



AMENDED
2007 SNOWFLAKE CLASSIC SWIM MEET
North District Meet
January 27-28, 2007
SANCTION NO. VS-07-34

Hosted by:
QDD
Swim Team

SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-07-34
LOCATION:	George Mason University, Freedom Aquatic and Fitness Center, Manassas VA., (703) 993-8444
FACILITY:	<ul style="list-style-type: none">• Ten Lane, 50 Meter indoor pool; Non-Turbulent Lane Markers; Colorado Automatic Timing System; setup to conduct competition in a 25 yard venue• At least 2 lanes will be available throughout the meet for continuous warmup and cool down.
MEET DIRECTOR:	Jean Leddy Phone: (540) 349-2544 Email: jfl930@aol.com
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all USA Swimming/VSI registered swimmers in the North District and others by invitation. Teams in the North District are: BASS, FAST, PWSC, QDD, RAYS, RPST, SHKS, TSU, VAST, VSPT, WSC & WST• Swimmers with two "BB" times at any distance one each in different strokes including IM as the fifth stroke can swim any event offered in the BB+ session.• Swimmers not qualified for the BB+ session can swim any event offered in the B/C session.• 8 & Younger swimmers may swim regardless of classification.• Swimmers may only swim relays in the session they are qualified to compete.• All swimmers participating in this meet must be registered by the first day of the meet.• No on deck registration will be permitted.• 2005-2008 NAG top 16 based times are in effect.• Age on January 27, 2007 will determine the swimmer's age for the meet
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">• All BB+ swimmers will swim on Saturday and Sunday morning – Sessions 1 & 3.• All 8 & Younger swimmers will swim on Saturday and Sunday morning – Sessions 1 & 3.• All B/C swimmers will swim on Saturday and Sunday afternoon – Sessions 2 & 4.• All events will be timed finals.
WARM-UPS:	<ul style="list-style-type: none">• Morning sessions: Warm-ups at 7:00-8:10 am, competition starts at 8:15 am.• Afternoon sessions: Warm-ups will begin no earlier than 12:00 and will run for 50 minutes. Competition starts 10 minutes after the completion of warm-ups.• If a session runs late, the next session warm-ups will begin immediately after the session ends.• Lane assignment and warm-up times for individual clubs will be posted on the QDD website (www.qddswim.org) no later than Tuesday January 23rd, and will also be emailed to the contact person of the participating clubs.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS 6:00 PM, WEDNESDAY, JANUARY 17, 2007</p> <ul style="list-style-type: none">• Entries from teams outside the VSI LSC will be accepted until 6:00 pm, Thursday, January 18, 2007, if space is available after VSI entries have been accepted.• Entries must be submitted in short course yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, phone number, and email address of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.

	<ul style="list-style-type: none"> Coaches Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. No Time (NT) entries will NOT be accepted. 12 & under Swimmers may enter a maximum of 4 individual events per day and 1 relay event per day. If a swimmer exceeds the maximum entries, the last event, by numerical order, will be dropped. 13 & over Swimmers may enter a maximum of 3 individual events per day. If a swimmer exceeds the maximum entries, the last event, by numerical order, will be dropped. Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. Entries will be processed in the order received. Meet will be limited to 750 Swimmers. Session lengths will be limited to 4 hours. If the timeline determines that a session is expected to exceed 4 hours, 13 & over entries will be dropped in the order they were received in order to meet that timeline. The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. Email entries to: rlisbon@comcast.net Send entries to: Rick Lisbon 3113 Fennegan Ct Woodbridge VA 22192 IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. Refunds will be made to anyone cut from an event by the Meet Director, because of a need to limit competition. Late entries will be accepted unless the meet is full. If received prior to the printing of the heat sheet, the swimmer will be seeded into the event; if after, they will go in the slowest heat in an empty lane. Additional heats will not be added.
FEES:	<p>Individual events: \$3.50 Relay events: \$12.00 Swimmer surcharge: \$2.00 per person</p> <ul style="list-style-type: none"> Checks should be made payable to: QDD Swim Team, Inc. Payment must be received by Tuesday, January 23, 2007 for email entries. Payment must be included with all mailed entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> Individual events: Ribbons will be awarded for first through 8th Place. 13 & Older events will NOT be given separate awards for 13-14 and 15 & Older age groups. 12 & Younger events will be given separate awards for 11-12, 9-10 and 8 & Younger age groups. 8 & Younger events will be given separate awards for 7-8 and 6 & Younger age groups. Relay events: Ribbons will be awarded for first through 4th place.
SEEDING:	<ul style="list-style-type: none"> All events, except Events 143 & 144 (500 Free) will be pre-seeded. All 8 & Younger swimmers should report to the Clerk of Course for their INDIVIDUAL events and will be escorted to the blocks from there. The coaches are responsible for organizing their 8 & Younger relays and getting them to the blocks. All other swimmers should report directly to the starting blocks for their events. Positive check-in is required for Events 143 and 144 (12 & Younger 500 Free). Positive Check-In will close at 8:00 AM on Sunday. SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT Swimmers competing in the 500 free are responsible for providing their own lap counters.

PENALTIES:	Penalties for entries using fraudulent and/or non-verifiable entry times: <ul style="list-style-type: none"> • Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. 		
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • The overhead start procedure will be used for all sessions unless the meet referee does NOT feel this is necessary based on the session timeline. • In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area. 		
OFFICIALS:	Meet Referees: Debbie Moseley Email: dbmoseley@aol.com Phone: (703) 791-3201 <ul style="list-style-type: none"> • Officials at all positions will be required for this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to John Doyle, Email: dad24doyle@comcast.net by January 23th. • Officials will meet in Hospitality 45 minutes before the start of every session 		
SAFETY:	VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.		
TIMERS:	<ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be posted on the www.pwcweb.com/gddsims no later than Tuesday January 23, 2007, and will also be emailed to the contact person of each of the individual clubs. 		
GENERAL:	<ul style="list-style-type: none"> • Heat sheets will be sold for \$5. • A Hospitality Suite will be available (refreshments & lunch) for USS officials & coaches. • Concessions snack bar and PRO SHOP will be available. 		
FACILITY RULES:	<ul style="list-style-type: none"> • Each club is responsible for supervising the conduct of their swimmers. • Swimmers are not permitted in any room of the buildings not directly associated with this swim meet. • No towels or suits etc. are to be hung on or around the lifeguard stands. • Only coaches, swimmers, and officials are allowed on the competition deck. All others are required to be in the elevated spectator bleachers or in the hallway. • Contact the Freedom Center Staff, (703) 993-8444, to request group rate use of the entire facility for your non swimming children/adults (\$3/person) • No cars are to be left in the fire lanes. 		
HOTELS:	<table border="0"> <tr> <td data-bbox="329 1560 812 1957"> The Courtyard, Manassas VA (At I-66 exit #47) 10701 Battleview Pkwy 703-335-1300 Marriott's Fairfield Inn, Manassas, VA (At I-66 #47) 703-393-9966 Springhill Suites by Marriott, Centreville, VA 703-815-7800 Best Western Battlefield (5 miles to pool) (123 rooms open to exterior) 10820 Balls Ford Rd (703) 361-8000 Comfort Suites (4.8 miles to pool) (138 rooms open to interior hallway) 7350 Williamson Blvd (703) 686-1100 </td> <td data-bbox="812 1560 1502 1957"> Country Inn & Suites by Marriott (5.4 miles to pool) (75 rooms open to interior hallway) 10810 Battleview Pkwy (703) 393-9797 Fairfield Inn by Marriott (5.5 miles to pool) (80 rooms open to interior hallway) 6950 NOVA Way (703) 393-9966 Hampton Inn (4.8 miles to pool) (125 rooms open to interior hallway) 7295 Williamson Blvd (703) 369-1100 </td> </tr> </table>	The Courtyard, Manassas VA (At I-66 exit #47) 10701 Battleview Pkwy 703-335-1300 Marriott's Fairfield Inn, Manassas, VA (At I-66 #47) 703-393-9966 Springhill Suites by Marriott, Centreville, VA 703-815-7800 Best Western Battlefield (5 miles to pool) (123 rooms open to exterior) 10820 Balls Ford Rd (703) 361-8000 Comfort Suites (4.8 miles to pool) (138 rooms open to interior hallway) 7350 Williamson Blvd (703) 686-1100	Country Inn & Suites by Marriott (5.4 miles to pool) (75 rooms open to interior hallway) 10810 Battleview Pkwy (703) 393-9797 Fairfield Inn by Marriott (5.5 miles to pool) (80 rooms open to interior hallway) 6950 NOVA Way (703) 393-9966 Hampton Inn (4.8 miles to pool) (125 rooms open to interior hallway) 7295 Williamson Blvd (703) 369-1100
The Courtyard, Manassas VA (At I-66 exit #47) 10701 Battleview Pkwy 703-335-1300 Marriott's Fairfield Inn, Manassas, VA (At I-66 #47) 703-393-9966 Springhill Suites by Marriott, Centreville, VA 703-815-7800 Best Western Battlefield (5 miles to pool) (123 rooms open to exterior) 10820 Balls Ford Rd (703) 361-8000 Comfort Suites (4.8 miles to pool) (138 rooms open to interior hallway) 7350 Williamson Blvd (703) 686-1100	Country Inn & Suites by Marriott (5.4 miles to pool) (75 rooms open to interior hallway) 10810 Battleview Pkwy (703) 393-9797 Fairfield Inn by Marriott (5.5 miles to pool) (80 rooms open to interior hallway) 6950 NOVA Way (703) 393-9966 Hampton Inn (4.8 miles to pool) (125 rooms open to interior hallway) 7295 Williamson Blvd (703) 369-1100		

ORDER OF EVENTS: Highlighted rows indicate positive CHECK-IN required

BB+ Sessions

Session 1, Saturday Morning January 27, 2007		
BB+ and 8 & Younger		
Women	Event	Men
1	11-12 200 Free	2
3	13 & Over 200 Free	4
5	8 & Under 100 IM	6
7	9-10 100 IM	8
9	11-12 100 IM	10
11	13 & Over 50 Free	12
13	8 & Under 25 Free	14
15	9-10 50 Free	16
17	11-12 50 Back	18
19	8 & Under 50 Back	20
21	13 & Over 200 Back	22
23	11-12 200 Back	24
25	9-10 100 Back	26
27	8 & Under 100 Back	28
29	13 & Over 100 Breast	30
31	11-12 100 Breast	32
33	9-10 50 Breast	34
35	8 & Under 25 Breast	36
37	11-12 50 Fly	38
39	13 & Over 200 Fly	40
41	11-12 200 Fly	42
43	9-10 100 Fly	44
45	8 & Under 50 Fly	46
47	11-12 50 Free	48
49	10 & Under 200 Free Relay	50
51	8 & Under 100 Free Relay	52
53	11-12 200 Free Relay	54

Session 3, Sunday Morning January 28, 2007		
BB+ and 8 & Younger		
Women	Event	Men
95	9-10 200 IM	96
97	11-12 200 IM	98
99	13 & Over 200 IM	100
101	8 & Under 50 Free	102
103	9-10 200 Free	104
105	8 & Under 100 Free	106
107	13 & Over 100 Free	108
109	11-12 100 Free	110
111	9-10 100 Free	112
113	8 & Under 25 Back	114
115	13 & Over 100 Back	116
117	11-12 100 Back	118
119	9-10 50 Back	120
121	8 & Under 50 Breast	122
123	11-12 50 Breast	124
125	8 & Under 100 Breast	126
127	13 & Over 200 Breast	128
129	11-12 200 Breast	130
131	9-10 100 Breast	132
133	8 & Under 25 Fly	134
135	13 & Over 100 Fly	136
137	11-12 100 Fly	138
139	9-10 50 Fly	140
141	8 & Under 100 Fly	142
143	12 & Under 500 Free	144
145	10 & Under 200 Medley Relay	146
147	8 & Under 100 Medley Relay	148
149	11-12 200 Medley Relay	150

B/C Sessions

Session 2, Saturday Afternoon, January 27, 2007		
B/C		
Women	Event	Men
55	11-12 200 Free	56
57	13 & Over 200 Free	58
59	9-10 100 IM	60
61	11-12 100 IM	62
63	13 & Over 50 Free	64
65	9-10 50 Free	66
67	11-12 50 Back	68
69	13 & Over 200 Back	70
71	11-12 200 Back	72
73	9-10 100 Back	74
75	13 & Over 100 Breast	76
77	11-12 100 Breast	78
79	9-10 50 Breast	80
81	11-12 50 Fly	82
83	13 & Over 200 Fly	84
85	11-12 200 Fly	86
87	9-10 100 Fly	88
89	11-12 50 Free	90
91	10 & Under 200 Free Relay	92
93	11-12 200 Free Relay	94

Session 4, Sunday Afternoon January 28, 2007		
B/C		
Women	Event	Men
151	9-10 200 IM	152
153	11-12 200 IM	154
155	13 & Over 200 IM	156
157	9-10 200 Free	158
159	13 & Over 100 Free	160
161	11-12 100 Free	162
163	9-10 100 Free	164
165	13 & Over 100 Back	166
167	11-12 100 Back	168
169	9-10 50 Back	170
171	11-12 50 Breast	172
173	13 & Over 200 Breast	174
175	11-12 200 Breast	176
177	9-10 100 Breast	178
179	13 & Over 100 Fly	180
181	11-12 100 Fly	182
183	9-10 50 Fly	184
185	10 & Under 200 Medley Relay	186
187	11-12 200 Medley Relay	188