

	<p style="text-align: center;">SEVA SEAHAWKS Virginia Statewide A/BB/B/C Meet October 13-14, 2007 SANCTION NO. VS-08-04</p>	<p style="text-align: center;">Hosted by: SEVA Swim Team</p>
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SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-08-04		
LOCATION:	Midtown Aquatic Center, 570 McLawhorne Drive, Newport News, Va. 23601 Phone: (757) 591- 4573		
FACILITY:	8-lane, 50 meter indoor pool; configured for SC; 6 continuous warm-up/cool down lanes; overflow gutters; non-turbulent lane markers; Colorado Timing System.		
MEET DIRECTORS:	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%;"> Dave Henderson PO Box 2854 Newport News, VA 23609 Phone: (757) 897-6127 (cell) Email: SEVAseahawks@aol.com </td><td style="width: 50%;"> Jodi Crook 555 Crown Point Drive Newport News, Va. 23602 Phone: (757) 882-8764 (h) (757) 268-5463 (cell) Email: jcrook1@cox.net </td></tr> </table>	Dave Henderson PO Box 2854 Newport News, VA 23609 Phone: (757) 897-6127 (cell) Email: SEVAseahawks@aol.com	Jodi Crook 555 Crown Point Drive Newport News, Va. 23602 Phone: (757) 882-8764 (h) (757) 268-5463 (cell) Email: jcrook1@cox.net
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ELIGIBILITY:	<ul style="list-style-type: none"> • Open to all USA Swimming/VSI registered swimmers in the Virginia LSC and invited out of LSC teams. Swimmers of all levels and speeds may participate. • All swimmers participating in this meet must be registered by the first day of the meet. • No on deck registration will be permitted. • Age on October 13, 2007 will determine age for the entire meet. 		
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> • Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. 		
FORMAT:	<ul style="list-style-type: none"> • All 10 & Younger swimmers and the 11-12 girls will compete in the AM session. • The 11-12 Boys and ALL 13-18 year old swimmers will compete in the PM session. • All events will be timed finals. • Saturday Distance Session (1000 Free) and Sunday Middle Distance Session (500 Free) will start 10 minutes after the conclusion of the PM session. • If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. 		
WARM-UPS:	<ul style="list-style-type: none"> • Morning (AM) Session: Warm-ups are 7:00 am to 7:50 am. Competition starts at 8:00 am. • Afternoon (PM) Session: Warm-ups are 12:00 pm to 12:50 pm. Competition starts at 1:00 pm. • The competition pool will be open for the Distance session warm up for 5 minutes during the break following the PM session. • The warm-up/warm-down lanes will remain open at all times during the meet. • Specific warm-up lane assignments will be e-mailed to the contact person of the participating clubs on Tuesday, October 9th. • This information will also be available on the SEVA website, www.sevaswimming.com, by going to the "SEVA Sponsored Meet Information" section. 		
ENTRIES:	<p>DEADLINE FOR RECEIPT OF ENTRIES IS THURSDAY, OCTOBER 4, 2007.</p> <ul style="list-style-type: none"> • Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. • Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk. • A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, Email address, and phone number of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. • Additional Entries may be allowed at the discretion of the Meet Director. To add a swimmer, there must be room in an existing heat. No new heats will be added. • Coaches Times (CT) and No Times (NT) will be accepted for events which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT, must have 		

	<p>been achieved in USA Swimming sanctioned, approved, or observed competition.</p> <ul style="list-style-type: none"> • Swimmers may enter 4 individual events and 1 relay per day. • Relay teams must be designated A, B, C, etc. if a team enters more than one relay. • Entries will be processed in the order received. This meet is limited to a total of 650 swimmers. An e-mail will be sent confirming receipt of the teams entries. • The Meet Director reserves the right to limit entries in any event, if necessary, to prevent too lengthy a session, and to combine events in which there are insufficient entries. • E-Mail Entries To: SEVAseahawks@aol.com • Mail Entries To: Dave Henderson 929 Edgewater Drive Newport News, Va. 23602 Phone: (757) 874-1522 (office) (757) 897-6127 (cell) Fax (757) 877-7642 • IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is not required for delivery, as this will delay receipt of your entries.
FEES:	<p>Individual Events: \$3.00 Relay Events: \$12.00 Swimmer Surcharge: \$2.00 (entered in any capacity in the meet)</p> <ul style="list-style-type: none"> • Make Checks payable to: SEVA Inc. • Payment must be received by October 10, 2007 for email entries. Payment must be included with all mailed entries. An entry fee summary printout from Team Manager must accompany the entry fee payment. • Failure to pay entry fees by this deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> • Individual Events: Ribbons will be awarded for first (1st) through eighth (8th) place <ul style="list-style-type: none"> ○ 7 & Younger events will be given separate awards for 7 year olds and 6 & Younger swimmers. ○ 8 & Younger events will be given separate awards for 8 year olds and 7 & Younger swimmers. ○ 13 -18 events will be given separate awards for 13, 14 and 15-18 year old swimmers. ○ 11-18 events will be given separate awards for 11, 12, 13, 14, and 15-18 year old swimmers. ○ 12 & Younger events will be given separate awards for 9 & younger, 10, 11, and 12 year olds. • Relay Events: Awards will be presented to first (1st) through fourth (4th) place for each event.
SEEDING:	<ul style="list-style-type: none"> • All events will be pre-seeded except for the 11-18 year old 400 IM, 500 Free, 1000 Free and all relays, which will be deck seeded. • A positive check-in is required to swim the 400 IM, 500 Free and 1000 Free. • 400 IM check-in must be done by the end of PM warm-ups on Sunday. • 500 Free and 1000 Free check-in must be done by 3:00 pm on the day the event is swum. • SWIMMERS FAILING TO POSITIVELY CHECK-IN MAY NOT BE ALLOWED TO SWIM THE EVENT. • All deck-seeded events will be run in event order, slowest to fastest.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the day prior to the start of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. • In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not

	possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Tommy Lovell Email: ttmbm@msn.com Phone: (757) 595-9832 (home) (757) 532-4378 (cell)</p> <ul style="list-style-type: none"> • We ask for your teams help in supplying officials for the meet. • Anyone in the process of achieving certification through on-deck training is welcome. • Contact: Susan Gorton, SEVA Officials Chairman at (757) 864-5059(w) (757) 595-0971(h) or mpgorton@verizon.net. Thank you for your help in advance.
SAFETY:	VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
TIMERS:	<ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be posted on the SEVA web site at www.sevaswimming.com no later than Tuesday, October 9th. Please see the "SEVA Sponsored Meet Information" section of the web site. • This information will also be e-mailed to the contact person listed for each club. • All teams are responsible for providing timers for their swimmers competing in events 55 & 56 (12 & younger 500 Free, 13-18 500 Free and 1000 Free).
GENERAL:	<ul style="list-style-type: none"> • Meet Programs: Meet programs will be sold for \$5.00 • Snack Bar: SEVA will operate a snack bar during the meet. • Swim Shop: Swim & Sports Stop will be operating a swim shop during the meet for your apparel needs. • Hospitality: SEVA will provide a Hospitality Room for coaches and officials. Breakfast and lunch will be served. Drinks and snacks will be provided during the day. • First Aid: A staffed First Aid Station is located at the end of the pool near the entrance to the locker rooms. • Lost and Found: Lost and Found will be located next to the announcer's table.
RESULTS:	<ul style="list-style-type: none"> • All results will be announced, and then posted on the wall in the hallway near the snack bar • One copy of the meet results will be provided to each team using the same method that the entries were received, via e-mail or disk • The results will be posted to the Virginia Swimming web site www.virginiawswimming.com after the conclusion of the meet.
FACILITY RULES:	<ul style="list-style-type: none"> • Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator who violates Aquatic Center rules, posted at the pool, will be disqualified from the meet and escorted from the facility. • Please note that the City of Newport News prohibits food of any kind in the pool area; permissible beverages inside the pool area are limited to those in closed containers (e.g. sports and plastic bottles with screw-on caps). • Deck Access: Access to the pool deck will be strictly controlled. Swimmers, coaches, officials and event staff are the only people permitted behind the blocks. Spectators are asked to remain behind the ropes setup on the sides of the pool. Please stay in the seating area as much as possible and not view the meet from the deck during warm-ups and the competition. • Team Areas: Team seating will be available in the gymnasium and limited space in the pool area. No swim bags will be allowed in the pool area. Swimmers should keep their bags in the gym. Please note that the City of Newport News requires everyone leaving the pool area and entering any other part of the facility to wear shoes (sandals/flip-flops) • Spectator Seating: Bleacher seating will be available for spectators. Please note that the City of Newport News prohibits coolers or chairs in the pool area. They are allowed in the gym. • Parking: Please note that there is a one-way traffic pattern that circles the building. Park only in designated (marked) parking spots. Overflow parking is available at Hines Middle School (next door).

	<ul style="list-style-type: none"> Parents are responsible for any siblings brought to the meet. Please chaperon them closely. No glass, food, chewing gum. No shaving anywhere in the venue.
DIRECTIONS:	From the North/South, follow I-64 to exit 261A. Take Hampton Roads Parkway west. Follow approximately 2 ½ miles (Hampton Roads Parkway will turn into Harpersville Road). Turn left onto Jefferson Avenue. Go Approximately 1 mile to McLawhorne Drive. Turn right at the light. The Newport News Midtown Community/Aquatic Center will be on your left.

ORDER OF EVENTS

Saturday, October 13, 2007

Morning Session

Warm-up: 7:00 am; Start: 8:00 am

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	11-12 100 Freestyle	-
2	9-10 50 Freestyle	3
4	8 Year Old 25 Freestyle	5
6	7 & Younger 25 Freestyle	7
8	11-12 50 Butterfly	-
9	11-12 200 Butterfly	-
10	9-10 100 Butterfly	11
12	8 & Younger 50 Butterfly	13
14	11-12 200 IM	-
15	9-10 100 IM	16
17	8 & Younger 100 IM	18
19	11-12 50 Breaststroke	-
20	11-12 200 Breaststroke	-
21	9-10 50 Breaststroke	22
23	8 & Younger 25 Breaststroke	24
25	11-12 100 Backstroke	-
26	9-10 100 Backstroke	27
28	8 & Younger 50 Backstroke	29
30	10 & Younger 200 Freestyle	31
32	11-12 200 Free Relay	-
33	10 & Younger 200 Free Relay	34
35	8 & Younger 200 Free Relay	36

Afternoon Session

Warm-up: 12:00 pm; Start: 1:00 pm

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
-	11-12 100 Freestyle	37
38	13-18 100 Freestyle	39
-	11-12 50 Butterfly	40
41	13-18/11-12 (Boys) 200 Butterfly	42
-	11-12 200 IM	43
44	13-18 200 IM	45
-	11-12 50 Breaststroke	46
47	13-18/11-12 (Boys) 200 Breaststroke	48
-	11-12 100 Backstroke	49
50	13-18 100 Backstroke	51
-	11-12 200 Free Relay	52
53	13-18 200 Free Relay	54

Distance Session

55	11-18 1000 Free	56
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Sunday, October 14, 2007

Morning Session

Warm-up: 7:00 am; Start: 8:00 am

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
57	11-12 200 Freestyle	-
58	9-10 100 Freestyle	59
60	8 & Younger 50 Freestyle	61
62	11-12 100 Butterfly	-
63	9-10 50 Butterfly	64
65	8 & Younger 25 Butterfly	66
67	11-12 100 IM	-
68	11-12 400 IM	-
69	9-10 200 IM	70
71	8 & Younger 50 Breaststroke	72
73	9-10 100 Breaststroke	74
75	11-12 100 Breaststroke	-
76	8 Year Old 25 Backstroke	77
78	7 & Younger 25 Backstroke	79
80	9-10 50 Backstroke	81
82	11-12 50 Backstroke	-
83	11-12 200 Backstroke	-
84	8 & Younger 100 Freestyle	85
86	11-12 50 Freestyle	-
87	8 & Younger 100 Medley Relay	88
89	10&U 200 Medley Relay	90
91	11-12 200 Medley Relay	-

Afternoon Session

Warm-up: 12:00 noon; Start: 1:00 pm

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
-	11-12 200 Freestyle	92
93	13-18 200 Freestyle	94
-	11-12 100 Butterfly	95
96	13-18 100 Butterfly	97
-	11-12 100 IM	98
99	13-18/11-12 (Boys) 400 IM	100
-	11-12 100 Breaststroke	101
102	13-18 100 Breaststroke	103
-	11-12 50 Backstroke	104
105	13-18/11-12 (Boys) 200 Backstroke	106
-	11-12 50 Freestyle	107
108	13-18 50 Freestyle	109
-	11-12 200 Medley Relay	110
111	13-18 200 Medley Relay	112

Distance Session

113	11-18 500 Free	114
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