



**TIDE-TAC Speedo “Monster Splash”  
A/BB/B/C Meet  
October 26-28, 2012  
SANCTION NO. VS-13-08**



<b>SANCTION:</b>	<ul style="list-style-type: none"> <li>Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-13-08</b></li> <li>USA Swimming, Inc., Virginia Swimming, Inc., and the Old Dominion University JC “Scrap” Chandler Natatorium shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li> </ul>			
<b>LOCATION:</b>	Old Dominion University JC “Scrap” Chandler Natatorium located in the Health & Physical Education Building at the corner of 48th Street and Powhatan Avenue, Norfolk, VA 23508			
<b>FACILITY:</b>	<ul style="list-style-type: none"> <li>Eight (8) lane 25 yard indoor pool, 15 feet in depth at the start end and 4 feet in depth at the turn end. All sessions will be run using an eight (8) lane course for competition. Facility uses a Colorado Timing System.</li> <li>The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4).</li> </ul>			
<b>MEET DIRECTORS:</b>	<table border="0"> <tr> <td>Sonny Grissom Phone: (757) 286-8640 Email: <a href="mailto:sonny.grissom@cox.net">sonny.grissom@cox.net</a></td> <td>David Hillery Phone: (757) 763-8788 Email: <a href="mailto:jdavidhillery@gmail.com">jdavidhillery@gmail.com</a></td> <td>Carl Casamassina Phone: (757) 650-0289 Email: <a href="mailto:carlcass2@aol.com">carlcass2@aol.com</a></td> </tr> </table>	Sonny Grissom Phone: (757) 286-8640 Email: <a href="mailto:sonny.grissom@cox.net">sonny.grissom@cox.net</a>	David Hillery Phone: (757) 763-8788 Email: <a href="mailto:jdavidhillery@gmail.com">jdavidhillery@gmail.com</a>	Carl Casamassina Phone: (757) 650-0289 Email: <a href="mailto:carlcass2@aol.com">carlcass2@aol.com</a>
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<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"> <li>Open to all Virginia Swimming athletes registered by the first day of the meet.</li> <li>No on deck Virginia Swimming athlete registration will be permitted.</li> <li>Age on October 26, 2012 will determine age for the entire meet.</li> </ul>			
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"> <li>Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</li> <li>The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li> </ul>			
<b>FORMAT:</b>	<ul style="list-style-type: none"> <li>All swimmers will swim on the Friday afternoon session.</li> <li>All 13 &amp; Older swimmers will swim on the Saturday Morning session, the Saturday Evening, and the Sunday Midday session in a Senior Circuit style format.</li> <li>All 12 &amp; Younger swimmers will swim on the Saturday Midday session.</li> <li>All 10 &amp; Younger swimmers will swim on the Sunday Morning session.</li> <li>All 11-12 swimmers will swim on the Sunday Evening session.</li> <li>All events will be timed finals.</li> </ul>			
<b>WARM-UP:</b>	<ul style="list-style-type: none"> <li>Friday afternoon session: Warm-ups at 4:15 pm; competition starts at 5:00 pm.</li> <li>Saturday and Sunday Morning sessions: Warm-ups at 6:50 am; competition starts at 8:00 am.</li> <li>Saturday Midday session: Warm-ups not before 11:50 pm; competition starts not before 1:00 pm.</li> <li>Saturday Evening session: Warm-ups not before 4:50 pm; competition starts not before 6:00 pm.</li> <li>Sunday Midday session: Warm-ups not before 10:50 pm; competition starts not before 12:00 pm.</li> <li>Sunday Evening session: Warm-ups not before 3:50 pm; competition starts not before 5:00 pm.</li> <li>Lane assignment and warm-up times for individual clubs will be posted on the TAC website <a href="http://www.swimtac.com">www.swimtac.com</a> no later than Tuesday, October 23, 2012 and will also be emailed to the contact person of the participating clubs.</li> <li>If the earlier session runs late, Midday and Evening warm-ups will begin immediately after the previous session ends.</li> </ul>			
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, OCTOBER 16, 2012.</b></p> <ul style="list-style-type: none"> <li>Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.</li> <li>Teams submit entries via e-mail.</li> <li>A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless</li> </ul>			

	<p>of how they are submitted.</p> <ul style="list-style-type: none"> <li>• Coach Times (CT) and “No Time” (NT) entries will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a “BB” time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li> <li>• All Swimmers may enter a maximum of <b>2 individual events on the Friday Session.</b></li> <li>• 12 &amp; Under Swimmers may enter a maximum of <b>3 individual events on Saturday.</b></li> <li>• 13 &amp; Over Swimmers may enter a maximum of <b>3 individual events per session on Saturday but no more than 5 total for the day on Saturday.</b></li> <li>• All Swimmers may enter a maximum of <b>4 individual events on Sunday.</b></li> <li>• All Swimmers may enter a maximum of <b>2 relay events per session offered.</b></li> <li>• Entries will be processed in the order received and <b>accepted to</b> the greatest extent possible without exceeding the 4-hour/session timeline limit.</li> <li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding.</li> <li>• Relays will be swum only if timeline for the session permits. This will be determined after entries have been closed and the meet has been seeded.</li> <li>• If any session timeline is shorter than normal, additional time between events may be added at the discretion of the Meet Referee.</li> <li>• <b>Email entries to:</b> <a href="mailto:sonny.grissom@cox.net">sonny.grissom@cox.net</a></li> <li>• Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available and they have not reached the maximum per day event limit. No additional heats will be added.</li> <li>• <b>Deck entries and entry fee payment</b> must be submitted to the Meet Director for consideration.</li> </ul>
<b>FEES:</b>	<p>Individual events: \$4.50  Relay events: \$12.00  Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: <b>Tidewater Aquatic Club</b></li> <li>• <b>Mail payment to: Sonny Grissom  629 Herron Drive  Chesapeake, VA 23320  (757) 286-8640</b></li> <li>• Payment must be received by Thursday, October 25, 2012 for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.</li> <li>• <b>IMPORTANT:</b> If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual events: Ribbons will be awarded for first (1st) through eighth (8th) place. <ul style="list-style-type: none"> <li>○ 13 &amp; Over events will <b>not</b> be given individual awards.</li> <li>○ 11 &amp; Over events will be given separate awards for 11-12 only.</li> <li>○ 10 &amp; Under events will be given separate awards for 9-10 and 8&amp;Under age groups.</li> <li>○ Heat winner prizes will be given to the winners of each heat during the meet.</li> <li>○ High Point Awards will be given for 8&amp;Under, 9-10, 11-12, 13-14, and 15&amp;Over age groups.</li> </ul> </li> <li>• Relay events: Ribbons will be awarded for first (1st) through fourth (4th) place for 10&amp;Under and 11-12 age groups.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• All events will be pre-seeded except events #1-2 (11-12 200 Butterfly), 3-4 (13&amp;O 400 IM), 5-6 (12&amp;Under 500 Free), 7-8 (13&amp;O 1000 Free), 23-24 (13&amp;O 800 Free Relay), 67-68 (13&amp;O 400 Medley Relay), 83-84 (13&amp;O 400 Free Relay), and 99-100 (13&amp;O 500 Free), which will be deck seeded.</li> <li>• A positive check-in is required to swim #1-2 (11-12 200 Butterfly), 3-4 (13&amp;O 400 IM), 5-6 (12&amp;Under 500 Free), 7-8 (13&amp;O 1000 Free), 23-24 (13&amp;O 800 Free Relay), 67-68 (13&amp;O 400 Medley Relay), 83-84 (13&amp;O 400 Free Relay), and 99-100 (13&amp;O 500 Free),</li> <li>• Positive check-in for all of the Friday events will close at 4:50 pm on Friday. Positive check-in for event 23-24 (13&amp;O 800 Free Relay) will close at the start of event #17. Positive check-in for event 67-68 (13&amp;O 400 Medley Relay) will close at the start of event #61. Positive check-in for</li> </ul>

	<p>event 83-84 (13&amp;O 400 Free Relay) will close at the end of warmups. Positive check-in for event 99-100 (13&amp;O 500 Free) will close at the start of event #93.</p> <ul style="list-style-type: none"> <li>• <b>SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT.</b></li> <li>• Event #7-8 (13&amp;O 1000 Free) will be swum fastest to slowest and alternating heats of girls and boys.</li> </ul>
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li>• <b>Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with USA Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The current USA Swimming Rules and Regulations will apply.</li> <li>• All swimmers participating in the meet must be dive certified. <ul style="list-style-type: none"> <li>○ Swimmers unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water.</li> <li>○ Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.</li> </ul> </li> <li>• The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee.</li> <li>• Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>.</li> <li>• In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> <li>○ Coaches who have valid USA Swimming credentials but who are unable to provide them upon request will be issued temporary credentials by the meet director</li> <li>○ Coaches with expired or non-current credentials will be required to leave the deck area.</li> </ul> </li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: Dan Demers</b>  <b>Email: <a href="mailto:ddemers3@cox.net">ddemers3@cox.net</a></b>  <b>Phone: (757) 434-3342</b></p> <ul style="list-style-type: none"> <li>• Officials will be needed for all positions and all sessions for this meet.</li> <li>• Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to George Fuhs, TIDE Officials Chairman, Phone: (757) 685-9310 or Email: <a href="mailto:hgfuchs@verizon.net">hgfuchs@verizon.net</a></li> <li>• Official's Uniform is white polo shirt, blue pants/shorts/skirt, white socks, and white shoes.</li> <li>• We ask all officials be on the pool deck at least one (1) hour prior to the start of the session.</li> </ul>
<b>SAFETY:</b>	Virginia Swimming Meet Safety Procedures will be in effect.
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>• TIDE and TAC will provide all timers for this meet.</li> </ul>
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>• <b>Meet Programs:</b> Heat sheets and/or psych sheets will be sold for \$7.00</li> <li>• <b>Snack Bar/food:</b> A snack bar/food vendors will be available during the meet.</li> <li>• <b>Swim Shop:</b> A Swim Shop will be open during the meet.</li> <li>• <b>Hospitality:</b> Tide Swim Team and Tidewater Aquatic Club will combine to provide a Hospitality Room for coaches, officials and officials in training. Breakfast and lunch will be served. Snacks will be provided during the day.</li> </ul>
<b>FACILITY RULES:</b>	<ul style="list-style-type: none"> <li>• <b>Swimmer/Spectator Conduct:</b> Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator that violates Aquatic Center rules, posted at the pool and in the meet program will be disqualified from the meet and escorted from the facility.</li> <li>• <b>The Aquatic Center prohibits food of any kind in the pool area. Consumption of food is allowed in the lobby area and the spectator balcony. Permissible beverages, sports drinks and water, must be in closed plastic containers.</b></li> </ul>

	<ul style="list-style-type: none"> <li>• <b>Deck Access:</b> Access to the pool deck will be strictly controlled. Swimmers, coaches, officials and event staff only will be permitted on the deck during warm-ups and the competition.</li> <li>• The Pool Decks have been recently resurfaced and the Aquatic Center prohibits any street shoes on the deck.</li> <li>• Parking will be available on the Old Dominion University Campus in designated areas. Further details will be sent to team contact prior to the meet.</li> <li>• Swimmer bags and equipment is only allowed on the deck and not permitted to be left in the athletic locker-rooms.</li> </ul>
<b>DIRECTIONS and PARKING:</b>	<p><b>IT IS IMPORTANT TO NOTE THAT THIS MEET IS DURING A HOME ODU FOOTBALL GAME AND THAT PARKING AND ACCESS TO THE FACILITY WILL BE LIMITED ON SATURDAY, CARPOOLING IS RECOMMENDED. PLEASE NOTE THE FOLLOWING DIRECTIONS:</b></p> <ul style="list-style-type: none"> <li>• <b>From Southside:</b> Take 264 to Norfolk and exist Waterside Drive. Waterside drive becomes Boush Street and you will make a left onto Brambleton Avenue. Follow Brambleton Avenue you see signs for Hampton Boulevard/ODU (approx. 1 mile). Bear right onto Hampton Boulevard. From Hampton Boulevard turn left on 43rd Street (approx.. 1.5 miles), turn right on Powhatan Drive and make a right down 48th Street; facility is on your right. 1520 West 48th Street.</li> <li>• <b>From Peninsula:</b> I-64 E until you reach exit 276, VA-406/NAVAL Base/Terminal Boulevard. Once on the exit ramp, stay right as it splits. Once on I-564, stay right again, following the first exit for Terminal Boulevard. Continue straight through two traffic lights, and at the third light, turn left onto Hampton Boulevard (approx. 1.5 miles). From Hampton Boulevard turn right on 43th Street (approx. 2.5 miles) turn right on Powhatan Drive and make a right follow down 48th Street facility is on your right..1520 West 48th Street. Please note that 49<sup>th</sup> St. will be closed on Saturday.</li> <li>• On Friday and Sunday, limited parking will be available on lots 44 and 49 across from the facility. Additional parking is available at lot 43 (Powhatan Field). Do not park on the grass or you will be towed.</li> <li>• On Saturday, parking will only be available at lots 43 (Powhatan Field) prior to 8:00 am, parking garage B on 43<sup>rd</sup> St., and parking garages C and D on the east side of Hampton Boulevard by the Ted Constant Convocation Center.</li> <li>• See Parking Map enclosure.</li> </ul>

# TIDE-TAC Speedo "Monster Splash" A/BB/B/C

## ORDER OF EVENTS

**Friday, October 26, 2012**

<b>Evening Session</b>		
<b>Warm-up: 4:15 pm; Start: 5:00 pm</b>		
<b>Girls</b>	<b>Events</b>	<b>Boys</b>
1	11-12 200 Butterfly	2
3	13 & Over 400 IM	4
5	12 & Under 500 Freestyle	6
7	13 & Over 1000 Free	8

**Saturday, October 27, 2012**

<b>Morning Session (13&amp;O)</b>		
<b>Warm-up: 6:50 am; Start: 8:00 am</b>		
<b>Girls</b>	<b>Events</b>	<b>Boys</b>
9	13 & Over 200 Free Relay	10
11	13-14 100 Butterfly	12
13	15 & Over 100 Butterfly	14
15	13-14 200 Freestyle	16
17	15 & Over 200 Freestyle	18
19	13-14 100 Breaststroke	20
21	15 & Over 100 Breaststroke	22
23	13 & Over 800 Free Relay	24

**Sunday, October 28, 2012**

<b>Morning Session (10&amp;Under)</b>		
<b>Warm-up: 6:50 am; Start: 8:00 am</b>		
<b>Girls</b>	<b>Events</b>	<b>Boys</b>
69	10 & Under 200 Freestyle	70
71	10 & Under 50 Butterfly	72
73	10 & Under 200 IM	74
75	10 & Under 100 Breaststroke	76
77	10 & Under 50 Backstroke	78
79	10 & Under 100 Freestyle	80
81	10 & Under 200 Medley Relay	82

<b>Midday Session (12&amp;Under)</b>		
<b>Warm-up: 11:50 am; Start: 1:00 pm</b>		
<b>Girls</b>	<b>Events</b>	<b>Boys</b>
25	11-12 100 Freestyle	26
27	10 & Under 50 Freestyle	28
29	11-12 50 Butterfly	30
31	10 & Under 100 Butterfly	32
33	11-12 100 IM	34
35	10 & Under 100 IM	36
37	11-12 50 Breaststroke	38
39	10 & Under 50 Breaststroke	40
41	11-12 100 Backstroke	42
43	10 & Under 100 Backstroke	44
45	11-12 200 Breaststroke	46
47	10 & Under 200 Free Relay	48
49	11-12 200 Free Relay	50

<b>Midday Session (13&amp;Over)</b>		
<b>Warm-up: 10:50 am; Start: 12:00 pm</b>		
<b>Girls</b>	<b>Events</b>	<b>Boys</b>
83	13 & Over 400 Free Relay	84
85	13-14 200 IM	86
87	15 & Over 200 IM	88
89	13-14 100 Freestyle	90
91	15 & Over 100 Freestyle	92
93	13-14 100 Backstroke	94
95	15 & Over 100 Backstroke	96
97	13 & Over 200 Medley Relay	98
99	13 & Over 500 Freestyle	100

<b>Evening Session (13&amp;Over)</b>		
<b>Warm-up: 4:50 pm; Start: 6:00 pm</b>		
<b>Girls</b>	<b>Events</b>	<b>Boys</b>
51	13-14 200 Butterfly	52
53	15 & Over 200 Butterfly	54
55	13-14 50 Freestyle	56
57	15 & Over 50 Freestyle	58
59	13-14 200 Breaststroke	60
61	15 & Over 200 Breaststroke	62
63	13-14 200 Backstroke	64
65	15 & Over 200 Backstroke	66
67	13 & Over 400 Medley Relay	68

<b>Evening Session (11-12)</b>		
<b>Warm-up: 3:50 pm; Start: 5:00 pm</b>		
<b>Girls</b>	<b>Events</b>	<b>Boys</b>
101	11-12 200 Freestyle	102
103	11-12 100 Butterfly	104
105	11-12 200 IM	106
107	11-12 50 Backstroke	108
109	11-12 100 Breaststroke	110
111	11-12 200 Backstroke	112
113	11-12 50 Freestyle	114
115	11-12 200 Medley Relay	116