



GATOR WINTER STORM INVITE
A/BB/B/C Meet
February 4-6, 2011
SANCTION NO. VS-11-37



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| SANCTION: | Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-11-37 |
| LOCATION: | Gator Aquatic Center, 1130 Overland, Roanoke, Va. 24015, (540) 982-7665 (pool) |
| FACILITY: | <ul style="list-style-type: none">• 25 yard pool, 8 lanes, 5 feet deep at the start and turn end and 6 feet deep in the middle of the pool. Equipped with Non-turbulent lane lines. Daktronics Timing System.• The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C). |
| MEET DIRECTOR: | Name: Victor Myburgh Email: vmyburgh@cox.net Phone: (540) 266-4027 |
| ELIGIBILITY: | <ul style="list-style-type: none">• Open to all Virginia Swimming athletes registered by the first day of the meet• No on deck Virginia Swimming athlete registration will be permitted.• Age on February 4, 2011 will determine age for the entire meet. |
| DISABILITY SWIMMERS: | <ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. |
| FORMAT: | <ul style="list-style-type: none">• All swimmers have events available to swim Friday evening.• All 10 & Younger swimmers will swim on Saturday and Sunday morning.• All 11 & Older swimmers will swim on Saturday and Sunday afternoon.• There will be a distance session following the morning session Saturday and the afternoon session on Sunday.• All events will be timed finals. |
| WARM-UP: | <ul style="list-style-type: none">• Friday session: Warm-ups 4:30 pm; competition starts at 5:45 pm• Morning sessions: Warm-ups at 8:00 am; competition starts at 9:15 am.• Afternoon sessions: Warm-ups at 12:30 pm; competition starts at 1:45 pm.• Distance sessions: The pool will be opened for 10 minutes of open warm-ups immediately following the finish of the Saturday morning and Sunday afternoon session(s), with the distance session competition starting 5 minutes thereafter.• The approximate start time for the distance sessions will be posted on the Virginia Gators website no later than February 2, 2011 and will also be emailed to the contact person of the participating clubs. The distance sessions will start no earlier than the estimated times.• Lane assignment and warm-up times for individual clubs will be posted on the Virginia Gators website no later than February 2, 2011 and will also be emailed to the contact person of the participating clubs.• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.• Depending on the number of entries, the meet director reserves the right to change the start time and format of warm-ups. Teams would be notified not later than Tuesday, February 1, 2011. |

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| ENTRIES: | <p>DEADLINE FOR THE RECEIPT OF ENTRIES IS THURSDAY, JANUARY 27, 2011</p> <ul style="list-style-type: none"> • Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. • Teams submit entries via e-mail. • A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. • Coach's Time (CT) and "No Time" (NT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "BB" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. • Swimmers may enter a maximum of 4 <i>individual events</i> and 1 <i>relay event</i> per day. • Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. • Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. • The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. • Email entries to: Entry Chair: vagators@gmail.com • Mail entries to: Victor Myburgh PO Box 4646 Roanoke, VA 24015 Phone: (540) 397-2234 • IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. • Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms. |
| FEES: | <p>Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> • Checks should be made payable to: <u>Virginia Gator Swimming</u>. • Payment must be received by February 4, 2011 for email entries. Payment must be included with all mailed entries. • Failure to pay entry fees by this deadline could result in teams being barred from the meet. |
| AWARDS: | <ul style="list-style-type: none"> • Individual events: Ribbons will be awarded for first through eighth for all events for 12 and younger swimmers. <ul style="list-style-type: none"> ○ 8 & Under individual events will be awarded as 6 & Under, 7 year olds and 8 year olds. ○ 10 & under events will be given separate awards for 8 & Under and 9-10 age groups. • 11 & Over events will be given awards for the 11-12 age group only. • No awards will be given for all senior events and for 13 and older swimmers. |
| SEEDING: | <ul style="list-style-type: none"> • All events, except events except the 500 Free & 1650 Free will be pre-seeded. • 8 & Younger swimmers in the morning sessions must report to the Clerk of Course and they will be escorted to the blocks from there. • Swimmers in the afternoon sessions should report directly to the blocks for their events. • Events 5-6 (Senior 1650 Free), 25-26 (10&U 500 Free) and 89-90 (11&O 500 Free) will require a positive check-in to swim. • Positive check-in will close at the end of respective distance session warm-up for the 1650 Free (Friday) and at the conclusion of the preceding session for the 500 Free (Sat am and Sun pm) • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. |
| PENALTIES: | <p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. |

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| | <ul style="list-style-type: none"> • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. |
| RULES: | <ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • Swimmers in the meet, unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian. • The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area. |
| OFFICIALS: | <p>Meet Referee: Avis Aheron Email: avisaheron@hotmail.com Phone: (540) 580-9203</p> <ul style="list-style-type: none"> • Officials at all positions will be required for this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Steve Woolfolk, email: woolfolks@aol.com, no later than Thursday, January 27, 2011 • Officials meeting will be at 8:50 am and 1:20 pm each day. |
| SAFETY: | Virginia Swimming Meet Safety Procedures will be in effect. |
| TIMERS: | <ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be posted on the Virginia Gators website no later than February 2, 2011 and will also be emailed to the contact person of each of the individual clubs. |
| GENERAL: | <ul style="list-style-type: none"> • Complimentary lunch will be served for coaches, referees, starters stroke & turn judges, timing judges, clerk of course, CTS operators and recorder. • A concession stand will be available for swimmers and spectators. • No other major activities will be taking place at the Gator Aquatic Center on February 4-6th except this swim meet. • Results will be posted on the wall at the turn end of the pool. • Complimentary heat sheets will be provided for officials and coaches. Heat sheets will also be sold for \$5.00 each. • Meet information can be found at www.virginiagators.com |
| FACILITY RULES: | When not competing, swimmers should stay on deck or in the team room. |
| DIRECTIONS: | Will be posted on www.virginiagators.com |
| HOTELS: | <ul style="list-style-type: none"> • Sleep Inn, 4045 Electric Road, (540) 772-1500 • Holiday Inn, 4468 Starkey Road (540) 774-4400 • Hampton Inn, 3816 Franklin Road, (540) 989-4000 • Wyndam, 2801 Hershberger Road (540) 563-9300 |

ORDER OF EVENTS
Friday, February 4, 2011

Afternoon Session
Warm-up: 4:30 pm; Start: 5:45 pm

| <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
|--------------|----------------------------------|-------------|
| 1 | Senior 400 Individual Medley | 2 |
| 3 | 12 & Under 200 Individual Medley | 4 |
| 5 | Senior 1650 Freestyle | 6 |

Saturday, February 5, 2011

Morning Session
Warm-up: 8:00 am; Start: 9:15 am

| <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
|--------------|--------------------------------|-------------|
| 7 | 9-10 50 Freestyle | 8 |
| 9 | 8 & Under 50 Breaststroke | 10 |
| 11 | 10 & Under 100 Breaststroke | 12 |
| 13 | 8 & Under 25 Butterfly | 14 |
| 15 | 10 & Under 100 Butterfly | 16 |
| 17 | 8 & Under 50 Backstroke | 18 |
| 19 | 9-10 50 Backstroke | 20 |
| 21 | 8 & Under 25 Freestyle | 22 |
| 23 | 10 & Under 200 Freestyle Relay | 24 |

Distance Session
(15-minute break)

| <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
|--------------|--------------------------|-------------|
| 25 | 10 & Under 500 Freestyle | 26 |

Afternoon Session
Warm-up: 12:30 pm; Start: 1:45 pm

| <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
|--------------|-----------------------------|-------------|
| 27 | 11-12 50 Freestyle | 28 |
| 29 | 13 & Over 50 Freestyle | 30 |
| 31 | 11-12 100 Butterfly | 32 |
| 33 | 13 & Over 100 Butterfly | 34 |
| 35 | 11-12 50 Backstroke | 36 |
| 37 | 11 & Over 200 Backstroke | 38 |
| 39 | 11-12 100 Breaststroke | 40 |
| 41 | 13 & Over 100 Breaststroke | 42 |
| 43 | 11-12 100 Individual Medley | 44 |
| 45 | 13 & Over 200 Freestyle | 46 |
| 47 | 11-12 200 Freestyle | 48 |

Sunday, February 6, 2011

Morning Session
Warm-up: 8:00 am; Start: 9:15 am

| <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
|--------------|----------------------------------|-------------|
| 49 | 10 & Under 200 Freestyle | 50 |
| 51 | 8 & Under 100 Freestyle | 52 |
| 53 | 10 & Under 100 Individual Medley | 54 |
| 55 | 8 & Under 25 Breaststroke | 56 |
| 57 | 9-10 50 Breaststroke | 58 |
| 59 | 8 & Under 25 Backstroke | 60 |
| 61 | 10 & Under 100 Backstroke | 62 |
| 63 | 10 & Under 50 Butterfly | 64 |
| 65 | 9-10 100 Freestyle | 66 |
| 67 | 8 & Under 50 Freestyle | 68 |
| 69 | 10 & Under 200 Medley Relay | 70 |

Afternoon Session
Warm-up: 12:30 pm; Start: 1:45 pm

| <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
|--------------|---------------------------------|-------------|
| 71 | 13 & Over 200 Individual Medley | 72 |
| 73 | 11-12 100 Freestyle | 74 |
| 75 | 13 & Over 100 Freestyle | 76 |
| 77 | 11-12 50 Butterfly | 78 |
| 79 | 11 & Over 200 Butterfly | 80 |
| 81 | 11-12 100 Backstroke | 82 |
| 83 | 13 & Over 100 Backstroke | 84 |
| 85 | 11-12 50 Breaststroke | 86 |
| 87 | 11 & Over 200 Breaststroke | 88 |

Distance Session
(15-minute break)

| <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
|--------------|-------------------------|-------------|
| 89 | 11 & Over 500 Freestyle | 90 |