



**AMENDED**  
**TIDE FALL CLASSIC**  
**Southeast (SE) District B/C Meet**  
**November 5-6, 2005**  
**SANCTION NO. VS-06-11**



<b>SANCTION:</b>	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-06-11</b>
<b>LOCATION:</b>	Fort Eustis Aquatic Center, Building 641 (corner of Washington Ave & Tyler Ave), Fort Eustis, VA 23604, (757) 878-1090/1091
<b>FACILITY:</b>	Eleven (11) lane 25 yard indoor pool. All sessions will be run using an eight (8) lane course for competition. Facility uses a Daktronics Automatic Timing System with 10-lane scoreboard and Kiefer Wave Eater racing lane lines. The meet director reserves the right to use nine (9) or ten (10) lanes for competition during any session or individual event.
<b>MEET DIRECTOR:</b>	Dan Sykes 4305 Delray Drive Virginia Beach, VA 23455 <b>Email:</b> <a href="mailto:dsykes@landmarked.com">dsykes@landmarked.com</a> <b>Home:</b> (757) 363-8553 <b>Work:</b> (757) 446-2710 <b>Cell:</b> (757) 575-7253
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"><li>• Open to all USA Swimming/VSI registered swimmers in Southeast District. Teams Southeast District are: CYAT, NSD, OBX, ODAC, PRO, PYAC, SSC, TAC, TCAC, TIDE, CGBD, SEVA, TPHN, WAC</li><li>• All swimmers participating in this meet must be registered by the first day of the meet.</li><li>• No on deck registration will be permitted.</li><li>• <b>8 &amp; younger swimmers may participate regardless of classification.</b></li><li>• <b>Swimmers 9 &amp; older may compete in any event and relay strokes in which they have a "B", or "C" Time.</b></li><li>• 2005-2008 NAG top 16 based times are in effect.</li><li>• Age on November 5, 2005 will determine age for the entire meet.</li></ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"><li>• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</li><li>• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li></ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"><li>• <b>All 10 &amp; Younger</b> swimmers will swim on Saturday and Sunday morning.</li><li>• <b>All 11 &amp; Older</b> swimmers will swim on Saturday and Sunday afternoon.</li><li>• All events will be timed finals.</li><li>• Morning sessions (AM): Warm-ups at <b>6:45 am to 7:45 am</b>; competition starts at <b>8:00 am</b>.</li><li>• Afternoon sessions (PM): Warm-ups at <b>11:45 am to 12:45 pm</b>; competition starts at 1:00 pm.</li><li>• Distance Session (Events 83, 84, <b>85, &amp; 86</b> on Saturday afternoon):<ul style="list-style-type: none"><li>○ The pool will be opened for 15 minutes of open warm-ups immediately following the finish of the Saturday afternoon session, with the distance session competition starting 5 minutes thereafter.</li><li>○ The approximate start time of the distance session will be posted on the Tide Swim Team website <a href="http://www.tideswimming.com">www.tideswimming.com</a> no later than Wednesday Noon November 2, 2005 and will be e-mailed to the contact person of the participating clubs.</li><li>○ The distance session will start no earlier than the estimated times.</li></ul></li><li>• Lane assignment and warm-up times for individual clubs will be posted on the Tide Swim Team website <a href="http://www.tideswimming.com">www.tideswimming.com</a> no later than 12:00 noon, Wednesday, November 2, 2005, and will also be emailed to the contact person of the participating clubs.</li><li>• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.</li></ul>
<b>ENTRIES:</b>	<b>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, OCTOBER 26, 2005.</b> <ul style="list-style-type: none"><li>• Entries must be submitted in short course yard times using Hy-Tek Team Manager and CommLink-2 software, or on a VSI master entry sheet.</li><li>• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.</li></ul>

	<ul style="list-style-type: none"> <li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, email addresses, and phone of the person to contact in case of questions, regardless of how they are submitted.</li> <li>• Coaches Times (CT) or No Time (NT) entries will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved or observed competition.</li> <li>• Swimmers may enter a maximum of <b>4 individual events and 1 relay event per day. Due to the size of the meet, 11&amp;O swimmers entered into a total of 6 events or more will be scratched from one event.</b></li> <li>• Relay teams must be designated A, B, C, etc., if a team enters more than one relay in that event. <b>All 11-12, 13-14, and 15&amp;O relays have been cancelled.</b></li> <li>• Entries will be processed in the order received and date of receipt will be used in the event the meet is limited to a total number of swimmers.</li> <li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session; this may include combining heats and events, which actions may require reseeding.</li> <li>• Email entries to: <a href="mailto:jsykes@infionline.net">jsykes@infionline.net</a></li> <li>• Mail entries to: Dan Sykes 4305 Delray Drive Virginia Beach, VA 23455</li> <li>• <b>IMPORTANT:</b> If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery, as this will delay the receipt of your entries.</li> </ul>
<b>FEES:</b>	<p>Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.00 (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: Tide Swim Team, Inc.</li> <li>• Payments must be received by Wednesday November 2, 2005 for email entries. Payment must be included with all mailed entries</li> <li>• Failure to pay entry fees by this deadline could result in teams being barred from the meet.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual events: Ribbons will be awarded for first (1<sup>st</sup>) through eighth (8th) place.</li> <li>• 8 &amp; younger events will be given separate awards for 8 yr olds, 7 yr olds and 6 &amp; younger.</li> <li>• 10 &amp; younger events will be given separate awards for 9/10 and 8 &amp; younger.</li> <li>• 11 &amp; older events will be given separate awards for 11/12, 13/14 and 15 &amp; older.</li> <li>• 12 &amp; younger events will be given separate awards for 11/12 and 9/10.</li> <li>• 13 &amp; older events will be given separate awards for 13/14 and 15 &amp; older.</li> <li>• Heat winner ribbons will be awarded for all 10 &amp; Younger individual events.</li> <li>• Relay events: Ribbons will be awarded for first (1<sup>st</sup>) through fourth (4th) place.</li> <li>• The meet will not be scored.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• All events, except the 500 Free and 1000 Free events and 400 IM events, will be pre-seeded. The 500 Free and 1000 Free events and 400 IM events will be deck-seeded.</li> <li>• Events 55,56, 83, 84, 85, 86, 87, &amp; 88 (or all 500 Free and 1000 Free events and the 400 IM events) will require a positive check-in</li> <li>• Positive check-in will close at the end of warm-ups on the day each event is scheduled.</li> <li>• <b>SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT.</b></li> <li>• All deck-seeded events will be run in event order, slowest to fastest.</li> </ul>
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li>• <b>Swimmer shall be disqualified from the event entered illegally and the event re-awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> </ul>

	<ul style="list-style-type: none"> <li>If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>The 2005 USA Swimming Rules and Regulations will apply.</li> <li>The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee.</li> <li>In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.</li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: Bob Hood</b>  <b>Email: <a href="mailto:bobsand4@cox.net">bobsand4@cox.net</a></b>  <b>Phone: 757-872-7078</b></p> <ul style="list-style-type: none"> <li>Officials at all positions will be required for this meet. We ask for your team's help in supplying officials for the meet.</li> <li>Anyone in the process of achieving certification through on deck training is welcome.</li> <li>Team Officials Chairpersons should submit separate lists of the names and session availability of certified officials, as well as the names and session availability of trainees to: Tom Colasurdo, Tide Swim Team Officials Chairman @ (757) 424-3943 or <a href="mailto:colasurdo_tjrh@zero.net">colasurdo_tjrh@zero.net</a>.</li> <li>We ask all officials be on the pool deck NLT one (1) hour prior to the start of the session.</li> </ul>
<b>SAFETY:</b>	VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
<b>TIMERS:</b>	Tide Swim Team plans to provide all timers necessary to run the meet. We may seek volunteers from other teams on the day of the meet.
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li><b>Meet Programs:</b> Heat sheets and/or psych sheets will be sold for \$5.00</li> <li><b>Snack Bar:</b> A snack bar will be open during the meet</li> <li><b>Swim Shop:</b> A Swim Shop will be open during the meet</li> <li><b>Hospitality:</b> Tide Swim Team will provide a Hospitality Room for coaches, officials and officials in training. Breakfast and lunch will be served. Drinks and snacks will be provided during the day.</li> </ul>
<b>FACILITY RULES:</b>	<ul style="list-style-type: none"> <li><b>PLEASE READ THOROUGHLY. THE MEET MARSHALS, AQUATIC CENTER STAFF AND THE FORT EUSTIS FIRE MARSHALL WILL ENFORCE RULES.</b></li> <li><b>FORT EUSTIS AUTOMOBILE ACCESS: DRIVERS LICENSE, AUTOMOBILE REGISTRATION AND PROOF OF INSURANCE ARE REQUIRED TO ENTER THE FORT.</b></li> <li><b>Swimmer/Spectator Conduct:</b> Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator who violates Aquatic Center rules, posted at the pool and in the meet program will be disqualified from the meet and escorted from the facility.</li> <li><b>The Aquatic Center prohibits food of any kind in the pool area. Consumption of food is allowed in the lobby area and the spectator balcony. Permissible beverages, sports drinks and water, must be in closed plastic containers.</b></li> <li><b>Deck Access:</b> Access to the pool deck will be strictly controlled. Swimmers, coaches, officials and event staff only will be permitted on the deck during warm-ups and the competition.</li> <li>The Pool Decks have been recently resurfaced and the Aquatic Center prohibits any street shoes on the deck.</li> <li><b>SWIMMERS WILL NOT BE ALLOWED IN THE BALCONY AREA. THE BALCONY SEATING AREA IS FOR SPECTATORS ONLY. SWIMMERS MUST STAY ON THE COMPETITION POOL DECK.</b></li> <li><b>THE ADVENTURE POOL DECK IS AVAILABLE FOR SWIMMER AND TEAM SET UP AREAS. PARENTS AND SPECTATORS ARE DISCOURAGED FROM SETTING UP IN THIS AREA DUE TO THE SIZE OF THE MEET.</b></li> </ul>
<b>DIRECTIONS:</b>	From Southside: I64 WEST through the Hampton Roads Bridge Tunnel to Exit 250A, Fort Eustis Blvd. After passing through the main gate, the road becomes Washington Blvd. At ½ mile, go through the traffic circle by going 180 degrees around the circle. After the circle, take your first right on Tyler Avenue. The Aquatic Center entrance is on your left immediately after you turn onto Tyler Avenue. There is a drop off point in the front of the Aquatic Center. Additional parking is available 50 yards past the entrance to the Aquatic Center on the both the right and left sides of Tyler Avenue.

**ORDER OF EVENTS**  
**Tide Fall Classic B/C Meet**  
**November 5-6, 2005**  
**Fort Eustis, VA**

**Saturday Morning**

<u>Girls</u>		<u>Boys</u>
1	8 & younger 50 Breast	2
3	10 & younger 100 Breast	4
5	8 & younger 25 Back	6
7	9 - 10 50 Back	8
9	10 & younger 200 Free	10
11	8 & younger 50 Fly	12
13	10 & younger 100 Fly	14
15	8 & younger 25 Free	16
17	9 - 10 50 Free	18
19	10 & younger 200 IM	20
21	8 & younger 200 Medley Relay	22
23	9 - 10 200 Medley Relay	24

**Sunday Morning**

<u>Girls</u>		<u>Boys</u>
25	8 & younger 50 Back	26
27	10 & younger 100 Back	28
29	8 & younger 25 Breast	30
31	9 - 10 50 Breast	32
33	10 & younger 100 IM	34
35	8 & younger 50 Free	36
37	10 & younger 100 Free	38
39	8 & younger 25 Fly	40
41	9 - 10 50 Fly	42
43	8 & younger 200 Free Relay	44
45	9 - 10 200 Free Relay	46

**Saturday Afternoon**

<u>Girls</u>		<u>Boys</u>
47	11 - 12 50 Back	48
49	13 - 14 100 Back	50
51	15 & older 100 Back	52
53	11 - 12 200 IM	54
55	13 & older 400 IM	56
57	11 - 12 50 Free	58
59	13 - 14 50 Free	60
61	15 & older 50 Free	62
63	11 - 12 100 Breast	64
65	11 & older 200 Breast	66
67	11 - 12 50 Fly	68
69	13 - 14 100 Fly	70
71	15 & older 100 Fly	72
73	11 - 12 200 Free	74
75	13 - 14 200 Free	76
77	15 & older 200 Free	78

**Sunday Afternoon**

<u>Girls</u>		<u>Boys</u>
87	13 & older 500 Free	88
89	11 - 12 50 Breast	90
91	13 - 14 100 Breast	92
93	15 & older 100 Breast	94
95	11 - 12 100 Fly	96
97	11 & older 200 Fly	98
99	11 - 12 100 Free	100
101	13 - 14 100 Free	102
103	15 & older 100 Free	104
105	11 - 12 100 IM	106
107	13 - 14 200 IM	108
109	15 & older 200 IM	110
111	11 - 12 100 Back	112
113	11 & older 200 Back	114

**Saturday Afternoon Distance Session**

<u>Girls</u>		<u>Boys</u>
83	13 & older 1000 Free	84
<b>85</b>	<b>12 &amp; younger 500 Free</b>	<b>86</b>

**NOTE: Events 79, 80, 81, 82, 115, 116, 117, 118, 119, & 120 have been scratched due to the length of the meet.**