
	HOKI HOLIDAY INVITATIONAL A/BB/B/C Meet December 14-16, 2012 SANCTION NO. VS-13-31	Hosted by 
SANCTION:	<ul style="list-style-type: none"> • Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-13-31 • USA Swimming, Inc., Virginia Swimming, Inc., and Christiansburg Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. 	
LOCATION:	Christiansburg Aquatic Center, 595 N. Franklin Street Christiansburg, VA 24073 (540) 381-7665	
FACILITY:	<ul style="list-style-type: none"> • 50 Meter by 25 yard pool, lanes have non-turbulent lane lines, deck-anchored starting blocks and water depth of min. of 7.0 feet. The race course will be set up to swim widths with the pool depth sloping from 7 to 17 feet. • The course of competition will be two 25-yard courses swimming the width of the pool. • Colorado Timing System with color scoreboard and separate video board will be used. • The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4). The copy of such certification is on file with USA Swimming 	
MEET DIRECTOR:	Name: Scott Baldwin Email: edbaldwi@vt.edu Phone: (540) 998-2327	
ELIGIBILITY:	<ul style="list-style-type: none"> • Open to all USA Swimming athletes registered by the first day of the meet. • No on-deck USA Swimming athlete registration will be permitted. • Age on December 14, 2012 will determine age for the entire meet. 	
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> • Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. 	
FORMAT:	<ul style="list-style-type: none"> • All 10 & Under events will be timed finals and swim in the afternoon sessions • All 11 & Over events will swim a preliminary session in the morning session. • The top 10 single age 11 year old and 12 year old swimmers will swim the final session each day. • The top 20 swimmers in the 13-14 and 15 & Over age groups will swim the final session each day. • The following events will be swum as timed finals with the top 10 after seeding and scratches of each age group swimming in finals: <ul style="list-style-type: none"> ○ Friday: Event #'s: 1- 2 (11-12 200 Breast). ○ Saturday: Event #'s: 45- 46 (11-12 200 Back), 67-68 (11-12 500 Free). ○ Sunday: Event #'s: 93- 94 (12&O 1650 Free), 95-96 (11-12 200 Fly). • 11/12 Yr olds in Event #'s: 21-22 400 IM, will swim as timed finals in the AM session and may be combined with event #'s 23-24 13&Over 400IM • All 11 & Over Relays will swim in Finals. 	
WARM-UP:	<ul style="list-style-type: none"> • Morning sessions: Warm-ups start at 6:30 am; competition starts at 8:30 am. • Friday and Saturday Finals: Warm-ups start not before 4:00 pm; competition starts not before 5:30 pm • Sunday Finals: Warm-ups start not before 2:30 pm and competition starts not before 4:00 pm • 10 & Under Sessions: Warm-ups start not before 11:30 am; competition starts not before 12:00 pm. Exact times and Lane Assignments will be emailed after all entries have been received. No later than December 11, 2012 • 1650 Distance sessions: Will begin at the conclusion of the morning session. <ul style="list-style-type: none"> ○ Exact start time will depend on number of entries in the meet. The approximate start time for the distance sessions will be posted on the H2OKie Aquatics website no later than December 	

	<p>6, 2011 and will also be emailed to the contact person of the participating clubs.</p> <ul style="list-style-type: none"> All Preliminary and Final warm-ups will be General followed by a specific period.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS MONDAY, DECEMBER 3, 2012</p> <ul style="list-style-type: none"> Entries must be submitted in short course yards times using Hy-Tek Team Manager and Commlink-2 software. Teams must submit entries via email. A Team Manager printout of entries must be included. Entry sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. "No Time" (NT) entries will be accepted. 11 & Over swimmers may enter a maximum of 3 Individual events per day. 10 & Under swimmers may enter 4 individual events per day. Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. Email entries to: Scott Baldwin at edbaldwi@vt.edu Deck entries will not be accepted.
FEES:	<p>Individual events: \$5.00 Relay events: \$13.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> Checks should be made payable to: H20kie Aquatics Mail payment to: c/o Scott Baldwin 145 Wenn Drive Christiansburg, VA 24073 Payment must be received by December 6, 2011 for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.
AWARDS:	<ul style="list-style-type: none"> Individual events: Medals will be awarded for first through 3rd place. Ribbons 4th-8th place. <ul style="list-style-type: none"> 13 & Over events will be given separate awards for 13-14 and 15 & Over age groups. 11/12 events will be scored as single age groups, 11 yr olds and 12 yr olds. 10&Under and 8&under events will be scored as is. 9/10 will be scored as single age groups, 9 yr olds and 10 yr olds Relay events: Ribbons will be awarded for 1st through 8th place.
SEEDING:	<ul style="list-style-type: none"> All events, except event #1-2 (11-12 200 Breast), 21-22 (13&O 400 IM), 45-46 (11-12 200 Back), 65-66 (13&O 500 Free), 67-68 (11-12 500 Free), 95-96 11-12 200 Fly), and 93-94 (12&U 1650 Free), will be pre-seeded. Event #1-2, 21-22, 45-46, 65-68, 93-94, and 95-96 will require a positive check-in to swim. Positive check-in for all events except #'s 93-94(1650) and #'s 41-42 (10&U 500 free) will close at 8:00am. 1650 Positive Check-in will close at 9:00am on Sunday December 16th. 10 & Under 500 Free Positive check-in will close at the end of warm-ups. All 11 & Over Relays need to be positively checked in by 10:00 am on Friday and Saturday. SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. SWIMMERS WHO POSITIVELY CHECK-IN AND DO NOT SWIM THE EVENT; WILL BE BARRED FROM THEIR NEXT INDIVIDUAL EVENT. Events #'s: 93 and 94 (1650) will be swum fastest to slowest and alternating heats of girls and

	boys after the top 10 finals swimmers have been removed.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with USA Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • All swimmers participating in the meet must be dive certified. <ul style="list-style-type: none"> ○ Swimmers unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. ○ Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian. • The overhead start procedure will be used for the all sessions. • The scratch procedures listed in the current <i>USA Swimming Rules and Regulations</i>, Article 207.12.6, sections D and E only will be in effect and modified as follows: The scratch rule regarding finals will apply to both heats (final and consolation). • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. • Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged. • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> ○ Coaches with valid USA Swimming credentials but are unable to provide them upon request will be issued temporary credentials by the meet director ○ Coaches with expired or non-current credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Steve Woolfolk Email: woolfolks@aol.com Phone: (540) 890-6160</p> <ul style="list-style-type: none"> • Officials will be needed for all positions and all sessions for this meet. • Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to (host team officials chair Kim Walsh, Email: walshes4@verizon.net or Phone: (540) 230-7092 no later than Monday, December 10, 2012. • Officials wishing to Volunteer can go to this link: http://www.signupgenius.com/index.cfm?go=w.Create7 • Officials meetings will be held one hour prior to the start of each session.
SAFETY:	<ul style="list-style-type: none"> • Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be posted on the HOKI team website, http://www.h2okieaquatics.org no later than Monday, December 10, 2012, and will also be emailed to the contact person of each of the individual clubs.
GENERAL:	<ul style="list-style-type: none"> • Hospitality will be provided for coaches and officials • Concessions will be provided • Heat sheets for the entire meet will be for sale. • Swim and Tri swim shop will be on site. • Commemorative Meet T-shirts will also be available.
FACILITY	FOLLOWING RULES ARE TO BE FOLLOWED DURING THE EVENT ALONG WITH THE TOWN

RULES:	<p>OF CHRISTIANSBURG AQUATIC CENTER RULES:</p> <ul style="list-style-type: none"> • Concessions will be allowed in designated areas only. Drinks are permitted in plastic bottles or covered cups. • Young children must be supervised by an adult. • Observers are to stay in designated areas. • No tape of any kind is to be used inside to hang signs, banners or decorations. Please consult with the Director of Aquatics prior to hanging up any relevant decorations. • Only Aquatic Staff are permitted in the Aquatic Offices, Equipment Room and First Aid Office unless approved by Aquatic Staff Management. • Smoking is NOT permitted within the Town of Christiansburg Aquatic Center. • The Town of Christiansburg Aquatic Center is not responsible for any lost or stolen items. Make sure someone you know is always present supervising individual/team belongings. • No unauthorized persons are permitted to use the stereo system without the permission of the Aquatic Director. • No glass containers of any kind are to be brought into the pool complex. • Parking violators will be subject to fines and/or towing as posted. • Overflow parking may be pre-arranged with Kroger or Christiansburg High School on weekends. • The Aquatic Center strongly encourages showering prior to entering the pool. • All emergency exits and walkways must remain clear. • Each club is responsible for supervising the conduct of its swimmers/spectators. Swimmers are not permitted in any room not directly associated with the meet.
DIRECTIONS:	Christiansburg Aquatic Center: Mapquest link HERE
HOTELS:	Hotel Info can be found on our team website: http://www.h2okieaquatics.org

Order of Events
Friday, December 14, 2012
 Warm-ups: 6:30 am Meet Starts: 8:30am

Women	Event	Men
1 @	11/12 200 Breast	2 @
3	13/14 200 Free	4
5	15&Over 200 Free	6
7	11-12 100 Free	8
9	13/14 100 Breast	10
11	15&Over 100 Breast	12
13	11/12 50 Breast	14
15	13/14 200 Back	16
17	15&Over 200 Back	18
19	11/12 100 Back	20
21 \$ #	11/12 400 IM	22 \$ #
23 \$	13&Over 400 IM	24 \$
25*	11/12 100 IM	26*
27*	13/14 400 Free Relay	28*
29*	Senior 400 Free Relay	30*
31*	11/12 200 Free Relay	32*

- # ALL 11/12 yr olds in 400 IM will swim as Timed Finals in Prelims AND May be combined with event #23 and #24
- * All Relays will swim in Finals
- \$ Positive Check-in required
- @ Timed Final event. Top 10 11/12 age group will swim in finals. Remaining heats will swim in morning session. Positive Check-in required.

10&Under Session

33	10&Under 200 IM	34
35	8&Under 50 Breast	36
37	9/10 50 Breast	38
39	8&Under 50 Back	40
41	9/10 50 Back	42
43 \$	10&Under 500 Free	44 \$
45	10&Under 200 Free Relay	46

- \$ Postive Check-in Required

Order of Events
Saturday, December 15, 2012
 Warm-ups: 6:30 am Meet Starts: 8:30am

Women	Event	Men
47 @	11/12 200 Back	48 @
49	13/14 200 Fly	50
51	15&Over 200 Fly	52
53	11-12 100 Fly	54
55	13/14 50 Free	56
57	15&Over 50 Free	58
59	11/12 50 Free	60
61	13/14 200 IM	62
63	15&Over 200 IM	64
65	11/12 200 IM	66
67 \$	13&Over 500 Free	68 \$
69 @	11/12 500 Free	70 @
71 *	13/14 400 Medley Relay	72 *
73 *	Senior 400 Medley Relay	74 *
75*	11/12 200 Medley Relay	76*

* All Relays will swim in Finals

\$ Positive Check-in required

@ Timed Final event. Top 10 11/12 age group will swim in finals. Remaining heats will swim in morning session. Positive Check-in required.

10&Under Session

77	10&Under 100 Fly	78
79	8&Under 50 Free	80
81	9/10 50 Free	82
83	8&Under 25 Fly	84
85	8&Under 25 Back	86
87	9/10 100 IM	88
89	8&Under 100 IM	90
91	10&Under 200 Free	92
93	10&Under 200 Medley Relay	94

Order of Events
Sunday, December 16, 2012
 Warm-ups: 6:30 am Meet Starts: 8:30am

Women	Event	Men
95%	12&Over 1650 Free	96%
97@	11/12 200 Fly	98 @
99	13/14 100 Fly	100
101	15&Over 100 Fly	102
103	11/12 50 Fly	104
105	13/14 100 Back	106
107	15&Over 100 Back	108
109	11/12 50 Back	110
111	13/14 200 Breast	112
113	15&Over 200 Breast	114
115	11/12 100 Breast	116
117	13/14 100 Free	118
119	15&Over 100 Free	120
121	11/12 200 Free	122

% Top 10 after seeding of all entries regardless of age will swim in Finals. All others will swim in the 1650 session following morning session. Swimmers will have the option of swimming in morning or evening and must be designated on the positive check-in sheet.

\$ Positive Check-in required

@ Timed Final event. Top 10 11/12 age group will swim in finals. Remaining heats will swim in morning session. Positive Check-in required.

10&Under Session

123	10&under 100 Back	124
125	8&under 50 Fly	126
127	9/10 50 Fly	128
129	8&Under 25 Breast	130
131	8&Under 25 Free	132
133	10&Under 100 Breast	134
135	8&Under 100 Free	136
137	9/10 100 Free	138