



**AMENDED #2**  
**TAC MOTHER'S DAY CLASSIC**  
**Southeast (SE) District BB+ Meet**  
**May 12-14, 2006**  
**SANCTION NO. VS-06-57**



<b>SANCTION:</b>	Held under the sanction of USA Swimming/Virginia Swimming, Inc., <b>SANCTION NO: VS-06-57</b>
<b>LOCATION:</b>	Fleet Recreation Park, Norfolk Naval Station, 90th Street off of Hampton Blvd, Norfolk, VA, Phone: (757) 444-2134
<b>FACILITY:</b>	Seven (7) lane 50 meter pool. Automatic timing by Colorado Systems.
<b>MEET DIRECTOR:</b>	Carl "Sonny" Grissom Phone: (C) (757) 286-8640; (W) (757) 201-7526 Email: <a href="mailto:sonny.grissom@cox.net">sonny.grissom@cox.net</a>
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"><li>• Open to all USA Swimming/VSI registered swimmers in Southeast District. Southeast District Teams are: CGBD, CYAT, NSD, OBX, ODAC, PRO, PYAC, SEVA, SSC, TAC, TCAC, TIDE, TPHN, WAC.</li><li>• Swimmers must have a minimum "BB" classification time in each event entered.</li><li>• All swimmers participating in this meet must be registered by the first day of the meet.</li><li>• No on deck registration will be permitted.</li><li>• 2005-2008 NAG top 16 based times are in effect.</li><li>• Age on May 12, 2006 will determine age for the entire meet.</li></ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"><li>• Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.</li><li>• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li></ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"><li>• All 12 &amp; Younger swimmers will swim on Saturday first Session and Sunday morning.</li><li>• All 13 &amp; Older swimmers will swim on Saturday second Session and Sunday afternoon.</li><li>• All events will be timed finals.</li><li>• Friday afternoon (PM): Warm-ups at 6:00 pm to 6:30 pm; competition starts at 6:45 pm.</li><li>• Saturday 1st session: Warm-ups at 11:00 am to 12:00 pm; competition starts at 12:15 pm.</li><li>• Saturday 2nd session: Warm-ups at 4:00 pm to 5:00 pm; competition starts at 5:15 pm.</li><li>• Sunday AM session: Warm-ups at 7:00 am to 8:00 am; competition starts at 8:15 am.</li><li>• Sunday PM session: Warm-ups at 12:30 pm to 1:30 pm; competition starts at 1:45 pm.</li><li>• The meet director reserves the right to adjust warm-up times once entries are received.</li><li>• Lane assignment and warm-up times for individual clubs will be posted on the TAC website no later than Thursday, May 11, 2006, and will also be emailed to the contact person of the participating clubs.</li><li>• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.</li></ul>
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, MAY 3, 2006</b></p> <ul style="list-style-type: none"><li>• Entries must be submitted in <b>Long Course Meter</b> times using Hy-Tek Team Manager and CommLink-2 software, or on a VSI master entry sheet.</li><li>• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.</li><li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, email address, and phone number of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.</li><li>• All entry times must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li><li>• Swimmers may enter a maximum of one (1) individual event on Friday, and four (4) individual events per day on Saturday and Sunday. Swimmers may enter one (1) relay per day.</li><li>• Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.</li></ul>

	<ul style="list-style-type: none"> <li>• Entries will be processed in the order received and date and time of receipt will be used in the event the meet is limited to a total number of swimmers.</li> <li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, actions which may require reseeding.</li> <li>• <b>Email entries to:</b> <a href="mailto:sonny.grissom@cox.net">sonny.grissom@cox.net</a></li> <li>• Mail entries to: Carl "Sonny" Grissom 629 Herron Drive Chesapeake, VA 23320 Phone: (C) (757) 286-8640; (W) (757) 201-7526</li> <li>• <b>IMPORTANT:</b> If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.</li> </ul>
<b>FEES:</b>	<p>Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: Tidewater Aquatic Club.</li> <li>• Payment must be received by May 10, 2006 for email entries. Payment must be included with all mailed entries.</li> <li>• Failure to pay entry fees by this deadline could result in teams being barred from the meet.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual events: Ribbons will be awarded for first (1<sup>st</sup>) through seventh (7<sup>th</sup>) place.</li> <li>• 13 &amp; Older events will be given separate awards for 13-14 and 15 &amp; Older age groups.</li> <li>• 12 &amp; Younger events will be given separate awards for 11-12 and 10 &amp; Younger age groups.</li> <li>• Relay events: Ribbons will be awarded for first (1<sup>st</sup>) through third (3<sup>rd</sup>) place.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• All <b>individual</b> events, except the 400 Free, 800 Free, and 400 IM will be <b>pre-seeded</b>.</li> <li>• Swimmers in all sessions should report directly to the blocks for their events.</li> <li>• The 400 Free, 800 Free, and 400 IM will require a positive check-in to swim. Positive check-ins will close before the start of each session.</li> <li>• <b>SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT.</b></li> <li>• Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.</li> </ul>
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li>• <b>Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The 2005 USA Swimming Rules and Regulations will apply.</li> <li>• The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee.</li> <li>• In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.</li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: Cathy Rudolph</b> <b>Phone: (757) 496-3622</b> <b>Email: <a href="mailto:clrtarheel@yahoo.com">clrtarheel@yahoo.com</a></b></p> <ul style="list-style-type: none"> <li>• Officials at all positions will be required for this meet.</li> <li>• Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to <b>Jill Stewart</b>, email:</li> </ul>

	<a href="mailto:jillbstewart@cox.net">jillbstewart@cox.net</a> , phone: <b>(757) 410-2073</b> , no later than Monday, May 8, 2006. <ul style="list-style-type: none"> <li>There will be an officials' meeting one hour prior to the start of each session.</li> </ul>
<b>SAFETY:</b>	VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
<b>TIMERS:</b>	Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be posted on the TAC website no later than Wednesday, May 10, 2006 and will also be emailed to the contact person of each of the individual clubs.
<b>GENERAL:</b>	Heat sheets will be available for \$5.00.
<b>FACILITY RULES:</b>	<ul style="list-style-type: none"> <li>PLEASE READ THOROUGHLY.</li> <li>THE MEET MARSHALS, AQUATIC CENTER STAFF AND NORFOLK NAVAL STATION FIRE MARSHAL WILL ENFORCE RULES</li> <li>Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator who violates Aquatic Center rules, posted at the pool will be disqualified from the meet and escorted from the facility.</li> <li>Swimmer and spectators are not allowed to wander the fields at Fleet Recreation Park.</li> <li>The outdoor pool adjacent to the facility can not be used for any type of swimming or seating during the meet.</li> <li>No radios, stereos, or boom boxes are permitted in the pool area. Walkmans are permitted.</li> <li>Balls, skateboards, roller blades and squirt guns are not permitted anywhere within the facility and WILL BE CONFISCATED.</li> <li>NO RUNNING, SMOKING or GLASS permitted in the building.</li> <li>Teams are responsible for policing trash in the areas where they congregate. We ask everyone to please help keep the facility clean by using the trash receptacles located throughout the building.</li> </ul>
<b>DIRECTIONS:</b>	Take I-64 to I-564 Exit toward the Norfolk Naval Base. Exit immediately onto Terminal Blvd (there is only one way to go here). Follow Terminal Blvd. until it intersects with Hampton Blvd. in front of the Norfolk International Terminals. Take a right onto Hampton Blvd. Go approximately one mile and turn right onto 90th Street. The pool is visible from Hampton Blvd, but it is about 200 meters from the road. You enter the pool from the right side of the building.

# TAC MOTHER'S DAY CLASSIC

## Order of Events

Friday, May 12, 2006

### Distance Session

Warm-up: 6:00 pm; Start: 6:45 pm

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	12&U 400 Free	2
3	<b>11&amp;O 800 Free</b>	4

Saturday, May 13, 2006

### Afternoon Session

Warm-up: 11:00 am; Start: 12:15 pm

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
5	11-12 100 Breast	6
7	10&U 100 Breast	8
9	11-12 50 Fly	10
11	10&U 50 Fly	12
13	11-12 200 Back	14
15	10&U 100 Free	16
17	11-12 100 Free	18
19	10&U 50 Back	20
21	11-12 50 Back	22
23	11-12 200 Fly	24

### Evening Session

Warm-up: 4:00 pm; Start: 5:15 pm

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
25	13&O 400 IM	26
27	13&O 200 Back	28
29	13&O 100 Fly	30
31	13&O 200 Free	32
33	13&O 100 Breast	34
35	13&O 200 IM	36

Sunday, May 14, 2006

### Morning Session

Warm-up: 7:00 am; Start: 8:15 am

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
37	11-12 100 Back	38
39	10&U 100 Back	40
41	11-12 50 Breast	42
43	10&U 50 Breast	44
45	11-12 200 Free	46
47	10&U 200 Free	48
49	11-12 200 IM	50
51	10&U 200 IM	52
53	11-12 100 Fly	54
55	10&U 100 Fly	56
57	11-12 50 Free	58
59	10&U 50 Free	60
61	11-12 200 Breast	62
63	10&U 200 Medley Relay	64
65	11-12 200 Medley Relay	66

### Afternoon Session

Warm-up: 12:30 noon; Start: 1:45 pm

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
67	13&O 200 Fly	68
69	13&O 50 Free	70
71	13&O 200 Breast	72
73	13&O 400 Free	74
75	13&O 100 Back	76
77	13&O 100 Free	78
79	13&O 400 Medley Relay	80