



AMENDED
2006 SNOWFLAKE CLASSIC SWIM MEET
Northern District A/BB Meet
January 28-29, 2006
SANCTION NO. VS-06-35

Hosted by:

QDD
Swim Team

SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-06-35
LOCATION:	George Mason University, Freedom Aquatic and Fitness Center, Manassas VA., (703) 993-8444
FACILITY:	Ten Lane, 50 Meter indoor pool; Non-Turbulent Lane Markers; Colorado Automatic Timing System; setup to conduct competition in a 25 yard venue
MEET DIRECTOR:	Rick Lisbon Phone: (703) 491-8210 Email: rlisbon@comcast.net
ELIGIBILITY:	<ul style="list-style-type: none">Open to all USA Swimming/VSI registered swimmers in the Northern District. Northern District teams are: BASS, FAST, PWSC, QDD, QS, RAYS, TSU, VAST, VSTP, WSC, & WSTSwimmers may compete in any event in which they have a "BB" or "A" Time (AA times and higher are ineligible).Swimmers entered into senior events must have a 15-16 "BB" time or "A" time for each event entered (15-16 AA times and higher are ineligible).Swimmers with 1 "BB" or "A" Time entry in a session may swim as many bonus events in which they have "B" times in that same session up to the per session limit of events.All swimmers participating in this meet must be registered by the first day of the meet.No on deck registration will be permitted.2005-2008 NAG top 16 based times are in effect.Age on January 28, 2006 will determine the swimmer's age for the meet
DISABILITY SWIMMERS:	<ul style="list-style-type: none">Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">All 12 & Younger swimmers will swim on Saturday and Sunday morning.All 13 & Older swimmers will swim on Saturday and Sunday afternoon.All events will be timed finals.Morning sessions: Warm-ups at 7:00-8:00 am, competition starts at 8:10 am.Afternoon sessions: Warm-ups at 12:00-1:00 pm, competition starts at 1:10 pm.If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.Lane assignment and warm-up times for individual clubs will be posted on the QDD website no later than Tuesday January 24th, and will also be emailed to the contact person of the participating clubs.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS 6:00 PM, WEDNESDAY, JANUARY 18, 2006</p> <ul style="list-style-type: none">Entries from teams outside the VSI LSC will be accepted on a first come first served basis until 6:00 pm, Thursday, January 19, 2006, if space is available after VSI entries have been accepted.Entries must be submitted in short course yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person, phone number, and email address to contact in case of questions must accompany the entries, regardless of how they are submitted.All entry times must have been achieved in USA Swimming sanctioned or approved competition.Swimmers may enter a maximum of 4 individual events and 1 relay per day. If a

	<p>swimmer exceeds the maximum entries, the last event, by numerical order, will be dropped.</p> <ul style="list-style-type: none"> • Entries will be processed in the order received. Meet will be limited to 750 Swimmers. • No session will exceed the 4 hour time limitation. • The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. • Email entries to: QDDswim@erols.com • Send entries to: Bill Shaw 9446 Taney Road Manassas VA 20110 • IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. • Refunds will be made to anyone cut from an event by the Meet Director, because of a need to limit competition. • Late entries will be accepted. If received prior to the printing of the heat sheet, the swimmer will be seeded into the event; if after, they will go in the slowest heat in an empty lane. Additional heats will not be added.
FEES:	<p>Individual events: \$5.25 Relay events: \$16.00 Swimmer surcharge: \$2.00 per person</p> <ul style="list-style-type: none"> • Checks should be made payable to: QDD Swim Team, Inc. • Payment must be received by Tuesday, January 24, 2006 for email entries. Payment must be included with all mailed entries. • Failure to pay entry fees by this deadline could result in teams being barred from the meet. • Late Fees: In addition to the regular entry fee, a fee of \$10 per event prior to the first day of the meet and \$25 per event on or after the first day of the meet will be charged for any entry received after the entry deadline.
AWARDS:	<ul style="list-style-type: none"> • Individual events: Ribbons will be awarded for first through 8th Place. • 10 & Younger events will be given separate awards for 9-10 and 8 & Younger age groups.
SEEDING:	<ul style="list-style-type: none"> • All events, except events 1, 2, 3, 4, 21, 22, 31, 32, 53, 54, 55, 56, 61, 62, 63, 64, 77, 78, 83, 84, 85, 86, 115, 116, 117, 118 will be pre-seeded • Events 1, 2 (10&U 200 Free), 3, 4 (11-12 200 Free), 21, 22 (11-12 200 Back), 31, 32 (12&U 500 Free), 53, 54 (13-14 400 IM), 55, 56 (Senior 400 IM), 61, 62 (13&Over 1000 Free), 63, 64 (11-12 200 Breast), 77, 78 (11-12 200 Fly), 83, 84 (10&U 200 IM), 85, 86 (11-12 200 IM), 115, 116 (13-14 500 Free), 117, 118 (Senior 500 Free) will require positive check-in to swim • Positive check-in will close at 7:45 am, Saturday January 28, 2006 for events 1, 2, 3, 4, 21, 22, 31 & 32. • Positive check-in will close at 12:45 pm, Saturday January 28, 2006 for events 53, 54, 55, 56, 61 & 62. • Positive check-in will close at 7:45 am, Sunday January 29, 2006 for events 63, 64, 77, 78, 83, 84, 85 & 86. • Positive check-in will close at 12:45 pm, Sunday January 29, 2006 for events 115, 116, 117 & 118. • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT • Swimmers competing in the 500 free & 1000 Free are responsible for providing their own lap counters. Swimmers competing in the 1000 Free must provide their own timers.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.

	<ul style="list-style-type: none"> If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> The 2005 USA Swimming Rules and Regulations will apply. The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Debbie Moseley, Email: DBMoseley@aol.com, Phone: (703) 791-3201</p> <ul style="list-style-type: none"> Officials at all positions will be required for this meet. Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Rod Fillingner, Email: roderick.fillingner@verizon.net or Phone: (703) 491-9763 by January 19th. Officials will meet in Hospitality 45 minutes before the start of every session
SAFETY:	VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
TIMERS:	<ul style="list-style-type: none"> Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be posted on the www.pwcweb.com/qddswim no later than Tuesday January 24, 2006, and will also be emailed to the contact person of each of the individual clubs. Swimmers competing in the 1000 Free must provide their own timers.
GENERAL:	<ul style="list-style-type: none"> Heat sheets will be sold for \$5. A Hospitality Suite will be available (refreshments & lunch) for USS officials & coaches. Concessions snack bar and PRO SHOP will be available. Refreshments, lunch and evening snacks will be provided for USS officials & coaches
FACILITY RULES:	<ul style="list-style-type: none"> Each club is responsible for supervising the conduct of their swimmers. Swimmers are not permitted in any room of the buildings not directly associated with this swim meet. No towels or suits etc. are to be hung on or around the lifeguard stands. Only coaches, swimmers, and officials are allowed on the competition deck. All others are required to be in the elevated spectator bleachers or in the hallway. Contact the Freedom Center Staff, (703) 993-8444, to request group rate use of the entire facility for your non swimming children/adults (\$3/person) No cars are to be left in the fire lanes.
HOTELS:	<p>Manassas Courtyard by Marriott 10701 Battleview Parkway, Manassas, VA. 20109 (at I-66 exit #47) Great room rates have been set up for visiting teams, individual families and officials! Double queen rooms on Friday 1/27 and Saturday 1/28 are \$74/night. Call the hotel direct (703) 335-1300 or Marriott reservations at 1(800) 321-2211. Ask to be part of the QDD - Snowflake Classic room block. Reservations must be made by January 6, 2006.</p> <p>Other area hotel choices:</p> <p>Marriott's Fairfield Inn, Manassas, VA (At I-66 #47 - 5.5 miles to pool - 80 rooms- interior hallway) 6950 NOVA Way (703) 393-9966 703-393-9966</p> <p>Springhill Suites by Marriott, Centreville, VA 703-815-7800</p> <p>Best Western Battlefield (5 miles to pool) (123 rooms - open to exterior) 10820 Balls Ford Rd</p>

	<p>(703) 361-8000</p> <p>Comfort Suites (4.8 miles to pool) (138 rooms - interior hallway) 7350 Williamson Blvd (703) 686-1100</p> <p>Country Inn & Suites (5.4 miles to pool) (75 rooms - interior hallway) 10810 Battleview Pkwy (703) 393-9797</p> <p>Hampton Inn (4.8 miles to pool) (125 rooms - interior hallway) 7295 Williamson Blvd (703) 369-1100</p> <p>Holiday Inn (5.3 miles to pool) (158 rooms - interior hallway) 10800 Vandor Ln (703) 335-0000</p>
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ORDER OF EVENTS: Highlighted rows indicate positive CHECK-IN required

Session 1, Saturday January 28, 2006		
Women	Event	Men
1	10 & U 200 freestyle	2
3	11-12 200 freestyle	4
5	10 & U 100 breaststroke	6
7	11-12 100 breaststroke	8
9	10 & U 50 freestyle	10
11	11-12 50 freestyle	12
13	10 & U 100 butterfly	14
15	11-12 100 butterfly	16
17	10 & U 50 backstroke	18
19	11-12 50 backstroke	20
21	11-12 200 backstroke	22
23	10 & U 100 individual medley	24
25	11-12 100 individual medley	26
27	10 & U 200 Medley Relay	28
29	11-12 200 Medley Relay	30

Session 5, Sunday Morning, January 29, 2006		
Women	Event	Men
63	11-12 200 breaststroke	64
65	10 & U 100 freestyle	66
67	11-12 100 freestyle	68
69	10 & U 50 breaststroke	70
71	11-12 50 breaststroke	72
73	10 & U 100 backstroke	74
75	11-12 100 backstroke	76
77	11-12 200 butterfly	78
79	10 & U 50 butterfly	80
81	11-12 50 butterfly	82
83	10 & U 200 individual medley	84
85	11-12 200 individual medley	86
87	10 & U 200 Freestyle Relay	88
89	11-12 200 Freestyle Relay	90

Session 2, Saturday January 28, 2006		
Women	Event	Men
31	12 & U 500 freestyle	32

Session 3, Saturday Afternoon, January 28, 2006		
Women	Event	Men
33	13-14 100 freestyle	34
35	Senior 100 freestyle	36
37	13-14 200 butterfly	38
39	Senior 200 butterfly	40
41	13-14 100 backstroke	42
43	Senior 100 backstroke	44
45	13-14 50 freestyle	46
47	Senior 50 freestyle	48
49	13-14 200 breaststroke	50
51	Senior 200 breaststroke	52
53	13-14 400 individual medley	54
55	Senior 400 individual medley	56
57	13-14 400 Medley Relay	58
59	Senior 400 Medley Relay	60

Session 6, Sunday Afternoon, January 29, 2006		
Women	Event	Men
91	13-14 200 freestyle	92
93	Senior 200 freestyle	94
95	13-14 100 butterfly	96
97	Senior 100 butterfly	98
99	13-14 200 backstroke	100
101	Senior 200 backstroke	102
103	13-14 100 breaststroke	104
105	Senior 100 breaststroke	106
107	13-14 200 individual medley	108
109	Senior 200 individual medley	110
111	13-14 400 Freestyle Relay	112
113	Senior 400 Freestyle Relay	114
115	13-14 500 freestyle	116
117	Senior 500 freestyle	118

Session 4, Saturday January 28, 2006		
Women	Event	Men
61	13 & over 1000 freestyle	62