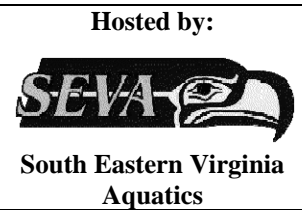




**SEVA SEAHAWKS
A/BB/B/C Meet
October 13-14, 2012
SANCTION NO. VS-13-07**



SANCTION:	<ul style="list-style-type: none"> Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-13-07. USA Swimming, Inc, Virginia Swimming Inc., and the Brittingham-Midtown Community Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. 			
LOCATION:	Midtown Aquatic Center, 570 McLawhorne Drive, Newport News, Va. 23601, Phone: (757) 591- 4573			
FACILITY:	<ul style="list-style-type: none"> 8-lane, 50 meter indoor pool 4-14 feet in depth; overflow gutters; non-turbulent lane markers; Colorado Timing System. <ul style="list-style-type: none"> Configured for 8-lane 25 yard 6-14 feet in depth for the competition portion of the pool swimming from the deep end of the pool into a bulkhead 6 continuous warm-up / cool down lanes (4-6 feet in depth) in the none competition portion of the pool; The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4). 			
MEET DIRECTOR:	<table border="0"> <tr> <td>Dave Henderson Phone: (757) 897-6127 (Cell) Email: sevaseahawks@aol.com</td> <td>Barry Ramsey Phone: (757) 850-3879 Email: rueetoo@cox.net</td> <td>Lori Sprott Phone: (757) 880-6262 Email: loloandc_sprott@cox.net</td> </tr> </table>	Dave Henderson Phone: (757) 897-6127 (Cell) Email: sevaseahawks@aol.com	Barry Ramsey Phone: (757) 850-3879 Email: rueetoo@cox.net	Lori Sprott Phone: (757) 880-6262 Email: loloandc_sprott@cox.net
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ELIGIBILITY:	<ul style="list-style-type: none"> Open to all Virginia Swimming athletes registered by the first day of the meet. Teams from outside the LSC that are interested in attending, please contact the meet director. No on deck Virginia Swimming athlete registration will be permitted. Age on October 13, 2012 will determine age for the entire meet. 			
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. 			
FORMAT:	<ul style="list-style-type: none"> All 12 year old & younger swimmers will compete in the morning session on Saturday and Sunday. 11-12 swimmers will be included in the 1000 Freestyle distance session on Sunday. All 13 to 18 year old swimmers will compete in the afternoon session on Saturday and Sunday. All events will be timed finals. Distance Sessions: Saturday (500 Freestyle) and Sunday (1000 Free) will start 20 minutes after the conclusion of the afternoon session. 			
WARM-UPS:	<ul style="list-style-type: none"> Morning Session: Warm-ups start at 7:00 am; Competition starts at 8:00 am. Afternoon Session: Warm-ups start no earlier than 12:00 pm; Competition starts no earlier than 1:10 pm. If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. Distance Session: The competition pool will be open for 15 minutes following the conclusion of the afternoon session, with the distance session competition starting 5 minutes thereafter. The warm-up/warm-down lanes will remain open at all times during the meet. Specific warm-up lane assignments will be e-mailed to the contact person of the participating clubs on Wednesday, October 10, 2012 This information will also be available on the home page of the SEVA website, www.sevaswimming.com. 			

ENTRIES:	<p>DEADLINE FOR RECEIPT OF ENTRIES IS THURSDAY, OCTOBER 4, 2012.</p> <ul style="list-style-type: none"> • Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. • Teams submit entries via e-mail • A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, Email address, and phone number of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. • Coach Times (CT) and "No Time" (NT) entries will be accepted for events which a swimmer does not have a time of record. CT may not exceed a "BB" time. All entry times other than CT, must have been achieved in USA Swimming sanctioned, approved, or observed competition. • Swimmers may enter 4 individual events and 1 relay on each day. • Relay teams must be designated A, B, C, etc. if a team enters more than one relay. • Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. • The Meet Director reserves the right to limit entries in any event, if necessary, to prevent too lengthy a session, and to combine events in which there are insufficient entries. • E-Mail Entries To: SEVAseahawks@aol.com • Additional Entries may be allowed at the discretion of the Meet Director, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms
FEES:	<p>Individual Events: \$5.00 Relay Events: \$12.00 Swimmer Surcharge: \$2.50 (entered in any capacity in the meet)</p> <ul style="list-style-type: none"> • Make Checks payable to: SEVA Inc. • Mail Payment to: Dave Henderson 929 Edgewater Drive Newport News, Va. 23602 Phone: (757) 897-6127 (cell) • Payment must be received by Wednesday, October 10, 2012 for all entries. An entry fee summary printout from Team Manager must accompany the entry fee payment. Failure to pay entry fees by this deadline could result in teams being barred from the meet. • IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is not required for delivery, as this will delay receipt of your entries.
AWARDS:	<ul style="list-style-type: none"> • Individual Events: Ribbons will be awarded for first (1st) through eighth (8th) place <ul style="list-style-type: none"> ○ 10 & Under individual events will be given separate awards for 8 & Under and 9 year old and 10 year old swimmers. ○ 12 & Under individual events will be given separate awards for 8 & Under, 9 year old, 10 year old, 11 year old, and 12 year old swimmers. ○ The 11-12 year old events will be given separate awards for 11 year old & 12 year old swimmers. ○ 13 -18 events will be given separate awards for 13 year old & 14 year old swimmers and 15-18 age group.. ○ The 9 to 18 year old 500 Free will be given separate awards for 9-10, 11-12, 13-14 & 15-18 year old swimmers. ○ The 11 to 18 year old 1000 Free will be given awards for the 11-12, 13-14, & 15-18 age groups. • Relay Events: Awards will be presented to first (1st) through fourth (4th) place for each event.
SEEDING:	<ul style="list-style-type: none"> • All events will be pre-seeded except for Event 45-46 (13-18 500 Free), Event 75-76 (12&U 500 Free) event 91-92 (11-18 1000 Free) which will be deck seeded. • A positive check-in is required to swim events 45-46 (13-18 500 Free), events 75-76 (12&U 500 Free) and events 91-92 (11-18 1000 Free) • 13-18 500 Free check-in will be by 2:00 pm on Saturday • 12 & Under 500 Free check-in will be by 9:00 am on Sunday.

	<ul style="list-style-type: none"> • Lost and Found: Lost and Found will be located next to the announcer's table.
RESULTS:	<ul style="list-style-type: none"> • All results will be announced, and then posted on the wall in the hallway near the snack bar • Meet results will be e-mailed to all participating teams within 24 hours of the conclusion of the meet. • The results will be posted to the Virginia Swimming web site www.virginiaswimming.com after the conclusion of the meet.
FACILITY RULES:	<ul style="list-style-type: none"> • Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator who violates Aquatic Center rules, posted at the pool, will be disqualified from the meet and escorted from the facility. • Please note that the City of Newport News prohibits food of any kind in the pool area; permissible beverages inside the pool area are limited to those in closed containers (e.g. sports and plastic bottles with screw-on caps and cups with lids). • Deck Access: Access to the pool deck will be strictly controlled. Swimmers, coaches, officials and event staff are the only people permitted behind the blocks. Spectators are asked to remain behind the ropes setup on the sides of the pool. Please stay in the seating area as much as possible and not view the meet from the deck during warm-ups and the competition. • Team Areas: Team seating will be available in the gymnasium and limited space in the pool area. No swim bags will be allowed in the pool area. Swimmers should keep their bags in the gym. Please note that the City of Newport News requires everyone leaving the pool area and entering any other part of the facility to wear shoes (sandals/flip-flops) • Spectator Seating: Bleacher seating will be available for spectators. Please note that the City of Newport News prohibits coolers or chairs in the pool area. They are allowed in the gym. • Parking: Please note that there is a one-way traffic pattern that circles the building. Park only in designated (marked) parking spots. Overflow parking is available at Hines Middle School (next door). • Parents are responsible for any siblings brought to the meet. Please chaperone them closely. • No glass, food, chewing gum. • No shaving anywhere in the venue.
DIRECTIONS:	<p>From the North/South, follow I-64 to exit 261A. Take Hampton Roads Parkway west. Follow approximately 2 ½ miles (Hampton Roads Parkway will turn into Harpersville Road). Turn left onto Jefferson Avenue. Go Approximately 1 mile to McLawhorne Drive. Turn right at the light. The Newport News Midtown Community/Aquatic Center will be on your left.</p>

**ORDER OF EVENTS
SEVA A/BB/B/C Meet**

Saturday, October 13, 2012

Morning Session

Warm-up: 7:00 am; Start: 8:00 am

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	11-12 100 Freestyle	2
3	10 & Under 50 Freestyle	4
5	11-12 200 Butterfly	6
7	10 & Under 100 Butterfly	8
9	11-12 100 Individual Medley	10
11	10 & Under 100 Individual Medley	12
13	11-12 50 Breaststroke	14
15	10 & Under 50 Breaststroke	16
17	11-12 100 Backstroke	18
19	10 & Under 100 Backstroke	20
21	11-12 200 Breaststroke	22
23	10 & Under 200 Freestyle	24
25	11-12 50 Butterfly	26
27	10 & Under 200 Freestyle Relay	28
29	11-12 200 Freestyle Relay	30
31	11-12 400 Individual Medley	32

Sunday, October 14, 2012

Morning Session

Warm-up: 7:00 am; Start: 8:00 am

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
47	11-12 200 Freestyle	48
49	10 & Under 100 Freestyle	50
51	11-12 100 Butterfly	52
53	10 & Under 50 Butterfly	54
55	11-12 200 Individual Medley	56
57	10 & Under 200 Individual Medley	58
59	11-12 50 Backstroke	60
61	10 & Under 100 Breaststroke	62
63	11-12 100 Breaststroke	64
65	10 & Under 50 Backstroke	66
67	11-12 200 Backstroke	68
69	11-12 50 Freestyle	70
71	10 & Under 200 Medley Relay	72
73	11-12 200 Medley Relay	74
75	12 & Under 500 Freestyle	76

Afternoon Session

Warm-up: 12:00 PM; Start: 1:10 pm

(Times are approximate)

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
33	13-18 100 Freestyle	34
35	13-18 200 Butterfly	36
37	13-18 200 Individual Medley	38
39	13-18 200 Breaststroke	40
41	13-18 100 Backstroke	42
43	13-18 200 Freestyle Relay	44

Afternoon Session

Warm-up: 12:00 PM; Start: 1:10 pm

(Times are approximate)

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
77	13-18 200 Freestyle	78
79	13-18 100 Butterfly	80
81	13-18 100 Breaststroke	82
83	13-18 200 Backstroke	84
85	13-18 50 Freestyle	86
87	13-18 400 Individual Medley	88
89	13-18 200 Medley Relay	90

Distance Session

Start time is 20 min after afternoon session ends

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
45	13-18 500 Freestyle	46

Distance Session

Start time is 20 min after afternoon session ends

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
91	11-18 1000 Freestyle	92