|  | AMENDED <br> TYPHOON AQUATICS <br> AA Meet <br> October 28-30, 2005 <br> SANCTION NO. VS-06-10 |  |
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| SANCTION: | Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-06-10 |
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| LOCATION: | Midtown Aquatic Center, 570 McLawhorne Drive, Newport News, VA 23601, (757) 591-4573 |
| FACILITY: | 8 Lane, 25-yard competition course with Kiefer Wave eater racing lane lines. Colorado Automatic Timing System with 8 lane scoreboard will be used in conjunction with Hy-Tek Meet Manager software. |
| $\begin{aligned} & \text { MEET } \\ & \text { DIRECTOR: } \end{aligned}$ | H. Guy Sager, Jr. (H) 757-850-2581 <br> 34 Great Lakes Dr. (W) 757-595-3284 <br> Hampton, VA 23669 (Email): dandgsager1@cox.net |
| ELIGIBILITY: | - Open to all USA Swimming/VSI registered swimmers <br> - 10 \& Younger swimmers must have an "A" time for each event entered. <br> - 11-14 year old swimmers who have one "AA" entry time may enter two additional events in which they have at least an " $A$ " time. <br> - 15 \& Older swimmers who have one 15-16 "AA" entry time may enter two additional events in which they have at least a 15-16 "A" time. <br> - All swimmers participating in this meet must be registered by the first day of the meet. <br> - No on deck registration will be permitted. <br> - 2005-2008 NAG top 16 based times are in effect. <br> - Age on October 28, 2005 will determine age for the entire meet. |
| DISABILITY <br> SWIMMERS: | - Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. <br> - The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. |
| FORMAT: | - Friday: Swimmers of all ages. <br> - Saturday: Morning session: 12 \& Younger swimmers; Afternoon session: 13 \& Older swimmers <br> - Sunday: Morning session: 13 \& Older swimmers; Afternoon session: 12 \& Younger swimmers <br> - All events will be timed finals. <br> - Friday Evening session: Warm-ups at 4:15-5:30 pm; competition starts at 5:45 pm. <br> - Morning session: Warm-ups at 7:00-8:30 am; competition starts at 8:45 am Saturday. <br> - Morning session: Warm-ups at 7:00-8:15 am; competition starts at 8:30 am Sunday. <br> - Afternoon sessions: Warm-ups at 1:00-2:00 pm; competition starts at 2:15 pm. <br> - Lane assignment and warm-up times for individual clubs will be posted at the pool Saturday morning and emailed to the contact person of the participating clubs no later than October 26, 2005. <br> - The Meet Director shall determine the amount of time within each warm-up session that will be allowed for starts, once the total number of entries is determined. <br> - If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. |
| ENTRIES: | DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, OCTOBER 18, 2005. <br> - Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. <br> - Teams may submit entries as an e-mail attachment (preferred) or on a $31 / 2^{\prime \prime}$ computer disk. <br> - A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, address, email, and phone number of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. |


|  | - All entry times must have been achieved in USA Swimming sanctioned, approved, or observed competition. <br> - Swimmers may enter a maximum of 1 individual event on Friday and 4 individual events and 1 relay event (per day) on Saturday and Sunday. <br> - Relay teams must be designated $A, B, C$, etc., if more than one per club is entered per event. <br> - The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include elimination of relays, or combining heats and events, which actions may require reseeding. <br> - Email entries to: dandgsager1@cox.net <br> - Mail entries to: H. Guy Sager, Jr. <br> 34 Great Lakes Drive <br> Hampton, VA 23669 <br> (757) 850-2581 Work: (757) 595-3284 <br> - IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. |
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| FEES: | Individual events: \$3.50 <br> Relay events: \$14.00 <br> Swimmer surcharge: $\$ 2.00$ per person (entered in the meet in any capacity) <br> - Checks should be made payable to: TYPHOON AQUATICS <br> - Payment must be received by October 24, 2005 for email entries. Payment must be included with all mailed entries. <br> - If fees have not been received, teams and/or swimmers may not be allowed to compete. |
| AWARDS: | - Individual events: Ribbons will be awarded for first through eighth place. <br> - 13 \& Older events will be given separate awards for 13-14 age groups and 15 \& Older. <br> - 12 \& Younger events will be given separate awards for 11-12 and 10 \& Younger age groups. <br> - Heat winner ribbons will be awarded to 12 \& Younger swimmers. <br> - Relay events: Ribbons will be awarded for first through fourth place. <br> - Awards will be mailed to teams electing to leave the meet immediately after, or before the conclusion of the meet to the address listed in the team's entry report. |
| SEEDING: | - All events on Friday will be deck seeded. Positive check-in will be required. <br> - All events on Saturday and Sunday will be pre-seeded except the 13-14 \& 15\& O 500 Free (Event \#77-80). Positive check-In will be required for Event \#77-80. <br> - Positive check-in will close at $5: 30 \mathrm{pm}$ for the Friday events. Positive check-in will close at 8:30 am for the Sunday morning events ( $13-14$ \& 15\&O 500 Free). <br> - SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. <br> - Events 5 \& 6, Women/Men 13 \& Older 1000 yard free will be swum fastest to slowest and alternating heats of Women and Men. |
| PENALTIES: | Penalties for entries using fraudulent and/or non-verifiable entry times: <br> - Swimmer shall be disqualified from the event entered illegally and the event shall be rescored and awarded. <br> - Club may be fined $\$ 100$ for each offense, and a record of such offenses shall be kept and published as part of the official meet results. <br> - Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined $\$ 100$ per swimmer in each event so entered. <br> - If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. |
| RULES: | - The 2005 USA Swimming Rules and Regulations will apply. <br> - In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area. |


| OFFICIALS: | Meet Referee: Ernie Dash <br> Email: erdash@cox.net <br> Phone: (757) 890-2503 <br> - Officials at all positions will be required for this meet. <br> - Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to John Warhol, Email address: jlmrwarhol@cox.net and Paul Summa, Email: summann@earthlink.net no later than October 20, 2005. <br> - Officials' meeting will be held one hour prior to each session |
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| SAFETY: | VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules. |
| TIMERS: | Clubs will be required to provide timers for their respective swimmers, in any heat, for event \# 5 and \# 6. All other timing positions will be provided by the host team. |
| GENERAL: | - Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. <br> - Any swimmer/spectator that violates Midtown Aquatic Center's rules will be disqualified from the meet and escorted from the facility. <br> - Please note that the City of Newport News, prohibits food of any kind in the pool area; permissible beverages inside the pool area are limited to those in closed; plastic containers. <br> - Deck Access: Access to the pool deck will be strictly controlled. Swimmers (during their events), coaches, officials, and event staff only will be permitted access to the deck during warmups and competition. Spectators must remain in the stands while observing the meet. <br> - Programs: Meet Programs will be sold for $\$ 7.00$ <br> - Concessions: Typhoon Aquatics Inc. will operate a Concessions Stand during the meet for your enjoyment. <br> - Swim Supplies and Apparel: Swim and Sport Shop will provide swimming supplies and apparel during the meet. <br> - Warm-up Lane: A warm-up lane(s) will be provided during each session. <br> - Hospitality: Typhoon Aquatics Inc. will provide a Hospitality room for all coaches, officials, and event staff during the meet (no timers). Breakfast and lunch will be provided both days. |
| DIRECTIONS: | From the north/south, take Hampton Roads Center Parkway exit, from I-64, heading towards Newport News. Remain on the Parkway until it intersects Jefferson Ave. (approx. 3 miles). Turn left on Jefferson Avenue, and proceed approximately 1.0 miles until you reach McLawhorne Drive. Turn right at this intersection and proceed approximately 100 yards, the aquatic center will be on the left. You may park at any of the designated parking spaces for this facility. |

# TYPHOON AQUATICS 

## AA Meet

October 28-30, 2005

## FRIDAY EVENING <br> WARM-UPS: 4:15-5:30 PM <br> MEET STARTS: 5:45 PM

| Women |  |  | Event |
| :--- | :--- | :--- | :--- |
| 1 | $12 \& Y$ | 500 Free | Men |
| 3 | $13 \& O$ | 400 IM | 4 |
| 5 | $13 \& O$ | 1000 Free | 6 |

SATURDAY MORNING
WARM-UPS: 7:00-8:30 AM
MEET STARTS: 8:45 AM

| Women |  | Event | Men |
| :---: | :---: | :---: | :---: |
| 7 | 11-12 | 100 Fly | 8 |
| 9 | 10\&Y | 100 Fly | 10 |
| 11 | 11-12 | 50 Breast | 12 |
| 13 | 10\&Y | 50Breast | 14 |
| 15 | 11-12 | 200 Free | 16 |
| 17 | 10\&Y | 200 Free | 18 |
| 19 | 11-12 | 100 Back | 20 |
| 21 | 10\&Y | 100 Back | 22 |
| 23 | 11-12 | 200 Breast | 24 |
| 25 | 10\&Y | 50 Free | 26 |
| 27 | 11-12 | 50 Free | 28 |
| 29 | 10\&Y | 100 IM | 30 |
| 31 | 11-12 | 100 IM | 32 |
| 33 | 10\&Y | 200 Fr Relay | 34 |
| 35 | 11-12 | 200 Fr Relay | 36 |

## SUNDAY MORNING <br> WARM-UPS: 7:00-8:15 AM <br> MEET STARTS: 8:30 AM

| Women |  | Event | Men |
| :---: | :---: | :---: | :---: |
| 61 | 13-14 | 100 Free | 62 |
| 63 | 15\&O | 100 Free | 64 |
| 65 | 13-14 | 200 Back | 66 |
| 67 | 15\&O | 200 Back | 68 |
| 69 | 13-14 | 100 Fly | 70 |
| 71 | 15\&O | 100 Fly | 72 |
| 73 | 13-14 | 200 Breast | 74 |
| 75 | 15\&O | 200 Breast | 76 |
| 77 | 13-14 | 500 Free | 78 |
| 79 | 15\&O | 500 Free | 80 |


| Women |  | Event | Men |
| :---: | :---: | :---: | :---: |
| 37 | 13-14 | 200 Fly | 38 |
| 39 | 15\&O | 200 Fly | 40 |
| 41 | 13-14 | 100 Breast | 42 |
| 43 | 15\&O | 100 Breast | 44 |
| 45 | 13-14 | 200 Free | 46 |
| 47 | 15\&O | 200 Free | 48 |
| 49 | 13-14 | 100 Back | 50 |
| 51 | 15\&O | 100 Back | 52 |
| 53 | 13-14 | 200 IM | 54 |
| 55 | 15\&O | 200 IM | 56 |
| 57 | 13-14 | 50 Free | 58 |
| 59 | 15\&O | 50 Free | 60 |

SATURDAY AFTERNOON WARM-UPS: 1:00-2:00 PM MEET STARTS: 2:15 PM

SUNDAY AFTERNOON WARM-UPS: 1:00-2:00 PM MEET STARTS: 2:15 PM

| Women |  | Event | Men |
| :---: | :---: | :---: | :---: |
| 81 | 10\&Y | 200 Med.Relay | 82 |
| 83 | 11-12 | 200 Med.Relay | 84 |
| 85 | 11-12 | 200 Fly | 86 |
| 87 | 10\&Y | 50 Back | 88 |
| 89 | 11-12 | 50 Back | 90 |
| 91 | 10\&Y | 100 Breast | 92 |
| 93 | 11-12 | 100 Breast | 94 |
| 95 | 10\&Y | 200 IM | 96 |
| 97 | 11-12 | 200 IM | 98 |
| 99 | 10\&Y | 50 Fly | 100 |
| 101 | 11-12 | 50 Fly | 102 |
| 103 | 10\&Y | 100 Free | 104 |
| 105 | 11-12 | 100 Free | 106 |
| 107 | 11-12 | 200 Back | 108 |

