PM
Finals	6 Men Senior 100 Breaststroke	24	3u	06:24 PM
Finals	7 Women Senior 100 Butterfly	24	3u	06:30 PM
Finals	8 Men Senior 100 Butterfly	24	3u	06:35 PM
Finals	9 Women Senior 400 IM	24	3u	06:41 PM
Finals	10 Men Senior 400 IM	24	3u	06:57 PM
	Break: 10 Minutes			
Finals-2	11 Women Senior 800 Freestyle Relay	16	2u	07:23 PM
Finals-2	12 Men Senior 800 Freestyle Relay	16	2u	07:41 PM
	Swimmers Counts for Warm-ups: 148	=====	=====	
	Entry / Heat Totals:	224	28	
	Finish Time			07:58 PM

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Session: 5 Saturday Trials

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13 Women Senior 200 Freestyle Relay	25	4u	08:30 AM	_____
Finals	14 Men Senior 200 Freestyle Relay	27	4u	08:39 AM	_____
Prelims	15 Women Senior 200 Butterfly	61	8u	08:48 AM	_____
Prelims	16 Men Senior 200 Butterfly	80	10u	09:09 AM	_____
Prelims	17 Women Senior 50 Freestyle	100	13u	09:35 AM	_____
Prelims	18 Men Senior 50 Freestyle	77	10u	09:47 AM	_____
Prelims	19 Women Senior 200 Breaststroke	60	8u	09:56 AM	_____
Prelims	20 Men Senior 200 Breaststroke	48	6u	10:20 AM	_____
Prelims	21 Women Senior 100 Backstroke	63	8u	10:36 AM	_____
Prelims	22 Men Senior 100 Backstroke	77	10u	10:51 AM	_____
Prelims	23 Women Senior 500 Freestyle	41	6u	11:07 AM	_____
Prelims	24 Men Senior 500 Freestyle	68	9u	11:41 AM	_____
Finals-S	25 Women Senior 400 Medley Relay	9	2u	12:29 PM	_____
Finals-S	26 Men Senior 400 Medley Relay	12	2u	12:39 PM	_____
	Swimmers Counts for Warm-ups: 411	=====	=====		
	Entry / Heat Totals:	748	100		
	Finish Time			12:48 PM	_____

Session: 7 Saturday Finals

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 70 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	15 Women Senior 200 Butterfly	24	3u	06:00 PM	_____
Finals	16 Men Senior 200 Butterfly	24	3u	06:10 PM	_____
Finals	17 Women Senior 50 Freestyle	24	3u	06:19 PM	_____
Finals	18 Men Senior 50 Freestyle	24	3u	06:24 PM	_____
Finals	19 Women Senior 200 Breaststroke	24	3u	06:29 PM	_____
Finals	20 Men Senior 200 Breaststroke	24	3u	06:39 PM	_____
Finals	21 Women Senior 100 Backstroke	24	3u	06:50 PM	_____
Finals	22 Men Senior 100 Backstroke	24	3u	06:57 PM	_____
Finals	23 Women Senior 500 Freestyle	24	3u	07:04 PM	_____
Finals	24 Men Senior 500 Freestyle	24	3u	07:22 PM	_____
	Break: 10 Minutes				
Finals-2	25 Women Senior 400 Medley Relay	16	2u	07:50 PM	_____
Finals-2	26 Men Senior 400 Medley Relay	16	2u	08:01 PM	_____
	Swimmers Counts for Warm-ups: 185	=====	=====		
	Entry / Heat Totals:	272	34		
	Finish Time			08:11 PM	_____

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Session: 8 Sunday Trials

Day of Meet: 4 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	27 Women Senior 200 Medley Relay	25	4u	08:30 AM
Finals	28 Men Senior 200 Medley Relay	26	4u	08:50 AM
Prelims	29 Women Senior 200 Backstroke	64	8u	09:08 AM
Prelims	30 Men Senior 200 Backstroke	76	10u	09:31 AM
Prelims	31 Women Senior 100 Freestyle	94	12u	09:59 AM
Prelims	32 Men Senior 100 Freestyle	85	11u	10:16 AM
Prelims	33 Women Senior 200 IM	72	9u	10:31 AM
Prelims	34 Men Senior 200 IM	83	11u	10:55 AM
Finals-S	35 Women Senior 400 Freestyle Relay	9	2u	11:23 AM
Finals-S	36 Men Senior 400 Freestyle Relay	11	2u	11:31 AM
	Swimmers Counts for Warm-ups: 324	=====	=====	
	Entry / Heat Totals:	545	73	
	Finish Time			11:39 AM

Session: 10 Sunday Distance Events

Day of Meet: 4 Starts at 01:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals-S	37 Women Senior 1000 Freestyle	46	6u	01:00 PM
Finals-S	38 Men Senior 1000 Freestyle	49	7u	02:09 PM
	Swimmers Counts for Warm-ups: 111	=====	=====	
	Entry / Heat Totals:	95	13	
	Finish Time			03:23 PM

Session: 11 Sunday Finals

Day of Meet: 4 Starts at 04:30 PM Heat Interval: 70 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals-1	37 Women Senior 1000 Freestyle	8	1u	04:30 PM
Finals-1	38 Men Senior 1000 Freestyle	8	1u	04:43 PM
	Break: 10 Minutes			
Finals	29 Women Senior 200 Backstroke	24	3u	05:04 PM
Finals	30 Men Senior 200 Backstroke	24	3u	05:14 PM
Finals	31 Women Senior 100 Freestyle	24	3u	05:24 PM
Finals	32 Men Senior 100 Freestyle	24	3u	05:30 PM
Finals	33 Women Senior 200 IM	24	3u	05:36 PM
Finals	34 Men Senior 200 IM	24	3u	05:46 PM
	Break: 10 Minutes			
Finals-2	35 Women Senior 400 Freestyle Relay	16	2u	06:06 PM
Finals-2	36 Men Senior 400 Freestyle Relay	16	2u	06:15 PM
	Swimmers Counts for Warm-ups: 211	=====	=====	
	Entry / Heat Totals:	192	24	
	Finish Time			06:24 PM