



**POST CWG TIME TRIAL**  
June 29, 2013  
SANCTION NO. VS-13-05T



<b>SANCTION:</b>	<ul style="list-style-type: none"><li>Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-13-05T</b></li><li>USA Swimming, Inc., Virginia Swimming, Inc., and War Memorial Pool shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li></ul>
<b>LOCATION:</b>	War Memorial Pool, 700 Magnolia Ave, Ridgeview Park, Waynesboro, VA 22980. (540) 949-7665
<b>FACILITY:</b>	<ul style="list-style-type: none"><li>Outdoor 8-lane, 50 meter pool, 13 feet deep at the start end and 3.5 feet deep at the turn end of the pool with Kiefer Wave Eater lane lines. The course will be swum in 6 lanes with 2 lanes of continuous warmup during the event.</li><li>Limited concrete deck space, but ample amounts of grassy area for tents and canopies.</li><li>Colorado Timing System will be used.</li><li><b>The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C(4).</b></li></ul>
<b>MEET DIRECTOR:</b>	Name: Norm Wright Email: normw@smacswimming.org Phone: (937) 4774401
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"><li>Open to all USA Swimming athletes registered prior to the first day of the meet.</li><li>No on deck USA Swimming athlete registration will be permitted.</li><li>Age on June 29, 2013 will determine age for the entire meet.</li></ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"><li>Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</li><li>The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li></ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"><li>There will be only one event, the Open Mixed 1500 meter freestyle</li><li>All events will be timed finals.</li></ul>
<b>WARM-UP:</b>	Warm-ups at 7:00 am; competition starts at 7:30 am.
<b>ENTRIES:</b>	<b>DEADLINE FOR THE RECEIPT OF ENTRIES IS Friday June 28, 2013.</b> <ul style="list-style-type: none"><li>Entries must be submitted in long course meter times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.</li><li>Coach Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "BB" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li><li>"No Time" (NT) entries will be accepted.</li><li>Email entries to: <a href="mailto:normw@smacswimming.org">normw@smacswimming.org</a></li></ul>
<b>FEES:</b>	There are no fees for this meet.
<b>AWARDS:</b>	There are no awards for this meet.
<b>SEEDING:</b>	All swimmers will be pre-seeded based on entry time.
<b>PENALTIES:</b>	<ul style="list-style-type: none"><li><b>Clubs entering swimmers not legally registered with USA Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li><li>If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li></ul>
<b>RULES:</b>	<ul style="list-style-type: none"><li>The current USA Swimming Rules and Regulations will apply.</li><li>All swimmers participating in the meet must be dive certified.<ul style="list-style-type: none"><li>Swimmers unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water.</li></ul></li></ul>

	<ul style="list-style-type: none"> <li>○ Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.</li> <li>• The overhead start procedure will be used for all sessions at the discretion of the Referee.</li> <li>• Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms, or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>.</li> <li>• Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.</li> <li>• In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> <li>○ Coaches with valid USA Swimming credentials but are unable to provide them upon request will be issued temporary credentials by the meet director</li> <li>○ Coaches with expired or non-current credentials will be required to leave the deck area.</li> </ul> </li> <li>• No VSI non-athlete member in good standing may be barred from participating in the meet as an official at any level to which certified.</li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: Karen Miller</b>  <b>Email: <a href="mailto:jrdy1998@gmail.com">jrdy1998@gmail.com</a></b>  <b>Phone: (540) 836-9311 (mobile)</b></p> <ul style="list-style-type: none"> <li>• SMAC will provide all officials.</li> </ul>
<b>SAFETY:</b>	Virginia Swimming Meet Safety Procedures will be in effect.
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>• SMAC will provide all timers.</li> <li>• Competitors will need to provide a lap counter.</li> </ul>
<b>FACILITY RULES:</b>	<ul style="list-style-type: none"> <li>• <b>THE BABY POOL IS OFF LIMITS TO SWIMMERS AND SPECTATORS.</b></li> <li>• No smoking or glass containers in pool area.</li> </ul>

## Order of Events Post CWG Time Trial Meet June 29, 2013

**Event #**

1

**Event**

Open Mixed 1500 meter Freestyle