

## AMENDED SUE FAVOR MEMORIAL No Time Meet October 21-22, 2006 SANCTION NO. VS-07-07



| SANCTION:               | Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-07-07  |  |  |  |  |  |
|-------------------------|---|--|--|--|--|--|
| LOCATION:               |   |  |  |  |  |  |
|                         | Fort Eustis Aquatic Center, Building 641, Tyler Ave. Newport News, VA, Phone: (757) 878-1090  |  |  |  |  |  |
| FACILITY:               | The pool is an 8 lane indoor 25 yd. Short Course facility with non-turbulent lane lines. Two additional lanes will be used for warm-up/warm-down during the meet. The automatic Daktronics timing system will be used.  |  |  |  |  |  |
| MEET                    | Harold Baker Anne Anderson  |  |  |  |  |  |
| DIRECTOR:               | Emailcoachharold2@aol.comEmail: flandos@cox.netPhone:(757) 229-8662Phone:(757) 220-8633   |  |  |  |  |  |
| ELIGIBILITY:            | Open to all USA Swimming registered swimmers  |  |  |  |  |  |
|                         | All swimmers participating in this meet must be registered by the first day of the meet.  |  |  |  |  |  |
|                         | No on deck registration will be permitted.  |  |  |  |  |  |
|                         | Age on October 21, 2006 will determine age for the entire meet.   |  |  |  |  |  |
| DISABILITY<br>SWIMMERS: | <ul> <li>Athletes with a disability are welcomed and shall provide advance notice of desired<br/>accommodations to the Meet Director.</li> </ul>  |  |  |  |  |  |
|                         | • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.  |  |  |  |  |  |
| FORMAT:                 | All 12 & Younger swimmers will swim on Saturday and Sunday morning.   |  |  |  |  |  |
|                         | All 13 & Older swimmers will swim on Saturday and Sunday afternoon.   |  |  |  |  |  |
|                         | All events will be timed finals.  |  |  |  |  |  |
| WARM-UPS:               | Morning sessions: Warm-ups at 7:30 AM; competition starts at 8:30 AM  |  |  |  |  |  |
|                         | Afternoon sessions: Warm-ups at 12:00 PM; competition starts at 1:00 PM   |  |  |  |  |  |
|                         | • Distance sessions: The pool will be opened for 10 minutes of open warm-ups immediately following the finish of the afternoon sessions, with the distance session competition starting 5 minutes thereafter. Warm-up/Warm-down lanes will be available during the meet.        |  |  |  |  |  |
|                         | • Lane assignment and warm-up times for individual clubs will be posted on the <u>www.swimwac.com</u> website no later than October 18, 2006 and will also be emailed to the contact person of the participating clubs.   |  |  |  |  |  |
|                         | If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.   |  |  |  |  |  |
| ENTRIES:                | DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, OCTOBER 11, 2006.   |  |  |  |  |  |
|                         | <ul> <li>Entries must be submitted in Short Course Yards times using Hy-Tek Team Manager and<br/>Commlink-2 software, or on a VSI master entry sheet.</li> </ul>  |  |  |  |  |  |
|                         | • Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.  |  |  |  |  |  |
|                         | • A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, email address, and phone number of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.                        |  |  |  |  |  |
|                         | • Coaches Times (CT) and No Time (NT) entries will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. |  |  |  |  |  |
|                         | • Swimmers may enter a maximum of <i>4 individual events</i> and <i>1 relay event</i> per day.  |  |  |  |  |  |
|                         | • Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.   |  |  |  |  |  |
|                         | Email entries to: <u>coachharold2@aol.com</u>   |  |  |  |  |  |
|                         | Mail entries to: Williamsburg Aquatic Club<br>3909 Midlands Road Suite B<br>Williamsburg, VA 23188  |  |  |  |  |  |
|                         | • IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a   |  |  |  |  |  |

|            | signature is NOT required for delivery as this will delay the receipt of your entries.  |  |  |  |  |
|------------|---|--|--|--|--|
| FEES:      | Individual events: \$3.00   |  |  |  |  |
|            | Relay events: \$12.00<br>Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity)   |  |  |  |  |
|            | <ul> <li>Checks should be made payable to: Williamsburg Aquatic Club</li> </ul>   |  |  |  |  |
|            | <ul> <li>Payment must be received by October 18, 2006 for email entries. Payment must be included with</li> </ul>   |  |  |  |  |
|            | all mailed entries.   |  |  |  |  |
|            | • Failure to pay entry fees by this deadline could result in teams being barred from the meet.  |  |  |  |  |
|            | Please note that a percentage of the Fees will be going towards the Sue Favor College Fund for her daughters.   |  |  |  |  |
| AWARDS:    | Individual events: Ribbons will be awarded for first through eighth place.  |  |  |  |  |
|            | Separate awards will be given for A+ and BB/B/C categories.   |  |  |  |  |
|            | Relay events: Ribbons will be awarded for first through fourth places.  |  |  |  |  |
| SEEDING:   | <ul> <li>All events, except events 29, 30 (12&amp;Y 500 Free), 51, 52 (13-14 400 IM), 53, 54 (15&amp;O 400 IM), 57, 58 (13&amp;O 1000 Free), 101, 102 (13-14 500 Free), 103, 104 (15&amp;O 500 Free), and 115, 116 (1650 Free), will be pre-seeded.</li> </ul>                        |  |  |  |  |
|            | Swimmers should report directly to the blocks for their events.   |  |  |  |  |
|            | • Events 29, 30, 51-54, 57, 58, 101-104, 115, & 116 will require a positive check-in to swim.   |  |  |  |  |
|            | Positive check-in will close at the end of warm-ups for the session of the event.   |  |  |  |  |
|            | SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE<br>EVENT  |  |  |  |  |
|            | • Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.                          |  |  |  |  |
| PENALTIES: | Penalties for entries using fraudulent and/or non-verifiable entry times:   |  |  |  |  |
|            | <ul> <li>Swimmer shall be disqualified from the event entered illegally and the event shall be re-<br/>scored and awarded.</li> </ul>   |  |  |  |  |
|            | <ul> <li>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and<br/>published as part of the official meet results.</li> </ul>   |  |  |  |  |
|            | • Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.  |  |  |  |  |
|            | • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.  |  |  |  |  |
| RULES:     | The current USA Swimming Rules and Regulations will apply.  |  |  |  |  |
|            | • The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee.  |  |  |  |  |
|            | <ul> <li>In accordance with VSI Policy, only those coaches who display current, valid USA Swimming<br/>credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not<br/>possess these credentials will be required to leave the deck area.</li> </ul> |  |  |  |  |
| OFFICIALS: | Meet Referee: Jim Knicely<br>Email: jjk@knicelylaw.com<br>Phone: (757) 253-0360   |  |  |  |  |
|            | Officials at all positions will be required for this meet.  |  |  |  |  |
|            | <ul> <li>Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Eric Young, Phone: (757) 258-4546, no later than Friday, October 13, 2006.</li> </ul>                      |  |  |  |  |
| SAFETY:    | VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.                |  |  |  |  |
| TIMERS:    | Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.   |  |  |  |  |
|            | The number of timers required per club and their lane assignments will be posted on the WAC website, <u>www.swimwac.com</u> , no later than October 18, 2006, and will also be emailed to the   |  |  |  |  |

|             | contact person of each of the individual clubs.   |  |  |  |
|-------------|---|--|--|--|
| GENERAL:    | Officials and coaches hospitality will be available   |  |  |  |
|             | Call Harold at (757) 229-8662 for assistance with Hotel needs   |  |  |  |
|             | Call Harold about Busch Gardens and/or Water County Tickets   |  |  |  |
|             | Meet programs will be sold  |  |  |  |
| FACILITY    | PLEASE CONVEY THIS INFORMATION TO YOUR SWIMMERS AND PARENTS:  |  |  |  |
| RULES:      | Picture identification will be required to gain access to the base.   |  |  |  |
|             | • Rules will be enforced by meet marshal, aquatic center staff and the Fort Eustis Fire Marshall.   |  |  |  |
|             | • Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator who violates Aquatic Center rules, posted at the pool and/or in the meet program, will be disqualified form the meet and escorted from the facility.  |  |  |  |
|             | • The Aquatic Center prohibits food of any kind in the pool area. Consumption of food is allowed in the lobby area and the spectator balcony. Permissible beverages, sports drinks and water, must be in closed plastic containers.   |  |  |  |
|             | • <b>Deck Access:</b> Access to the pool deck will be strictly controlled. Swimmers, coaches, officials and event staff only will be permitted on the deck during warm-ups and the competition.   |  |  |  |
|             | • <b>Balcony:</b> Swimmers and their bags <u>will not be allowed</u> to stay in the area. Spectator seating is limited and swimmers must stay on the competition or adventure pool deck.  |  |  |  |
|             | ADVENTURE POOL AREA RESTRICTED TO SWIMMERS AND COACHES.   |  |  |  |
| DIRECTIONS: | From I-64 take Exit 250(Fort Eustis Blvd) towards Fort Eustis. This will take you onto the base.<br>Go 4 blocks past security and through the circular intersection. Turn right at first Street (Tyler Road)<br>past the circular intersection. The Aquatic facility is the building on your left. If the Aquatic Center<br>lot is full, there are plenty of parking 100 yards down Tyler Road. |  |  |  |

## SUE FAVOR MEMORIAL MEET **ORDER OF EVENTS**

## Saturday, October 21, 2006

|              | <b>Morning Session</b>        | • •         |              | Afternoon Session                   |             |  |
|--------------|-------------------------------|-------------|--------------|-------------------------------------|-------------|--|
|              | Warm-up: 7:30 am; Start: 8:00 | ) am        | War          | Warm-up: 12:00 noon; Start: 1:00 pm |             |  |
| <u>Girls</u> | <b>Events</b>                 | <b>Boys</b> | <u>Girls</u> | <b>Events</b>                       | <b>Boys</b> |  |
| 1            | 11-12 100 Breast              | 2           | 31           | 13-14 100 Breast                    | 32          |  |
| 3            | 9-10 100 Breast               | 4           | 33           | 15&O 100 Breast                     | 34          |  |
| 5            | 11-12 50 Fly                  | 6           | 35           | 13-14 200 Free                      | 36          |  |
| 7            | 9-10 50 Fly                   | 8           | 37           | 15&O 200 Free                       | 38          |  |
| 9            | 9-12 200 Back                 | 10          | 39           | 13-14 100 Fly                       | 40          |  |
| 11           | 9-10 100 IM                   | 12          | 41           | 15&O 100 Fly                        | 42          |  |
| 13           | 11-12 100 IM                  | 14          | 43           | 13-14 200 IM                        | 44          |  |
| 15           | 9-10 200 Free                 | 16          | 45           | 15&O 200 IM                         | 46          |  |
| 17           | 11-12 200 Free                | 18          | 47           | 13-14 200 Back                      | 48          |  |
| 19           | 9-10 50 Back                  | 20          | 49           | 15&O 200 Back                       | 50          |  |
| 21           | 11-12 50 Back                 | 22          | 51           | 13-14 400 IM                        | 52          |  |
| 23           | 9-12 200 Fly                  | 24          | 53           | 15&O 400 IM                         | 54          |  |
| 25           | 9-10 200 Free Relay           | 26          | 55           | 13&O 400 Free Relay                 | 56          |  |
| 27           | 11-12 200 Free Relay          | 28          |              |                                     |             |  |
|              | <b>Distance Session</b>       |             |              | <b>Distance Session</b>             |             |  |
|              | (10 minute break)             |             |              | (10 minute break)                   |             |  |
| 29           | 9-12 500 Free                 | 30          | 57           | 13&O 1000 Free                      | 58          |  |

## Sunday, October 22, 2006

|              | S                             | unday, Oc   | tober 22, 20                        | 006                     |             |  |
|--------------|-------------------------------|-------------|-------------------------------------|-------------------------|-------------|--|
|              | Morning Session               |             | ***                                 | Afternoon Session       |             |  |
|              | Warm-up: 7:30 am; Start: 8:30 | am          | Warm-up: 12:00 noon; Start: 1:00 pm |                         |             |  |
| <u>Girls</u> | Events                        | <b>Boys</b> | <u>Girls</u>                        | <b>Events</b>           | <b>Boys</b> |  |
| 59           | 11-12 100 Back                | 60          | 89                                  | 13-14 200 Fly           | 90          |  |
| 61           | 9-10 100 Back                 | 62          | 91                                  | 15&O 200 Fly            | 92          |  |
| 63           | 11-12 50 Breast               | 64          | 93                                  | 13-14 50 Free           | 94          |  |
| 65           | 9-10 50 Breast                | 66          | 95                                  | 15&O 50 Free            | 96          |  |
| 67           | 11-12 100 Free                | 68          | 97                                  | 13-14 200 Breast        | 98          |  |
| 69           | 9-10 100 Free                 | 70          | 99                                  | 15&O 200 Breast         | 100         |  |
| 71           | 11-12 200 IM                  | 72          | 101                                 | 13-14 500 Free          | 102         |  |
| 73           | 9-10 200 IM                   | 74          | 103                                 | 15&O 500 Free           | 104         |  |
| 75           | 11-12 100 Fly                 | 76          | 105                                 | 13-14 100 Back          | 106         |  |
| 77           | 9-10 100 Fly                  | 78          | 107                                 | 15&O 100 Back           | 108         |  |
| 79           | 11-12 50 Free                 | 80          | 109                                 | 13-14 100 Free          | 110         |  |
| 81           | 9-10 50 Free                  | 83          | 111                                 | 15&O 100 Free           | 112         |  |
| 83           | 9-12 200 Breast               | 85          | 113                                 | 13&O 400 Medley Relay   | 114         |  |
| 85           | 9-10 200 Medley Relay         | 86          |                                     | <b>Distance Session</b> |             |  |
| 87           | 11-12 200 Medley Relay        | 88          |                                     | (15 minute break)       |             |  |
|              |                               |             | 115                                 | 13&O 1650 Free          | 116         |  |