



AMENDED #2
NOVA FEBRUARY
BB+ Meet
February 1-3, 2008
SANCTION NO. VS-08-35

Hosted by
NOVA
Aquatics
Of Virginia

SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-08-35
LOCATION:	NOVA Aquatics Center, 12207 Gayton Road, Richmond, VA 23233, (804) 754-3401
FACILITY:	10-lane 25-yard pool with Kieffer Wave eater lanes, Daktronics Automatic Timing System. 10 lanes will be used for competition with 2 warm-up/warm-down lanes available at all times in the adjacent pool located at the NOVA facility.
MEET DIRECTOR:	Name: Suzanne Martin Email: sshmartin@comcast.net Phone: (804) 364-0527
ELIGIBILITY:	<ul style="list-style-type: none">• Open all USA Swimming/Virginia Swimming registered swimmers. Teams in the Central District will take priority over other teams for entries until deadline for receipt of entries.• Teams in Central District are: BAC, DC, NOVA, PSDN, RACE, SGY, SQST, and VACS.• Swimmers may compete in any event, in which they have a "BB+" Time• All swimmers participating in this meet must be registered by the first day of the meet.• No on deck registration will be permitted.• 2005-2008 NAG top 16 based times are in effect.• Age February 1, 2008 will determine age for the entire meet
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">• Distance event on Friday evening for all level swimmers.• 12 years old and under swimmers will compete in the AM session.• 13 years old and over swimmers will compete in the PM session.• Sunday Middle Distance Session (500 Free) will start 15 minutes after the conclusion of the PM session.• All events will be timed finals.
WARM-UPS:	<ul style="list-style-type: none">• Friday session: Warm-ups: 4:00-5:00 pm; competition starts at 5:15 pm• Saturday:<ul style="list-style-type: none">◦ Morning Session: Warm-ups: 7:00-7:45 am; Competition starts: 8:00 am◦ Afternoon Session: Warm-ups: 12:00-1:00 pm; Competition starts: 1:15 pm• Sunday:<ul style="list-style-type: none">◦ Morning Session: Warm-ups: 8:00-8:45 am; Competition starts: 9:00 am◦ Afternoon Session: Warm-ups: 2:00-3:00 pm; Competition starts: 3:15 pm• Warm-ups for the afternoon sessions will take place in the warm-up pool.• Distance session (Sunday afternoon):<ul style="list-style-type: none">◦ The pool will be opened for 10 minutes of open warm-ups immediately following the finish of the afternoon sessions, with the distance session competition starting 5 minutes thereafter.◦ Warm-up/Warm-down lanes will be available during the meet.• Finalized warm-up times will depend on entries; final lane assignment and warm-up times for individual clubs will be emailed to the contact person of the participating clubs by Wednesday, January 28, 2008.• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.
ENTRIES:	DEADLINE FOR THE RECEIPT OF ENTRIES IS SUNDAY, JANUARY 25, 2008.

	<ul style="list-style-type: none"> • Entries must be submitted in short course times using Hy-Tek Team Manager and CommLink-2 software, or on a VSI master entry sheet. • Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk. • A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, phone number, and email address of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. • All entry times must have been achieved in USA Swimming sanctioned, approved, or observed competition. • Swimmers may enter a maximum of 1 individual event on Friday and 3 <i>individual events</i> per day and 1 relay event per day. • Entries will be processed in the order received. This meet will be limited to a total of 325 swimmers per session. • The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. • Email entries to: Aykey1@aol.com • Mail entries to: Scott Campbell 12207 Gayton Road Richmond, Va 23238 • IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.
FEES:	<p>Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> • Checks should be made payable to: NOVA Aquatics • Payment must be received by January 30, 2008 for email entries. Payment must be included with all mailed entries. • Failure to pay entry fees by this deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> • Individual events: Ribbons will be awarded for first through 8th place. <ul style="list-style-type: none"> ○ 13 & Older events will be given separate awards for 13-14 and 15 & Over age groups. ○ 11 & Older events will be given separate awards for 11-12, 13-14, and 15 & Older age groups. ○ 10 & Younger events will be given separate awards for 9-10 and 8 & Younger age groups. • Relay events: Ribbons will be awarded for first through fourth place.
SEEDING:	<ul style="list-style-type: none"> • All events, except the 500 Free, 1000 Free, and 400 IM, will be pre-seeded. • Swimmers in all sessions should report directly to the blocks for their events. • The 500 Free, 1000 Free, and 400 IM will require a positive check-in to swim. • Positive check-in will close 30 minutes prior to start of the meet. • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. • The 500 Free and 1000 Free will be swum fastest to slowest and alternating heats of girls and boys. • Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the

	swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> The current USA Swimming Rules and Regulations will apply. The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Tom Elliott Email: telliott@courts.state.va.us Phone: (804) 360-5001</p> <ul style="list-style-type: none"> Officials at all positions will be required for this meet. Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Will Bassett @ William.Bassett@hdrinc.com no later than January 26, 2008. Officials meetings will be held 45 minutes before each session.
SAFETY:	VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
TIMERS:	<ul style="list-style-type: none"> Clubs are required to provide timers and counters for the 500 & 1000 Free for their swimmers. The head timer will assign specific lanes prior to each session.
GENERAL:	<ul style="list-style-type: none"> Heat sheets will be available for purchase. Bleacher seating for 280 Hospitality room will be open to coaches and certified officials. The Virginia Swim Shop will be open for swimming accessories and shopping. Please inform swimmers and parents that spectator deck space may be extremely tight. Any help in reducing the number of spectators and their carry in possessions would be greatly appreciated. Swim bags should be placed under the seats. No glass containers, smoking or alcohol is permitted in the pool area.
FACILITY RULES:	<p>PLEASE DO NOT PARK AT THE APARTMENT BUILDING</p> <ul style="list-style-type: none"> The NOVA Aquatics Center has parking available. Additional parking is available in the lot next door, and in several lots one block east of the pool at the intersection of Gayton and Cambridge.
DIRECTIONS:	<p>NOVA AQUATICS CENTER 12207 GAYTON RD. RICHMOND, VA 23238 PHONE: (804) 754-4301</p> <ul style="list-style-type: none"> SOUTH – 95 North to 64 West to the Gaskins Road South exit. Follow Gaskins Rd. south to Ridgefield Parkway (3rd light); turn right. Proceed on Ridgefield until you intersect with Gayton Rd. (4th light); turn left. NOVA Aquatics Center less than ½ mile on left. NORTH – 95 South to 64 West to the Gaskins Road South exit. Then follow the directions above. WEST – 64 East to the Short Pump/Broad Street 250 West exit. Follow Broad Street (250 West) to Pump Rd. Take a left at that light. Follow Pump Rd. to Ridgefield Parkway (3rd light); take a right. Follow Ridgefield to Gayton . (2 lights); take a left on to Gayton. Pool is less than ½ mile on your left. SOUTHSIDE – Take Chippenham Parkway North which will turn into Parham Rd. Follow Parham to Quioccasin/Gayton Rd. (Regency Mall on left); take a left at that light. Proceed for 4-5 miles. The pool will be on your right.

NOVA BB+ Meet
ORDER OF EVENTS
Friday, February 1, 2008
Evening Session
Warm-up: 4:00 pm; Start: 5:15 pm

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	11& Over 400 IM	2
3	12& Y 500 Free	4
5	11 & Over 1000 Free	6

Saturday, February 2, 2008

Morning Session
Warm-up: 7:00 am; Start: 8:00 am

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
7	11-12 200 Breast	8
9	10&U 50 Free	10
11	11-12 50 Free	12
13	10&U 100 Back	14
15	11-12 100 Back	16
17	10&U 100 Fly	18
19	11-12 100 Fly	20
21	10 &U 50 Back	22
23	11-12 50 Back	24
25	10&U 200 IM	26
27	11-12 200 IM	28
29	10&U 100 Breast	30
31	11-12 100 Breast	32
33	10&U 200 Free Relay	34
35	11-12 200 Free Relay	36

Afternoon Session
Warm-up: 12:00 noon; Start: 1:15 pm

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
37	13-14 200 IM	38
39	15-18 200 IM	40
41	13-14 200 Back	42
43	15-18 200 Back	44
45	13-14 100 Fly	46
47	15-18 100 Fly	48
49	13-14 200 Breast	50
51	15-18 200 Breast	52
53	13-14 100 Free	54
55	15-18 100 Free	56
57	13-14 200 Free Relay	58
59	15-18 200 Free Relay	60

Sunday, February 3, 2008

Morning Session
Warm-up: 7:00 am; Start: 8:00 am

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
61	11-12 200 Fly	62
63	10&U 200 Free	64
65	11-12 200 Free	66
67	10&U 100 IM	68
69	11-12 100 IM	70
71	10& U 50 Breast	72
73	11-12 50 Breast	74
75	10&U 50 Fly	76
77	11-12 50 Fly	78
79	10&U 100 Free	80
81	11-12 100 Free	82
83	11-12 200 Back	84
85	10&U 200 Med Relay	86
87	11-12 200 Med Relay	88

Afternoon Session
Warm-up: 2:00 pm; Start: 3:15 pm

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
89	13-14 100 Back	90
91	15-18 100 Back	92
93	13-14 200 Fly	94
95	15-18 200 Fly	96
97	13-14 100 Breast	98
99	15-18 100 Breast	100
101	13-14 200 Free	102
103	15-18 200 Free	104
105	13-14 50 Free	106
107	15-18 50 Free	108
109	13-14 200 Med Relay	110
111	15-18 200 Med Relay	112

<u>Girls</u>	<u>Distance Session</u> <u>(15-minute Break)</u>	<u>Boys</u>
113	13& Over 500 Free	114