



AMENDED
TIDE SPRING CHALLENGE BB/B/C Meet
May 2-4, 2008
SANCTION NO. VS-08-52



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-08-52
LOCATION:	Fleet Recreation Park, Norfolk Naval Station, 90 th Street off of Hampton Blvd, Norfolk, VA, Phone: (757) 444-2134
FACILITY:	Seven (7) lane 50 meter pool. Colorado Automatic Timing System to be utilized
MEET DIRECTOR:	Bill Gill Email: wcgiii@cox.net Home: (757) 631-6185 Work: (757) 351-2248
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all USA Swimming/Virginia Swimming registered swimmers.• All swimmers participating in this meet must be registered prior to the first day of the meet.• No on deck registration will be permitted.• 8 & younger swimmers may participate regardless of classification.• Swimmers 9 & older may compete in any event and relay strokes in which they have a "BB", "B", or "C" Time.• 2005-2008 NAG top 16 based times are in effect.• Age on May 2, 2008 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">• Friday afternoon is a single session. Saturday and Sunday will have two sessions.• All 12 & Younger swimmers will compete in the AM session.• All 13 & Older swimmers will compete in the PM session.• All events will be timed finals.
WARM-UP:	<ul style="list-style-type: none">• Friday afternoon: Warm-ups at 4:15 pm to 5:00 pm; competition starts at 5:15 pm.• Morning sessions: Warm-ups at 6:45 am to 7:45 am; competition starts at 8:00 am.• Afternoon sessions: Warm-ups at 1:00 pm to 2:00 pm; competition starts at 2:15 pm.• Lane assignment and warm-up times for individual clubs will be posted on the Tide Swim Team website www.tideswimming.com no later than Wednesday Noon April 30, 2008, and will also be emailed to the contact person of the participating clubs.• If the morning session runs late, afternoon warm-ups will begin immediately after the last event of the morning session.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, APRIL 23, 2008.</p> <ul style="list-style-type: none">• Entries must be submitted in long course meter times using Hy-Tek Team Manager and CommLink-2 software.• Teams may submit entries as an e-mail attachment (preferred) or on Compact Disk (CD) or Digital Video Disk (DVD).• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.• Coaches Times (CT) or No Time (NT) will be accepted for events in which a swimmer does not have a time of record. Coaches' times may not exceed a "B" time. All entry times other than Coaches Times must have been achieved in USA Swimming sanctioned or approved competition.• Swimmers may enter a maximum of one (1) individual event on Friday, and three (3) individual events per day on Saturday and Sunday. Swimmers may enter one (1) relay per day.

	<ul style="list-style-type: none"> Relay teams must be designated A, B, C, etc., if a team enters more than one relay in that event. The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session, or to combine events in which there are insufficient entries. This may include combining heats and events, which actions may require reseeding. Email entries (preferred & appreciated) to: wcgiii@cox.net Mail entries to: Bill Gill 1008 Downshire Chase Virginia Beach, VA 23452 IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery, as this will delay the receipt of your entries.
FEES:	<p>Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.00</p> <ul style="list-style-type: none"> Checks should be made payable to: Tide Swim Team, Inc. An entry fee summary printout from Team Manager and a check for the full amount must be received by Wednesday April 30, 2008. Failure to pay entry fees by the deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> Individual events: Ribbons will be awarded for first (1st) through seventh (7th) place. <ul style="list-style-type: none"> 10 & younger events will be given separate awards for 9/10, 7/8 and 6 & under. All 13 and older events will be given separate awards for 13/14 and 15 & older. Heat winner ribbons will be awarded for all 10 & Younger individual events. Relay events: Ribbons will be awarded for first (1st) through third (3rd) place.
SEEDING:	<ul style="list-style-type: none"> All events except events 1-4 will be pre-seeded. Positive check-in is required for events 1, 2 (12&U 400 Free) and 3, 4 (13&O 800 Free). Positive Check In will close 20 minutes prior to the start of the meet. SWIMMERS FAILING TO POSITIVELY CHECK IN WILL NOT BE ALLOWED TO SWIM THE EVENT.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> Swimmer shall be disqualified from the event entered illegally and the event re-awarded. Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> The current USA Swimming Rules and Regulations will apply. The overhead start procedure will be used for all sessions. In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Cathy Rudolph Email: clrtarheel@yahoo.com Phone: (757) 496-3622</p> <ul style="list-style-type: none"> We ask for your team's help in supplying officials for the meet. Team Officials Chairpersons should submit separate lists of the names and session availability of certified officials, as well as the names and session availability of trainees to: Ron Kloster, Tide Swim Team Officials Chairman @ (757) 423-1825 or mailto:ronaldkloster@cox.net We ask all officials be on the pool deck NLT one (1) hour prior to the start of the session.
SAFETY:	<ul style="list-style-type: none"> VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.

	<ul style="list-style-type: none"> • Shaving in the swim venue is not permitted. Swimmer noncompliance will result in dismissal from the meet
TIMERS:	Tide Swim Team plans to provide all timers necessary to run the meet. We may seek volunteers from other teams on the day of the meet.
GENERAL:	<ul style="list-style-type: none"> • Meet Programs will be sold for \$5.00 • Snack Bar: A snack bar will be open during the meet • Swim Shop: A Swim Shop will be open during the meet • Hospitality: Tide Swim Team will provide a Hospitality Room for coaches, officials and officials in training. Breakfast and lunch will be served. Drinks and snacks will be provided during the day.
FACILITY RULES:	<ul style="list-style-type: none"> • PLEASE READ THOROUGHLY. • THE MEET MARSHALS, AQUATIC CENTER STAFF AND NORFOLK NAVAL STATION FIRE MARSHAL WILL ENFORCE RULES • Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator who violates Aquatic Center rules, posted at the pool will be disqualified from the meet and escorted from the facility. • Swimmer and spectators are not allowed to wander the fields at Fleet Recreation Park. • The outdoor pool adjacent to the facility can not be used for any type of swimming or seating during the meet. • No radios, stereos, or boom boxes are permitted in the pool area. Walkmans are permitted. • Balls, skateboards, roller blades and squirt guns are not permitted anywhere within the facility and WILL BE CONFISCATED. • NO RUNNING, SMOKING or GLASS permitted in the building. • Teams are responsible for policing trash in the areas where they congregate. We ask everyone to please help keep the facility clean by using the trash receptacles located throughout the building.
DIRECTIONS:	Take I-64 to I-564 Exit toward the Norfolk Naval Base. Exit immediately onto Terminal Blvd (there is only one way to go here). Follow Terminal Blvd. until it intersects with Hampton Blvd. in front of the Norfolk International Terminals. Take a right onto Hampton Blvd. Go approximately one mile and turn right onto 90th Street. The pool is visible from Hampton Blvd, but it is about 200 meters from the road. You enter the pool from the right side of the building.

TIDE SPRING CHALLENGE BB/B/C MEET

Navy Fleet Recreation Park, Norfolk, VA

ORDER OF EVENTS

May 2-4, 2008

Friday PM Warm-ups 4:15-5:00 PM Meet starts at 5:15 PM

<u>Girls</u>			<u>Boys</u>
1	12 & U	400 Freestyle	2
3	13 & O	800 Freestyle	4

Saturday AM Warm-up 6:45-7:45 AM Start: 8:00 AM **Saturday PM** warm-up 1:00-2:00 PM Start 2:15 PM

<u>Girls</u>		<u>Boys</u>		<u>Girls</u>		<u>Boys</u>
5	10 & U	200 Individual Medley	6	29	13 & O	400 Individual Medley
7	11 & 12	200 Individual Medley	8	31	13 & 14	100 Breaststroke
9	10 & U	50 Butterfly	10	33	15 & O	100 Breaststroke
11	11 & 12	50 Butterfly	12	35	13 & 14	200 Backstroke
13	10 & U	100 Breaststroke	14	37	15 & O	200 Backstroke
15	11 & 12	100 Breaststroke	16	39	13 & 14	200 Freestyle
17	10 & U	50 Backstroke	18	41	15 & O	200 Freestyle
19	11 & 12	50 Backstroke	20	43	13 & 14	100 Butterfly
21	10 & U	100 Freestyle	22	45	15 & O	100 Butterfly
23	11 & 12	100 Freestyle	24	47	13 & 14	50 Freestyle
25	10 & U	200 Freestyle Relay	26	49	15 & O	50 Freestyle
27	11 & 12	200 Freestyle Relay	28	51	13 & O	400 Medley Relay
						52

Sunday AM Warm-up 6:45-7:45 AM Start: 8:00 AM **Sunday PM** warm-up 1:00-2:00 PM Start 2:15 PM

<u>Girls</u>		<u>Boys</u>		<u>Girls</u>		<u>Boys</u>
53	10 & U	200 Freestyle	54	77	13 & O	400 Freestyle
55	11 & 12	200 Freestyle	56	79	13 & 14	200 Breaststroke
57	10 & U	50 Breaststroke	58	81	15 & O	200 Breaststroke
59	11 & 12	50 Breaststroke	60	83	13 & 14	100 Backstroke
61	10 & U	100 Backstroke	62	85	15 & O	100 Backstroke
63	11 & 12	100 Backstroke	64	87	13 & O	200 Butterfly
65	10 & U	100 Butterfly	66	89	13 & 14	100 Freestyle
67	11 & 12	100 Butterfly	68	91	15 & O	100 Freestyle
69	10 & U	50 Freestyle	70	93	13 & 14	200 Individual Medley
71	11 & 12	50 Freestyle	72	95	15 & O	200 Individual Medley
73	10 & U	200 Medley Relay	74	97	13 & O	400 Freestyle Relay
75	11 & 12	200 Medley Relay	76			