|  |  | AMENDED <br> GATOR IMX EXTREME INVITATIONAL SW District A/BB/B/C Meet April 28-29, 2006 SANCTION NO. VS-06-52 | Hosted by |
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| SANCTION: | Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-06-52 |  |  |
| LOCATION: | Gator Aquatic Center, 1130 Overland Ave. Roanoke, Virginia (540) 982-7665 |  |  |
| FACILITY: | 25 Yard, 8 lanes with non-turbulent lane lines. Daktronics Timing System with an eight line scoreboard will be used. |  |  |
| $\begin{aligned} & \hline \text { MEET } \\ & \text { DIRECTOR: } \end{aligned}$ | David Todd <br> Email: DMTD2@cox.net <br> Phone: (540) 915-1082 |  |  |
| ELIGIBILITY: | - Open to all USA/VSI registered swimmers in SW District and other invited USA Swimming Teams. Teams in SW District are: CCA, CYAC, GATR, FUAC, HA, LASO, LY, STRM, SCAT, SMAC, SWAT, SVFY, \& WPAC. <br> - All swimmers participating in this meet must be registered by the first day of the meet <br> - No on deck registration will be permitted. <br> - Age on April 28, 2006 will determine age for the entire meet. |  |  |
| FORMAT: | - Swimmers of all ages will swim on Friday evening. <br> - All 10 \& Younger swimmers will swim on Saturday morning. <br> - All 11-14 year old swimmers will swim on Saturday afternoon. <br> - All events will be timed finals. <br> - Friday evening session: Warm-ups at 4:00-4:50 pm; competition starts at 5:00 pm. <br> - Morning sessions: Warm-ups at 8:00-8:50 am; competition starts at 9:00 am <br> - Afternoon sessions: Warm-ups at 1:00-1:50 pm; competition starts at 2:00 pm. <br> - Lane assignment and warm-up times for individual clubs will be posted on the Virginia Gator website (www.virginiagators.com) no later than April 26 th, and will also be emailed to the contact person of the participating clubs. <br> - If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. |  |  |
| DISABILITY SWIMMERS: | - Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. <br> - The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. |  |  |
| ENTRIES: | DEADLINE FOR THE RECEIPT OF ENTRIES IS Friday April 21, 2006. <br> - Entries must be submitted in short course yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. <br> - Teams may submit entries as an e-mail attachment (preferred) or on a $31 / 2^{\prime \prime}$ computer disk. <br> - A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, email address, and phone number of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. <br> - Coaches Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. <br> - No Time (NT) entries will not be accepted. <br> - Swimmers will swim all the IMX events in their age group (2 events Friday and 4 events Saturday. <br> - Entries will be processed in the order received. This meet will be limited to a total of 525 swimmers (optional statement). <br> - The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too |  |  |


|  | lengthy a session. This may include combining heats and events, which actions may require reseeding. <br> - Email entries to: eriklargen@gmail.com <br> - Mail entries to: Erik Largen <br> PO Box 4646 <br> Roanoke, VA 24015 <br> Phone: (540) 397-3601 <br> - IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. |
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| FEES: | $\$ 18$ per swimmer (\$3.00 per IMX event). Will include all events in their age group. <br> Swimmer surcharge: $\$ 2.00$ per person (entered in the meet in any capacity) <br> - Checks should be made payable to: Virginia Gators Swimming. <br> - Payment must be received by April 26, 2006 for email entries. Payment must be included with all mailed entries. <br> - Failure to pay entry fees by this deadline could result in teams being barred from the meet. |
| AWARDS: | - Individual events: Ribbons will be awarded for first through eighth place. <br> - 7 \& Under, 8 year olds, 9 year olds, 10 year olds, 11 year olds, 12 year olds, 13 year olds, and 14 year old events will be given separate awards. <br> - Heat winner ribbons will be awarded for all 10 \& Younger individual events. <br> - A top score winner from both boys and girls will be awarded in each age group. We will also award a most improved boy and girl swimmer in each age group. |
| SEEDING: | - All events will be pre-seeded. 8 \& Younger swimmers in the morning sessions must report to the Clerk of Course and they will be escorted to the blocks from there. <br> - Swimmers in the afternoon sessions should report directly to the blocks for their events. |
| PENALTIES: | Penalties for entries using fraudulent and/or non-verifiable entry times: <br> - Swimmer shall be disqualified from the event entered illegally and the event shall be rescored and awarded. <br> - Club may be fined $\$ 100$ for each offense, and a record of such offenses shall be kept and published as part of the official meet results. <br> - Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined $\mathbf{\$ 1 0 0}$ per swimmer in each event so entered. <br> - If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. |
| RULES: | - The 2005 USA Swimming Rules and Regulations will apply. <br> - The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. <br> - In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area. |
| OFFICIALS: | Meet Referee: Doug Sisco <br> Email: dug3213@cox.net <br> Phone: (540) 529-7684 <br> - Officials at all positions will be required for this meet. <br> - Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Steve Woolfolk at woolfolks@aol.com (officials coordinator) no later than Wednesday April 26, 2006. <br> - Official meeting will be 4:15 pm on Friday, and 8:15 am and 1:15 pm on Saturday. |
| SAFETY: | VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules. |
| TIMERS: | Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be posted on the www.virginiagators.com no later than April 26, 2006, and will also be emailed to the contact |


|  | person of each of the individual clubs. |
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| GENERAL: | - Complimentary lunch will be served for coaches, referees, starters, stroke and turn judges, timing judges, clerk of course, CTS operators, and recorder. <br> - A concession stand will be available for swimmers and spectators. <br> - No other major activities will be taking place at the Gator Aquatic Center on April $29^{\text {th }}$, except this swim meet. <br> - Results will be posted on the wall at the turn end of the pool. <br> - Complimentary heat sheets will be provided for officials and coaches <br> - Heat sheets will also be sold for $\$ 6.00$ each. <br> - Meet information can be found at www.virginiagators.com |
| FACILITY RULES: | When not competing, swimmers should stay on deck or in the team room |
| DIRECTIONS: | Will be posted on www.virginiagators.com |
| HOTELS: | - Sleep Inn, 4045 Electric Road, (540) 772-1500 <br> - Holiday Inn, 4468 Starkey Road, (540) 774-4400 <br> - Hampton Inn, 3816 Franklin Road, (540) 989-4000 <br> - Wyndham, 2801 Hersberger Road, (540) 563-9300 |

## FRIDAY EVENING SESSION

Warm-ups: 4:00-4:50 pm
Competition begins at 5:00 pm

| 1 | 13 Year Old 200 IM | $\mathbf{2}$ |
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| 3 | 14 Year Old 200 IM | 4 |
| 5 | 7 and Under 25 Back | 6 |
| 7 | 8 Year Old 50 Back | 8 |
| 9 | 9 Year Old 100 Back | 10 |
| 11 | 10 Year Old 100 Back | 12 |
| 13 | 11 Year Old 100 Back | 14 |
| 15 | 12 Year Old 100 Back | 16 |
| 17 | 13 Year Old 200 Back | 18 |
| 19 | 14 Year Old 200 Back | 20 |
| 21 | 7 and Under 50 Free | 22 |
| 23 | 8 Year Old 50 Free | 24 |
| 25 | 9 Year Old 200 Free | 26 |
| 27 | 10 Year Old 200 Free | 28 |
| 29 | 11 Year Old 500 Free | 30 |
| 31 | 12 Year Old 500 Free | 32 |
| 33 | 13 Year Old 500 Free | 34 |
| 35 | 14 Year Old 500 Free | 36 |

## SATURDAY MORNING SESSION

Warm-ups: 8:00-8:50 a.m.
Competition begins at 9:00 a.m.

| 37 | 7 and Under 25 Free | 38 |
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| 39 | 8 Year Old 25 Free | 40 |
| 41 | 9 Year Old 50 Free | 42 |
| 43 | 10 Year Old 50 Free | 44 |
| 45 | 7 and Under 100 IM | 46 |
| 47 | 8 Year Old 100 IM | 48 |
| 49 | 9 Year Old 200 IM | 50 |
| 51 | 10 Year Old 200 IM | 52 |
| 53 | 7 and Under 25 Breast | 54 |
| 55 | 8 Year Old 50 Breast | 56 |
| 57 | 9 Year Old 100 Breast | 58 |
| 59 | 10 Year Old 100 Breast | 60 |
| 61 | 7 and Under 25 Fly | 62 |
| 63 | 8 Year Old 50 Fly | 64 |
| 65 | 9 Year Old 100 Fly | 66 |
| 67 | 10 Year Old 100 Fly | 68 |

## SATURDAY AFTERNOON SESSION

Warm-Ups: 1:00-1:50 p.m.
Competition begins at 2:00 p.m.

| 69 | 11 Year Old 50 Free | 70 |
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| 71 | 12 Year Old 50 Free | 72 |
| 73 | 11 Year Old 200 IM | 74 |
| 75 | 12 Year Old 200 IM | 76 |
| 77 | 13 Year Old 400 IM | 78 |
| 79 | 14 Year Old 400 IM | 80 |
| 81 | 11 Year Old 100 Breast | 82 |
| 83 | 12 Year Old 100 Breast | 84 |
| 85 | 13 Year Old 200 Breast | 86 |
| 87 | 14 Year Old 200 Breast | 88 |
| 89 | 11 Year Old 100 Fly | 90 |
| 91 | 12 Year Old 100 Fly | 92 |
| 93 | 13 Year Old 200 Fly | 94 |
| 95 | 14 Year Old 200 Fly | 96 |

