



Outer Banks 12 & Younger Meet
Southeast District
April 19-20, 2008
SANCTION NO. VS-08-51



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-08-51
LOCATION:	Outer Banks Family YMCA 3000 South Croatan Highway Nags Head NC 27959
FACILITY:	25 Meter Course indoor pool, 6 lanes, with non-turbulent lane lines
MEET DIRECTOR:	Name: Ronnie Roach Email: ronnie.roach@gmail.com Phone: 252-599-0364
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all USA Swimming/VSI registered 12 year old and younger swimmers in the Southeast District.• Teams in Southeast District are: CYAT, NSD, OBX, ODAC, PRO, PYAC, TAC, TCAC, TIDE, CGBD, SEVA, US, and WAC.• All swimmers participating in this meet must be registered by the first day of the meet.• No on deck registration will be permitted.• Age on April 19, 2008 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">• All swimmers will swim on Saturday and Sunday afternoon sessions.• All events will be timed finals.
WARM-UP:	<ul style="list-style-type: none">• Warm-ups at 1:00 p.m. competition start at 2:00 p.m.• Lane assignment and warm-up times for individual clubs will be posted on the OBX Swim Club website no later than April 16, 2008, and will also be emailed to the contact person of the participating clubs.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, APRIL 9, 2008.</p> <ul style="list-style-type: none">• Entries must be submitted in Short Course Yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, phone number, and email address of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.• Coaches Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.• "No Time" (NT) entries will not be accepted.• Swimmers may enter a maximum of <i>4 individual events</i> per day.• Entries will be processed in the order received. This meet will be limited to a total of 250 swimmers.• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding.• Email entries to: ronnie.roach@gmail.com• Mail entries to: OBX Swim Club P.O. Box 1028 Nags Head NC 27959• IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a

	signature is NOT required for delivery as this will delay the receipt of your entries.
FEES:	Individual events: \$3.00 Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity) <ul style="list-style-type: none"> • Checks should be made payable to: OBX Swim Club. • Payment must be received by April 16, 2008 for email entries. Payment must be included with all mailed entries. • Failure to pay entry fees by this deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> • Individual events: Ribbons will be awarded for first through Sixth place. • 12 & Younger events will be given separate awards for 11-12, 9-10 and 8 & Younger age groups. • 10 & Younger events will be given separate awards for 9-10 and 8 & Younger age groups.
SEEDING:	<ul style="list-style-type: none"> • All events will be pre-seeded. Swimmers should report directly to the blocks for their events. • Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.
PENALTIES:	Penalties for entries using fraudulent and/or non-verifiable entry times: <ul style="list-style-type: none"> • Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • The overhead start procedure may be used for the afternoon sessions at the discretion of the Referee. • In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	Meet Referee: Ronnie Roach Email: Ronnie.roach@gmail.com Phone: (252) 599-0364 <ul style="list-style-type: none"> • Officials at all positions will be required for this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Ronnie Roach no later than April 12, 2008. • Officials Meetings will occur at 1:00 p.m.
SAFETY:	VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
TIMERS:	Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be posted on the OBX Swim Club no later than April 16th, 2008 and will also be emailed to the contact person of each of the individual clubs.
DIRECTIONS:	Directions to the Outer Banks Family YMCA
HOTELS:	Hotel information for traveling clubs will be located at the OBX Swim Club website.

Saturday Afternoon			Sunday Afternoon		
Girls Events		Boys Events	Girls Events		Boys Events
1	9 - 12 50 FR	2	21	9 - 12 100 FR	22
3	8 & U 25 FR	4	23	8 & U 50 FR	24
5	9 - 12 100 BK	6	25	9 - 12 50 BK	26
7	8 & U 50 BK	8	27	8 & U 25 BK	28
9	9 - 12 50 FLY	10	29	9 - 12 100 FL	30
11	8 & U 25 FLY	12	31	8 & U 50 FL	32
13	12 & U 100 I.M.	14	33	9 - 12 200 I.M.	34
15	9 - 12 100 BR	16	35	9 -12 50 BR	36
17	8 & U 50 BR	18	37	8 & U 25 BR	38
19	9 - 12 200 FR	20	39	9 - 12 400 FR	40