



**AMENDED**  
**SWAT THANKSGIVING INVITATIONAL**  
**13&O BB+ and 12&Y A/BB/B/C Meet**  
**November 17-19, 2006**  
**SANCTION NO. VS-07-15**



<b>SANCTION:</b>	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-07-15</b>	
<b>LOCATION:</b>	WAR MEMORIAL POOL, Virginia Tech Campus, Blacksburg VA. (540) 231-3019	
<b>FACILITY:</b>	25 yards, 8 lanes with non-turbulent lane lines, deck-anchored starting blocks and water depth of 5.0 feet at the starting end. Colorado Timing System with eight line scoreboard will be used. A 20 yard warm-up/warm-down pool will be available continuously.	
<b>MEET DIRECTOR:</b>	<b>Alison Goforth</b> Email: <a href="mailto:agoforth@wildblue.net">agoforth@wildblue.net</a> Phone: (540) 250-6476	<b>Susan Potts</b> Email: <a href="mailto:pottsfamily@verizon.net">pottsfamily@verizon.net</a> (540) 961-6566
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"><li>• Open to all USA Swimming/VSI registered swimmers <b>and invited out-of-LSC teams.</b></li><li>• All Swimmers 13 &amp; Older must have a "BB" Time in each event entered.</li><li>• <b>All 12 &amp; Younger swimmers may enter any event regardless of time.</b></li><li>• All swimmers participating in this meet must be registered by the first day of the meet.</li><li>• No on deck registration will be permitted.</li><li>• 2005-2008 NAG top 16 based times are in effect.</li><li>• Age on <b>November 17, 2006</b> will determine age for the entire meet.</li></ul>	
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"><li>• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</li><li>• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li></ul>	
<b>FORMAT:</b>	<ul style="list-style-type: none"><li>• All 12 &amp; Younger swimmers will swim Timed Finals on Friday PM Saturday and Sunday Afternoon.</li><li>• All 13 &amp; Older swimmers will swim on Friday PM, Saturday and Sunday Morning and Finals Saturday and Sunday Night.</li><li>• 13-14 and senior entrants will swim combined Preliminaries during the MORNING session, except for the 500 Freestyle, 400 I.M., and 1000 Freestyle, which will be Timed Final events.</li><li>• 13-14 and senior entrants will swim separate Consolation and Championship Finals for each age group (13-14, and senior), girls and boys, in the FINALS session.</li></ul>	
<b>WARM-UPS:</b>	<ul style="list-style-type: none"><li>• Friday Night Distance events: warm-ups at 3:00 pm; competition starts at 4:00 pm.</li><li>• Morning Preliminary sessions: <b>Saturday: Warm-ups at 6:30 am; competition starts at 8:00 am. Sunday: Warm-ups 6:30 am; Competition Starts at 8:00 am.</b></li><li>• Afternoon sessions: Warm-ups at 12:30 pm; competition starts at 1:30 pm.</li><li>• Finals Session: Warm-ups: Saturday at 5:00 pm &amp; Sunday at 4:00 pm; Competition starts Saturday at 6:00 pm &amp; Sunday at 5:00 pm.</li><li>• Lane assignment and warm-up times for individual clubs will be posted on the SWAT website no later than November 9th, and will also be emailed to the contact person of the participating clubs.</li><li>• Final's warm-ups: open/general for first 25 minutes, remaining 20 minutes as follows: Lane 1, 8 pace; 2, 7 dive starts/one-way sprints; 3- 6 general warm-up.</li><li>• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.</li></ul>	
<b>ENTRIES:</b>	<b>DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, NOVEMBER 8, 2006</b> <ul style="list-style-type: none"><li>• Entries must be submitted in short course yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.</li><li>• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.</li><li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, Email address, and phone number of the person to contact in case of questions must</li></ul>	

	<p>accompany the entries, regardless of how they are submitted.</p> <ul style="list-style-type: none"> <li>Coaches Time (CT) entries will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li> <li>"No Time" (NT) entries will not be accepted.</li> <li><b>13 &amp; Older swimmers</b> may enter a maximum of <b>3 individual events and 1 relay event per day.</b> <b>12 &amp; Younger swimmers may enter a maximum of 4 individual events and 1 relay event per day.</b></li> <li>Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.</li> <li>The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding.</li> <li>Email entries to: <a href="mailto:edbaldwi@vt.edu">edbaldwi@vt.edu</a></li> <li>Mail entries Fees to: Scott Baldwin 7498 James Way Fairlawn, Virginia 24141 Pone: (540) 998-2327</li> <li>IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.</li> </ul>
<b>FEES:</b>	<p><b>Individual events: \$3.00</b> <b>Relay events: \$12.00</b> <b>Swimmer surcharge: \$2.00 per person</b> (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> <li>Checks should be made payable to: <b>SWAT Swimming</b></li> <li>Payment must be received by November 15, 2006 for email entries. All mailed entries must have the payment included with the entries.</li> <li>Failure to pay entry fees by this deadline could result in teams being barred from the meet.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>Individual events: Ribbons will be awarded for first through eighth place.</li> <li>12 and younger events will be awarded by 6&amp;Y, 7, 8, 9, 10, 11, and 12 year old single Age-groups.</li> <li>13&amp;O will be award by 13/14 and Senior age groups.</li> <li>Relay events: Ribbons will be awarded for first through fourth place.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>All events 200 yards or less will be pre-seeded.</li> <li>All events 400 yards or longer will be deck seeded with a positive check-in, as described below.</li> <li>Swimmers in the afternoon sessions should report directly to the blocks for their events.</li> <li>Positive check-in will close at end of warm-ups.</li> <li><b>SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT.</b></li> <li>13-14 &amp; Senior 1000 free will be swum fastest to slowest and alternating heats of girls &amp; boys</li> <li>There will be a maximum of eight heats for the 1000 Free: four female and four male. Proof of time must be submitted with entry. <ul style="list-style-type: none"> <li>The fastest 16 13-14 swimmers, male and female, and the fastest 16 senior swimmers, male and female, are guaranteed entry.</li> <li>If the number of entries for an age group is less than sixteen, heats will be filled from the remaining entries, based on time and gender, not age group.</li> </ul> </li> <li>The fastest 24 swimmers in each age group and gender in the 500 Free and 400 IM are guaranteed entry. <ul style="list-style-type: none"> <li>Proof of time must be submitted with entry.</li> <li>The fastest heat of the 500 Free, events #19-22, will swim in the Finals session on Saturday in numerical event order.</li> <li>The remaining heats will swim in the Saturday Preliminary session <b>after</b> the 200 Free Relay, events #23-26.</li> <li>All heats of the 400 IM will be held in the preliminary session on Sunday</li> </ul> </li> <li>Deck entries will be accepted in the order received for swimmers already entered in the meet, to</li> </ul>

	the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li>• <b>Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The current USA Swimming Rules and Regulations will apply.</li> <li>• The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee.</li> <li>• In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.</li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: <a href="#">Greg Ryder</a></b>  <b>Phone: (540) 951-1080</b>  <b>Email: <a href="mailto:spyder27@juno.com">spyder27@juno.com</a></b></p> <ul style="list-style-type: none"> <li>• Officials at all positions will be required for this meet.</li> <li>• Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Gordon Hair no later than November 8, 2006</li> <li>• There will be a meeting of all Strokes &amp; Turns officials 30 minutes prior to the start of the first session and 45 minutes prior to the start of sessions two through five.</li> </ul>
<b>SAFETY:</b>	<ul style="list-style-type: none"> <li>• VSI Safety and Warm-up procedures will be in effect.</li> <li>• Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.</li> <li>• Warm-up/warm-down pool will be limited to no more than 12 people in a lane and be patrolled by the deck marshal.</li> </ul>
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>• Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.</li> <li>• The number of timers required per club and their lane assignments will be posted on the SWAT website later than November 16, 2006 and to be emailed to the contact person of each of the individual clubs.</li> </ul>
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>• Gymnasium will be available for swimmers.</li> <li>• No Pets in War Memorial Pool</li> <li>• Kast-a-way swimwear will be in attendance for swimming related items.</li> </ul>
<b>DIRECTIONS:</b>	Coming from North or South on Interstate 81, take Exit #118 B onto 460W bypass. Follow to First Traffic Signal turn Right onto Southgate Drive. Follow to a left onto Duck Pond Drive. Take a Right onto Washington Street then turn left at Traffic Circle onto West Campus Drive. At base of descent turn right onto Drill Field Drive and War memorial Gym will be half way down on your Right. WAR Memorial Pool is directly across the drillfield from Burruss Hall( Castle like Structure).
<b>HOSPITALITY:</b>	Will be provided to Certified USA Swimming Coaches and Registered USA Swimming Officials only.
<b>HOTELS:</b>	Check SWAT website. <a href="http://www.swat-swimming.org">www.swat-swimming.org</a>

## 2006 SWAT Thanksgiving Invitational-Event Order List

Friday Evening					
	Girls	Event		Boys	
	1	10 & under 200 Freestyle		2	
	3	12 & under 500 Freestyle		4	
	5	13-14/Senior 1000 Freestyle		6	
	7	Senior 1000 Freestyle		8	
Saturday AM			Sunday AM		
Girls	Event	Boys	Girls	Event	Boys
9	13-14/Senior 200 I.M.	10	89	13-14/Senior 100 Free	90
11	13-14/Senior 100 Back	12	97	13-14/Senior 200 Back	98
13	13-14/Senior 50 Free	14	91	13-14/Senior 100 Fly	92
15	13-14/Senior 200 Fly	16	93	13-14/Senior 200 Breast	94
17	13-14/Senior 100 Breast	18	95	13-14/Senior 200 Free	96
*19	13-14 500 Free	*20	*99	13-14 400 I.M.	*100
*21	Senior 500 Free	*22	*101	Senior 400 I.M.	*102
*23	13-14 200 Freestyle Relay	*24	*103	13-14 200 Medley Relay	*104
*25	Senior 200 Freestyle Relay	*26	*105	Senior 200 Medley Relay	*106
* indicates a "Timed Final" event. Events #19-22 will swim after events #23-26 during the Saturday Preliminary session, but in numerical order during the Saturday Finals session.			* indicates a "Timed Final" event. Event #99-102 will swim after event #103-106 during the Sunday preliminary session		
12 & Under Saturday			12 & Under Sunday		
Girls	Event	Boys	Girls	Event	Boys
27	12 and Under 200 Fly	28	107	12 and Under 200 Back	108
29	10 & under 100 I.M.	30	109	10 & under 200 I.M.	110
31	12 yr old 100 free	32	111	12 yr old 100 IM	112
33	11 yr old 100 free	34	113	11 yr old 100 IM	114
35	10 yr old 50 free	36	115	10 yr old 100 free	116
37	9 yr old 50 free	38	117	9 yr old 100 free	118
39	8 yr old 25 free	40	119	8 and Under 50 free	120
41	7 yr old 25 free	42	121	12 yr old 50 Free	122
43	6 an Under 25 free	44	123	11 yr old 50 Free	124
45	12 yr old 200 IM	46	125	10 yr old 50 Fly	126
47	11 yr old 200 IM	48	127	9 yr old 50 Fly	128
49	10 yr old 50 Breast	50	129	8 yr old 25 Fly	130
51	9 yr old 50 Breast	52	131	7 yr old 25 Fly	132
53	8 yr old 25 Breast	54	133	6 and Under 25 Fly	134
55	7 yr old 25 Breast	56	135	12 yr old 100 Fly	136
57	6 and Under 25 Breast	58	137	11 yr old 100 Fly	138
59	12 yr old 50 Breast	60	139	10 Yr old 100 Breast	140
61	11 yr old 50 Breast	62	141	9 yr old 100 Breast	142
63	10 yr old 100 Back	64	143	8 and Under 50 Breast	144
65	9 yr old 100 back	66	145	12 yr old 100 Breast	146
67	8 and Under 50 Back	68	147	11 yr old 100 Breast	148
69	12 yr old 100 Back	70	149	10 yr old 50 Back	150
71	11 yr old 100 Back	72	151	9 yr old 50 Back	152
73	10 yr old 100 Fly	74	153	8 yr old 25 Back	154
75	9 yr old 100 Fly	76	155	7 yr old 25 Back	156
77	8 and Under 50 Fly	78	157	6 and Under 25 Back	158
79	12 yr old 50 Fly	80	159	12 Yr old 50 Back	160
81	11 yr old 50 fly	82	161	11 yr old 50 Back	162
83	12 an Under 200 Breast	84	163	11 & 12 yr old 200 Free	164
85	10 & under 200 Free Relay	86	165	10 & under 200 Medley Relay	166

87	11-12 200 Free Relay	88	167	11-12 200 Medley Relay	168
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**SWAT Thanksgiving Invitational  
November 17-19 2006  
Sanction No. VS-07-xx**

**Meet Entry Check List and Summary Form**

**Mail in with entries:**

- **Team Manager Printout of entries**
- **Check for entries payable to: SWAT Swimming**
- **Meet Entry Check List and Summary Form**

**Name of Team:**

**Team Code:**

**Number female swimmers-morning:**

**Number female swimmers-afternoon:**

**Number male swimmers-morning:**

**Number male swimmers-afternoon:**

**Total number of swimmers:     x \$2.00 = \$**

**Total number of individual entries:     x \$3.00 = \$**

**Total number of relays:     x \$12.00 = \$**

**Total Amount Enclosed = \$**

Send Meet Entries Check to: SWAT Thanksgiving Invitational Swim Meet

c/o Scott Baldwin

7498 James Way

Fairlawn, Virginia 24141

Telephone: (540) 998-2327

Email: edbaldwi@vt.edu

**Meet Entry Deadline:**

**Email entries to: [edbaldwi@vt.edu](mailto:edbaldwi@vt.edu) by Tuesday, November 8, 2006 by email**

**Person to contact in case there are questions or problems with the entries:**

**Name:**

**Email:**

**Telephone (day):**

**Telephone (night):**