



SOUTHEAST DISTRICT CHAMPIONSHIP

February 18-19, 2012
SANCTION NO. VS-12-54

Hosted by:



South Eastern Virginia
Aquatics

SANCTION:	<ul style="list-style-type: none"> Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-12-54 USA Swimming, Inc., Virginia Swimming, Inc., and the Brittingham-Midtown Community Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. 		
LOCATION:	Brittingham-Midtown Aquatics Center, 570 McLawhorne Drive, Newport News, VA. 23601, Phone: (757) 591-4573		
FACILITY:	<ul style="list-style-type: none"> 8-lane, 50 meter indoor pool 4-14 feet in depth; overflow gutters; non-turbulent lane markers; Colorado Timing System. <ul style="list-style-type: none"> Configured for 8-lane 25 yard 6-14 feet in depth for the competition portion of the pool swimming from the deep end of the pool into a bulkhead 6 continuous warm-up / cool down lanes (4-6 feet in depth) in the none competition portion of the pool; The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4) 		
MEET DIRECTOR:	<table border="0"> <tr> <td>Dave Henderson Phone: (757) 897-6127 Email: sevaseahawks@aol.com</td> <td>Elaine & Barry Ramsey Phone: (757) 850-3879 Email: rueetoo@cox.net</td> </tr> </table>	Dave Henderson Phone: (757) 897-6127 Email: sevaseahawks@aol.com	Elaine & Barry Ramsey Phone: (757) 850-3879 Email: rueetoo@cox.net
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ELIGIBILITY:	<ul style="list-style-type: none"> Open to all Virginia Swimming registered athletes 14 years old and younger (15 & Older for the 1650 Free only) registered by the first day of the meet in the Southeast District. Teams in the Southeast District are: CGBD, OBX, ODAC, SEVA, SCSC, TAC, TCAC, TIDE, VYAC, and WAC. No on deck Virginia Swimming athlete registration will be permitted The qualifying period for this meet is January 1, 2011 through February 16, 2012 (February 17, 2012) 8 & Younger swimmers may participate regardless of classification in 8 & under events. 8 & Younger swimmers entered in 10 and under events may not have a 10&U "BB" time or faster in the event entered. 9-14 year old swimmers may compete in any event and relay strokes in which they have a "B" or "C" Time. 15 & Older swimmers may compete in the 1650 Free providing their time is no faster than a 15-16 "C" time. 10 and 12 year-old swimmers aging up from February 18 to February 24, 2012 with times too fast to qualify for this championship will be allowed to compete under the following conditions: <ul style="list-style-type: none"> 10 or 12 year old swimmers who do not qualify for an event in their new age group at Region Championships may enter it in this meet. 10 and 12 year old swimmers aging up between championships will be seeded correctly by time, however, will swim Exhibition only and will not be eligible to receive an award. 2009-2012 NAG time standards are in effect. Age on February 18, 2012 will determine age for the entire meet. 		
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. 		
FORMAT:	<ul style="list-style-type: none"> 10 and younger swimmers will swim on Saturday and Sunday morning. Swimmers 11-14 years old will swim on Saturday and Sunday afternoons. Distance events for all age groups in the Saturday distance session. 13-14 swimmers and eligible 15 and older swimmers will swim in the Sunday distance session. 		

	<ul style="list-style-type: none"> All events will be timed finals
WARM-UP:	<ul style="list-style-type: none"> Morning sessions: Warm-ups start at 7:30 am; Competition starts at 8:30 am Afternoon sessions: Warm-ups start not before 12:00 pm; Competition begins not before 1:10 pm Sunday distance session: The pool will be opened for 15 minutes of open warm-ups immediately following the finish of the afternoon session with the competition starting five minutes thereafter. <ul style="list-style-type: none"> The approximate start time for the distance sessions will be posted on the SEVA website (http://www.sevaswimming.com) no later than Wednesday, February 15, 2012 and will also be e-mailed to the contact person of the participating clubs. The distance session will begin no earlier than these estimated times. Warm-up lane assignments and times for individual clubs will be posted on the SEVA website (http://www.sevaswimming.com) no later than Wednesday, February 15, 2012 and will also be e-mailed to the club contact person. If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. Depending on the number of entries, the meet director reserves the right to change the start time and format of warm-ups. Teams would be notified not later than Wednesday, February 15, 2012
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, FEBRUARY 8, 2012</p> <ul style="list-style-type: none"> Entries must be submitted in Short Course Yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet which is available at the VSI website www.virginiaswimming.org. Teams submit entries via e-mail. A Team Manager printout of entries must be included or the VSI meet summary sheet (available at VSI website, www.virginiaswimming.org) with the name, email address, and phone number of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. “No Time” (NT) entries will not be accepted. If a swimmer does not have a time of record the swimmer must be entered with a Coach’s Time (CT). CT may not exceed a “B” time. All entry times other than Coaches Times must have been achieved in USA Swimming sanctioned, approved, or observed competition. Swimmers may enter a maximum of 4 individual events and 1 relay event per day Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. Relay entry times must be slower than the combined “B” times for the corresponding relay. See the “not faster than” relay times chart on page 5. Entries will be processed in the order received. The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions could require reseeding. Email entries to: sevaseahawks@aol.com IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery, as this will delay the receipt of your entries. Late entries will be accepted. If received prior to the printing of the heat sheet, the swimmer will be seeded into the event; if after, he/she will go in the slowest heat in an empty lane. If needed, a heat will be added.
RESULTS:	<ul style="list-style-type: none"> In accordance with USA Swimming/Virginia Swimming Privacy Policy, Meet Manager backup/meet results files will no longer be posted to the Virginia Swimming website. TM meet results file and MM meet backup file will be provided to each participating team and unattached swimmer(s) within 24 hours of the close of the meet.
FEES:	<p>Individual events: \$5.75 Relay events: \$13.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <p>Late Fees: In addition to the regular entry fee, a fee of \$10 per event prior to the first day of the meet and \$25 per event on or after the first day of the meet will be charged for any entry received after the entry deadline.</p>

	<ul style="list-style-type: none"> • Checks should be made payable to: SEVA, Inc. • Mail payment to: Dave Henderson 929 Edgewater Drive Newport News, VA 23602 • Payment must be received by Wednesday, February 15, 2012 for all entries. Failure to pay entry fees by this deadline will result in teams being barred from the meet. Swimmers will be permitted to enter the meet as unattached providing they pay the appropriate entry fees.
AWARDS:	<ul style="list-style-type: none"> • Individual events will be awarded medals for first through fourth place and ribbons will be awarded for fifth through eighth place. <ul style="list-style-type: none"> ○ 8 & Under events will be given separate awards for 8 year olds and 7 & Under age groups. ○ The 12 & Under 500 freestyle will be given separate awards for 11-12 and 10 & Under age groups. ○ 11-14 events will be given separate awards for 11-12, and 13-14 age groups ○ 13 & Over events will be given separate awards for 13-14 and 15 & Over age groups. ○ Heat winner ribbons will be awarded for all individual events for 10 & Younger swimmers. • Relay events will be awarded ribbons for first through fourth place
SEEDING:	<ul style="list-style-type: none"> • All events, except events 21, 22, 51, 52, 53, 54, 55, 56, 107, & 108 will be pre-seeded. • 8 & Younger swimmers in the morning sessions must report to the Clerk of Course. They will be escorted to the blocks from that point by staff. • Swimmers 9 and older will report to the blocks in time for their events. • Swimmers in the afternoon sessions should report directly to the blocks for their events. • Events #21-22 (10&U 200 Free), 51, 52, 53, 54 (500 Free), 55, 56 (400 IM), 107, & 108 (1650 Free) will require a positive check-in to swim. • Positive check-in will close 15 minutes prior to the end of warm-ups for the session in which the events will be swum. Positive check-in rosters will be located at the Recorder's desk. • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. • Events 107 and 108 will be swum fastest to slowest and alternate heats of girls and boys.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with USA Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • All swimmers participating in the meet must be dive certified. <ul style="list-style-type: none"> ○ Swimmers unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. ○ Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian. • The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> ○ Coaches who have valid USA Swimming credentials but who are unable to provide them upon request will be issued temporary credentials by the meet director ○ Coaches with expired or non-current credentials will be required to leave the deck area.
OFFICIALS:	Meet Referee: Bob Hood

	<p style="text-align: center;">Email: robert.c.hood2.civ@mail.mil Phone: (757) 878-5777</p> <ul style="list-style-type: none"> • Officials will be needed for all positions and all sessions for this meet. • Training for Officials will be offered in accordance with Training Guidelines and Initial Certification, Virginia Swimming Officials Handbook • Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Freddie Persinger (SEVA Officials Coordinator) Email: officials@sevaswimming.com, Phone: (757) 897-0787 (cell), no later than Wednesday, February 15, 2012. • Officials will meet 1 hour before the start of each session. Saturday and Sunday at 7:30 AM and 12:10 PM. • If needed, a General Meeting for coaches and key officials will be held prior to the start of the Saturday morning session
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> • Swimmers are required to supply their own timer for the 400 IM (Saturday), timer and lap counter for the 500 Freestyle (Saturday) and 1650 Freestyle (Sunday). • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be posted on the SEVA website (http://www.sevaswimming.com) no later than Wednesday, February 15, 2012, and will also be emailed to the contact person of each of the individual clubs. • These assignments will also be posted throughout the venue.
GENERAL:	<ul style="list-style-type: none"> • Meet Programs: Heat sheets will be sold for \$5.00 • Hospitality: SEVA will provide a hospitality room for USA-S officials and coaches. Breakfast and lunch on Saturday and Sunday, and refreshments during each session will be served. • Swim Shop: Swim & Sports Stop will be operating a swim shop on Saturday and Sunday during the meet for your apparel needs. Glen Monogram will also be in attendance. • Snack Bar: SEVA will operate a concession to purchase food and drinks on Saturday and Sunday. • First Aid: A staffed First Aid Station is located at the end of the pool near the entrance to the locker rooms. • Lost and Found: Will be located at the announcer's table, the lifeguard room on the pool deck, and at the entrance to the gym for items left in that area.
FACILITY RULES:	<p>PLEASE READ THOUGHLY, RULES WILL BE ENFORCED BY THE MEET MARSHALLS, MEET REFEREE, MEET DIRECTOR, AND AQUATIC STAFF</p> <ul style="list-style-type: none"> • Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmers/spectator that violates Aquatic Center or USA Swimming rules will be disqualified from the meet and escorted from the facility. • Please note that the City of Newport News prohibits food of any kind in the pool area; permissible beverages inside the pool area are limited to those enclosed containers (e.g. sports and plastic bottles with screw-on caps). • Deck Access: Access to the pool deck will be strictly controlled. Swimmers, coaches, officials, and event staff ONLY will be permitted behind the blocks. Spectators are asked to remain behind the ropes setup on the sides of the pool. Please stay in the seating areas as much as possible and not view the meet from the deck during warm-ups and the competition. • Team Areas: Team seating will be available in the gymnasium and limited space in the pool area. No swim bags will be allowed in the pool area. Swimmers should keep their bags in the gym. Please note that the City of Newport News requires everyone leaving the pool area and entering any other part of the facility to wear shoes (sandals/flip-flops). • Spectator Seating: Bleacher seating will be available for spectators. Please note that the City of Newport News prohibits coolers or chairs in the pool area. They are allowed in the gym. • Parking: Please note that there is a one-way traffic pattern that circles the building. Park only in designated (marked) parking spots. Overflow parking is available at Hines Middle School

	<p>(next door).</p> <ul style="list-style-type: none"> • Parents are responsible for any siblings brought to the meet. Please chaperone them closely. • No glass, food, or chewing gum. • No shaving anywhere in the venue.
DIRECTIONS:	From the north/south, follow I-64 to exit 261A. Take Hampton Roads Parkway west. Follow approximately 2 ½ miles (Hampton Roads Parkway will turn into Harpersville Road). Turn left onto Jefferson Avenue. Go approximately 1 mile to McLawhorne Drive. Turn right at the light. The Newport News Brittingham-Midtown Community/Aquatic Center will be on your left.
HOTELS:	A large number of hotels are available within 10 minutes of the venue. Contact the Meet Director for more information.

RELAY “NOT FASTER THAN TIMES” CHART

Age Group	Gender	Free	Medley
8&U	Girls	No Standard	No Standard
	Boys	No Standard	No Standard
9-10	Girls	2:23.96	2:50.26
	Boys	2:20.76	2:48.76
11-12	Girls	2:07.56	2:24.66
	Boys	2:03.96	2:23.46
13-14	Girls	2:03.96	No Standard
	Boys	1:53.96	No Standard

Southeast District Championships

ORDER OF EVENTS

Saturday, February 18, 2012

Morning Session		
Warm-up: 7:30 am; Start: 8:30 am		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	9-10 50 Freestyle	2
3	8 & Under 25 Freestyle	4
5	9-10 100 Butterfly	6
7	8 & Under 50 Butterfly	8
9	9-10 100 Individual Medley	10
11	8 & Under 100 Individual Medley	12
13	9-10 50 Breaststroke	14
15	8 & Under 25 Breaststroke	16
17	9-10 100 Backstroke	18
19	8 & Under 50 Backstroke	20
21	10 & Under 200 Freestyle	22
23	8 & Under 100 Freestyle Relay	24
25	9-10 200 Freestyle Relay	26

Sunday, February 19, 2012

Morning Session		
Warm-up: 7:30 am; Start: 8:30 am		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
57	9-10 100 Freestyle	58
59	8 & Under 50 Freestyle	60
61	9-10 50 Butterfly	62
63	8 & Under 25 Butterfly	64
65	9-10 200 Individual Medley	66
67	8 & Under 50 Breaststroke	68
69	9-10 100 Breaststroke	70
71	8 Under 25 Backstroke	72
73	9-10 50 Backstroke	74
75	8 & Under 100 Freestyle	76
77	9-10 200 Medley Relay	78
79	8 & Under 100 Medley Relay	80

Afternoon Session		
Warm-up: 12:00 pm; Start: 1:10 pm		
(Times are approximate)		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
27	11-12 100 Freestyle	28
29	13-14 100 Freestyle	30
31	11-12 50 Butterfly	32
33	11-14 200 Butterfly	34
35	11-12 200 Individual Medley	36
37	13-14 200 Individual Medley	38
39	11-12 50 Breaststroke	40
41	11-14 200 Breaststroke	42
43	11-12 100 Backstroke	44
45	13-14 100 Backstroke	46
47	11-12 200 Freestyle Relay	48
49	13-14 200 Freestyle Relay	50

Afternoon Session		
Warm-up: 12:00 pm; Start: 1:10 pm		
(Times are approximate)		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
81	11-12 200 Freestyle	82
83	13-14 200 Freestyle	84
85	11-12 100 Butterfly	86
87	13-14 100 Butterfly	88
89	11-12 100 Individual Medley	90
91	13-14 100 Breaststroke	92
93	11-12 100 Breaststroke	94
95	11-14 200 Backstroke	96
97	11-12 50 Backstroke	98
99	13-14 50 Freestyle	100
101	11-12 50 Freestyle	102
103	13-14 200 Medley Relay	104
105	11-12 200 Medley Relay	106

Distance Session		
(20 minute break)		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
51	13-14 500 Freestyle	52
53	12 & Under 500 Freestyle	54
55	13-14 400 Individual Medley	56

Distance Session		
(20 minute break)		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
107	13 & Over 1650 Freestyle	108