GREAT PUMPKIN SPLASH YMCA INVITATIONAL October 22-23, 2011 SANCTION NO. VS-12-01Y


Rappahannock Area YMCA Stingrays

| SANCTION: | - Held under the approval of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-12-01Y <br> - USA Swimming, Inc., Virginia Swimming, Inc., and St. Michael's High School shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. |
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| LOCATION: | St. Michaels High School, 6301 Campus Drive, Fredericksburg, VA 22407 |
| FACILITY: | - Eight Lane 25 yard indoor pool, 8.5 feet deep at the start end and 4.5 feet deep at the turn end; NonTurbulent Lane Markers; Colorado Automatic \& Semi-Automatic Timing System. Two additional 20 yard lanes will be available for continuous warm-up and cool down. <br> - The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C(4). |
| MEET DIRECTOR: | Name: Bob Herlinger <br> Email: stingraybob93@comcast.net <br> Phone: (540) 207-0846 |
| ELIGIBILITY: | - This meet is a closed YMCA competition offered to YMCA teams only and only those swimmers that have a full membership privileges for the last 30 days. <br> - The swimmer must be an amateur, haven't represented another YMCA or another organization (school excluded) in open or closed competition since September 1, 2011. <br> - Swimmers wishing to swim Events $85-88$ must meet the qualifying times listed on the order of events page <br> - USA Swimming athletes competing is this meet must be registered prior to the first day of the meet. <br> - No on deck USA Swimming athlete registration will be permitted. <br> - Age on October 22, 2011 will determine age for the entire meet. |
| DISABILITY SWIMMERS: | - Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. <br> - The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. |
| FORMAT: | - All 12 and younger swimmers will swim in the morning session. <br> - All 13 and older will swim in the afternoon session <br> - Distance session will be swum as Open during session 5. <br> - All events will be timed finals. |
| WARM-UP: | - Morning sessions: Warm-up starts: 6:30 am; competition starts: 8:15 am. <br> - Afternoon sessions: Warm-ups not before 11:00 am; competition starts not before 12:05 pm. <br> - Distance sessions: The pool will be opened for 15 minutes of open warm-ups immediately following the finish of the afternoon session 4, the distance session competition will start 5 minutes thereafter. <br> - The approximate start time for the distance sessions will be posted on the RAYS website no later than Tuesday, October 18, 2011, and will also be emailed to the contact person of the participating clubs. The distance sessions will start no earlier than the estimated times. <br> - Lane assignment and warm-up times for individual clubs will be posted on the RAYS website no later than Tuesday, October 18, 2011 and will also be emailed to the contact person of the participating clubs. <br> - If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. <br> - Depending on the number of entries, the meet director reserves the right to change the start time and format of warm-ups. Teams would be notified not later than Tuesday, October 18, 2011 |


| ENTRIES: | - DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, OCTOBER 11, 2011 <br> - Entries must be submitted in short course times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. <br> - Teams submit entries via e-mail <br> - A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. <br> - Coach's Time (CT) and "No Time" (NT) entries will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "BB" time. All entry times other than CT must have been achieved in a YMCA Approved or sanctioned meet or USA Swimming sanctioned, approved, or observed. <br> - Swimmers may swim four (4) individual events and two (2) relays per day <br> - Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. Relay swimmer's names must be included on all relays. <br> - YMCA's can swim multiple relays in a relay event as long as individual swimmer does not exceed the maximum number of events. <br> - Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4 -hour/session timeline limit. <br> - The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. <br> - Email entries to: Delwyn Jones, Email: djones.rays@gmail.com <br> - IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. |
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| FEES: | Individual events: \$5.50 <br> Relay events: \$12.00 <br> Swimmer surcharge: $\$ 2.50$ per person (entered in the meet in any capacity) <br> - Checks should be made payable to: RAYS. <br> - Mail payments to: Delwyn Jones <br> 511 Butternut Drive <br> Fredericksburg, VA 22408 <br> Phone: (804) 304-0341 (Cell) <br> - Payment must be received by October 19, 2011 for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. |
| AWARDS: | - Individual events: Ribbons will be awarded for first through eighth place. <br> o 13 \& Over individual events will be given separate awards for 13-14 and 15 \& Over age groups. <br> o 12 \& Under individual events will be given separate awards for 11-12, $9-10$, and 8 \& Under age groups. <br> - Relays events: Ribbons will be awarded for first through third place <br> - Rosette ribbons for high points will be awarded for first through third place for the 8 \& Under, 9-10, 11-$12,13-14,15$ \& Over age groups <br> - SCORING: individual events will be scored first through eighth place with the following points:10-8-6-5-4-3-2-1 |
| SEEDING: | - All events, except Events 87-88 ( 400 IM ) and 89-90 ( 500 Freestyle) will be pre-seeded. <br> - 8 \& Younger swimmers in the morning sessions must report to the Clerk of Course and they will be escorted to the blocks from there. Swimmers in the afternoon sessions should report directly to the blocks for their events. <br> - The Event \#87-88 (400 IM) and 89-90 (500 Freestyle) require a positive check-in to swim. <br> - Positive check-in for event \#85-88 will close at 2:30 pm, Sunday. <br> - SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. <br> - Events 87 \& $\mathbf{8 8}$ ( $\mathbf{5 0 0}$ Freestyles) will be swum fastest to slowest and alternating heats of girls and boys. |


| OFFICIALS: | Meet Referee: Michael Sizemore <br> Email: CSizemore@earthlink.net <br> Phone: (540) 834-8120 <br> - Officials will be needed for all positions and all sessions for this meet. <br> - Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to: Stephanie Suhling, Email: <br> ssuhling@yahoo.com, or at the following link: http://www1.mysignup.com/cgi- <br> bin/view.cgi?datafile=rays great_pumpkin splash, not later than Tuesday, October 18, 2011 |
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| SAFETY: | Virginia Swimming Meet Safety Procedures will be in effect. |
| TIMERS: | - Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. <br> - The number of timers required per club and their lane assignments will be posted on the RAYS website (www.swimrays.org), no later than Tuesday, October 18, 2011, and will also be emailed to the contact person of each of the individual clubs. |
| GENERAL: | - Swimmer / Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers / spectators. <br> - Deck Access: Limited to athletes, coaches with their credentials, officials, timers and Individuals helping with the working of the meet. <br> - Spectator Seating: may not be reserved and saving seats is not allowed. No coolers larger than a 6pack lunch box will be allowed in the stands. Swim bags cannot be in the spectator bleachers. <br> - The gym is available for all spectators and swimmers <br> - Concessions: and meet programs will be available in the concessions area. <br> - Meet Programs: will be sold for $\$ 5.00$. <br> - Team Banners: Please coordinate the hanging of banners with the head lifeguard on duty. <br> - Meet Event Apparel: will be available for purchase at the meet. Meet apparel post meet orders available till October 31, 2011 with an additional S \& H fee $\$ 10$ <br> - First Aid: Located on deck in the life guard area. <br> - Lost and Found: Located in the guard room or front desk. <br> - Hospitality: Located at the turn end of the pool. Snacks, Breakfast and Lunch will be provided to officials and coaches with water, coffee, lemonade and tea. Coaches and officials with special dietary concerns are encouraged to bring their own food. |
| FACILITY RULES: | - Swimmers must enter and exit the pool through the locker rooms, Please bring your towels with you to dry off before heading back to the gym. <br> - Only water and Gatorade are allowed on the pool deck. No glass containers are allowed. <br> - Swimmer and spectators are not allowed to eat food in the pool areas. <br> - Teams are responsible for cleaning up their team areas. <br> - Coaches are responsible for the behavior of their swimmers at all times. <br> - No diving in the warm - up pool. Feet first entry only. <br> - No parking in the fire lane. <br> - No towels allowed to be placed over the blocks during competition. |
| DIRECTIONS: | From I-95 you will take exit 130 (Rt.3) West. Travel approximately 3 miles and take a right turn at the intersection of Rt. 3 and 5 Mile RD (Old Plank). Travel approximately $1 / 4$ mile and turn right onto Campus Drive. The building is in the back of the parking lot. |
| HOTELS: | Hotel information for traveling club: <br> - Holiday Inn Select (540) 786-8321 <br> - Best Western Fredericksburg (540) 371-5050 <br> - WyteStone Suites (540) 891-1112 <br> - Wingate Inn (540) 368-8000 <br> - Sleep Inn Southpoint (540) 710-5500 |

SATURDAY, OCTOBER 22, 2011

| Morning Session 1 <br> Warm-up: 6:30 am; Start: 8:15 am |  |  | Afternoon Session 2 <br> Warm-up: 11:00 am; Start: 12:05 pm <br> (Times are not earlier than) |  |  |
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| Girls | Events | Boys | Girls | Events | Boys |
| 1 | 10 \& Under 200 Yd Medley Relay | 2 | 29 | 13-14 200 yd Medley Relay | 30 |
| 3 | 11-12 200 yd Medley Relay | 4 | 31 | 15 \& Over 200 yd Medley Relay | 32 |
| 5 | 10 \& Under 100 yd Individual Medley | 6 | 33 | 13 \& Over 200 yd Freestyle | 34 |
| 7 | 11-12 100 yd Individual Medley | 8 | 35 | 13 \& Over 100 yd Breaststroke | 36 |
| 9 | 10 \& Under 50 yd Freestyle | 10 | 37 | 13 \& Over 100 yd Backstroke | 38 |
| 11 | 11-12 50 yd Freestyle | 12 | 39 | 13 \& Over 200 yd Butterfly | 40 |
| 13 | 10 \& Under 50 yd Backstroke | 14 | 41 | 13 \& Over 50 yd Freestyle | 42 |
| 15 | 11-12 50 yd Backstroke | 16 | 43 | 13-14 200 yd Freestyle Relay | 44 |
| 17 | 10 \& Under 50 yd Breaststroke | 18 | 45 | 15 \& Over 200 yd Freestyle Relay | 46 |
| 19 | 11-12 50 yd Breaststroke | 20 |  |  |  |
| 21 | 10 \& Under 50 yd Butterfly | 22 |  |  |  |
| 23 | 11-12 50 yd Butterfly | 24 |  |  |  |
| 25 | 10 \& Under 200 yd Freestyle Relay | 26 |  |  |  |
| 27 | 11-12 200 yd Freestyle Relay | 28 |  |  |  |

Sunday October 23, 2011

| Morning Session 3 <br> Warm-up: 6:30 AM; Start: 8:15 AM |  |  |
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| $\underline{\text { Girls }}$ | $\underline{\text { Events }}$ | $\underline{\text { Boys }}$ |
| 47 | 12 \& Under 400 yd Freestyle Relay | 48 |
| 49 | 10 \& Under 25 yd Freestyle | 50 |
| 51 | $12 \&$ Under 100 yd Freestyle | 52 |
| 53 | $10 \&$ Under 25 yd Backstroke | 54 |
| 55 | $12 \&$ Under 100 yd Backstroke | 56 |
| 57 | $10 \&$ Under 25 yd Breaststroke | 58 |
| 59 | $12 \&$ Under 100 yd Breaststroke | 60 |
| 61 | $10 \&$ Under 25 yd Butterfly | 62 |
| 63 | $12 \&$ Under 100 yd Butterfly | 64 |
| 65 | $12 \&$ Under 400 yd Medley Relay | 66 |


| Afternoon Session 4 <br> Warm-up: 11:00 am; Start: 12:05 pm <br> (Time are not earlier than) |  |  |
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| $\underline{\text { Girls }}$ | $\underline{\text { Events }}$ | $\underline{\text { Boys }}$ |
| 67 | $13-14400$ yd Freestyle Relay | 68 |
| 69 | $15 \&$ Over 400 yd Freestyle Relay | 70 |
| 71 | $13 \&$ Over 200 IM | 72 |
| 73 | $13 \&$ Over 100 Freestyle | 74 |
| 75 | $13 \&$ Over 200 Backstroke | 76 |
| 77 | $13 \&$ Over 100 Butterfly | 78 |
| 79 | $13 \&$ Over 200 Breaststroke | 80 |
| 81 | $13-14400$ yd Medley Relay | 82 |
| 83 | $15 \&$ Over 400 yd Medley Relay | 84 |

## Distance Session 5

(15-minute warm-up)

| Girls | QT | Events | QT | Boys |
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| 85 | $5: 44.29$ | Open 400 yd IM | $5: 25.49$ | 86 |
| 87 | $6: 22.39$ | Open 500 yd Freestyle | $6: 03.19$ | 88 |

