



WAYNESBORO YMCA SMAC FALL INVITE
SW District 12 & Younger Meet and
13 & Older Distance Meet
November 4-5, 2006
SANCTION NO. VS-07-12



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-07-12
LOCATION:	Waynesboro YMCA, 648 S. Main St., Waynesboro, VA 22980 (540) 942-5107
FACILITY:	Indoor 25 yard 6 lane pool with Competitor lane lines. Colorado automatic Timing System with 2 line scoreboard.
MEET DIRECTOR:	David Bihl Email: davidbihl@yahoo.com Phone: (717) 350-3896 (cell)
ELIGIBILITY:	<ul style="list-style-type: none"> • Open to all USA Swimming/VSI registered swimmers in Southwest District. Teams in Southwest District are: CAST, CCA, CYAC, FUAC, GATR, HA, LASO, LY, LU, LY, SCAT, SMAC, STRM, SVFY, SWAT, & WPAC • All swimmers participating in this meet must be registered by the first day of the meet. • Swimmers with two "BB" times at any distance one each in different strokes including IM as the fifth stroke can swim any event offered in the BB+ session. • Swimmers not qualified for the BB+ session can swim any event offered in the B/C session. • 8 & Younger swimmers may participate regardless of classification in the B/C session. • No on deck registration will be permitted. • 2005-2008 NAG top 16 based times are in effect. • Age on November 4, 2006 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> • Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none"> • The 12 & younger B/C session will swim in the morning • The 12 & younger BB+ session will swim in the afternoon. • All 13 & older swimmers will swim in the afternoon. • All events will be timed finals.
WARM-UPS:	<ul style="list-style-type: none"> • Morning sessions: Warm-ups at 8:00 am; competition starts at 9:00 am. • Afternoon sessions: Warm-ups at 12:00 noon; competition starts at 1:15 pm. • 1650 freestyle: The pool will be opened for 15 minutes of open warm-ups immediately following the finish of the relay events and competition starting 5 minutes thereafter • Lane assignment and warm-up times for individual clubs will be posted on the Waynesboro YMCA SMAC website no later than Wednesday, November 1st, 2006, and will also be emailed to the contact person of the participating clubs. • If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, OCTOBER 25, 2006</p> <ul style="list-style-type: none"> • Entries must be submitted in short course yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. • Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk. • A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, email address, and phone number of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. • Coaches Time (CT) and No Time (NT) entries will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition

	<ul style="list-style-type: none"> Swimmers may enter a maximum of 4 <i>individual events</i> per day. The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. Email entries to: davidbihl@yahoo.com Mail entries to: David Bihl, Meet Director c/o Waynesboro YMCA 648 S. Wayne Ave. Waynesboro, VA 22980 (717) 350-3896 (cell) IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.
FEES:	<p>Individual events: \$3.00 Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> Checks should be made payable to: Waynesboro YMCA SMAC. Payment must be received by November 1, 2006 for email entries. Payment must be included with all mailed entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> Individual events: Ribbons will be awarded for first through 6th place. 13 & Older events will be given separate awards for 13-14 and 15 & Over age groups. 12 & Younger events will be given separate awards for 11-12, 9-10, and 8 & Younger age groups. 10 & Younger events will be given separate awards for 9-10 and 8 & Younger age groups. Heat winner ribbons will be awarded for all 8 & Younger individual events. Swimmers who compete in all IMX events for their age group will receive IMX Competitor ribbons for participation. The following are the IMX Events: <ul style="list-style-type: none"> 10 & Under: 200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly 11-12 year olds: 200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly
SEEDING:	<ul style="list-style-type: none"> All events, except events 93, 94, 121, 122, 123, & 124 (1650 Freestyle) will be pre-seeded. All swimmers in the morning sessions must report to the Clerk of Course in the gymnasium and they will be escorted to the blocks from there. Swimmers in the afternoon sessions should report directly to the blocks for their events. Events 93, 94, 121, 122, 123, & 124 (1650 Freestyle) will require a positive check-in to swim. Positive check-in will close at 10:00 am for Sunday morning session and 2:00 pm for Sunday afternoon session. SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> The current USA Swimming Rules and Regulations will apply. The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee.

	<ul style="list-style-type: none"> In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Don Kelley Email: kelleys@ntelos.net Phone: (540) 943-0867</p> <ul style="list-style-type: none"> Officials at all positions will be required for this meet. Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to David Bihl, Waynesboro YMCA SMAC officials' chair at davidbihl@yahoo.com or (717) 350-3896 (cell) no later than Monday, October 30, 2006. Officials meeting will be held 30 minutes prior to the start of each session. Coaches meeting will be held 15 minutes prior to the start of the 1st session on Saturday morning.
SAFETY:	VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
TIMERS:	<ul style="list-style-type: none"> Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be posted on the Waynesboro YMCA SMAC website no later than Wednesday, November 1st, and will also be emailed to the contact person of each of the individual clubs.
GENERAL:	<ul style="list-style-type: none"> Concessions will be available The gym will be open for the entire meet. The Clerk of Course will be located in the gym for the morning sessions and will escort swimmers to the blocks from there. Heat shirts will be available for \$5.00. T-shirts may be available, depending on the number of entries received.
FACILITY RULES:	<ul style="list-style-type: none"> No smoking or running in the facility. Everyone will be expected to abide by the facility rules. Swimmers, coaches, and teams will be held responsible for any damage.
DIRECTIONS:	Take exit 96 off US Interstate 64. Go north towards Waynesboro. Take the second left (Windsor) and go straight until the road "T"s into Lyndhurst Rd. Turn right onto Lyndhurst (changes to Wayne Ave). The YMCA is ½ mile on the right.
HOTELS:	Days Inn (Waynesboro) (540) 943-1101 Holiday Inn Express (Waynesboro) (540) 932-7170 Quality Inn (Waynesboro) (540) 942-1171 Super 8 Motel (Waynesboro) (540) 943-3888 Hampton Inn (Fishersville) (540) 213-9500

ORDER OF EVENTS

Saturday November 4th, 2006

Saturday am – B/C Session
Warm-up: 8:00 am; Start 9:00 am

Saturday pm – BB+ / 13 & over session
Warm-up: 12:00 pm; Start 1:15 pm

<u>Girls</u>	<u>Events</u>	<u>Boys</u>	<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	8 & under 25 yard Free	2	31	10 & under 200 yard I.M.	32
3	8 & under 25 yard Breast	4	33	11-12 200 yard I.M.	34
5	10 & under 200 yard I.M.	6	35	13 & older 400 yard I.M.	36
7	11-12 200 yard I.M.	8	37	10 & under 50 yard Free	38
9	8 & under 50 yard Free	10	39	11-12 50 yard Free	40
11	9-10 50 yard Free	12	41	10 & under 100 yard Back	42
13	11-12 50 yard Free	14	43	11-12 100 yard Back	44
15	10 & under 100 yard Back	16	45	10 & under 50 yard Breast	46
17	11-12 100 yard Back	18	47	11-12 50 yard Breast	48
19	8 & under 50 yard Breast	20	49	10 & under 100 yard Fly	50
21	9-10 50 yard Breast	22	51	11-12 100 yard Fly	52
23	11-12 50 yard Breast	24	53	12 & under 500 yard Free	54
25	10 & under 100 yard Fly	26	55	13 & older 500 yard Free	56
27	11-12 100 yard Fly	28			
29	12 & under 500 yard Free	30			

Sunday, November 5th, 2006

Sunday am – B/C session
Warm-up: 8:00 am; Start 9:00 am

Sunday pm – BB+ / 13 & older session
Warm-up: 12:00 pm; Start 1:15 pm

<u>Girls</u>	<u>Events</u>	<u>Boys</u>	<u>Girls</u>	<u>Events</u>	<u>Boys</u>
57	8 & under 25 yard Back	58	95	10 & under 100 yard I.M.	96
59	8 & under 25 yard Fly	60	97	11-12 100 yard I.M.	98
61	8 & under 100 yard I.M.	62	99	13 & older 200 yard I.M.	100
63	9-10 100 yard I.M.	64	101	10 & under 50 yard Back	102
65	11-12 100 yard I.M.	66	103	11-12 50 yard Back	104
67	8 & under 50 yard Back	68	105	10 & under 200 yard Free	106
69	9-10 50 yard Back	70	107	11-12 200 yard Free	108
71	11-12 50 yard Back	72	109	10 & under 100 yard Breast	110
73	10 & under 200 yard Free	74	111	11-12 100 yard Breast	112
75	11-12 200 yard Free	76	113	10 & under 50 yard Fly	114
77	10 & under 100 yard Breast	78	115	11-12 50 yard Fly	116
79	11-12 100 yard Breast	80	117	10 & under 100 yard Free	118
81	8 & under 50 yard Fly	82	119	11-12 100 yard Free	120
83	9-10 50 yard Fly	84			
85	11-12 50 yard Fly	86		<u>20 minute break</u>	
87	8 & under 100 yard Free	88	121	11-12 1650 yard Free	122
89	9-10 100 yard Free	90	123	13 & older 1650 yard Free	124
91	11-12 100 yard Free	92			
	<u>20 minute break</u>				
93	11-12 1650 yard Free	94			