



8-UNDER SUPER CIRCUIT SERIES
Holiday Meet
December 11, 2010
SANCTION NO. VS-11-22

Hosted by:



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-11-22
LOCATION:	Great Bridge Swim and Racquet Club, 1200 Back Road, Chesapeake VA
FACILITY:	<ul style="list-style-type: none">6-Lane, 25-Meter pool, 5 feet deep at the start end and 3 ½ feet deep at the turn end, equipped with Swim-Quip non-turbulent land markers. Automatic timing by Colorado SystemsThe competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).
MEET DIRECTOR:	Steve Bialorucki Email: swimodac@msn.com Phone: (757) 474-1015
ELIGIBILITY:	<ul style="list-style-type: none">Open to all Virginia Swimming athletes 8 years old and younger from OBX, ODAC, TAC, TCAC, TIDE, VYAC, and WAC registered by the first day of the meetNo on deck Virginia Swimming athlete registration will be permittedAge on December 11, 2010 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none">Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">Events will be swum in a single sessionAll events will be timed finals.
WARM-UP:	<ul style="list-style-type: none">Warm-ups are at 9:00 am; competition starts at 10:00 amDepending on the number of entries, the meet director reserves the right to change the start time and format of warm-ups. Teams would be notified not later than Wednesday, December 8, 2010
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, DECEMBER 1, 2010</p> <ul style="list-style-type: none">Entries must be submitted in short course yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.Teams submit entries as an e-mail attachmentA Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted."No Time" (NT) entries will be accepted for events in which a swimmer does not have a time of record. All entry times must have been achieved in USA Swimming sanctioned, approved, or observed competition.6 and under swimmers may swim a maximum of 4 events. 7 and 8 year old swimmers may swim a maximum of 5 eventsEntries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit.The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding..Email entries to: stevebialorucki@swimodac.comMail entries to: Steve Bialorucki 5165 Stratford Chase Drive Virginia Beach, VA 23464 Phone: (757)474-1015IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.

	<ul style="list-style-type: none"> • Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.
FEES:	<p>Individual events: \$3.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> • Checks should be made payable to: ODAC Meets • Payment must be received by Wednesday, December 8, 2010 for email entries. Payment must be included with all mailed entries. • Failure to pay entry fees by this deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> • Individual events: Ribbons will be awarded for first through sixth place in each event • Awards will be given for each age group: 6 and under, 7 year olds and 8 year olds.
SEEDING:	<ul style="list-style-type: none"> • All events will be pre-seeded. • Swimmers should report directly to the blocks for their events.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • Swimmers in the meet, unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian. • The overhead start procedure may be used at the discretion of the Referee. • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Janet Law Email: janetlaw56@cox.net Phone: (757) 482-5146</p> <ul style="list-style-type: none"> • Officials at all positions will be required for this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Jeannine Bain. not later than December 11, 2010.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
GENERAL:	<ul style="list-style-type: none"> • NO SMOKING on the pool deck or in the spectator gallery. • Each Team is encouraged to ensure the good conduct of swimmers in all areas of the building, including but not limited to locker rooms and hallways. • NO GLASS containers are permitted in or around the pool area.

Old Dominion Aquatic Club
8-Under Super Circuit Series
Holiday Day Meet
December 11, 2010
Sanction Number

Saturday morning – December 11, 2010

Event #	Event	Event #
1	6-under 25 Meter Freestyle	2
3	7 and 8 year old 25 Meter Freestyle	4
5	6-under 25 Meter Backstroke	6
7	7 and 8 year old 25 Meter Backstroke	8
9	6-under 50 Meter Freestyle	10
11	7 and 8 year old 50 Meter Freestyle	12
13	6-under 50 Meter Backstroke	14
15	7 and 8 year old 50 Meter Backstroke	16
17	6-under 25 Meter Butterfly	18
19	7 and 8 year old 25 Meter Butterfly	20
21	7 and 8 year old 50 Meter Butterfly	22
23	6-under 25 Meter Breaststroke	24
25	7 and 8 year old 25 Meter Breaststroke	26
27	7 and 8 year old 50 Meter Breaststroke	28
29	6-under 100 Meter IM	30
31	7 and 8 year old 100 Meter IM	32
33	8 and under 100 Free Relay	34