



AMENDED
AUTUMN SPLASH
Central District 14 & Younger BB+ Meet
November 9-11, 2007
SANCTION NO. VS-08-13



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-08-13
LOCATION:	ACAC, 11621 Robious Road, Midlothian, VA 23113, (804) 379-5480 (Poseidon Office)
FACILITY:	25 yard pool with 8 lanes; each is 8 feet wide with Kieffer-McNeil non-turbulent lane markers. A Colorado automatic timing system will be used.
MEET DIRECTOR:	Name: Maria and Joe Maltby Email: mariamaltby@comcast.net Phone: (804) 379-5480
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all USA Swimming/VSI registered 14 year old and younger swimmers in the Central District.• Teams in the Central District are: BAC, DC, NOVA, PSDN, RACE, SGY, SQST, and VACS.• Swimmers with two "BB" times at any distance one each in different strokes including IM as the fifth stroke can swim any event offered.• 8 & Younger swimmers must have 10 & Under BB times in 2 different strokes to be eligible to swim the meet.• Swimmers must be entered in individual events to swim in a relay.• All swimmers participating in this meet must be registered by the first day of the meet.• No on deck registration will be permitted.• Age on November 9, 2007 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">• Distance events for all ages will be swum in Friday evening.• Single Session for all ages on Saturday and Sunday
WARM-UP:	<ul style="list-style-type: none">• Friday Evening: Warm-ups at 4:00 PM; competition starts 5:00 PM.• Saturday & Sunday: Warm-ups at 9:30 AM; Competition starts at 10:30 AM• Lane assignment and warm-up times for individual clubs will be posted on the Poseidon Swimming website (www.poseidonswimming.com) no later than November 6, and will also be emailed to the contact person of the participating clubs.• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS THURSDAY, OCTOBER 31, 2007.</p> <ul style="list-style-type: none">• Entries must be submitted in SCY times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, phone number, and email address of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.• Coaches Time (CT) entries will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.• "No Times" will NOT be accepted.• Swimmers may enter 1 event on Friday and a maximum of 3 individual events and 1 relay event Saturday and Sunday.• Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.

	<ul style="list-style-type: none"> • Entries will be processed in the order received. • The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. • Email entries to: Marla Shreve, psdnswim@comcast.net • Mail entries to: Marla Shreve 11621 Robious Road Midlothian, VA 23113 • IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.
FEES:	<p>Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> • Checks should be made payable to: Poseidon Swimming. • Payment must be received by November 7, 2007 for email entries. Payment must be included with all mailed entries. • Failure to pay entry fees by this deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> • Individual events: Ribbons will be awarded for first through eighth place. <ul style="list-style-type: none"> ○ 10&Y individual events will be given separate awards for 8&Y and 9-10 age groups. ○ 11-14 individual events will be given separate awards for 11-12 and 13-14 age groups. • Relay events: Ribbons will be awarded for first through fourth place.
SEEDING:	<ul style="list-style-type: none"> • All events, except Friday evening's events 1-12, will be pre-seeded. Swimmers should report directly to the blocks for their events. • Events 1-12 will require a positive check-in to swim. • Positive check-in will close at 4:30 PM on Friday. • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. • Events 11 & 12, 1650 free is swum fastest to slowest and alternating heats of girls and boys. • Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. • In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Curt Ramsdell Email: ramsdell@msn.com Phone: (804) 379-5559</p> <ul style="list-style-type: none"> • Officials at all positions will be required for this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Al Thompson, email: ast3@comcast.net no later than November 2.

	<ul style="list-style-type: none"> Officials meeting will be held on deck 30 minutes prior to the start of the meet.
SAFETY:	VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
TIMERS:	Clubs may be required to provide timers. The head timer will make lane assignments prior to the meet start.
GENERAL:	<ul style="list-style-type: none"> Heat sheets will be available for \$6.00. Hospitality will be available for coaches and certified officials.
FACILITY RULES:	<ul style="list-style-type: none"> Absolutely no food or drink is permitted in the indoor pool area at any time. Plastic water bottles and sports drink bottles (no red) only are permitted during meets. No glass containers of any kind are allowed in the indoor or outdoor pool areas. No coolers or lawn chairs are permitted in the indoor or outdoor pool area. Please abide by the parking regulations posted in the Property's parking lots and any parking instructions provided by any employee of ACAC. Vehicles in violation may be ticketed or towed at the owner's expense. Tenant's staff, team members, visitors and participants may only park in parking areas designated by ACAC and Parking Attendants. Smoking is not permitted at any time on the Property. Shoes must be worn at all times when leaving the pool. An adult must supervise all young children. Spectators are to stay only in areas designated by ACAC. The lap pool area, recreational pool and children's playground are off limits. Any individual not complying with these rules may not be permitted to participate in the meet and may be asked to leave.
PARKING	Parking will be available in the main lot on Friday and the next door medical building lot Saturday and Sunday. You may drop swimmer at the back entrance to the pool, then park.
DIRECTIONS:	Go to www.poseidonswimming.com for mapquest directions.

ORDER OF EVENTS

Friday, November 9

Warm-ups: 4:00 PM, Meet Start 5:00 PM

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	10 & Younger 200 IM	2
3	11-12 500 free	4
5	13-14 500 free	6
7	11-14 400 IM	8
9	10 & Younger 500 free	10
11	11-14 1000 free	12

NOTE: The Warm-ups and Order of events has been changed on Saturday and Sunday (no changes Friday). Each day will be one session. There will be a 10-minute break midway through each session to allow for meet staffing changes. The session should conclude at approximately 2:10 PM each day.

Saturday AM, November 10

Warm-ups 9:30 AM, Meet Start 10:30 AM

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
15	10&Y 200 Medley Relay	16
17	13-14 100 Freestyle	18
19	11-12 100 Freestyle	20
21	10&Y 100 Freestyle	22
23	13-14 100 Breaststroke	24
25	11-12 100 Breaststroke	-
-	11-12 200 Breaststroke	26
27	10&Y 50 Breaststroke	28
	11-12 50 Breaststroke	29
30	13-14 200 Backstroke	31
32	11-12 200 Backstroke	-
	11-12 100 Backstroke	33
34	10&Y 100 Backstroke	25

10-minute Break

36	11-12 50 Backstroke	-
37	13-14 200 Butterfly	38
39	11-12 200 Butterfly	40
41	10&Y 50 Butterfly	42
43	11-12 50 Butterfly	44
45	13-14 200 Individual Medley	46
47	11-12 200 Individual Medley	-
-	11-12 100 Individual Medley	48
49	10&Y 100 Individual Medley	50
51	13-14 200 Medley Relay	52

Sunday AM, November 11

Warm-ups 9:30 AM, Meet Start 10:30 AM 11-12 1

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
53	11-12 200 Free Relay	54
55	10&Y 200 Free Relay	56
57	11-12 100 Individual Medley	-
-	11-12 50 Backstroke	58
59	13-14 200 Freestyle	60
61	11-12 200 Freestyle	62
63	10&Y 200 Freestyle	64
65	13-14 100 Butterfly	66
67	11-12 100 Butterfly	68
69	10&Y 100 Butterfly	70
71	13-14 100 Backstroke	72

10-minute Break

73	11-12 100 Backstroke	-
	11-12 200 Backstroke	74
75	10&Y 50 Backstroke	76
77	13-14 50 Freestyle	78
79	11-12 50 Freestyle	80
81	10&Y 50 Freestyle	82
83	13-14 200 Breaststroke	84
85	11-12 200 Breaststroke	-
-	11-12 100 Breaststroke	86
87	10&Y 100 Breaststroke	88
89	11-12 50 Breaststroke	-
91	13-14 200 Freestyle Relay	92