
	SHARKS SWIM TEAM IMR/IMX Challenge April 20-21, 2013 SANCTION NO. VS-13-60	Hosted by 
SANCTION:	<ul style="list-style-type: none"> Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-13-60 USA Swimming, Inc., Virginia Swimming, Inc., The Sharks Swim Team, and St. Michael's High School shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. 	
LOCATION:	St. Michael's High School, 6301 Campus Drive, Fredericksburg VA., 22407	
FACILITY:	<ul style="list-style-type: none"> Eight lane 25 yard indoor pool; 9 feet deep at the start end and 4 feet deep at the turn end; Non-Turbulent Lane Markers. Colorado Automatic & Semi-Automatic Timing System. Dolphin Timing System with Dolphin watches. Two additional 20 yard lanes will be available for continuous warm-up and warm-down. The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4). 	
MEET DIRECTOR:	Name: Debby Martinich Email: deb.sharks@yahoo.com Phone: 540-273-7051	
ELIGIBILITY:	<ul style="list-style-type: none"> Open to all USA Swimming athletes registered before the first day of the meet. No on-deck USA Swimming athlete registration will be permitted. Age on April 20, 2013 will determine age for the entire meet. 	
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. 	
FORMAT:	<ul style="list-style-type: none"> All swimmers will swim in the morning AND afternoon sessions on Saturday. All 11 & older swimmers will swim the 500 Free in the morning session on Sunday. All events will be timed finals. 	
WARM-UP:	<ul style="list-style-type: none"> Saturday morning session: Warm-ups at 7:00 am; competition starts at 8:30 am. Saturday afternoon session: Warm-ups not before 10:30 am; competition starts not before 12:00 pm. Sunday morning session: Warm-ups at 8:00 am; competition starts at 9:30 am. Lane assignment and warm-up times for individual clubs will be posted on the www.sharkswim.org website no later than April 16, 2013, and will also be emailed to the contact person of the participating clubs. If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. 	
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, APRIL 10, 2013.</p> <ul style="list-style-type: none"> Entries must be submitted in Short Course Yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. Teams submit entries via email. A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. Coach Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "BB" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. "No Time" (NT) entries will not be accepted. 	

	<ul style="list-style-type: none"> Swimmers may enter all events for their age group for the entire meet. Swimmers must enter all events for their age group to be eligible for the IMX champion awards. There are no relays. Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. Email entries to: Debby Martinich, deb.sharks@yahoo.com Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.
FEES:	<p>Individual events: \$6.50 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> Checks should be made payable to: Sharks Swim Team. Mail payment to: Debby Martinich 52 Kane Way Stafford VA 22556 Payment must be received by April 17, 2013 for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.
AWARDS:	<ul style="list-style-type: none"> Individual events: Ribbons will be awarded for first through eighth place. Heat winner ribbons will be awarded for all 10 & Under individual events. IMX Champion awards will be given for the top male and female IMX point scorer for the meet in each age group (<i>10 & Under</i>, 11-12, 13-14, and 15 & Over).
SEEDING:	<ul style="list-style-type: none"> All events, except #'s 29, 30 (11-12 500 Free), 31, 32 (13&O 500 Free) will be pre-seeded. Events 29, 30 (11-12 500 Free), 31, 32 (13&O 500 Free) will require a positive check-in to swim. Positive check-in will close at 2:00 pm Saturday. SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. Clubs entering swimmers not legally registered with USA Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> The current USA Swimming Rules and Regulations will apply. All swimmers participating in the meet must be dive certified. <ul style="list-style-type: none"> Swimmers unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian. The overhead start procedure will be used for all sessions at the discretion of the Referee. Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u> Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

	<ul style="list-style-type: none"> • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> ○ Coaches with valid USA Swimming credentials but are unable to provide them upon request will be issued temporary credentials by the meet director ○ Coaches with expired or non-current credentials will be required to leave the deck area. • No VSI non-athlete member in good standing may be barred from participating in the meet as an official at any level to which certified.
OFFICIALS:	<p>Meet Referee: Jim Frye Email: jamfrye@comcast.net Phone: (540) 582-3238</p> <ul style="list-style-type: none"> • Officials will be needed for all positions and all sessions for this meet. • Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Tony Martinich, Email: tonymartinich@gmail.com, or Phone: (540) 273-8362, no later than April 13, 2013. • Officials meetings must be at least one hour prior to the start of the meet.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be posted on www.sharkswim.org no later than April 16, 2013, and will also be emailed to the contact person of each of the individual clubs.
GENERAL:	<ul style="list-style-type: none"> • Full Weekend Heat Sheets will be sold for \$5. • A Hospitality suite will be available for officials and coaches. • Concessions and Swim Shop will be available.
FACILITY RULES:	<ul style="list-style-type: none"> • Swimmers must enter and exit the pool through the locker rooms. Please bring your towel with you and dry off before heading back to the gym area. • Only drinks are allowed on the pool deck. No glass containers allowed. • Swimmers and spectators are not allowed to eat food in the pool area. • Teams are responsible for cleaning up their team area. • Coaches may only sit/stand on the locker room side of the pool deck. • Coaches are responsible for the behavior of their swimmers at all times. • No diving in the warm-up pool. • No parking in the fire lanes. • No towels allowed to be placed over the blocks during competition.
DIRECTIONS:	From I-95 take exit 130/Route 3 West. Travel approximately 3 miles and turn right at the intersection of Route 3 and Five Mile Rd (Old Plank). Travel approximately ¼ mile and turn right onto Campus Drive.
HOTELS:	<ul style="list-style-type: none"> • Hampton Inn & Suites, 1080 Hospitality Lane, Fredericksburg, VA 22401. (540) 786-5530 • Hilton Garden Inn, 1060 Hospitality Lane, Fredericksburg, VA 22401. (540) 548-8822 • Courtyard Fredericksburg Historic District, 620 Caroline St, Fredericksburg, VA 22401. (540) 373-8300

**Sharks Swim Team
IMR/IMX Challenge**

ORDER OF EVENTS

Saturday, April 20, 2013

Morning Session Warm-up: 7:00 am; Start: 8:30am		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	10 & Under 100 Free	2
3	11-12 200 IM	4
5	13 & Over 400 IM	6
7	10 & Under 50 Fly	8
9	11-12 100 Fly	10
11	13 & Over 200 Back	12

Afternoon Session Warm-up: 12:30 pm; Start: 2:00pm (Times are approximate)		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
13	13 & Over 200 IM	14
15	10 & Under 50 Back	16
17	11-12 100 Back	18
19	13 & Over 200 Fly	20
21	10 & Under 50 Breast	22
23	11-12 100 Breast	24
25	13 & Over 200 Breast	26
27	10 & Under 100 IM	28

Sunday, April 21, 2013

Morning Session Warm-up: 8:00 am; Start: 9:30am		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
29	11-12 500 Free	30
31	13 & Over 500 Free	32