

| ENTRIES: | DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, NOVEMBER 29, 2011 <br> - Entries must be submitted in short course yards times using Hy-Tek Team Manager and Commlink-2 software. <br> - Teams must submit entries via email. <br> - A Team Manager printout of entries must be included. Entry sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. <br> - Coach Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "BB" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. <br> - "No Time" (NT) entries will be accepted. <br> - 11 \& Over swimmers may enter a maximum of 3 Individual events per day. 10 \& Under swimmers may enter 4 individual events per day. <br> - Relay teams must be designated $A, B, C$, etc., if more than one per club is entered per event. <br> - Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. <br> - The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. <br> - Email entries to: Scott Baldwin at edbaldwi@vt.edu <br> - IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. <br> - Deck entries will not be accepted. |
| :---: | :---: |
| FEES: | Individual events: \$4.75 <br> Relay events: \$15.00 <br> Swimmer surcharge: $\$ 2.50$ per person (entered in the meet in any capacity) <br> - Checks should be made payable to: H2Okie Aquatics <br> - Mail payment to: c/o Scott Baldwin <br> 145 Wenn Drive <br> Christiansburg, VA 24073 <br> - Payment must be received by December 6, 2011 for all entries. <br> - Failure to pay entry fees by this deadline could result in teams being barred from the meet. |
| AWARDS: | - Individual events: Ribbons will be awarded for first through 10th place <br> o 13 \& Over events will be given separate awards for 13-14 and 15 \& Over age groups. <br> o 12 \& Under events will be given separate awards for $10 \& u n d e r$ and 11 yr old and 12 yr old age groups. <br> - Relay events: Ribbons will be awarded for 1st through 5th place. |
| SEEDING: | - All events, except event \#7-8 (11-12 200 Breast), 39-40 (13\&O 400 IM), 47-48 (11-12 200 Back), 75-76 (11-12 500 Free), 77-78 (13\&O 500 Free), 79 (12\&O Girls 1650 Free), 80-81 11-12 200 Fly), and 90 ( $12 \&$ O Boys 1650 Free) will be pre-seeded. <br> - Event \#7-8, 39-40, 47-48, 75-78, 79, 80-81, and 90 will require a positive check-in to swim. <br> - Positive check-in will close at the end of the Morning Session Warm-ups. <br> - All 11 \& Over Relays need to be positively checked in by 10:00 am on Friday and Saturday. <br> - SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. <br> - SWIMMERS WHO POSITIVELY CHECK-IN AND DO NOT SWIM THE EVENT; WILL BE BARRED FROM THEIR NEXT INDIVIDUAL EVENT. <br> - Events \#'s: 75-78, 79 and 90 will be swum fastest to slowest and alternating heats of girls and boys after the top 10 finals swimmers have been removed. |
| PENALTIES: | Penalties for entries using fraudulent and/or non-verifiable entry times: <br> - Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. <br> - Club may be fined $\$ 100$ for each offense, and a record of such offenses shall be kept and |


|  | published as part of the official meet results. <br> - Clubs entering swimmers not legally registered with USA Swimming by the first day of the meet may be fined $\mathbf{\$ 1 0 0}$ per swimmer in each event so entered. <br> - If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. |
| :---: | :---: |
| RULES: | - The current USA Swimming Rules and Regulations will apply. <br> - All swimmers participating in the meet must be dive certified. <br> o Swimmers unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. <br> o Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian. <br> - The overhead start procedure will be used for the all sessions. <br> - The scratch procedures listed in the current USA Swimming Rules and Regulations, Article 207.12.6, sections D and E only will be in effect and modified as follows: The scratch rule regarding finals will apply to both heats (final and consolation), excluding event \#'s: 33, 34, 6770, 77 and 78 . <br> - Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is not permitted. <br> - In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <br> o Coaches with valid USA Swimming credentials but are unable to provide them upon request will be issued temporary credentials by the meet director <br> o Coaches with expired or non-current credentials will be required to leave the deck area. |
| OFFICIALS: | Meet Referee: Steve Woolfolk <br> Email: woolfolks@aol.com <br> Phone: (540) 890-6160 <br> - Officials will be needed for all positions and all sessions for this meet. <br> - Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to (host team officials chair Kim Walsh, Email: walshes4@verizon.net or Phone: (540) 230-7092 no later than Sunday, December 5, 2011. <br> - Officials wishing to Volunteer can go to this link: http://www.signupgenius/hoki6 <br> - Officials meetings will be held one hour prior to the start of each session. |
| SAFETY: | - Virginia Swimming Meet Safety Procedures will be in effect. |
| TIMERS: | - Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. <br> - The number of timers required per club and their lane assignments will be posted on the HOKI team website, http://www.h2okieaquatics.org no later than Monday, December 6, 2011, and will also be emailed to the contact person of each of the individual clubs. |
| GENERAL: | - Hospitality will be provided for coaches and officials <br> - Concessions will be provided <br> - Heat sheets for the entire meet will be for sale. <br> - Swim and Tri swim shop will be on site. <br> - Commemorative Meet T-shirts will also be available. |
| FACILITY RULES: | FOLLOWI NG RULES ARE TO BE FOLLOWED DURING THE EVENT ALONG WITH THE TOWN OF CHRI STI ANSBURG AQUATI C CENTER RULES: <br> - Concessions will be allowed in designated areas only. Drinks are permitted in plastic bottles or covered cups. <br> - Young children must be supervised by an adult. <br> - Observers are to stay in designated areas. <br> - No tape of any kind is to be used inside to hang signs, banners or decorations. Please consult with the Director of Aquatics prior to hanging up any relevant decorations. <br> - Only Aquatic Staff are permitted in the Aquatic Offices, Equipment Room and First Aid Office unless approved by Aquatic Staff Management. <br> - Smoking is NOT permitted within the Town of Christiansburg Aquatic Center. |


|  | - The Town of Christiansburg Aquatic Center is not responsible for any lost or stolen items. Make sure someone you know is always present supervising individual/team belongings. <br> - No unauthorized persons are permitted to use the stereo system without the permission of the Aquatic Director. <br> - No glass containers of any kind are to be brought into the pool complex. <br> - Parking violators will be subject to fines and/or towing as posted. <br> - Overflow parking may be pre-arranged with Kroger or Christiansburg High School on weekends. <br> - The Aquatic Center strongly encourages showering prior to entering the pool. <br> - All emergency exits and walkways must remain clear. <br> - Each club is responsible for supervising the conduct of its swimmers/spectators. Swimmers are not permitted in any room not directly associated with the meet. |
| :---: | :---: |
| DIRECTIONS: | Christiansburg Aquatic Center: Mapquest link HERE |
| HOTELS: | Hotel Info can be found on our team website: http://www.h2okieaquatics.org |

Order of Events
Friday, December 9, 2011
Warm-ups: 7:00 am
Meet Start: 8:15 am

| Women | Event | Men |
| :---: | :---: | :---: |
| $\mathbf{1}^{*}$ | $11 / 12200$ Free Relay | $\mathbf{2}^{*}$ |
| $\mathbf{3}^{*}$ | $13 / 14400$ Free Relay | $\mathbf{4}^{*}$ |
| $\mathbf{5}^{*}$ | $15 \&$ Over 400 Free Relay | $\mathbf{6}^{*}$ |
| $\mathbf{7} @ @$ | $11 / 12200$ Breast | $\mathbf{8} @ @$ |
| 9 | $10 \&$ Under 100 Free | 10 |
| 11 | $11-12100$ Free | 12 |
| 13 | $13 / 14200$ Free | 14 |
| 15 | $15 \&$ Over 200 Free | 16 |
| 17 | $10 \&$ Under 50 Breast | 18 |
| 19 | $11 / 1250$ Breast | 20 |
| 21 | $13 / 14100$ Breast | 22 |
| 23 | $15 \&$ Over 100 Breast | 24 |
| 25 | $10 \& u n d e r 100$ Back | 26 |
| 27 | $11 / 12100$ Back | 28 |
| 29 | $13 / 14200$ Back | 30 |
| 31 | $15 \& O v e r$ 200 Back | 32 |
| 33 | $10 \&$ Under 200 IM | 34 |
| 35 | $11 / 12200$ IM | 36 |
| 37 | $10 \& U n d e r ~ 200$ Free Relay | 38 |
| $39 @$ | $13 \& O v e r ~ 400$ IM | $40 @$ |
|  |  |  |
|  |  |  |

* All Relays will swim in Finals
@ Positive Check-in Timed Final event. Top 10 in each age group (13-14 and 15\&O) after seeding will swim in Finals.
@@ Timed Final event. Top 1011 year old and 12 year old single age group will swim in finals. Remaining heats will swim in morning session. Positive Check-in required.

Order of Events
Saturday, December 10, 2011
Warm-ups: 7:00 am
Meet Start: 8:15 am

| Women | Event | Men |
| :---: | :---: | :---: |
| 41 * | 11/12 200 Medley Relay | 42 * |
| 43 * | 13/14 400 Medley Relay | 44 * |
| 45 * | 15\&Over 400 Medley Relay | 46 * |
| 47 @@ | 11/12 200 Back | 48 @@ |
| 49 | 10\&Under 100 Fly | 50 |
| 51 | 11-12 100 Fly | 52 |
| 53 | 13/14 200 Fly | 54 |
| 55 | 15\&Over 200 Fly | 56 |
| 57 | 10\&Under 50 Free | 58 |
| 59 | 11/12 50 Free | 60 |
| 61 | 13/14 50 Free | 62 |
| 63 | 15\&Over 50 Free | 64 |
| 65 | 10\&under 100 IM | 66 |
| 67 | 11/12 100 IM | 68 |
| 69 | 13/14 200 IM | 70 |
| 71 | 15\&Over 200 IM | 72 |
| 73 | 10\&Under 200 Medley Relay | 74 |
| 75 @@ | 11/12 500 Free | 76 @@ |
| 77 @ | 13\&Over 500 Free | 78 @ |
|  |  |  |

* All Relays will swim in Finals
@ Positive Check-in Timed Final event. Top 10 in each age group (13-14 and 15\&O) after seeding and scratches will swim in Finals. Remaining heats will swim in morning session Fastest to Slowest alternating Women then Men.
@@ Positive Check-in Timed Final event. Top 1011 year old and 12 year old single age group will swim in finals. Remaining heats will swim in morning session Fastest to Slowest Alternating Women then Men.

Order of Events
Sunday, December 11, 2011
Warm-ups: 7:00 am
Meet Start: 8:15 am

| Women | Event | Men |
| :---: | :---: | :---: |
| $\mathbf{7 9 \%}$ | $\mathbf{1 2 \& O v e r ~ 1 6 5 0 ~ F r e e ~}$ |  |
| $\mathbf{8 1 \$}$ | $11 / 12200$ Fly | $\mathbf{8 0} \mathbf{\$}$ |
| 83 | $10 \&$ Under 50 Back | 82 |
| 85 | $11 / 1250$ Back | 84 |
| 87 | $13 / 14$ 100 Back | 86 |
| 89 | $15 \&$ Over 100 Back | 88 |
|  | 12\&Over 1650 Free | $\mathbf{9 0} \%$ |
| 91 | $10 \&$ Under 200 Free | 92 |
| 93 | $11 / 12200$ Free | 94 |
| 95 | $13 / 14100$ Free | 96 |
| 97 | $15 \&$ Over 100 Free | 98 |
| 99 | $10 \&$ Under 100 Breast | 100 |
| 101 | $11 / 12100$ Breast | 102 |
| 103 | $13 / 14200$ Breast | 104 |
| 105 | $15 \&$ Over 200 Breast | 106 |
| 107 | $10 \& U n d e r 50$ Fly | 108 |
| 109 | $11 / 1250$ Fly | 110 |
| 111 | $13 / 14100$ Fly | 112 |
| 113 | $15 \&$ Over 100 Fly | 114 |
|  |  |  |

\% Top 10 after seeding of all entries regardless of age will swim in Finals. Girls top 10 will begin Finals on Sunday. Boys 1650 top 10 will be after event \#87 All others will swim in the 1650 session following morning session. Swimmers will have the option of swimming in morning or evening and must be designated on the positive check-in sheet.
\$ Timed Final event. Top-10 11 year old and 12 year old single age group will swim in finals. Remaining heats will swim in morning session. Positive Check-in required. Swimmers will have the option of swimming in morning or evening and must be designated on the positive check-in sheet.

