



AMENDED
2006 FALL FESTIVAL SWIM MEET
A/BB/B/C Meet
October 21-22, 2006
SANCTION NO. VS-07-08

Hosted by:
QDD
Swim Team

SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-07-08
LOCATION:	George Mason University, Freedom Aquatic and Fitness Center, Manassas VA., (703) 993-8444
FACILITY:	<ul style="list-style-type: none">• Ten Lane, 50 Meter indoor pool; Non-Turbulent Lane Markers; Colorado Automatic Timing System; setup to conduct competition in a 25 yard venue• At least 2 lanes will be available throughout the meet for continuous warmup and cool down.
MEET DIRECTOR:	Karen Harrison Phone: (703) 369-7669 Email: thebigmahmuh@aol.com
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all USA Swimming/VSI registered swimmers.• Swimmers entering events 31 & 32 (12 & Under 500 Freestyle), 57 & 58 (13-14 400 IM), 59 & 60 (15 & Over 400 IM), 61 & 62 (13 & Over 1000 Freestyle), 115 & 116 (13-14 500 Freestyle) and 117 & 118 (13 & Over 500 Freestyle) must have a BB time in that event for their age group. No more than 40 swimmers will be accepted in these events.• All swimmers participating in this meet must be registered by the first day of the meet.• No on deck registration will be permitted.• 2005-2008 NAG top 16 based times are in effect.• Age on October 21, 2006 will determine the swimmer's age for the meet
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">• All 12 & Younger swimmers will swim on Saturday and Sunday morning.• All 13 & Older swimmers will swim on Saturday and Sunday afternoon.• Events 31 and 32 will be swum immediately following the Saturday morning session.• Events 61 and 62 will be swum immediately following the Saturday afternoon session.• All events will be timed finals.
WARM-UPS:	<ul style="list-style-type: none">• Morning sessions: Warm-ups at 7:00-8:00 am, competition starts at 8:10 am.• Afternoon sessions: Warm-ups will begin no earlier than 12:00 and will run for 1 hour beginning immediately following events 31 and 32. Competition starts 10 minutes after the completion of warm-ups.• Lane assignment and warm-up times for individual clubs will be posted on the QDD website (www.qddswim.org) no later than Tuesday October 17th, and will also be emailed to the contact person of the participating clubs.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS 6:00 PM, WEDNESDAY, OCTOBER 11, 2006</p> <ul style="list-style-type: none">• Entries from teams outside the VSI LSC will be accepted until 6:00 pm, Thursday, October 12, 2006, if space is available after VSI entries have been accepted.• Entries must be submitted in short course yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, phone number, and email address of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.• Coaches Times (CT) and No Time (NT) will be accepted for events in which a swimmer does not have a time of record except for events 31, 32, 57, 58, 59, 60, 61, 62, 115, 116, 117 and 118 where a BB time or better is required. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed

	<p>competition.</p> <ul style="list-style-type: none"> • Swimmers may enter a maximum of 3 individual events per day. If a swimmer exceeds the maximum entries, the last event, by numerical order, will be dropped. • Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. • Entries will be processed in the order received. Meet will be limited to 750 Swimmers. • The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. • Email entries to: rlisbon@comcast.net • Send entries to: Rick Lisbon 3113 Fennegan Ct Woodbridge VA 22192 • IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. • Refunds will be made to anyone cut from an event by the Meet Director, because of a need to limit competition. • Late entries will be accepted. If received prior to the printing of the heat sheet, the swimmer will be seeded into the event; if after, they will go in the slowest heat in an empty lane. Additional heats will not be added.
FEES:	<p>Individual events: \$3.50 Relay events: \$14.00 Swimmer surcharge: \$2.00 per person</p> <ul style="list-style-type: none"> • Checks should be made payable to: QDD Swim Team, Inc. • Payment must be received by Tuesday, October 17, 2006 for email entries. Payment must be included with all mailed entries. • Failure to pay entry fees by this deadline could result in teams being barred from the meet. • Late Fees: In addition to the regular entry fee, a fee of \$10 per event prior to the first day of the meet and \$25 per event on or after the first day of the meet will be charged for any entry received after the entry deadline.
AWARDS:	<ul style="list-style-type: none"> • Individual events: Ribbons will be awarded for first through 8th Place. • 10 & Younger events will be given separate awards for 9-10 and 8 & Younger age groups. • Events 31 and 32 will be given separate awards for 10 & under and 11-12 age groups. • Events 61 and 62 will be given separate awards for 13-14 & 15 and over age groups.
SEEDING:	<ul style="list-style-type: none"> • All events, except events 31 & 32 (12 & U 500 Free), 57 & 58 (13-14 400 IM), 59 & 60 (15 & Over 400 IM), 61 & 62 (13 & Over 1000 Free), 115 & 116 (13-14 500 Free), 117 & 118 (15 & Over 500 Free) will be pre-seeded • Positive check-in will close at 9:00 am, Saturday October 21, 2006 for events 31 & 32. • Positive check-in will close at 2:00 pm, Saturday October 21, 2006 for events 57, 58, 59, 60, 61 & 62. • Positive check-in will close at 2:00 pm, Sunday October 22, 2006 for events 115, 116, 117 & 118. • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT • Swimmers competing in the 500 free and 1000 Free are responsible for providing their own lap counters and timers. • Events 61 & 62 (13 & Over 1000 Free) will be swum fastest to slowest alternating girls heats with boys heats
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the

ORDER OF EVENTS: Highlighted rows indicate positive CHECK-IN required

Session 1, Saturday October 21, 2006		
Women	Event	Men
1	Relays Eliminated	2
3	Relays Eliminated	4
5	10 & U 200 freestyle	6
7	11-12 200 freestyle	8
9	10 & U 100 breaststroke	10
11	11-12 100 breaststroke	12
13	10 & U 50 freestyle	14
15	11-12 50 freestyle	16
17	10 & U 100 butterfly	18
19	11-12 100 butterfly	20
21	10 & U 50 backstroke	22
23	11-12 50 backstroke	24
25	11-12 200 backstroke	26
27	10 & U 100 individual medley	28
29	11-12 100 individual medley	30

Session 5, Sunday Morning, October 22, 2006		
Women	Event	Men
63	Relays Eliminated	64
65	Relays Eliminated	66
67	11-12 200 breaststroke	68
69	10 & U 100 freestyle	70
71	11-12 100 freestyle	72
73	10 & U 50 breaststroke	74
75	11-12 50 breaststroke	76
77	10 & U 100 backstroke	78
79	11-12 100 backstroke	80
81	11-12 200 butterfly	82
83	10 & U 50 butterfly	84
85	11-12 50 butterfly	86
87	10 & U 200 individual medley	88
89	11-12 200 individual medley	90

Session 2, Saturday October 21, 2006		
Women	Event	Men
31	12 & U 500 freestyle	32

Session 3, Saturday Afternoon, October 21, 2006		
Women	Event	Men
33	Relays Eliminated	34
35	Relays Eliminated	36
37	13-14 100 freestyle	38
39	15 & Over 100 freestyle	40
41	13-14 200 butterfly	42
43	15 & Over 200 butterfly	44
45	13-14 100 backstroke	46
47	15 & Over 100 backstroke	48
49	13-14 50 freestyle	50
51	15 & Over 50 freestyle	52
53	13-14 200 breaststroke	54
55	15 & Over 200 breaststroke	56
57	13-14 400 individual medley	58
59	15 & Over 400 individual medley	60

Session 6, Sunday Afternoon, October 22, 2006		
Women	Event	Men
91	Relays Eliminated	92
93	Relays Eliminated	94
95	13-14 200 freestyle	96
97	15 & Over 200 freestyle	98
99	13-14 100 butterfly	100
101	15 & Over 100 butterfly	102
103	13-14 200 backstroke	104
105	15 & Over 200 backstroke	106
107	13-14 100 breaststroke	108
109	15 & Over 100 breaststroke	110
111	13-14 200 individual medley	112
113	15 & Over 200 individual medley	114
115	13-14 500 freestyle	116
117	15 & Over 500 freestyle	118

Session 4, Saturday Afternoon, October 21, 2006		
Women	Event	Men
61	13 & Over 1000 freestyle	62