Warmup Assignments

Friday Morning - Competition starts at 8:10

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane A	Lane B	Lane C	Lane D
7:00 - 7:30	RAYS	RAYS	RPST	TSU	VSTP	VSTP	PWSC	SHKS	QDD	QDD	QDD	SHKS	PWSC	RAYS
7:30 - 8:00	RAPP	WST	WST	BASS	BASS	STAT	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	STAT

Friday Afternoon - warmups will NOT start any earlier than the time listed below. Competition starts 10 minutes after warmup completes

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane A	Lane B	Lane C	Lane D
12:00 - 12:30	RAYS	RAYS	VSTP	WST	PWSC	TSU	SHKS	BASS	RPST	QDD	QDD	BASS	RPST	RAYS
12:30 - 1:00	RAPP	STAT	STAT	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA

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	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane A	Lane B	Lane C	Lane D
7:00 - 7:30	RAYS	RAYS	TSU	WST	WST / PWSC	PWSC	SHKS	SHKS	QDD	QDD	QDD	SHKS	RAYS	RAYS
7:30 - 8:00	STAT	BASS	BASS / RAPP	VSTP	VSTP / RPST	RPST	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	STAT

Saturday Afternoon - warmups will NOT start any earlier than the time listed below. Competition starts 10 minutes after warmup completes

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane A	Lane B	Lane C	Lane D
12:30 - 1:00	RAYS	RAYS	RPST	RAPP	TSU	BASS	VSTP	WST	SHKS	QDD	QDD	PWSC	BASS	RAYS
1:00 - 1:30	STAT	STAT	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA

Warmup Assignments

Sunday Morning - Competition starts at 8:10

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane A	Lane B	Lane C	Lane D
7:00 - 7:30	RAYS	RAYS	RAYS	TSU	TSU / WST	WST	VSTP	SHKS	QDD	QDD	QDD	SHKS	VSTP	RAYS
7:30 - 8:00	STAT	BASS	BASS	PWSC	PWSC	RPST	RAPP	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	STAT

Sunday Afternoon - warmups will NOT start any earlier than the time listed below. Competition starts 10 minutes after warmup completes

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane A	Lane B	Lane C	Lane D
12:00 - 12:30	TSU	WST	PWSC	SHKS	VSTP	BASS	BASS / RAPP	RAPP	QDD	QDD	RPST	RPST	STAT	STAT
12:30 - 1:00	RAYS	RAYS	RAYS	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA	NOVA