|  | WAC FALL CLASSIC Southeast District BB/B/C Meet November 5-6, 2011 SANCTION NO. VS-12-19 | Williamsburg Aquatic Club |
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| SANCTION: | - Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-12-19 <br> - USA Swimming, Inc., Virginia Swimming, Inc., and Fort Eustis Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. |
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| LOCATION: | Ft. Eustis Aquatic Center, Building 641, Tyler Ave. Newport News, Va. Phone: (757) 878-1090 |
| FACILITY: | - Eleven(11) lane 25 yard indoor pool, 9 feet deep in lane 1 progressing to 7 feet deep lanes 7-11. All sessions will be run using eight lane course for competition with two additional lanes for continuous warm-up/warm-down. <br> - The Meet Director reserves the right to use lane \#9 and/or 10 for competition should it become necessary to keep the sessions under 4 hours. <br> - The facility uses a Daktronics Automatic Timing System with a 10-lane scoreboard and Kiefer Wave eater racing lane lines. <br> - The competition course has not been certified in accordance with current USA Swimming Rules and regulations, Article 104.2.2C(4) |
| MEET DIRECTOR: | Harold Baker Erin Roehrle <br> Email: coachharold2@cox.net <br> Phone: Email: <br> (757) 229-8662 Phoehr: <br> $(757) 220-9080$  |
| ELIGIBILITY: | - Open to all Virginia Swimming athletes registered by the first day of the meet in the Southeast District. Teams in the Southeast District are CGBD, OBX, ODAC, SCSC, SEVA, TAC, TCAC, TIDE, VYAC, and WAC. <br> - No on deck Virginia Swimming athlete registration will be permitted. <br> - Swimmers may compete in any event and in relay strokes in which they have a "BB", "B", or "C" Time. <br> - 2009-2012 NAG time standards are in effect. <br> - Age on November 5, 2011 will determine age for the entire meet. |
| DISABILITY SWIMMERS: | - Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. <br> - The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. |
| FORMAT: | - All 12 \& younger swimmers will swim in the morning sessions. <br> - All 13 \& older swimmers will swim in the afternoon sessions. Distance sessions will start after the conclusion of the afternoon session. <br> - All events will be timed finals. |
| WARM-UP: | - Morning Sessions: Warm-ups start at 7:30 AM; Competition starts at 8:30 AM <br> - Afternoon Sessions: Warm-ups start not before 12:30 PM; Competition starts not before 1:30 PM <br> - If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. <br> - Distance Sessions: The pool will be open for 10 minutes of open warm-ups immediately following the finish of the afternoon session, with the distance session competition starting five minutes thereafter. <br> - Depending on the number of entries, the meet director reserves the right to change the start time and format of warm-ups. Teams will be notified not later than Wednesday, November 2, 2011 |
| ENTRIES: | DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY OCTOBER 26, 2011. <br> - Entries must be submitted in Short Course Yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. <br> - Teams submit entries via email. |


|  | - A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. <br> - Coach Times (CT) and "No Time" (NT) entries will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "BB" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. <br> - Swimmers may enter a maximum of 4 individual events and 1 relay per day. <br> - Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. <br> - Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4 -hour/session timeline limit. <br> - Email entries to: Harold Baker, Email: coachharold2@cox.net <br> - The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. <br> - IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. <br> - Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms. |
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| FEES: | Individual events: \$3.00 <br> Relay events: \$12.00 <br> Swimmer surcharge: $\mathbf{\$ 2 . 5 0}$ per person (entered in the meet in any capacity) <br> - Checks should be made payable to: Williamsburg Aquatic Club <br> - Mail Payments to: Harold Baker <br> 3013 South Court <br> Williamsburg, VA 23185 <br> - Payment must be received by Wednesday November 2, 2011 for all entries <br> - Failure to pay entry fees by this deadline could result in teams being barred from the meet. |
| AWARDS: | - Individual events: Ribbons will be awarded for first through eighth place. <br> o 13 \& Over events will be given separate awards for 13-14 and 15 \& Over age groups. <br> o 11 \& Over events will be given separate awards for 11-12, 13-14, and 15 \& Over age groups. <br> o 10 \& Under events will be given separate awards for 8 \& Under and 9-10 age groups. <br> - Relay events: Ribbons will be awarded for first through eighth place. |
| SEEDING: | - All events, except Events 59-60 (11\&O 1650) and Events 121-122 (11\&O 1000) will be preseeded. <br> - All swimmers should report directly to the blocks. <br> - Event \#59-60 (11\&O 1650 Free) and event \#121-122 (11\&O 1000 Free) will require a positive check-in to swim. <br> - Positive check-in will close at the 3:00 PM each day. <br> - SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. |
| PENALTIES: | Penalties for entries using fraudulent and/or non-verifiable entry times: <br> - Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. <br> - Club may be fined $\mathbf{\$ 1 0 0}$ for each offense, and a record of such offenses shall be kept and published as part of the official meet results. <br> - Clubs entering swimmers not legally registered with USA Swimming by the first day of the meet may be fined $\mathbf{\$ 1 0 0}$ per swimmer in each event so entered. <br> - If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. |
| RULES: | - The current USA Swimming Rules and Regulations will apply. <br> - All swimmers participating in the meet must be dive certified. <br> o Swimmers unaccompanied by a USA-S coach must be certified by a USA-S coach as |


|  | proficient in performing a racing start or must start each race from within the water. <br> o Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian. <br> - In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <br> o Coaches with valid USA Swimming credentials but are unable to provide them upon request will be issued temporary credentials by the meet director <br> o Coaches with expired or non-current credentials will be required to leave the deck area. |
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| OFFICIALS: | Meet Referee: Tommy Lovell Terry Randolph <br>  Email: scoutmastertommy@gmail.com Email: $\frac{\text { randtb@msn.com }}{}$ <br>  Phone: (757) 532-4378 Phone:(757) 887-0868 <br> - Officials will be needed for all positions and all sessions for this meet. <br> - Team Officials Chairpersons should submit the names and sessions availability of certified officials, as well as the names and session availability of trainees to Glenn Watkins, Phone: (757) 871-1892, Email: wacofficials@hotmail.com no later than Sunday October 30, 2011 <br> - An Officials Meeting will be held 1 hour before the start of the morning and afternoon sessions. They will start at 7:30 AM and at 12:30 PM each day. |
| SAFETY: | Virginia Swimming Meet Safety Procedures will be in effect. |
| TIMERS: | - Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. <br> - The number of timers required per club and their lane assignments will be posted on the WAC website (swimwac.com) no later than Wednesday November 2, 2011, and will be emailed to the contact person of each of the individual clubs. |
| GENERAL: | Hospitality, concessions, heat sheets, swim shop will all be provided |
| FACILITY RULES: | - Fort Eustis Automobile Access: Drivers License, Automobile Registration, and Proof of Insurance are required to enter Fort Eustis. <br> - Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its Swimmers/spectators. Any swimmer/spectator that violates Aquatic Center rules, posted at the pool and in the Meet Program, will be disqualified from the Meet and escorted from the facility. <br> - The Aquatic Center prohibits food of any kind in the pool area. Consumption of food is allowed in the lobby area and in the spectator balcony. Permissible beverages, sports drinks and water, must be in closed plastic containers. <br> - Deck Access: Access to the competition pool deck will be strictly controlled. Swimmers, coaches, officials and event staff only will be permitted on the deck during warm-ups and the competition. <br> - Balcony Area: The seating area is for spectators only. Swimmers are not to sit in this area. All swimmers should stay on the Competition Pool Deck. |
| DIRECTIONS: | From I-64 take exit 250(Ft. Eustis Blvd.) towards Ft. Eustis. Go 4 blocks past the security gate and pass through the circular intersection. Turn right at the $1^{\text {st }}$ street (Tyler Road) past the circular intersection. The Aquatic Center is the building on the left. Additional parking is just past the Center. |

Saturday, November 5, 2011
Morning Session
Warm-up: 7:30 AM; Start: 8:30 AM

| Girls | Events | Boys |
| :---: | :---: | :---: |
| 1 | $11 \& 12100$ Free | 2 |
| 3 | $10 \&$ under 50 Breast | 4 |
| 5 | $11 \& 1250$ Breast | 6 |
| 7 | $10 \&$ under 100 Free | 8 |
| 9 | $11 \& 12200$ Free | 10 |
| 11 | $10 \&$ under 50 Fly | 12 |
| 13 | $11 \& 1250$ Fly | 14 |
| 15 | $10 \&$ under 200 IM | 16 |
| 17 | $11 \& 12200$ IM | 18 |
| 19 | $10 \&$ under 100 Back | 20 |
| 21 | $11 \& 12100$ Back | 22 |
| 23 | $10 \&$ under 500 Free | 24 |
| 25 | $11 \& 12200$ Fly | 26 |
| 27 | $10 \&$ under 200 Medley Relay | 28 |
| 29 | $11 \& 12200$ Medley Relay | 30 |

Afternoon Session
Warm-up: 12:30 PM; Start: 1:30 PM
(Times are approximate)

| Girls | Events | Boys |
| :---: | :---: | :---: |
| 31 | $13 \& 14200$ Free | 32 |
| 33 | $15 \&$ over 200 Free | 34 |
| 35 | $13 \& 14100$ Breast | 36 |
| 37 | $15 \&$ over 100 Breast | 38 |
| 39 | $13 \& 14200$ Back | 40 |
| 41 | $15 \&$ over 200 back | 42 |
| 43 | $13 \& 14100$ Fly | 44 |
| 45 | $15 \&$ over 100 Fly | 46 |
| 47 | $13 \& 14400$ IM | 48 |
| 49 | $15 \&$ over 400 IM | 50 |
| 51 | $13 \& 1450$ Free | 52 |
| 53 | $15 \&$ over 50 Free | 54 |
| 55 | $13 \& 14200$ Medley Relay | 56 |
| 57 | $15 \&$ over 200 Medley Relay | 58 |

Distance Session
(15 Minute Break)

| $\frac{\text { Girls }}{59}$ | Events | $\frac{\text { Boys }}{60}$ |
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Sunday, November 6, 2011
Morning Session
Warm-up: 7:30 AM; Start: 8:30 AM

| Girls | Events | Boys |
| :---: | :---: | :---: |
| 61 | $11 \& 12200$ Back | 62 |
| 63 | $10 \&$ under 50 Free | 64 |
| 65 | $11 \& 1250$ Free | 66 |
| 67 | $10 \&$ under 100 IM | 68 |
| 69 | $11 \& 12100$ IM | 70 |
| 71 | $10 \&$ under 200 Free | 72 |
| 73 | $11 \& 12200$ Breast | 74 |
| 75 | $10 \&$ under 50 Back | 76 |
| 77 | $11 \& 1250$ Back | 78 |
| 79 | $10 \&$ under 100 Fly | 80 |
| 81 | $11 \& 12100$ Fly | 82 |
| 83 | $10 \&$ under 100 Breast | 84 |
| 85 | $11 \& 12100$ Breast | 86 |
| 87 | $11 \& 12500$ Free | 88 |
| 89 | $10 \&$ under 200 Free Relay | 90 |
| 91 | $11 \& 12200$ Free Relay | 92 |

## Afternoon Session

Warm-up: 12:30 PM; Start: 1:30 PM
(Times are approximate)

| $\frac{\text { Girls }}{93}$ | Events | Boys |
| :---: | :---: | :---: |
| 95 | $13 \& 14100$ Free | 94 |
| 97 | $15 \&$ over 100 Free | 96 |
| 99 | $13 \& 14200$ Fly | 98 |
| 101 | $15 \&$ over 200 Fly | 100 |
| 103 | $13 \& 14500$ Free | 102 |
| 105 | $15 \&$ over 500 Free | 104 |
| 107 | $13 \& 14200$ IM | 106 |
| 109 | $15 \&$ over 200 IM | 108 |
| 111 | $13 \& 14100$ Back | 110 |
| 113 | $15 \&$ over 100 Back | 112 |
| 115 | $13 \& 14200$ Breast | 114 |
| 117 | $15 \&$ over 200 Breast | 116 |
| 119 | $13 \& 14200$ Free Relay | 118 |

## Distance Session

(15 Minute Break)

| $\frac{\text { Girls }}{121}$ | Events | $\frac{\text { Boys }}{122}$ |
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