



SOUTHEAST DISTRICT CHAMPIONSHIP

February 16- 18, 2007
SANCTION NO. VS-07-40

Hosted by:
SEVA
Swim Team

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| SANCTION: | Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-07-40 |
| LOCATION: | Fort Eustis Aquatic Center, Building 641 (corner of Washington Ave. & Tyler Ave.), Fort Eustis, Va. 23604, Phone: (757) 878-1090/1091 |
| FACILITY: | <ul style="list-style-type: none">• 11- lane (8, 9 or 10 lanes used for meet depending on session length), 25-yard competition course with Kiefer Wave eater racing lane lines.• Daktronics Automatic Timing System with 10-lane scoreboard will be used in conjunction with Hy-Tek Meet Manager software.• Seating capacity is approximately 350 in second floor stands. Additional seating available on deck for coaches and swimmers. |
| MEET DIRECTORS: | Dave Henderson Office Phone: (757) 874-1522 Email: SEVASeahawks@aol.com Frank Brnich Phone: (757) 595-7957(h) or (757) 810-8750 (cell) Email: brnichfamily@aol.com |
| ELIGIBILITY: | <ul style="list-style-type: none">• Open to all USA Swimming/VSI registered swimmers in the Southeast District. Teams in Southeast District are: CGBD, CYAT, NSD, OBX, ODAC, PRO, PYAC, SEVA, SSC, TAC, TCAC, TIDE, & WAC.• All swimmers participating in this meet must be registered by the first day of the meet. No on deck registration will be permitted.• The qualifying period for this meet is January 1, 2006 through February 15, 2007• 8 & Younger swimmers may participate regardless of classification in 8 & younger events.• 8 & Younger swimmers entered in 10 and younger events may not have a 10&U "BB" or faster time in the event entered.• 9-14 year old swimmers may compete in any event and relay strokes in which they have a "B" or "C" Time.• 10 and 12 year-old swimmers aging up between February 16 and February 23, 2007 with times too fast to qualify for this championship will be allowed to compete under the following conditions:<ul style="list-style-type: none">○ 10 or 12 year old swimmers who do not qualify in their new age group at Region Championships may enter those event(s).○ 10 and 12 year old swimmers aging up between championships will be seeded correctly by time, however, will swim Exhibition only and will not be eligible to receive an award.• 2005-2008 NAG top 16 based times are in effect.• Age on February 16, 2007 will determine age for the entire meet. |
| DISABILITY SWIMMERS: | <ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior of the competition. |
| FORMAT: | <ul style="list-style-type: none">• All 10 & Younger swimmers will swim on Saturday and Sunday morning.• All 11 to 14 year old swimmers will swim on Saturday and Sunday afternoon.• All events will be timed finals. |
| WARM-UP: | <ul style="list-style-type: none">• Morning sessions: Warm-ups at 7:30 am; competition starts at 8:40 am.• Afternoon sessions: Warm-ups at 12:30 PM; competition starts at 1:40 PM.• Friday distance session: Warm-ups at 4:30 PM; competition starts at 5:30 PM.• Sunday distance session: The pool will be opened for 15 minutes of open warm-ups immediately following the finish of the afternoon session, with the 1650 freestyle competition starting 5 minutes thereafter.<ul style="list-style-type: none">○ The approximate start time for the distance session will be e-mailed to the contact person of all participating teams no later than Wednesday, February 14, 2007○ The distance sessions will start no earlier than the estimated times. |

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| | <ul style="list-style-type: none"> • Lane assignment and warm-up times for individual clubs will be e-mailed to the contact person of all participating teams no later than Tuesday, February 13, 2007. • If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. |
| ENTRIES: | <p>DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, FEBRUARY 6, 2007.</p> <ul style="list-style-type: none"> • Entries must be submitted in Short Course Yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet which is available at the VSI website www.virginiaswimming.org. • Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk. • A Team Manager printout of entries must be included or the VSI meet summary sheet (available at VSI website, www.virginiaswimming.org) with the name, email address, and phone number of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. • No Time (NT) entries will not be accepted. If a swimmer does not have a time of record the swimmer must be entered with a CT. • Coaches' times may not exceed a "B" time. All entry times other than Coaches Times must have been achieved in USA Swimming sanctioned, approved, or observed competition. • Swimmers may enter a maximum of <i>3 individual events</i> and <i>1 relay event</i> per day. • Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. • Entries will be processed in the order received. • The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. • Email entries to: SEVAseahawks@aol.com • Mail entries to: Dave Henderson 929 Edgewater Drive Newport News, Va. 23602 Office (757) 874-1522 Fax (757) 877-7642 • IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery, as this will delay the receipt of your entries. • Late entries will be accepted. If received prior to the printing of the heat sheet, the swimmer will be seeded into the event; if after, he/she will go in the slowest heat in an empty lane. If needed, a heat will be added. |
| FEES: | <p>Individual events: \$3.60 Relay events: \$13.00 Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity)</p> <p>Late Fees: In addition to the regular entry fee, a fee of \$10 per event prior to the first day of the meet and \$25 per event on or after the first day of the meet will be charged for any entry received after the entry deadline</p> <ul style="list-style-type: none"> • Checks should be made payable to: SEVA Inc. • Payment must be received by Tuesday, February 13, 2007 for e-mail entries. Payment must be included with all mailed entries. • Failure to pay entry fees by this deadline will result in teams being barred from the meet. Swimmers will be permitted to enter the meet as unattached providing they pay the appropriate entry fees. |
| AWARDS: | <ul style="list-style-type: none"> • Individual events will be awarded medals for first through fourth place and ribbons will be awarded for fifth through eighth place. • 8 & Younger events will be given separate awards for 8 year olds and 7 & Younger age groups. • 11 to 14 year old events will be given separate awards for 11-12 and 13-14 age groups. • The 12 & Younger 500 freestyle will be given separate awards for 11-12 and 10 and Younger age groups. • Heat winner ribbons will be awarded for all individual events for 10 & Younger swimmers. • Relay events will be awarded ribbons for first through fourth place. |
| SEEDING: | <ul style="list-style-type: none"> • All events will be pre-seeded, except events 1, 2, 3, 4 (500 Free) 5, 6 (400 IM) 107, 108 (1650 |

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| | <p>Free) and all relays.</p> <ul style="list-style-type: none"> • Swimmers in all sessions should report directly to the blocks for their events. • Events 1, 2, 3, 4 (500 Free), 5, 6 (400 IM), 107, 108 (1650 Free) will require a positive check-in to swim. • Positive check-in will close at 5:00 PM on Friday (500 Free, 400 IM), and 1:30 PM on Sunday (1650 Free). • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. • Events 107 and 108 (1650 Free) will be swum fastest to slowest and alternating heats of girls and boys. • If the time line for any session is three hours of longer, the meet may be seeded in nine (9) or ten (10) lanes. A session shorter than three hours will be seeded using eight (8) lanes. The Meet Director will make the decision as to the number of lanes that will be used. |
| PENALTIES: | <p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. |
| RULES: | <ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. • In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area. |
| OFFICIALS: | <p>Meet Referee: Terry Randolph Email: randtb@msn.com Phone: (757) 887-0868</p> <ul style="list-style-type: none"> • Officials at all positions will be required for this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Susan Gorton (SEVA Officials Coordinator – mpgorton@pinn.net (757) 864-5059 (w) (757) 595-0971 (h)) no later than Tuesday, February 13, 2007 Thank you for your help. • A General Meeting for coaches and key officials will be held at 8:30 am on Saturday, Feb. 17th. |
| SAFETY: | <ul style="list-style-type: none"> • VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules. • There will be no diving into the pool unless all swimmers in a lane are going in one direction. |
| TIMERS: | <ul style="list-style-type: none"> • Swimmers are required to supply their own timers for the 500 Free (Friday) 400 IM (Friday), 1650 Free (Sunday). • On Saturday and Sunday, clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be posted on the SEVA website, www.sevaswimming.com no later than Tuesday, February 13, 2007. This same information will be e-mailed to the contact person for all participating teams by the same date. The assignments will be posted throughout the venue. • It is the responsibility of the Club/Club Timer Coordinator to ensure that timers from their club are present when required and that replacements are arranged ahead of time. |
| GENERAL: | <ul style="list-style-type: none"> • Meet Programs: Meet programs will be sold for \$5.00 • Snack Bar: The Aquatic Center will operate a snack bar on Friday evening. SEVA will operate a snack bar on Saturday and Sunday. • Swim Shop: Swim & Sports Stop will be operating a swim shop during the meet for your apparel |

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| | <p>needs.</p> <ul style="list-style-type: none"> • Hospitality: SEVA will provide a Hospitality Room for coaches and officials. Dinner on Friday, breakfast and lunch on Saturday and Sunday, and refreshments during each session, will be served. |
| FACILITY RULES: | <p>PLEASE READ THOUGHLY. RULES WILL BE ENFORCEZD BY THE MEET MARSHALLS, MEET REFEREE, MEET DIRECTOR, AQUATIC CENTER STAFF AND FORT EUSTIS FIRE MARSHALL.</p> <ul style="list-style-type: none"> • Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator who violates Aquatic Center or USA Swimming rules, will be disqualified from the meet and escorted from the facility. • The Aquatic Center prohibits food of any kind in the pool area. Consumption of food is allowed in the lobby area and the spectator balcony. Permissible beverages, sports drinks and water, must be in closed plastic containers. • Deck Access: Access to the pool deck will be strictly controlled. Swimmers, coaches, officials and event staff only will be permitted on the deck during warm-ups and the competition. • SWIMMERS WILL NOT BE ALLOWED IN THE BALANCY AREA. THE BALCONY SEATING AREA WILL BE FOR SPECTATORS ONLY. SWIMMERS MUST STAY ON THE COMPETITION POOL DECK OR ADVENTURE POOL DECK IF AVAIALBLE. • PARENTS AND FAMILIES WILL NOT BE ALLOWED ON THE ADVENTURE POOL DECK ON FRIDAY EVENING. THE ADVENTURE POOL DECK WILL BE OPEN FOR SEATING ON SATURDAY AND SUNDAY. EVERYONE MUST FOLLOW THE NO FOOD – NO SHOES ON THE DECK RULES. |
| DIRECTIONS: | <p>From the north/south, take Fort Eustis Blvd. From I-64 exit 250A, Route 17, Jefferson Avenue, Warwick Blvd. After passing through the main gate, the road becomes Washington Blvd. In ½ mile you will come to a traffic circle. Go straight through it, DO NOT BEAR OFF. The first right will be Tyler Avenue. The Aquatic Center is on the left corner. Additional parking is available 50 yards past the entrance to the Center on both the right and left sides of Tyler Avenue.</p> |
| HOTELS: | <p>Comfort Inn-Newport News (Patrick Henry Mall) – Special Swim Meet Rates Contact: Sales Manager, Phone: (757) 249-0200) 12330 Jefferson Avenue Newport News, VA 23602</p> |

Order of Events:

Friday, February 16, 2007

Warm-ups: 4:30 PM; Competition Starts at: 5:30 PM

| Girls | Events | Boys |
|-------|------------------------------|------|
| 1 | 13 - 14 500 freestyle | 2 |
| 3 | 12 and younger 500 freestyle | 4 |
| 5 | 13 - 14 400 IM | 6 |

Saturday, February 17, 2007

AM Session - Warm-ups: 7:30 AM; Competition Starts at 8:40 AM

PM Session - Warm-ups: 12:30 PM; Competition Starts at 1:40 PM

AM Session

| Girls | Events | Boys |
|-------|-----------------------------|------|
| 7 | 9 - 10 50 Freestyle | 8 |
| 9 | 8 & Younger 25 Freestyle | 10 |
| 11 | 9 - 10 100 Butterfly | 12 |
| 13 | 8 & Younger 50 Butterfly | 14 |
| 15 | 9 - 10 100 IM | 16 |
| 17 | 8 & Younger 100 IM | 18 |
| 19 | 9 - 10 50 Breaststroke | 20 |
| 21 | 8 & Younger 25 Breaststroke | 22 |
| 23 | 9 - 10 100 Backstroke | 24 |
| 25 | 8 & Younger 50 Backstroke | 26 |
| 27 | 10 & Younger 200 Freestyle | 28 |
| 29 | 8 & Younger 100 Free Relay | 30 |
| 31 | 9 - 10 200 Free Relay | 32 |

PM Session

| Girls | Events | Boys |
|-------|--------------------------|------|
| 33 | 11 - 12 100 Freestyle | 34 |
| 35 | 13 - 14 100 Freestyle | 36 |
| 37 | 11 - 12 50 Butterfly | 38 |
| 39 | 11 - 14 200 Butterfly | 40 |
| 41 | 11 - 12 200 IM | 42 |
| 43 | 13 - 14 200 IM | 44 |
| 45 | 11 - 12 50 Breaststroke | 46 |
| 47 | 11 - 14 200 Breaststroke | 48 |
| 49 | 11 - 12 100 Backstroke | 50 |
| 51 | 13 - 14 100 Backstroke | 52 |
| 53 | 11 - 12 200 Free Relay | 54 |
| 55 | 13 - 14 200 Free Relay | 56 |

Sunday, February 18, 2007

AM Session - Warm-ups: 7:30 AM; Competition Starts at 8:40 PM

PM Session - Warm-ups: 12:30 PM; Competition Starts at 1:40 PM

AM Session

| Girls | Events | Boys |
|-------|-----------------------------|------|
| 57 | 9 - 10 100 Freestyle | 58 |
| 59 | 8 & Younger 50 Freestyle | 60 |
| 61 | 9 - 10 50 Butterfly | 62 |
| 63 | 8 & Younger 25 Butterfly | 64 |
| 65 | 9 - 10 200 IM | 66 |
| 67 | 8 & Younger 50 Breaststroke | 68 |
| 69 | 9 - 10 100 Breaststroke | 70 |
| 71 | 8 & Younger 25 Backstroke | 72 |
| 73 | 9 - 10 50 Backstroke | 74 |
| 75 | 8 & Younger 100 Freestyle | 76 |
| 77 | 9 - 10 200 Medley Relay | 78 |
| 79 | 8 & Younger 100 Med. Relay | 80 |

PM Session

| Girls | Events | Boys |
|------------------------|--------------------------|------|
| 81 | 11 - 12 200 Freestyle | 82 |
| 83 | 13 - 14 200 Freestyle | 84 |
| 85 | 11 - 12 100 Butterfly | 86 |
| 87 | 13 - 14 100 Butterfly | 88 |
| 89 | 11 - 12 100 IM | 90 |
| 91 | 13 - 14 100 Breaststroke | 92 |
| 93 | 11 - 12 100 Breaststroke | 94 |
| 95 | 11 - 14 200 Backstroke | 96 |
| 97 | 11 - 12 50 Backstroke | 98 |
| 99 | 13 - 14 50 Freestyle | 100 |
| 101 | 11 - 12 50 Freestyle | 102 |
| 103 | 13 - 14 200 Medley Relay | 104 |
| 105 | 11 - 12 200 Medley Relay | 106 |
| 20 Minute Break | | |
| 107 | 13 - 14 1650 Freestyle | 108 |