

### 2011 BASS WINTER WARM UP A/BB/B/C Mini Meet January 29-30, 2011 SANCTION NO. VS-11-38



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-11-38						
LOCATION:	Barbee Center Indoor Pool, Woodberry Forest School, Woodberry Forest, VA						
FACILITY:	<ul> <li>25 Yard, 6 Lanes, indoor pool with non-turbulent lane lines, 4 feet in depth at the start end and 13 ½ feet in depth at the turn end; Colorado Timing System with a six-line digital display board.</li> <li>The competition course has not been certified in accordance with current USA Swimming Rules</li> </ul>						
	and Regulations, Article 104.2.2(C).						
MEET DIRECTOR:	Kevin McHaney Work Phone: (540) 948-7629 Email: <a href="mailto:kmchaney@yahoo.com">kmchaney@yahoo.com</a> Home Phone: (540) 923-4626						
ELIGIBILITY:	<ul> <li>Open to all Virginia Swimming athletes in the North District and the Southwest District and those by invitation registered by the first day of the meet.</li> <li>North District Teams are: BASS, PWSC, QDD, RAPP, RAYS, RPST, SHKS, STAT, TSU, VAST, VSTP, &amp; WST</li> </ul>						
	<ul> <li>Southwest District Teams are: ACST, CAST, CCA, CYAC, FUAC, GATR, GRTD, HA, HOKI, LASO, LY, SCAT, SMAC, STRM, &amp; SVFY.</li> </ul>						
	No on deck Virginia Swimming athlete registration will be permitted						
	Age on January 29, 2011 will determine age for the entire meet.						
DISABILTY SWIMMERS:	Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.						
	The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.						
FORMAT:	All 9-12 swimmers will swim on Saturday and Sunday morning.						
	All 13 & Older swimmers will swim on Saturday and Sunday afternoon.						
	Saturday Middle Distance Session is for 11 & Older swimmers only.						
	All 8 & younger swimmers will swim in the Sunday Middle 8&U Session.						
	All events will be timed finals.						
	Depending on the number of entries, the meet director reserves the right to change the format of the meet to include adding or eliminating sessions. Teams would be notified not later than Wednesday, January 26, 2011						
WARM-UP:	Saturday Morning session: Warm-ups at 9:00 am; competition starts at 10:15 am.						
	Saturday Middle Distance session: Warm-ups at 1:15 pm; competition starts at 1:55 pm.						
	Saturday Afternoon session : Warm ups at 2:55 pm; competition starts at 4:00 pm						
	Sunday Morning session: Warm ups at 7:30 am; competition starts at 8:40 am						
	Sunday Middle 8&U session: Warm ups at 11:30; competition starts at 12:40 pm						
	Sunday Afternoon session: Warm ups at 2:00 pm; competition starts at 3:20 pm						
	<ul> <li>Lane assignment and warm-up times for individual clubs will be posted on the BASS website         <u>www.BASS-Swim.org</u> no later than January 25, 2011, and will also be emailed to the contact         person of the participating clubs.</li> </ul>						
	If any session runs late, the next session warm-ups will begin immediately upon it's conclusion.						
	Depending on the number of entries, the meet director reserves the right to change the start time and format of warm-ups. Teams would be notified not later than Wednesday, January 26, 2011						
ENTRIES:	DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, JANUARY 19, 2011						
	Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-						

2 software, or on a VSI master entry sheet. Teams submit entries via e-mail A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. Coach's Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "BB" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. "No Time" (NT) entries will not be accepted. 9 & Older Swimmers may enter a maximum of 3 individual events and 1 relay event per session. 11 & Older swimmers may compete in 1 additional event in the Saturday Middle Distance session. 8 & younger swimmers may enter a maximum of 4 individual events and 1 relay event in the Sunday 8&U Middle Session. Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. The 400 IM and 500 Free may be limited by the meet director, to the top 24 swimmers per event according to time constraints. Email entries to: drosenblatt@hughes.net Mail entries to: Dot Rosenblatt PO Box 41 **Hood VA 22723** Phone: (540) 948-3734 IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. FEES: Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity) • Checks should be made payable to: **BASS Swim Team**. • Payment must be received by January 25, 2011 for email entries. All mailed entries must have the payment included with the entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. AWARDS: Individual events: Ribbons will be awarded for first through sixth place. 13 & over individual events will be given separate awards for 13-14, and 15 & over age groups. 11 & over individual events will be given separate awards for 11-12, 13-14, and 15 & over age groups 9-12 individual events will be given separate awards for 9-10 and 11-12 age groups. o 8 & under individual events will be given separate awards for 6&U and 7-8 age groups. Heat winner ribbons will be awarded for all 8 & under individual events. Relay events: Ribbons will be awarded for first through fourth place. SEEDING: • All events will be pre-seeded. All 12 & younger swimmers must report to the Clerk of Course and they will be brought to the blocks from there. All swimmers 13 and older swimmers should report directly to the blocks for their events. PENALTIES: Penalties for entries using fraudulent and/or non-verifiable entry times: Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. Club may be fined \$100 for each offense, and a record of such offenses shall be kept and

		published as part of the official meet results.			
	<ul> <li>Clubs entering swimmers not legally registered with United States Swimming by the day of the meet may be fined \$100 per swimmer in each event so entered.</li> </ul>				
	•	If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.			
RULES:	•	The current USA Swimming Rules and Regulations will apply.			
	•	Swimmers in the meet, unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.			
	•	The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee.			
	•	In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.			

OFFICIALS:	Meet Referees: Gordon Hair David Strider				
	Email: grhair919@aol.com Email: dvs7e@virginia.edu				
	Phone: (434) 960-0849 Phone: (434) 973-4832				
	Officials at all positions will be required for this meet.				
	Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to <b>Ric Barklund</b> , Email: <a href="mailto:ric.barklund@comcast.net">ric.barklund@comcast.net</a> no later than January 22, 2011.				
	Officials will meet in the Hospitality room 45 minutes before the start of each session.				
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.				
TIMERS:	Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.				
	The number of timers required per club and their lane assignments will be emailed to the contact person of each of the individual clubs no later than January 25, 2011.				
GENERAL:	Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators.				
	Heat sheets will be available for sale.				
	• Concessions: There will be a variety of refreshments offered by the BASS Swim Team; Breakfast and lunch items will be available				
	• Swim Supplies & Apparel: Sportfair will provide swimming supplies & apparel during the meet.				
FACILITY	Certain areas will be marked off limits. Please obey the rules.				
RULES:	No glass or smoking is permitted in the facility.				
	Please be courteous in sharing the locker rooms and bathrooms by keeping them neat.				
	No food or drinks in the pool or lobby area. All food and drinks must be kept in the gym.				
	Please park in designated areas at the direction of parking attendants. There is very limited parking. Please carpool if possible. PLEASE DO NOT PARK ON THE GRASS.				
DIRECTIONS:	PLEASE DO NOT CALL WOODBERRY FOREST SCHOOL FOR DIRECTIONS!! THANK YOU				
	• Woodberry Forest School is located on Rt. 15, 12 miles south of the intersection of Rt. 15 and Rt. 29. Turn into Woodberry at Rt. 622 (there are signs designating the school). Once you pass the guard house the Barbee Center is the first building on the left.				
	• FROM THE NORTH: Take Rt. 29S to Rt. 15S. Turn left into Woodberry after 12 miles on Rt. 622.				
	• FROM THE EAST: Take Rt. 3W to Rt. 20S to Rt. 15N. Turn right into Woodberry 3 miles north of Orange on Rt. 622.				
	• FROM THE SOUTH: Take 29N to Rt.230E to Rt. 15N. Turn right into Woodberry after 1 mile on RT.622.				

#### HOTELS

Following are some available Hotels in the area.

- Holiday Inn Express Orange Hotel, www.hiexpress.com (540) 672-6691 About 4 minutes from the pool
- Microtel Inn & Suites Culpeper, www.microtelinn.com (800) 771-7171 About 12 minutes from the pool
- Best Western Culpeper Inn, www.bestwesternvirginia.com (540) 825-1253 About 12 minutes from the pool
- Culpeper Super 8 Motel, www.super8.com (540) 825-8088 About 12 minutes from the pool
- Holiday Inn Express Hotel & Suites Culpeper, www.hiexpress.com (540) 825-7444 About 12 minutes from the pool

#### 2011 BASS Winter Warm-up January 29-30, 2011

# **ORDER OF EVENTS**

## Saturday, January 29, 2011

## Sunday, January 30, 2011

Morning Session Warm-up: 9:00 am; Start: 10:15 am				
<u>Girls</u>	Girls Events			
1	9-12 100 Backstroke	2		
3	9-12 50 Breaststroke	4		
5	9-12 200 Freestyle	6		
7	9-12 50 Freestyle	8		
9	11-12 200 Breaststroke	10		
11	9-12 100 Butterfly	12		
13	9-12 100 Individual Medley	14		
15	9-12 200 Freestyle Relay	16		

Morning Session Warm-up: 7:30 am; Start: 8:40 am				
<u>Girls</u>	irls <u>Events</u>			
33	9-12 100 Breaststroke	34		
35	9-12 50 Backstroke	36		
37	11-12 200 Butterfly	38		
39	9-12 100 Freestyle	40		
41	9-12 200 Individual Medley	42		
43	9-12 50 Butterfly	44		
45	11-12 200 Backstroke	46		
47	9-12 200 Medley Relay	48		

Middle Distance Session Warm-up: 1:15pm; Start: 1:55 pm			
<u>Girls</u>	<b>Events</b>	Boys	
17	11 & Over 400 Individual Medley	18	
19	11 & Over 500 Freestyle	20	

Afternoon Session Warm-up: 2:55 pm; Start: 4:00 pm			
Girls	<b>Events</b>	Boys	
21	13 & Over 100 Backstroke	22	
23	13 & Over 50 Freestyle	24	
25	13 & Over 200 Breaststroke	26	
27	13 & Over 100 Butterfly	28	
29	13 & Over 200 Freestyle	30	
31	13 & Over 200 Freestyle Relay	32	

Middle 8 & Under Session Warm-up: 11:30 am; Start: 12:40 pm				
<u>Girls</u>	<b>Events</b>	Boys		
49	8 & Under 25 Freestyle	50		
51	8 & Under 25 Butterfly	52		
53	8 & Under 50 Breaststroke	54		
55	8 & Under 50 Backstroke 56			
57	8 & Under 100 Individual Medley	58		
59	8 & Under 50 Freestyle	60		
61	8 & Under 50 Butterfly	62		
63	8 & Under 25 Breaststroke	64		
65	8 & Under 25 Backstroke	66		
67	8 & Under 100 Freestyle Relay	68		

Afternoon Session Warm-up: 2:00 pm; Start: 3:20 pm				
<u>Girls</u>	Girls Events			
69	13 & Over 200 Individual Medley	70		
71	13 & Over 100 Breaststroke	72		
73	13 & Over 200 Butterfly	74		
75	13 & Over 100 Freestyle	76		
77	13 & Over 200 Backstroke	78		
79	13 & Over 200 Medley Relay	80		

# BASS 2011 Winter Warm-up Swim Meet January 29-30, 2011 Virginia Swimming, Inc. SANCTION # VS-11-38 MEET ENTRY CHECK LIST AND SUMMARY FORM

#### Mail in with entries:

- 1. Master entry Sheets
- 2. Check for Entries Payable to: BASS Swim Team
- 3. Summary Sheet

Name of Team	• •		Tear	n Code
Number of Fer	nale swimmers: mor		afternoon	
	le swimmers: mori			
Total number	of swimmers:		x \$2.00=	\$
	of individual entries:			\$
Total number				\$
	Total A	Amount Enclosed:		\$
MEET ENTRY CHA	IRPERSON:			
		senblatt		
	P.O. Bo			
		VA 22723		
		48-3734 e-mail – <u>d</u>	rosenblatt@hr	ighes.net
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<b>Meet Entry Deadline:</b>	Wednesday, Jan. 19	9 <mark>, 2011 for e-mail e</mark>	ntries, checks 1	need to be received
	by mail NO LATE	R THAN January 2	25, 2011.	
Name:		<u>-</u>	e-m	entry. ail
Address: _ Telephone: I	Day			
reiephone.	Jay	11gn		<del></del>
	Indicate Stroke & T	urn, Starter, CTS,	Timing Judge	certified officials able to assist etc & Sessions available.  Telephone:
Name:			т	elephone:
Name:			т	elephone:
Name:			T	Celephone: