
	<p align="center"> SHARKS SWIM TEAM Short Course Kick-Off Invitational October 4-5, 2013 SANCTION NO. VS- 14-02 </p>		<p align="center"> Hosted by  </p>
SANCTION:	<ul style="list-style-type: none"> Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-14-02 USA Swimming, Inc., Virginia Swimming, Inc., The Sharks Swim Team, and St. Michael's High School shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. 		
LOCATION:	St. Michael's High School, 6301 Campus Drive, Fredericksburg VA., 22407		
FACILITY:	<ul style="list-style-type: none"> Eight lane 25 yard indoor pool; 9 feet deep at the start end and 4 feet deep at the turn end; Non-Turbulent Lane Markers. Colorado Automatic & Semi-Automatic Timing System. Dolphin Timing System with Dolphin watches. Two additional 20 yard lanes will be available for continuous warm-up and warm-down. The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4). 		
MEET DIRECTOR:	Name: Debby Martinich Email: deb.sharks@yahoo.com Phone: 540-273-7051		
ELIGIBILITY:	<ul style="list-style-type: none"> Open to all USA Swimming athletes from invited teams registered prior to the first day of the meet. No on-deck USA Swimming athlete registration will be permitted. Age on October 4, 2013 will determine age for the entire meet. 		
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. 		
FORMAT:	<ul style="list-style-type: none"> Friday evening will be relays only. Each team may enter an A and B relay in each event. All 11 & older swimmers will swim in the morning AND afternoon sessions on Saturday. All 10 & younger swimmers will swim in the mid-day session on Saturday. All events will be timed finals. 		
WARM-UP:	<ul style="list-style-type: none"> Friday evening session: Warm-ups at 5:00pm; competition starts at 6:15pm Saturday morning session: Warm-ups at 7:00 am; competition starts at 8:15 am. Saturday mid-day session: Warm-ups not before 10:00 am; competition starts 10 minutes following the conclusion of warm-ups. Saturday afternoon session: Warm-ups no before 12:00pm; competition starts 10 minutes following the conclusion of warm-ups. Lane assignment and warm-up times for individual clubs will be posted on the www.sharkswim.org website no later than October 1, 2013, and will also be emailed to the contact person of the participating clubs. Depending on the number of entries, the meet director reserves the right to change the start time and format of warm-ups. Teams will be notified not later than September 30, 2013. 		
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS FRIDAY, SEPTEMBER 27, 2013.</p> <ul style="list-style-type: none"> Entries must be submitted in Short Course Yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. Teams submit entries via email. A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. Coach Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "BB" time. All entry times other than CT must have been achieved 		

	<p>in USA Swimming sanctioned, approved, or observed competition.</p> <ul style="list-style-type: none"> • “No Time” (NT) entries will not be accepted. • Swimmers may enter no more than five (5) events for the day on Saturday. • Teams may enter up to two (2) relays for each event Friday evening. Relay teams must be designated A or B, if more than one per club is entered per event. • Entries will be processed in the order received and <u>accepted to</u> the greatest extent possible without exceeding the 4-hour/session timeline limit. • The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. • Email entries to: Debby Martinich, debby.sharks@gmail.com • Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.
FEES:	<p>Individual events: \$5.00 Relay events: \$16.00 Swimmer surcharge: \$7.50 per person (entered in the meet in any capacity). Surcharge includes a rally towel for their team for each swimmer entered into the meet by the entry deadline.</p> <ul style="list-style-type: none"> • Checks should be made payable to: Sharks Swim Team. • Mail payment to: Debby Martinich 52 Kane Way Stafford VA 22556 • Payment must be received by October 2, 2013 for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. • IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.
AWARDS:	<ul style="list-style-type: none"> • Individual events: Ribbons will be awarded for first through eighth place. • Heat winner ribbons will be awarded for all 10 & Under individual events. • Relay events: Ribbons will be awarded for first through third place in the “B” heat and first through third place in the “A” heat. • 13 & Over events will be given separate awards for 13-14 and 15 & Over age groups. • 10 & Under events will be given separate awards for 9-10 and 8 & Under age groups.
SEEDING:	<ul style="list-style-type: none"> • All events will be pre-seeded. • Relay events will be seeded with all B relays in the first heat and all A relays in the second heat.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with USA Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • All swimmers participating in the meet must be dive certified. <ul style="list-style-type: none"> ○ Swimmers unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. ○ Ensuring compliance is the responsibility of the swimmer or the swimmer’s legal guardian. • The overhead start procedure will be used for all sessions at the discretion of the Referee. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>

	<ul style="list-style-type: none"> • Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> ○ Coaches with valid USA Swimming credentials but are unable to provide them upon request will be issued temporary credentials by the meet director ○ Coaches with expired or non-current credentials will be required to leave the deck area. • No VSI non-athlete member in good standing may be barred from participating in the meet as an official as certified.
OFFICIALS:	<p>Meet Referee: Jim Frye Email: jamfrye@comcast.net Phone: (540) 582-3238</p> <ul style="list-style-type: none"> • Officials will be needed for all positions and all sessions for this meet. • Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Tony Martinich, Email: tonymartinich@gmail.com, or Phone: (540) 273-8362, no later than September 27, 2013. • Officials meetings must be at least one hour prior to the start of the meet.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be posted on www.sharkswim.org no later than October 1, 2013, and will also be emailed to the contact person of each of the individual clubs.
GENERAL:	<ul style="list-style-type: none"> • Full Weekend Heat Sheets will be sold for \$5. • A Hospitality suite will be available for officials and coaches. • Concessions will be available for swimmers and spectators.
FACILITY RULES:	<ul style="list-style-type: none"> • Swimmers must enter and exit the pool through the locker rooms. Please bring your towel with you and dry off before heading back to the gym area. • Only drinks are allowed on the pool deck. No glass containers allowed. • Swimmers and spectators are not allowed to eat food in the pool area. • Teams are responsible for cleaning up their team area. • Coaches may only sit/stand on the locker room side of the pool deck. • Coaches are responsible for the behavior of their swimmers at all times. • No diving in the warm-up pool. • No parking in the fire lanes. • No towels allowed to be placed over the blocks during competition.
DIRECTIONS:	From I-95 take exit 130/Route 3 West. Travel approximately 3 miles and turn right at the intersection of Route 3 and Five Mile Rd (Old Plank). Travel approximately ¼ mile and turn right onto Campus Drive.
HOTELS:	<ul style="list-style-type: none"> • Hampton Inn & Suites, 1080 Hospitality Lane, Fredericksburg, VA 22401. (540) 786-5530 • Hilton Garden Inn, 1060 Hospitality Lane, Fredericksburg, VA 22401. (540) 548-8822 • Courtyard Fredericksburg Historic District, 620 Caroline St, Fredericksburg, VA 22401. (540) 373-8300

Sharks Swim Team
Short Course Kick-off Invitational
ORDER OF EVENTS

Friday October 4, 2013

Saturday October 5, 2013

Friday Evening Session Warm-up: 5:00pm; Start: 6:15 pm			Saturday Morning Session Warm-up: 7:00am; Start: 8:15am		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>	<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	8 & Under 100 Free Relay	2	25	11-12 50 Free	26
3	9-10 200 Free Relay	4	27	13 & O 50 Free	28
5	11-12 200 Free Relay	6	29	11-12 100 Back	30
7	13 & O 200 Free Relay	8	31	13 & O 100 Back	32
9	8 & Under 100 Medley Relay	10	33	11-12 50 Breast	34
11	9-10 200 Medley Relay	12	35	13 & O 50 Breast	36
13	11-12 200 Medley Relay	14	37	11-12 100 Fly	38
15	13 & O 200 Medley Relay	16	39	13 & O 100 Fly	40
17	9-10 400 IM Relay	18			
19	11-12 400 IM Relay	20			
21	13 & O 400 IM Relay	22			
	Graduated Free Relay				
23	(8&U 25, 9-10 25, 11-12 50, 13-14 50, 15&O 50)	24			

Saturday Mid-day Session Warm-up: Not before 10:00 am		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
41	8 & U 25 Free	42
43	9-10 50 Free	44
45	8 & U 25 Fly	46
47	9-10 50 Fly	48
49	8 & U 25 Back	50
51	9-10 50 Back	52
53	8 & U 25 Breast	54
55	9-10 50 Breast	56
57	10 & U 100 IM	58

Saturday Afternoon Session Warm-up: Not before 12:00pm		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
59	11-12 100 Free	60
61	13 & O 100 Free	62
63	11-12 50 Back	64
65	13 & O 50 Back	66
67	11-12 100 Breast	68
69	13 & O 100 Breast	70
71	11-12 50 Fly	72
73	13 & O 50 Fly	74