



2005 FALL FESTIVAL SWIM MEET
Northern District A/BB Meet
October 22-23, 2005
SANCTION NO. VS-06-07

Hosted by:
QDD
 Swim Team

SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-06-07
LOCATION:	George Mason University, Freedom Aquatic and Fitness Center, Manassas VA., (703) 993-8444
FACILITY:	Ten Lane, 50 Meter indoor pool; Non-Turbulent Lane Markers; Colorado Automatic Timing System; setup to conduct competition in a 25 yard venue
MEET DIRECTOR:	Karen Harrison Phone: (703) 369-7669 Email: thebigmahmuh@aol.com
ELIGIBILITY:	<ul style="list-style-type: none"> Open to all USA Swimming/VSI registered swimmers in the Northern District. Northern District teams are: BASS, FAST, PWSC, QDD, QS, RAYS, TSU, VAST, VSTP, WSC, & WST Swimmers may compete in any event in which they have a "BB" or "A" Time (AA times and higher are ineligible). Swimmers entered into senior events must have a 15-16 "BB" time or "A" time for each event entered. 15-16 "AA" times and higher are ineligible. All swimmers participating in this meet must be registered by the first day of the meet. No on deck registration will be permitted. 2005-2008 NAG top 16 based times are in effect. Age on October 22, 2005 will determine the swimmer's age for the meet
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none"> All 12 & Younger swimmers will swim on Saturday and Sunday morning. All 13 & Older swimmers will swim on Saturday and Sunday afternoon. All events will be timed finals. Morning sessions: Warm-ups at 7:00-8:00 am, competition starts at 8:10 am. Afternoon sessions: Warm-ups at 12:00-1:00 pm, competition starts at 1:10 pm. If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. Lane assignment and warm-up times for individual clubs will be posted on the QDD website no later than Tuesday October 18th, and will also be emailed to the contact person of the participating clubs.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS 6:00 PM, WEDNESDAY, OCTOBER 12, 2005</p> <ul style="list-style-type: none"> Entries from teams outside the VSI LSC will be accepted until 6:00 pm, Thursday, October 13, 2005, if space is available after VSI entries have been accepted. Entries must be submitted in short course yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk. A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person, phone number, and email address to contact in case of questions must accompany the entries, regardless of how they are submitted. All entry times must have been achieved in USA Swimming sanctioned or approved competition. Swimmers may enter a maximum of 4 individual events per day. If a swimmer exceeds the maximum entries, the last event, by numerical order, will be dropped. Entries will be processed in the order received. Meet will be limited to 750 Swimmers.

	<ul style="list-style-type: none"> The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. Email entries to: QDDswim@erols.com Send entries to: Bill Shaw 9446 Taney Road Manassas VA 20110 IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. Refunds will be made to anyone cut from an event by the Meet Director, because of a need to limit competition. Late entries will be accepted. If received prior to the printing of the heat sheet, the swimmer will be seeded into the event; if after, they will go in the slowest heat in an empty lane. Additional heats will not be added.
FEES:	<p>Individual events: \$4.25 Swimmer surcharge: \$2.00 per person</p> <ul style="list-style-type: none"> Checks should be made payable to: QDD Swim Team, Inc. Payment must be received by Tuesday, October 18, 2005 for email entries. Payment must be included with all mailed entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. Late Fees: In addition to the regular entry fee, a fee of \$10 per event prior to the first day of the meet and \$25 per event on or after the first day of the meet will be charged for any entry received after the entry deadline.
AWARDS:	<ul style="list-style-type: none"> Individual events: Ribbons will be awarded for first through 8th Place. 10 & Younger events will be given separate awards for 9-10 and 8 & Younger age groups.
SEEDING:	<ul style="list-style-type: none"> All events, except events 27 & 28 (12 & U 500 Free) will be pre-seeded Positive check-in will close at 9:00 am, Saturday October 22, 2005 for events 27 & 28. SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT Swimmers competing in the 500 free are responsible for providing their own lap counters.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> The 2005 USA Swimming Rules and Regulations will apply. The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Debbie Moseley, Email: DBMoseley@aol.com, Phone: (703) 791-3201</p> <ul style="list-style-type: none"> Officials at all positions will be required for this meet. Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Steve Swanson, Email: swanson01@comcast.net or Phone: (703) 680-6015 by October 18th. Officials will meet in Hospitality 45 minutes before the start of every session
SAFETY:	<p>VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee,</p>

	any swimmer, coach, or club for the failure to follow the safety rules.
TIMERS:	Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be posted on the www.pwcweb.com/qddsim no later than Tuesday October 18, 2005, and will also be emailed to the contact person of each of the individual clubs.
GENERAL:	<ul style="list-style-type: none"> • Heat sheets will be sold for \$5. • A Hospitality Suite will be available (refreshments & lunch) for USS officials & coaches. • Concessions snack bar and PRO SHOP will be available. • Refreshments, lunch and evening snacks will be provided for USS officials & coaches
FACILITY RULES:	<ul style="list-style-type: none"> • Each club is responsible for supervising the conduct of their swimmers. • Swimmers are not permitted in any room of the buildings not directly associated with this swim meet. • No towels or suits etc. are to be hung on or around the lifeguard stands. • Only coaches, swimmers, and officials are allowed on the competition deck. All others are required to be in the elevated spectator bleachers or in the hallway. • Contact the Freedom Center Staff, (703) 993-8444, to request group rate use of the entire facility for your non swimming children/adults (\$3/person) • No cars are to be left in the fire lanes.
HOTELS:	<p>The Courtyard, Manassas VA (At I-66 exit #47) 10701 Battleview Pkwy 703-335-1300</p> <p>Marriott's Fairfield Inn, Manassas, VA (At I-66 #47) 703-393-9966</p> <p>Springhill Suites by Marriott, Centreville, VA 703-815-7800</p> <p>Best Western Battlefield (5 miles to pool) (123 rooms open to exterior) 10820 Balls Ford Rd (703) 361-8000</p> <p>Comfort Suites (4.8 miles to pool) (138 rooms open to interior hallway) 7350 Williamson Blvd (703) 686-1100</p> <p>Country Inn & Suites by Marriott (5.4 miles to pool) (75 rooms open to interior hallway) 10810 Battleview Pkwy (703) 393-9797</p> <p>Fairfield Inn by Marriott (5.5 miles to pool) (80 rooms open to interior hallway) 6950 NOVA Way (703) 393-9966</p> <p>Hampton Inn (4.8 miles to pool) (125 rooms open to interior hallway) 7295 Williamson Blvd (703) 369-1100</p> <p>Holiday Inn (5.3 miles to pool) (158 rooms open to interior hallway) 10800 Vantor Ln (703) 335-0000</p>

ORDER OF EVENTS: Highlighted rows indicate positive CHECK-IN required

Session 1, Saturday October 22, 2005		
Women	Event	Men
1	10 & U 200 freestyle	2
3	11-12 200 freestyle	4
5	10 & U 100 breaststroke	6
7	11-12 100 breaststroke	8
9	10 & U 50 freestyle	10
11	11-12 50 freestyle	12
13	10 & U 100 butterfly	14
15	11-12 100 butterfly	16
17	10 & U 50 backstroke	18
19	11-12 50 backstroke	20
21	11-12 200 backstroke	22
23	10 & U 100 individual medley	24
25	11-12 100 individual medley	26

Session 2, Saturday October 22, 2005		
Women	Event	Men
27	12 & U 500 freestyle	28

Session 3, Saturday Afternoon, October 22, 2005		
Women	Event	Men
29	13-14 100 freestyle	30
31	Senior 100 freestyle	32
33	13-14 200 butterfly	34
35	Senior 200 butterfly	36
37	13-14 100 backstroke	38
39	Senior 100 backstroke	40
41	13-14 50 freestyle	42
43	Senior 50 freestyle	44
45	13-14 200 breaststroke	46
47	Senior 200 breaststroke	48
49	13-14 400 individual medley	50
51	Senior 400 individual medley	52

Session 4, Sunday Morning, October 23, 2005		
Women	Event	Men
53	11-12 200 breaststroke	54
55	10 & U 100 freestyle	56
57	11-12 100 freestyle	58
59	10 & U 50 breaststroke	60
61	11-12 50 breaststroke	62
63	10 & U 100 backstroke	64
65	11-12 100 backstroke	66
67	11-12 200 butterfly	68
69	10 & U 50 butterfly	70
71	11-12 50 butterfly	72
73	10 & U 200 individual medley	74
75	11-12 200 individual medley	76

Session 5, Sunday Afternoon, October 23, 2005		
Women	Event	Men
77	13-14 200 freestyle	78
79	Senior 200 freestyle	80
81	13-14 100 butterfly	82
83	Senior 100 butterfly	84
85	13-14 200 backstroke	86
87	Senior 200 backstroke	88
89	13-14 100 breaststroke	90
91	Senior 100 breaststroke	92
93	13-14 200 individual medley	94
95	Senior 200 individual medley	96
97	13-14 500 freestyle	98
99	Senior 500 freestyle	100