



2007 FALL FESTIVAL SWIM MEET
A/BB/B/C Meet
October 20-21, 2007
SANCTION NO. VS-08-08

Hosted by:

QDD
Swim Team

SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-08-08
LOCATION:	George Mason University, Freedom Aquatic and Fitness Center, Manassas VA., (703) 993-8444
FACILITY:	<ul style="list-style-type: none">• Ten Lane, 50 Meter indoor pool; Non-Turbulent Lane Markers; Colorado Automatic Timing System; setup to conduct competition in a 25 yard venue• At least 3 lanes will be available throughout the meet for continuous warm-up and cool down.
MEET DIRECTOR:	Karen Harrison Phone: (703) 369-7669 Email: thebigmahmuh@aol.com
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all USA Swimming registered swimmers.• All swimmers participating in this meet must be registered by the first day of the meet.• No on deck registration will be permitted.• 2005-2008 NAG top 16 based times are in effect.• Age on October 20, 2007 will determine the swimmer's age for the meet
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">• All 12 & Younger swimmers will swim on Saturday and Sunday morning.• All 13 & Older swimmers will swim on Saturday and Sunday afternoon.• Events 15 and 16 will be swum immediately following the Saturday morning session.• Events 29 and 30 will be swum immediately following the Saturday afternoon session.• All events will be timed finals.
WARM-UP:	<ul style="list-style-type: none">• Morning sessions: Warm-ups at 7:00-8:00 am, competition starts at 8:10 am.• Afternoon sessions: Warm-ups will begin no earlier than 12:00 and will run for 1 hour beginning immediately following events 15 and 16. Competition starts 10 minutes after the completion of warm-ups• Lane assignment and warm-up times for individual clubs will be posted on the QDD website (www.qddswim.org) no later than Tuesday October 16th, and will also be emailed to the contact person of the participating clubs.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS 6:00 PM, WEDNESDAY, OCTOBER 10, 2007</p> <ul style="list-style-type: none">• Entries from teams outside the North District and VSI LSC will be accepted until 6:00 pm, Thursday, October 11, 2007, if space is available after North district and VSI entries have been accepted.• Entries must be submitted in short course yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person, phone number, and email address to contact in case of questions must accompany the entries, regardless of how they are submitted.• Coaches Times (CT) and No Time (NT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.• Swimmers may enter a maximum of 4 individual events per day. If a swimmer exceeds the maximum entries, the last event, by numerical order, will be dropped.• Entries will be processed in the order received. Meet will be limited to 750 Swimmers and 4

	<p>hour sessions.</p> <ul style="list-style-type: none"> No more than 40 swimmers will be accepted in the following events: 15 & 16 (12 & Under 500 Freestyle), 27 & 28 (13 & Over 400 IM), 29 & 30 (13 & Over 1000 Freestyle), 55 & 56 (13 & Over 500 Freestyle) The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. Email entries to: rlisbon@comcast.net Send entries to: Rick Lisbon 3113 Fennegan Ct Woodbridge VA 22192 IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. Refunds will be made to anyone cut from an event by the Meet Director, because of a need to limit competition. Late entries will be accepted. Late entries will be accepted if time and swimmer limits have not been exceeded. If received prior to the printing of the heat sheet, the swimmer will be seeded into the event; if after, they will go in the slowest heat in an empty lane. Additional heats will not be added.
FEES:	<p>Individual events: \$3.60 Swimmer surcharge: \$2.00 per person</p> <ul style="list-style-type: none"> Checks should be made payable to: QDD Swim Team, Inc. Payment must be received by Tuesday, October 16, 2007 for email entries. Payment must be included with all mailed entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> Individual events: Ribbons will be awarded for first through 8th Place. 12 & Younger events will be given separate awards for 11-12, 9-10 and 8 & Younger age groups. 13 & Over events will be given separate awards for 13-14 and 15 and Over age groups..
SEEDING:	<ul style="list-style-type: none"> All events, except events 15 & 16 (12 & U 500 Free), 27 & 28 (13 & Over 400 IM), 29 & 30 (13 & Over 1000 Free), 55 & 56 (13 & Over 500 Free) will be pre-seeded Positive check-in will close at 9:00 am, Saturday October 20, 2007 for events 15 & 16. Positive check-in will close at 2:00 pm, Saturday October 20, 2007 for events 27, 28, 29, 30. Positive check-in will close at 2:00 pm, Sunday October 21, 2007 for events 55 & 56. SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT Events 29 & 30 (13 & Over 1000 Free) will be swum fastest to slowest alternating girls heats with boys heats
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> The current USA Swimming Rules and Regulations will apply. The overhead start procedure will be used for all sessions. In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

OFFICIALS:	<p>Meet Referee: Debbie Moseley Email: dbmoseley@aol.com Phone: (703) 791-3201</p> <p>Jim Frye Email: jamfrye@comcast.net Phone: (540) 840-8947</p> <ul style="list-style-type: none"> Officials at all positions will be required for this meet. Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Steve Ballister, Email: S_ballister@yahoo.com by October 16, 2007 Officials will meet in Hospitality 45 minutes before the start of every session There will be a training session for new stroke and turn officials on Saturday October 20, 2007 at 11:00 am. 	
SAFETY:	<p>VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.</p>	
TIMERS:	<ul style="list-style-type: none"> Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be posted on the www.pwcweb.com/qddsims no later than Tuesday October 16, 2007, and will also be emailed to the contact person of each of the individual clubs. Swimmers competing in the 500 free and 1000 Free are responsible for providing their own lap counters and timers. 	
GENERAL:	<ul style="list-style-type: none"> Heat sheets will be sold for \$5. A Hospitality Suite will be available (refreshments & lunch) for USS officials & coaches. Concessions snack bar and PRO SHOP will be available. Refreshments, lunch and evening snacks will be provided for USS officials & coaches 	
FACILITY RULES:	<ul style="list-style-type: none"> Each club is responsible for supervising the conduct of their swimmers. Swimmers are not permitted in any room of the buildings not directly associated with this swim meet. No towels or suits etc. are to be hung on or around the lifeguard stands. Only coaches, swimmers, and officials are allowed on the competition deck. All others are required to be in the elevated spectator bleachers or in the hallway. No cars are to be left in the fire lanes. 	
HOTELS:	<p>The Courtyard, Manassas VA (At I-66 exit #47) 10701 Battleview Pkwy 703-335-1300</p> <p>Marriott's Fairfield Inn, Manassas, VA (At I-66 #47) 703-393-9966</p> <p>Springhill Suites by Marriott, Centreville, VA 703-815-7800</p> <p>Best Western Battlefield (5 miles to pool) (123 rooms open to exterior) 10820 Balls Ford Rd (703) 361-8000</p> <p>Comfort Suites (4.8 miles to pool) (138 rooms open to interior hallway) 7350 Williamson Blvd (703) 686-1100</p>	<p>Country Inn & Suites by Marriott (5.4 miles to pool) (75 rooms open to interior hallway) 10810 Battleview Pkwy (703) 393-9797</p> <p>Fairfield Inn by Marriott (5.5 miles to pool) (80 rooms open to interior hallway) 6950 NOVA Way (703) 393-9966</p> <p>Hampton Inn (4.8 miles to pool) (125 rooms open to interior hallway) 7295 Williamson Blvd (703) 369-1100</p>

ORDER OF EVENTS: Highlighted rows indicate positive CHECK-IN required

Session 1, Saturday October 20, 2007		
Women	Event	Men
1	12 & U 200 freestyle	2
3	12 & U 100 breaststroke	4
5	12 & U 50 freestyle	6
7	12 & U 100 butterfly	8
9	12 & U 50 backstroke	10
11	11-12 200 backstroke	12
13	12 & U 100 IM	14

Session 5, Sunday Morning, October 21, 2007		
Women	Event	Men
31	11-12 200 breaststroke	32
33	12 & U 100 freestyle	34
35	12 & U 50 breaststroke	36
37	12 & U 100 backstroke	38
39	11-12 200 butterfly	40
41	12 & U 50 butterfly	42
43	12 & U 200 IM	44

Session 2, Saturday October 20, 2007		
Women	Event	Men
15	12 & U 500 freestyle	16

Session 6, Sunday Afternoon, October 21, 2007		
Women	Event	Men
45	13 & Over 200 freestyle	46
47	13 & Over 100 butterfly	48
49	13 & Over 200 backstroke	50
51	13 & Over 100 breaststroke	52
53	13 & Over 200 IM	54
55	13 & Over 500 freestyle	56

Session 3, Saturday Afternoon, October 20, 2007		
Women	Event	Men
17	13 & Over 100 freestyle	18
19	13 & Over 200 butterfly	20
21	13 & Over 100 backstroke	22
23	13 & Over 50 freestyle	24
25	13 & Over 200 breaststroke	26
27	13 & Over 400 IM	28

Session 4, Saturday Afternoon, October 20, 2007		
Women	Event	Men
29	13 & Over 1000 freestyle	30