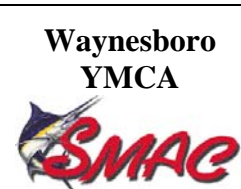




**AMENDED**  
**WAYNESBORO YMCA FALL INVITATIONAL 2005**  
**Southwest District BB/B/C Meet**  
**October 29-30, 2005**  
**SANCTION NO. VS-06-25**



<b>SANCTION:</b>	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-06-25</b>
<b>LOCATION:</b>	Waynesboro YMCA, 648 S. Main St., Waynesboro, VA 22980 (540) 942-5107
<b>FACILITY:</b>	Indoor 25 yd. 6 lane pool with Kieffer McNeil lane lines. Colorado Timing System with scoreboard.
<b>MEET DIRECTOR:</b>	David Bihl Email: <a href="mailto:davidbihl@yahoo.com">davidbihl@yahoo.com</a> Phone: (717) 350-3896 (mobile)
	<ul style="list-style-type: none"><li>• Open to all USA Swimming/VSI registered swimmers in Southwest District. Teams in Southwest District are: BSF, CCA, CYAC, GATR, HA, HMCH, LASO, LY, RAYS, RATS, SCAT, SMAC, STRM, SVFY, &amp; SWAT</li><li>• All swimmers participating in this meet must be registered by the first day of the meet.</li><li>• No on deck registration will be permitted.</li><li>• <b>8 &amp; younger swimmers may participate regardless of classification.</b></li><li>• <b>Swimmers 9 &amp; Older may compete in any event and relay strokes in which they have a "BB", "B", or "C" Time.</b></li><li>• 2005-2008 NAG top 16 based times are in effect.</li><li>• Age on October 29, 2005 (first day of the meet) will determine age for the entire meet.</li></ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"><li>• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</li><li>• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li></ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"><li>• All 10 &amp; Younger swimmers will swim on Saturday and Sunday morning.</li><li>• All 11 &amp; Older swimmers will swim on Saturday and Sunday afternoon.</li><li>• All events will be timed finals.</li><li>• <b>Morning sessions: Warm-ups at 10:00-10:30 am; competition starts at 10:40 am.</b></li><li>• <b>Afternoon sessions: Warm-ups at 1:00-1:30 pm; competition starts at 1:45 pm.</b></li><li>• Lane assignment and warm-up times for individual clubs will be posted on the Waynesboro YMCA SMAC website (<a href="http://www.eteamz.active.com/smacswimming">www.eteamz.active.com/smacswimming</a>) no later than Wednesday, October 26, 2005, and will also be emailed to the contact person of the participating clubs.</li><li>• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.</li></ul>
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, OCTOBER 19, 2005.</b></p> <ul style="list-style-type: none"><li>• Entries must be submitted in short course yards times using Hy-Tek Team Manager and Commlink-2 software.</li><li>• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.</li><li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.</li><li>• Coaches Times (CT) and No Times (NT) entries will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li><li>• Swimmers may enter a maximum of 4 <i>individual events</i> and 1 <i>relay event</i> per day.</li><li>• Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.</li><li>• Entries will be processed in the order received. This meet will be limited to a total of 400 swimmers.</li><li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too</li></ul>

	<p>lengthy a session. This may include combining heats and events, which actions may require reseeding.</p> <ul style="list-style-type: none"> <li>Email entries to: <a href="mailto:smacrocks@ntelos.net">smacrocks@ntelos.net</a></li> <li>Mail entries to: David Bihl c/o Waynesboro YMCA 648 S. Wayne Ave. Waynesboro, VA 22980 Phone: (540) 942-5107</li> <li>IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.</li> </ul>
<b>FEES:</b>	<p>Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> <li>Checks should be made payable to: Waynesboro YMCA.</li> <li>Payment must be received by October 26, 2005 for email entries. Payment must be included with all mailed entries.</li> <li>Failure to pay entry fees by this deadline could result in teams being barred from the meet.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>Individual events: Ribbons will be awarded for first through 6th place.</li> <li>13 &amp; Older events will be given separate awards for 13-14 and 15 &amp; Older age groups.</li> <li>11 &amp; Older events will be given separate awards for 11-12, 13-14, and 15 &amp; Older age groups.</li> <li>Heat winner ribbons will be awarded for all 10 &amp; Younger individual events.</li> <li>Relay events: Ribbons will be awarded for first through 3rd place.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>All events will be pre-seeded. 8 &amp; Younger swimmers in the morning sessions must report to the Clerk of Course and they will be escorted to the blocks from there.</li> <li>Swimmers in the afternoon sessions should report directly to the blocks for their events.</li> <li>Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.</li> </ul>
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li><b>Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded.</b></li> <li><b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li><b>Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>The 2005 USA Swimming Rules and Regulations will apply.</li> <li>The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee.</li> <li>In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.</li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: Don Kelley</b> <b>Email: <a href="mailto:kelleys@ntelos.net">kelleys@ntelos.net</a></b> <b>Phone: (540) 943-0867</b></p> <ul style="list-style-type: none"> <li>Officials at all positions will be required for this meet.</li> <li>Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to David Bihl (Waynesboro YMCA SMAC officials chair) at <a href="mailto:davidbihl@yahoo.com">davidbihl@yahoo.com</a> or (717) 350-3896 (mobile) no later than Monday, October 24, 2005.</li> <li>Officials meeting will be held 30 minutes prior to the start of each session. Coaches meeting will be held 15 minutes prior to the start of the 1<sup>st</sup> session on Saturday morning.</li> </ul>

<b>SAFETY:</b>	VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.</li> <li>The number of timers required per club and their lane assignments will be posted on the Waynesboro YMCA SMAC website no later than Wednesday, October 26, 2005, and will also be emailed to the contact person of each of the individual clubs.</li> </ul>
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>Concessions will be available.</li> <li>The gym will be open for the entire meet.</li> <li>The Clerk of Course will be located in the gym for the morning sessions and will escort swimmers to the blocks from there.</li> <li>Heat sheets will be available for \$5.00.</li> </ul>
<b>FACILITY RULES:</b>	No smoking or running in the facility. Everyone will be expected to abide by the facility rules. Swimmers, coaches, and teams will be held responsible for any damage.
<b>DIRECTIONS:</b>	Take exit 96 off US Interstate 64. Go north towards Waynesboro. Take second left (Windsor) and go to the end of the road. Turn right onto Lyndhurst (changes to Wayne Ave.). The YMCA is ½ mile on the right.
<b>HOTELS:</b>	Days Inn: (540) 943-1101 Hampton Inn: (540) 885-3762 Hampton Inn: (540) 213-9500 Holiday Inn: (540) 932-7170 Super 8: (540) 943-3888

## Order of Events

### Saturday AM

Warm-up: **10:00 am**; Start **10:40 am**

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	8&Y 100 yd IM	2
3	9/10 200 yd IM	4
5	7&Y 25 yd Back	6
7	8 yr old 25 yd Back	8
9	9/10 100 yd Back	10
11	8&Y 50 yd Fly	12
13	9 yr old 50 yd Fly	14
15	10 yr old 50 yd Fly	16
17	7&Y 25 yd Breast	18
19	8 yr old 25 yd Breast	20
21	9/10 100 yd Breast	22
23	7&Y 50 yd Free	24
25	8 yr old 50 yd Free	26
27	9 yr old 100 yd Free	28
29	10 yr old 100 yd Free	30
31	8&Y 100 yd Medley Relay	32
33	9/10 200 yd Medley Relay	34

### Sunday AM

Warm-up: **10:00 am**; Start: **10:40 am**

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
63	9 yr old 100 yd IM	64
65	10 yr old 100 yd IM	66
67	8&Y 50 yd Breast	68
69	9 yr old 50 yd Breast	70
71	10 yr old 50 yd Breast	72
73	8&Y 100 yd Free	74
75	9/10 200 yd Free	76
77	7&Y 25 yd Fly	78
79	8 yr old 25 Fly	80
81	9/10 100 yd Fly	82
83	8&Y 50 yd Back	84
85	9 yr old 50 yd Back	86
87	10 yr old 50 yd Back	88
89	7&Y 25 yd Free	90
91	8 yr old 25 yd Free	92
93	9 yr old 50 yd Free	94
95	10 yr old 50 yd Free	96
97	8&Y 100 yd Free Relay	98
99	9/10 200 yd Free Relay	100

### Saturday PM

Warm-up: **1:00 pm**; Start 1:45 pm

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
35	11/12 50 yd Free	36
37	13&O 50 yd Free	38
39	11/12 100 yd Fly	40
41	13&O 100 yd Fly	42
43	11/12 50 yd Back	44
45	11&O 400 yd IM	46
47	11/12 100 yd IM	48
49	13&O 100 yd Back	50
51	11/12 100 yd Breast	52
53	11&O 200 yd Breast	54
55	11/12 200 yd Free	56
57	13&O 200 yd Free	58
59	11/12 200 yd Medley Relay	60
61	13&O 200 yd Medley Relay	62

### Sunday PM

Warm-up: **1:00 pm**; Start: 1:45 pm

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
101	13&O 100 yd Free	102
103	11/12 100 yd Free	104
105	11&O 200 yd Fly	106
107	11/12 50 yd Fly	108
109	13&O 100 yd Breast	110
111	11/12 100 yd Back	112
113	11&O 200 yd Back	114
115	11/12 50 yd Breast	116
117	13&O 200 yd IM	118
119	11/12 200 yd IM	120
121	13&O 200 yd Free Relay	122
123	11/12 200 yd Free Relay	124