



**CYAC SPRING SPLASH**  
**Southwest District BB/B/C Meet**  
**April 1, 2006**  
**SANCTION NO. VS-06-50**

Hosted by  
**Charlottesville**  
**Y Aquatic Club**

<b>SANCTION:</b>	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-06-50</b>
<b>LOCATION:</b>	Crow Pool, 1700 Rose Hill Drive, Charlottesville, VA. (434) 977-1362
<b>FACILITY:</b>	Indoor 25 yard pool with non turbulent lane lines. Manual timing with 3 watches per lane will be used.
<b>MEET DIRECTOR:</b>	Alan Beckenstein E-mail: <a href="mailto:BeckensteinA@darden.virginia.edu">BeckensteinA@darden.virginia.edu</a> Phone: (434) 975-2575
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"><li>• Open to all USA Swimming/VSI registered swimmers in the Southwest District. Teams in the Southwest District are: CCA, CYAC, GATR, HA, LASO, LY, SCAT, SMAC, STRM, SVFY, SWAT, &amp; WPAC.</li><li>• All swimmers participating in this meet must be registered by the first day of the meet.</li><li>• No on deck registration will be permitted.</li><li>• <b>8 &amp; younger swimmers may participate regardless of classification.</b></li><li>• <b>Swimmers 9 &amp; Older may compete in any event and relay strokes in which they have a "BB", "B", or "C" Time.</b></li><li>• 2005-2008 NAG top 16 based times are in effect.</li><li>• Age on April 1, 2006 will determine age for the entire meet.</li></ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"><li>• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</li><li>• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li></ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"><li>• All events will be timed finals.</li><li>• Warm-ups at 9:15 am to 10:15 am; competition starts at 10:30 am</li><li>• Lane assignment and warm-up times for individual clubs will be posted on the CYAC website (<a href="http://www.swimcyac.org">www.swimcyac.org</a>) no later than Wednesday, March 29, 2006, and will also be emailed to the contact person of the participating clubs.</li></ul>
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS THURSDAY. MARCH 23, 2006.</b></p> <ul style="list-style-type: none"><li>• Entries must be submitted in short course yard times using Hy-Tek Team Manager and CommLink-2 software, or on a VSI master entry sheet.</li><li>• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.</li><li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, phone number, and email address of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.</li><li>• Coaches Time (CT) and No Times (NT) entries will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li><li>• Swimmers may enter a maximum of <b>4 individual events and 1 relay event.</b></li><li>• Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.</li><li>• Entries will be processed in the order received.</li><li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding.</li><li>• Email entries to: <a href="mailto:jrsimons@adelphia.net">jrsimons@adelphia.net</a></li><li>• Mail entries to: Jessica Simons 109 Reynard Drive Charlottesville, VA. 22901-2026</li></ul>

	<ul style="list-style-type: none"> <li>• <b>IMPORTANT:</b> If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.</li> </ul>
<b>FEES:</b>	<p>Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: Piedmont Family YMCA/CYAC.</li> <li>• Payment must be received by March 29, 2006 for email entries. Payment must be included with all mailed entries.</li> <li>• Failure to pay entry fees by this deadline could result in teams being barred from the meet.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual events: Ribbons will be awarded for second through sixth place. A trophy will be awarded for each first place individual event winner.</li> <li>• 13 &amp; Older events will be given separate awards for 13-14 and 15 &amp; Older age groups.</li> <li>• 9-12 events will be given separate awards for 9-10 and 11-12.</li> <li>• Relay events: Ribbons will be awarded for first through third place</li> <li>• High point awards will be given to each high point winner, male and female, 7 and younger, 8, 9, 10, 11, 12, 13-14, 15-18.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• All events will be pre-seeded. 8 &amp; Younger swimmers must report to the Clerk of Course and they will be escorted to the blocks from there.</li> <li>• Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. <ul style="list-style-type: none"> <li>○ No additional heats will be added.</li> <li>○ Deck entries must be submitted to the Clerk-of-Course on the provided forms</li> </ul> </li> </ul>
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li>• <b>Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The 2005 USA Swimming Rules and Regulations will apply.</li> <li>• The overhead start procedure may be used at the discretion of the Referee.</li> <li>• In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.</li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: Don Kelley</b> <b>Email: <a href="mailto:kelleys@ntelos.net">kelleys@ntelos.net</a></b> <b>Phone: (540) 943-0867</b></p> <ul style="list-style-type: none"> <li>• Officials at all positions will be required for this meet.</li> <li>• Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Mike Kines, email: <a href="mailto:mkines@virginia.edu">mkines@virginia.edu</a> (officials coordinator) no later than Monday, March 27, 2006</li> <li>• An Officials meeting will be held 30 minutes prior to the start of the meet.</li> </ul>
<b>SAFETY:</b>	<p>VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.</p>
<b>TIMERS:</b>	<p>Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be posted on the CYAC website, <a href="http://www.swimcyac.org">www.swimcyac.org</a> no later March 29, 2006 and will also be emailed to the contact person of each of the individual clubs.</p>
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>• Concessions and Swim Shop will be available.</li> <li>• Heat sheets will be sold for \$3.00.</li> </ul>

<b>FACILITY RULES:</b>	<ul style="list-style-type: none"> <li>• No smoking or running in the facility.</li> <li>• No food will be allowed on deck.</li> <li>• Everyone will be expected to abide by the facility rules.</li> <li>• Swimmers, coaches, and teams will be held responsible for any damage.</li> </ul>
<b>DIRECTIONS:</b>	Directions to Crow Pool can be found at <a href="http://www.swimcyac.org">www.swimcyac.org</a> .

## 2006 CYAC SPRING SPLASH

### Order of Events

#### Girls

#### Boys

1	8 and under 100 free relay	2
3	9-10 200 free relay	4
5	11-12 200 free relay	6
7	13 and over 200 IM	8
9	8 and under 50 free	10
11	9-12 100 free	12
13	13 and over 50 free	14
15	8 and under 25 fly	16
17	9-12 50 fly	18
19	13 and over 100 fly	20
21	8 and under 25 back	22
23	9-12 50 back	24
25	13 and over 100 back	26
27	8 and under 25 breast	28
29	9-12 50 breast	30
31	13 and over 100 breast	32
33	8 and under 25 free	34
35	9-12 50 free	36
37	13 and over 100 free	38
39	8 and under 100 IM	40
41	9-12 100 IM	42
43	8 and under 100 medley relay	44
45	9-10 200 medley relay	46
47	11-12 200 medley relay	48