

2012 BASS WINTER WARM UP A/BB/B/C Mini Meet January 28-29, 2012 SANCTION NO. VS-12-42



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-12-42				
	USA Swimming, Inc., Virginia Swimming, Inc., and the Barbee Center Indoor Pool, Woodberry				
	Forest School, shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.				
LOCATION:	Barbee Center Indoor Pool, Woodberry Forest School, Woodberry Forest, VA				
FACILITY:	 25 Yard, 6 Lanes, indoor pool with non-turbulent lane lines, 4 feet in depth at the start end and 13 ½ feet in depth at the turn end; Colorado Timing System with a six-line digital display board. 				
	• The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C(4)				
MEET	Kevin McHaney Work Phone: (540) 948-7629				
DIRECTOR:	Email: kmchaney@yahoo.com Home Phone: (540) 923-4626				
ELIGIBILITY:	 Open to all Virginia Swimming athletes in the North District and the Southwest District and those by invitation registered by the first day of the meet. 				
	 North District Teams are: BASS, PWSC, QDD, RAPP, RAYS, RPST, SHKS, STAT, TSU, VAST, VSTP, & WST 				
	 Southwest District Teams are: ACST, CAST, CCA, CYAC, FUAC, GATR, GRTD, HA, HOKI, LASO, LY, SCAT, SMAC, STRM, SVFY, YRVS, & YMST 				
	No on deck Virginia Swimming athlete registration will be permitted				
	Age on January 28, 2012 will determine age for the entire meet.				
DISABILTY SWIMMERS:	Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.				
	 The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. 				
FORMAT:	All 9-12 swimmers will swim on Saturday morning and afternoon sessions.				
	All 13 & Older swimmers will swim on Sunday morning and afternoon sessions.				
	All 8 & younger swimmers will swim in the Saturday Midday 8&U Session.				
	Sunday Midday Distance and Afternoon Distance Sessions are for 11 & Older swimmers only.				
	All events will be timed finals.				
WARM-UP:	• Saturday Morning session: Warm-ups at 7:30 am; competition starts at 8:40 am.				
	• Saturday Midday 8&U session: Warm ups not before 11:30; competition starts not before 12:30 pm				
	• Saturday Afternoon session : Warm ups not before 2:00 pm; competition starts not before 3:00 pm				
	 Sunday Morning session: Warm ups at 7:30 am; competition starts at 8:40 am 				
	• Sunday Afternoon session: Warm ups not before 11:30 am; competition starts not before 12:30 pm				
	 Distance sessions: The pool will be opened for 10 minutes of open warm-ups immediately following the finish of the morning and afternoon sessions, with the distance session competition starting 5 minutes thereafter. 				
	 Lane assignment and warm-up times for individual clubs will be posted on the BASS website <u>www.BASS-Swim.org</u> no later than January 25, 2012, and will also be emailed to the contact person of the participating clubs. 				
	• If any session runs late, the next session warm-ups will begin immediately upon its conclusion.				
	 Depending on the number of entries, the meet director reserves the right to change the start time and format of warm-ups. Teams would be notified not later than Wednesday, January 25, 2011 				

ENTRIES:	DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, JANUARY 18, 2012			
	 Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink 2 software, or on a VSI master entry sheet. 			
	 Teams submit entries via e-mail 			
	 A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. 			
	 Coach Times (CT) will be accepted for events in which a swimmer does not have a time of record CT may not exceed a "BB" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. 			
	 "No Time" (NT) entries will not be accepted. 			
	 Swimmers may enter a maximum of 5 individual events and 2 relay events per day 			
	• Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.			
	 Entries will be processed in the order received and <u>accepted to</u> the greatest extent possible without exceeding the 4-hour/session timeline limit. 			
	 The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. 			
	• The 400 IM and 500 Free may be limited by the meet director, to the top 24 swimmers per event according to time constraints.			
	 Email entries to: <u>shelbygohn@gmail.com</u> 			
	 IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. 			
FEES:	Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)			
	Checks should be made payable to: BASS Swim Team.			
	Mail payment to: Shelby Gohn			
	147 Hebron Court Madison, VA 22727 Phone: (540) 718-1890			
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	• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.			
RULES:	The current USA Swimming Rules and Regulations will apply.			
	All swimmers participating in the meet must be dive certified.			
	 Swimmers unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. 			
	 Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian. 			
	• The overhead start procedure will be used for the Sunday sessions, and may be used for the Saturday sessions at the discretion of the Referee.			
	• Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u> .			
	 In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet 			
	 Coaches who have valid USA Swimming credentials but who are unable to provide them upon request will be issued temporary credentials by the meet director 			
	 Coaches with expired or non-current credentials will be required to leave the deck area. 			
OFFICIALS:	Meet Referees:Kevin Hogan Email: hogan.kevin.t@gmail.com Phone: : (434) 962-7529David Strider Email: dvs7e@virginia.edu Phone: (434) 973-4832			
	Officials will be needed for all positions and all sessions for this meet.			
	 Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Ric Barklund, Email: <u>ric.barklund@comcast.net</u> no later than January 25, 2012. 			
	• Officials will meet in the Hospitality room one hour before the start of each session.			
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.			
TIMERS:	Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.			
	• The number of timers required per club and their lane assignments will be emailed to the contact person of each of the individual clubs no later than January 25, 2012.			
GENERAL:	Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators.			
	Heat sheets will be available for sale.			
	• Concessions: There will be a variety of refreshments offered by the BASS Swim Team; Breakfast and lunch items will be available			
	• Swim Supplies & Apparel: Sportfair will provide swimming supplies & apparel during the meet.			
FACILITY RULES:	Certain areas will be marked off limits. Please obey the rules.			
RULES.	No glass or smoking is permitted in the facility.			
	• Please be courteous in sharing the locker rooms and bathrooms by keeping them neat.			
	• No food or drinks in the pool or lobby area. All food and drinks must be kept in the gym.			
	• Please park in designated areas at the direction of parking attendants. There is very limited parking. Please carpool if possible. PLEASE DO NOT PARK ON THE GRASS.			
DIRECTIONS:	PLEASE DO NOT CALL WOODBERRY FOREST SCHOOL FOR DIRECTIONS!! THANK YOU			
	 Woodberry Forest School is located on Rt. 15, 12 miles south of the intersection of Rt. 15 and Rt. 29. Turn into Woodberry at Rt. 622 (there are signs designating the school). Once you pass the guard house the Barbee Center is the first building on the left. 			
	• FROM THE NORTH: Take Rt. 29S to Rt. 15S. Turn left into Woodberry after 12 miles on Rt. 622.			
	• FROM THE EAST: Take Rt. 3W to Rt. 20S to Rt. 15N. Turn right into Woodberry 3 miles north of Orange on Rt. 622.			
	• FROM THE SOUTH: Take 29N to Rt.230E to Rt. 15N. Turn right into Woodberry after 1 mile on RT.622.			

HOTELS	Following are some available Hotels in the area.				
	Holiday Inn Express Orange Hotel, www.hiexpress.com - (540) 672-6691 About 4 minutes from the pool				
	<u>Microtel Inn & Suites Culpeper</u> , <i>www.microtelinn.com</i> - (800) 771-7171 About 12 minutes from the pool				
	• <u>Best Western Culpeper Inn</u> , www.bestwesternvirginia.com - (540) 825-1253 About 12 minutes from the pool				
	<u>Culpeper Super 8 Motel</u> , www.super8.com - (540) 825-8088 About 12 minutes from the pool				
	Holiday Inn Express Hotel & Suites Culpeper, www.hiexpress.com - (540) 825-7444 About 12 minutes from the pool				

ORDER OF EVENTS

Saturday, January 28, 2012

Morning Session Warm-up: 7:30 am: Start: 8:40 am

Warm-up. 7.50 am, Start. 8.40 am				
<u>Girls</u>	Events			
1	12 & Under 100 Backstroke	2		
3	12 & Under 50 Breaststroke	4		
5	12 & Under 200 Freestyle	6		
7	12 & Under 50 Freestyle	8		
9	11-12 200 Breaststroke	10		
11	12 & Under 100 Butterfly	12		
13	12 & Under 100 Individual Medley	14		
15	12 & Under Freestyle Relay	16		

Midday 8 & Under Session Warm-up: 11:30 am; Start: 12:30 pm (Times are approximate)

<u>Girls</u>	<u>Events</u>			
17	8 & Under 25 Freestyle	18		
19	8 & Under 25 Butterfly	20		
21	8 & Under 50 Breaststroke	22		
23	8 & Under 50 Backstroke	24		
25	8 & Under 100 Individual Medley	26		
27	8 & Under 50 Freestyle	28		
29	8 & Under 50 Butterfly	30		
31	8 & Under 25 Breaststroke	32		
33	8 & Under 25 Backstroke	34		
35	8 & Under 100 Freestyle Relay	36		

Afternoon Session Warm-up: 2:00 pm; Start: 3:00 pm (Times are approximate)

<u>Girls</u>	Events	Boys
37	12 & Under 100 Breaststroke	38
39	12 & Under 50 Backstroke	40
41	11-12 200 Butterfly	42
43	12 & Under 100 Freestyle	44
45	12 & Under 200 Individual Medley	46
47	12 & Under 50 Butterfly	48
49	11-12 200 Backstroke	50
51	12 & Under 200 Medley Relay	52

Sunday, January 29, 2012

Morning Session Warm-up: 7:30 am; Start: 8:40 am

<u>Girls</u>	Events	Boys
53	13 & Over 100 Backstroke	54
55	13 & Over 50 Freestyle	56
57	13 & Over 200 Breaststroke	58
59	13 & Over 100 Butterfly	60
61	13 & Over 200 Freestyle	62
63	13 & Over 200 Freestyle Relay	64

Midday Distance Session

(15-minute break)

<u>Girls</u>	<u>Events</u>	Boys
65	11 & Over 400 Individual Medley	66

Afternoon Session Warm-up: 11:30 pm; Start: 12:30 pm (Times are approximate)

<u>Girls</u>	<u>Events</u>	Boys
67	13 & Over 200 Individual Medley	68
69	13 & Over 100 Breaststroke	70
71	13 & Over 200 Butterfly	
73	13 & Over 100 Freestyle	74
75	13 & Over 200 Backstroke	76
77	13 & Over 200 Medley Relay	78

Afternoon Distance Session

(15-minute break)

<u>Girls</u>	<u>Events</u>	Boys
79	11 & Over 500 Freestyle	80

BASS 2012 Winter Warm-up Swim Meet January 28-29, 2012 Virginia Swimming, Inc. SANCTION # VS-12-42 MEET ENTRY CHECK LIST AND SUMMARY FORM

Mail in with entries:

- 1. Master entry Sheets
- 2. Check for Entries Payable to: BASS Swim Team
- 3. Summary Sheet

Name of Team:	Team Code		
Number of swimmers: morning	midday 8&U_	afte	ernoon
Number of swimmers: morning	_distance	_ afternoon _	distance
Total number of swimmers:		x \$2.50=	\$
Total number of individual entries:		x \$3.00 =	\$
Total number of relays:		x \$12.00 =	\$
Total Amou	int Enclosed:		\$

MEET ENTRY CHAIRPERSON:

Shelby Gohn 147 Hebron Court Madison, VA 22727 (540) 718-1890 e-mail – shelbygohn@gmail.com

Meet Entry Deadline: <u>Wednesday, January, 18, 2012 for all entries, checks need to be received</u> by mail NO LATER THAN January 25, 2012.

Contact Person:		
Please provid	de information below in case of questions regarding this entry.	
Name:	e-mail	
Address: Telephone:	DayNight	

OFFICIALS: Please list and email (<u>ric.barklund@comcast.net</u>) available certified officials able to assist with this meet. Indicate Stroke & Turn, Starter, CTS, Timing Judge etc & Sessions available.

Name:	Telephone:
Name:	Telephone:
Name:	Telephone:
Name:	Telephone: