| SANCTION: | Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-08-61 |
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| LOCATION: | Miller Park Pool, Park Avenue, Lynchburg, VA (434) 847-1759 |
| FACILITY: | 50 Meter, 8 lane, Outdoor pool with non-turbulent lane markers. Colorado Timing System. Small diving well for continuous warm down. |
| $\begin{aligned} & \hline \text { MEET } \\ & \text { DIRECTOR: } \end{aligned}$ | TJ Liston Lisa Liston <br> Email: Eoachliston@comcast.net <br> Phone: Email:lisalliston@aol.com <br> (434) 384-6334 (home) <br> Phone: $(434) 444-1256$ (cell) |
| ELIGIBILITY: | - Open to all USA Swimming registered swimmers. <br> - All swimmers participating in this meet must be registered by the first day of the meet. <br> - No on deck registration will be permitted. <br> - Age on June 27, 2008 will determine age for the entire meet. |
| DISABILITY SWIMMERS: | - Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. <br> - The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. |
| FORMAT: | - All events will be timed finals. |
| WARM-UPS: | - Friday evening warm ups at 4:00 PM; competition starts at 5:30 PM. <br> - Morning sessions: Warm-ups at 7:00 AM; competition starts at 8:30 AM. <br> - Afternoon sessions: Warm-ups at 12:30 PM; competition starts at 1:40 PM. <br> - Lane assignment and warm-up times for individual clubs will be posted on the LY website no later than Tuesday, June 24, and will also be emailed to the contact person of the participating clubs. <br> - If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. <br> - The Meet Director reserves the right to adjust warm up and start times if necessary. |
| ENTRIES: | DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, JUNE 17, 2008 <br> - Entries must be submitted in long course times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. <br> - Teams may submit entries as an e-mail attachment (preferred) or on a $31 / 2^{\prime \prime}$ computer disk. <br> - A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, phone number, and email address of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. <br> - No Time (NT) entries will be accepted for events in which a swimmer does not have a time of record. <br> - Swimmers may enter a maximum of five (5) individual events per day. <br> - Entries will be processed in the order received. This meet will be limited to a total of 450 swimmers. <br> - The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. <br> - Email entries to: Patbrm@aol.com <br> - Mail entries to: Pat Brame <br> 1220 Abbey Place, Forest VA 24551 <br> - IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. |


| FEES: | Individual events: \$3.00 <br> Swimmer surcharge: $\$ 2.00$ per person (entered in the meet in any capacity) <br> - Checks should be made payable to: YMCA of Central Virginia <br> - Payment must be received by June 24, 2008, for email entries. Payment must be included with all mailed entries. <br> - Failure to pay entry fees by this deadline could result in teams being barred from the meet. |
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| AWARDS: | - Individual events: Ribbons will be awarded for first through eighth place. <br> o Senior events will be given separate awards for 14 \& under and Senior age groups. <br> o 9-12 year old events will be given separate awards for 9-10 and 11-12 age groups. <br> - 10 \& Younger events will be given separate awards for 9-10 and 8 \& Younger age groups. |
| SEEDING: | - All events, except events \# 9,10, 11, 12 (400 free), 23,24 (400 IM), 53,54 (1500 free), will be preseeded. <br> - All swimmers should report directly to the blocks for their events. <br> - Events $9,10,11,12,23,24,53, \& 54$ will require a positive check-in to swim. <br> - Positive check-in will close 10 minutes prior to the start of competition. <br> - SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. <br> - Senior 400 freestyle (event $11 \& 12$ ) and 1500 freestyle (event $53 \& 54$ ) will be swum fast to slow alternating girls/boys. <br> - Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. |
| PENALTIES: | Penalties for entries using fraudulent and/or non-verifiable entry times: <br> - Swimmer shall be disqualified from the event entered illegally and the event shall be rescored and awarded. <br> - Club may be fined $\$ 100$ for each offense, and a record of such offenses shall be kept and published as part of the official meet results. <br> - Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined $\mathbf{\$ 1 0 0}$ per swimmer in each event so entered. <br> - If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. |
| RULES: | - The current USA Swimming Rules and Regulations will apply. <br> - The overhead start procedure will be used at the discretion of the Referee. <br> - In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area. |
| OFFICIALS: | Meet Referee: Bob Dray Roy Fisher <br>  Email: $\underline{\text { bdrayir@aol.com }} \quad$ Email: $\mathbf{r f i s h e r @ \text { bgf.com }}$ <br>  <br>  <br> Phone: $:(434) 525-5041$ <br> Phone: $(434) 525-5456$  <br> - Officials at all positions will be required for this meet. <br> - Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Tracey Jennings at tiennings1993@yahoo.com <br> - Officials meetings and any coaches' meetings will be announced |
| SAFETY: | - VSI Safety and Warm-up procedures will be in effect. <br> - Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules. <br> - Shaving in the swim venue is not permitted. Swimmer noncompliance will result in dismissal from the meet |
| TIMERS: | Clubs are encouraged to provide help with timing. |
| GENERAL: | - Hospitality will be provided for coaches and officials. <br> - Concessions will be available along with a swim vendor. |


|  | • $\quad$ Each club is responsible for the conduct of its swimmers. |
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| FACILITY <br> RULES: | Parking is limited at the pool. PLEASE DO NOT PARK ON THE GRASS. Additional parking will be <br> available at the Lynchburg Public Library two blocks down Park Avenue on the left. Swimmer drop <br> off is available at the pool. |
| DIRECTIONS: | Directions can be found at www.Swim4ly.com |
| HOTELS: | Hotel information can be found at www.Swim4ly.com |

## LY FIRECRACKER INVITATIONAL ORDER OF EVENTS

Friday, June 27, 2008
Warm ups 4:00 PM Competition begins at 5:30PM

| $1-2$ | Senior | 50 Free |
| :--- | :--- | :--- |
| $3-4$ | $11-12$ | 200 IM |
| $5-6$ | Senior | 200 IM |
| $7-8$ | Senior | 50 fly |
| $9-10$ | $9-12$ | 400 Free |
| $11-12$ | Senior | 400 Free |


| Saturday, June 28, 2008 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Warm ups 7:00 AM Competition 8:30AM |  |  | Warm ups 12:30 PM Competition 1:40 |  |  |
| 13-14 | Senior | 50 Back |  |  |  |
| 15-16 | Senior | 100 Free | 25-26 | 11-12 | 50 Free |
|  |  |  | 27-28 | 10 \& U | 50 Free |
| 17-18 | Senior | 200 Fly | 29-30 | 11-12 | 100 Fly |
|  |  |  | 31-32 | 10 \& U | 100 Fly |
| 19-20 | Senior | 200 Back | 33-34 | 11-12 | 50 Back |
|  |  |  | 35-36 | 10 \& U | 50 Back |
| 21-22 | Senior | 100 Breast | 37-38 | 11-12 | 100 Breast |
|  |  |  | 39-40 | 10 \& U | 100 Breast |
| 23-24 | Senior | 400 IM | 41-42 | 12 \& U | 200 Free |
| Sunday, June 29, 2008 |  |  |  |  |  |
| Warm ups 7:00 AM Competition 8:30 AM |  |  | Warm ups 12:30 PM Competition 1:40 |  |  |
| 43-44 | Senior | 50 breast |  |  |  |
| 45-46 | Senior | 200 Free | 55-56 | 10 \& U | 100 Back |
|  |  |  | 57-58 | 11-12 | 100 Back |
| 47-48 | Senior | 200 Breast | 59-60 | 10 \& U | 50 Fly |
|  |  |  | 61-62 | 11-12 | 50 Fly |
| 49-50 | Senior | 100 Back | 63-64 | 10 \& U | 100 Free |
|  |  |  | 65-66 | 11-12 | 100 Free |
| 51-52 | Senior | 100 Fly | 67-68 | 10 \& U | 50 Breast |
|  |  |  | 69-70 | 11-12 | 50 Breast |
| 53-54 | Senior | 1500 Free | 71-72 | 10 \& U | 200 IM |

