

## LYNCHBURG FIRECRACKER INVITATIONAL A/BB/B/C Meet June 27-29, 2008 SANCTION NO. VS-08-61



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-08-61		
LOCATION:	Miller Park Pool, Park Avenue, Lynchburg, VA (434) 847-1759		
FACILITY:	50 Meter, 8 lane, Outdoor pool with non-turbulent lane markers. Colorado Timing System. Small diving well for continuous warm down.		
MEET DIRECTOR:	TJ ListonLisa ListonEmail: coachliston@comcast.netEmail: lisalliston@aol.comPhone: (434) 384-6334 (home)Phone: (434) 444-1256 (cell)		
ELIGIBILITY:	Open to all USA Swimming registered swimmers.		
	• All swimmers participating in this meet must be registered by the first day of the meet.		
	No on deck registration will be permitted.		
	Age on June 27, 2008 will determine age for the entire meet.		
DISABILITY SWIMMERS:	Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.		
	• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.		
FORMAT:	All events will be timed finals.		
WARM-UPS:	• Friday evening warm ups at 4:00 PM; competition starts at 5:30 PM.		
	<ul> <li>Morning sessions: Warm-ups at 7:00 AM; competition starts at 8:30 AM.</li> </ul>		
	• Afternoon sessions: Warm-ups at 12:30 PM; competition starts at 1:40 PM.		
	• Lane assignment and warm-up times for individual clubs will be posted on the LY website no later than Tuesday, June 24, and will also be emailed to the contact person of the participating clubs.		
	• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.		
	• The Meet Director reserves the right to adjust warm up and start times if necessary.		
ENTRIES:	DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, JUNE 17, 2008		
	Entries must be submitted in long course times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.		
	• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.		
	• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, phone number, and email address of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.		
	• No Time (NT) entries will be accepted for events in which a swimmer does not have a time of record.		
	• Swimmers may enter a maximum of five (5) individual events per day.		
	Entries will be processed in the order received. This meet will be limited to a total of 450 swimmers.		
	• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding.		
	Email entries to: Patbrm@aol.com		
	Mail entries to: Pat Brame		
	1220 Abbey Place, Forest VA 24551		
	• IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.		

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		<ul> <li>Concessions will be available along with a swim vendor.</li> </ul>			

	Each club is responsible for the conduct of its swimmers.
FACILITY RULES:	Parking is limited at the pool. PLEASE DO NOT PARK ON THE GRASS. Additional parking will be available at the Lynchburg Public Library two blocks down Park Avenue on the left. Swimmer drop off is available at the pool.
DIRECTIONS:	Directions can be found at <u>www.swim4ly.com</u>
HOTELS:	Hotel information can be found at <u>www.swim4ly.com</u>

# LY FIRECRACKER INVITATIONAL ORDER OF EVENTS

## Friday, June 27, 2008 Warm ups 4:00 PM Competition begins at 5:30PM

1-2	Senior	50 Free
3-4	11-12	200 IM
5-6	Senior	200 IM
7-8	Senior	50 fly
9-10	9-12	400 Free
11-12	Senior	400 Free

#### Saturday, June 28, 2008

Warm ups 7:00 AM Competition 8:30AM 13-14 Senior 50 Back			Warm ups	12:30 PM Co	mpetition 1:40 PM
	Connor	ou Baok			
15-16	Senior	100 Free	25-26	11-12	50 Free
			27-28	10 & U	50 Free
17-18	Senior	200 Fly	29-30	11-12	100 Fly
			31-32	10 & U	100 Fly
19-20	Senior	200 Back	33-34	11-12	50 Back
			35-36	10 & U	50 Back
21-22	Senior	100 Breast	37-38	11-12	100 Breast
			39-40	10 & U	100 Breast
23-24	Senior	400 IM	41-42	12 & U	200 Free

#### Sunday, June 29, 2008

<b>Warm ups</b> 43-44	7:00 AM Com Senior	petition 8:30 AM 50 breast
45-46	Senior	200 Free
47-48	Senior	200 Breast
49-50	Senior	100 Back
51-52	Senior	100 Fly
53-54	Senior	1500 Free

### Warm ups 12:30 PM Competition 1:40 PM

55-56	10 & U	100 Back
57-58	11-12	100 Back
59-60	10 & U	50 Fly
61-62	11-12	50 Fly
63-64	10 & U	100 Free
65-66	11-12	100 Free
67-68	10 & U	50 Breast
69-70	11-12	50 Breast
71-72	10 & U	200 IM