



**LYNCHBURG FIRECRACKER
INVITATIONAL
July 6-8, 2007
SANCTION NO. VS-07-65**



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-07-65
LOCATION:	Miller Park Pool, Park Avenue, Lynchburg, VA (434)847-1759
FACILITY:	50 Meter, 8 lane, Outdoor pool with non-turbulent lane markers. Colorado Timing System. Small diving well for continuous warm down.
MEET DIRECTOR:	TJ & Lisa Liston CoachListon@comcast.net LisaLListon@aol.com (434) 384-6338 (home) (434) 444-1256 (cell)
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all USA Swimming registered swimmers.• All swimmers participating in this meet must be registered by the first day of the meet.• No on deck registration will be permitted.• Age on July 6, 2007 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">• All events will be timed finals.
WARM-UPS:	<ul style="list-style-type: none">• Friday evening warm ups at 4:00 PM; competition starts at 5:30 PM.• Morning sessions: Warm-ups at 7:00 AM; competition starts at 8:30 AM.• Afternoon sessions: Warm-ups at 12:30 PM; competition starts at 1:40 PM.• The Meet Director reserves the right to adjust warm up and start times if necessary.• Lane assignment and warm-up times for individual clubs will be posted on the LY website no later than Tuesday, July 3, and will also be emailed to the contact person of the participating clubs.• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, JUNE 26, 2007</p> <ul style="list-style-type: none">• Entries must be submitted in long course times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, phone number, and email address of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.• No Time (NT) entries will be accepted for events in which a swimmer does not have a time of record.• Swimmers may enter a maximum of five individual events per day.• Entries will be processed in the order received. This meet will be limited to a total of 450 swimmers.• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding.• Email entries to: Patbrm@aol.com• Mail entries to: Pat Brame, 1220 Abbey Place, Forest, VA 24551• IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.

FEES:	<p>Individual events: \$3.00 Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> • Checks should be made payable to: YMCA of Central Virginia • Payment must be received by July 3, 2007, for email entries. Payment must be included with all mailed entries. • Failure to pay entry fees by this deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> • Individual events: Ribbons will be awarded for first through eighth place. • Senior events will be given separate awards for 13-14 and Senior age groups. • 9-12 year old events will be given separate awards for 9-10 and 11-12 age groups. • 10 & Younger events will be given separate awards for 9-10 and 8 & Younger age groups.
SEEDING:	<ul style="list-style-type: none"> • All events, except events # 7-10 (400 free), 19,20 (800 free), 47,48 (400 IM), will be pre-seeded. • Swimmers in the afternoon sessions should report directly to the blocks for their events. • Events 7, 8, 9, 10, 19, 20, 47, & 48 will require a positive check-in to swim. • Positive check-in will close 10 minutes prior to the start of competition. • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. • Swimmers who check in and fail to swim will be barred from swimming their next event. • The senior 400 freestyle (event 9 & 10) and 800 freestyle (events 19 & 20) will be swum fast to slow alternating girls/boys. • Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • The overhead start procedure will be used at the discretion of the Referee. • In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Mary Turner Email: myturn@jetbroadband.net Phone: (434) 352-5451</p> <ul style="list-style-type: none"> • Officials at all positions will be required for this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Karen Conrad at taximomkc@jetbroadband.com • Officials meetings and any coaches' meetings will be announced
SAFETY:	<p>VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.</p>
TIMERS:	<p>Clubs are encouraged to provide help with timing.</p>
GENERAL:	<ul style="list-style-type: none"> • Hospitality will be provided for coaches and officials. • Concessions will be available along with a swim vendor. • Each club is responsible for the conduct of its swimmers.
FACILITY	<p>Parking is limited at the pool. PLEASE DO NOT PARK ON THE GRASS. Additional parking will be</p>

RULES:	available at the Lynchburg Public Library two blocks down Park Avenue on the left. Swimmer drop off is available at the pool.
DIRECTIONS:	Directions can be found at www.swim4ly.com
HOTELS:	Hotel information can be found at www.swim4ly.com

LY Firecracker Invitational

Friday, July 6 Warm ups 4:00PM Competition begins at 5:30PM

1-2	Senior	50 Free
3-4	11-12	200 IM
5-6	Senior	200 IM
7-8	9-12	400 Free
9-10	Senior	400 Free

Saturday, July 7

Warm ups 7:00AM Competition 8:30AM

11-12	Senior	100 Free
13-14	Senior	200 Fly
15-16	Senior	100 Breast
17-18	Senior	100 Back
19-20	Senior	800 Free

Warm ups 12:30PM Competition 1:40PM

21-22	11-12	50 Free
23-24	10 & U	50 Free
25-26	11-12	100 Fly
27-28	10 & U	100 Fly
29-30	11-12	50 Breast
31-32	10 & U	50 Breast
33-34	11-12	100 Back
35-36	10 & U	100 Back
37-38	12 & U	200 Free

Sunday, July 8

Warm ups 7:00AM Competition 8:30AM

39-40	Senior	200 Back
41-42	Senior	100 Fly
43-44	Senior	200 Breast
45-46	Senior	200 Free
47-48	Senior	400 IM

Warm ups 12:30PM Competition 1:40PM

49-50	10 & U	50 Back
51-52	11-12	50 Back
53-54	10 & U	50 Fly
55-56	11-12	50 Fly
57-58	10 & U	100 Breast
59-60	11-12	100 Breast
61-62	10 & U	100 Free
63-64	11-12	100 Free
65-66	10 & U	200 IM