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**TO: USA Swimming Board of Directors  
USA Swimming Athletes, Coaches, Clubs, and Volunteers**

**From: Mike Saltzstein, Vice President – Program Operations  
Michael Lawrence, Chair – Olympic International Operations**

**RE: 2006 ConocoPhillips National Championships  
and USA National Team Trials – Irvine, CA**

**Date: March 24, 2006**

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Attached please find an updated meet information sheet/event order for the 2006 Summer Championships. Recommendations for update were received from the National Team Director - OIOC (via Steering and after discussion/input) and Program Operations have approved the requests. We solicit your help in distributing this document widely within our sport to ensure our athletes, coaches, clubs and volunteers are aware of these new opportunities and have time to properly plan and prepare for the Championships & National Team selection.

Specific changes are italicized in the meet information sheet and include:

- adding Olympic event relays to the finals sessions,
- the ability for an athlete to qualify for certain Olympic distance events using a qualifying time from a non-Olympic distance, and
- team scoring and awards.

Time standards and the meet event order are attached.

With these updates to the summer competition, we are providing additional athletes with the opportunity to compete and be selected for the National Team to represent the United States in 2006 and 2007, and beyond...

Please do not hesitate to contact John Walker (Acting National Team Director), Mark Schubert (Incoming Head Coach & General Manager), Michael Lawrence (Chair, OIOC), John Leonard (Chair, Steering), Dean Ekeren (Director, National Events) or me with any questions.



Member, U.S. Olympic Committee

***Please distribute this information widely within the Sport.***

*Revised 3/24/06*

## **2006 ConocoPhillips USA Swimming National Championships and USA National Team Trials**

### **Event Information Sheet August 1-5, Irvine, CA**

#### **Important Facts About the Meet**



- ◆ This competition is governed and operated by Program Operations.
- ◆ The qualifying period for this event is July 1, 2005 through the entry deadline.
- ◆ On-Line Entry Deadline: Monday, July 24, 2006 by 11:59 p.m. MT
- ◆ Paper Entry Deadline: If not registering on-line, paper entries must be received by 5:00 p.m. Mountain Time on Tuesday, July 25, 2006.
- ◆ Fax Entry Deadline: Only swims achieving the qualifying time standards for the first time from Monday, July 24, 2006, through Sunday, July 30, 2006 may be sent by FAX transmission. These faxed entries must be received no later than 11:59 p.m. (PST) on Sunday, July 30, 2006, and cannot be used to improve the seed time of a prior entry.
- ◆ There will be no bonus events at this competition.
- ◆ *There will be relays in this competition. All relays will be timed finals with all heats swum in the evening session. Relay-only swimmers will not be allowed to swim in time trials. Time trials for all other swimmers will be offered according to Rule 207.8.3.*
- ◆ *Team scores will be kept and awarded.*
- ◆ *Athletes may qualify for the Olympic Distance events using time standards for those events or the non-Olympic distance events.*
- ◆ Swimmers must be eligible to represent the United States in international competition, and be a member of USA Swimming, to compete in this event.
- ◆ This event will serve as the USA National Team selection for the 2006 Pan Pacific Championships, the 2007 World Championships (combined with Pan Pacific results), and the 2007 Pan American Games.
- ◆ This information is subject to change. For complete information, please consult the official event information or [www.usaswimming.org](http://www.usaswimming.org).

## 2006 ConocoPhillips USA Swimming National Championships and USA National Team Trials

Heats Begin at 9:00am	Order of Events Long Course Meters	Finals Begin at 5:30 pm
<u>Women's Events</u>	<u>Day 1 – Tuesday, August 1, 2006</u>	<u>Men's Events</u>
1	W 100 Butterfly	
	M 400 Freestyle	2
3	W 200 Individual Medley	
	M 100 Breaststroke	4
5	W 400 Freestyle	
	M 400 Individual Medley	6
	M 4 x 100 Free Relay	7
	<u>Day 2 – Wednesday, August 2, 2006</u>	
8	W 100 Backstroke	
	M 200 Freestyle	9
	M 100 Backstroke	10
11	W 200 Freestyle	
	M 200 Butterfly	12
13	W 4 x 100 Free Relay	
	<u>Day 3 – Thursday, August 3, 2006</u>	
14	W 100 Breaststroke	
	M 100 Butterfly	15
16	W 50 Freestyle	
	M 50 Freestyle	17
18	W 400 Individual Medley	
19	W 4 x 200 Free Relay	
	<u>Day 4 – Friday, August 4, 2006</u>	
	M 100 Freestyle	20
21	W 200 Butterfly	
	M 200 Individual Medley	22
23	W 200 Backstroke	
25	W 800 Freestyle (heats)	
	M 1500 Freestyle (heats)	30
	M 4 x 200 Free Relay	24
	<u>Day 5 – Saturday, August 5, 2006</u>	
25	W 800 Freestyle (final)	
26	W 100 Freestyle	
	M 200 Backstroke	27
28	W 200 Breaststroke	
	M 200 Breaststroke	29
	M 1500 Freestyle (final)	30
31	W 4 x 100 Medley Relay	
	M 4 x 100 Medley Relay	32

On Day 4, the heats of the distance events will be swum at the end of preliminary session.  
All heats of relays will be swum in the evening sessions.

# 2006 ConocoPhillips USA Swimming National Championships and USA National Team Trials

**August 1-5, Irvine, CA**

## **Hotel Information**

### **Hyatt Regency– Irvine (Headquarters Hotel)**

17900 Jamboree Road  
Irvine, 92614  
949-975-1234  
15 minutes from pool  
Discounted parking, Courtesy shuttle  
Breakfast

Marriott Irvine  
18000 Von Karman Ave  
Irvine, 92612  
714-241-8800  
15 minutes from pool

Atrium Hotel at Orange County Airport  
18700 MacArthur Blvd  
Irvine, CA 92612  
949-833-2770  
20 minutes from pool

Best Western Hotel  
2700 Hotel Terrace Drive  
Santa Ana, 92705  
800-432-0053  
20 minutes from pool

Candlewood Suites  
16150 Sand Canyon Avenue  
Irvine, CA 92618  
949-788-0500  
15 minutes from pool

Comfort Suites  
2620 Hotel Terrace Drive  
Santa Ana, CA 92705  
714-966-5200  
20 minutes from pool

Courtyard by Marriott  
2701 Main Street  
Irvine, 92614  
714-957-1100  
15 minutes from pool

Crowne Plaza Irvine  
17941 Von Karman Avenue  
Irvine, CA 92614  
949-863-1999  
20 minutes from pool

Doubletree Hotel – Irvine Spectrum  
90 Pacifica Avenue  
Irvine, CA 92618  
949-471-8888  
10 minutes from pool

Embassy Suites  
1325 E. Dyer Road  
Santa Ana, 92705  
714-241-3800  
15 minutes from pool

Embassy Suites – Irvine  
2120 Main Street  
Irvine, 92614  
949-553-8332  
15 minutes from pool

Hilton - Irvine  
18800 MacArthur Blvd  
Irvine, CA 92612  
949-833-9999  
20 minutes from pool

Holiday Inn  
2726 S. Grand Ave.  
Santa Ana, CA 92705  
714-481-6300  
20 min from pool  
Breakfast

Homestead Studio Suites and Hotel  
30 Technology Drive  
Irvine, CA 92618  
949-727-4228  
15 minutes from pool

La Quinta Inn  
14972 Sand Canyon Avenue  
Irvine, CA 92618  
949-551-0909  
10 minutes from pool

Marriott Irvine  
18000 Von Karman Ave  
Irvine, 92612  
714-241-8800  
15 minutes from pool

Marriott Suites  
500 Anton Blvd  
Costa Mesa, 92626  
949-757-1200  
20 minutes from pool

Residence Inn  
2855 Main Street  
Irvine, 92614  
949-261-2020  
15 minutes from pool

Residence Inn by Marriott  
Irvine Spectrum  
15 Morgan  
Irvine, CA 92614  
949-380-3000  
10 minutes from pool

Residence Inn by Marriott  
Orange County Airport  
2855 Main Street  
Irvine, CA 92618  
949-261-2020  
20 minutes

Residence Inn by Marriott  
Costa Mesa  
881 Baker Street  
Costa Mesa, 92626  
949-553-0100  
20 min from pool

Wyndham Orange County  
3350 Avenue of the Arts  
Costa Mesa, CA 92626  
714-751-5100  
20 min from pool  
Breakfast

**2006 ConocoPhillips National Championships & USA Team Trials**  
**August 1-5**  
**Irvine, CA**

<b>WOMEN</b>			<b>EVENT</b>	<b>MEN</b>		
<b>LCM</b>	<b>SCM</b>	<b>SCY</b>		<b>SCY</b>	<b>SCM</b>	<b>LCM</b>
26.79	25.99	23.29	<b>50 FREESTYLE</b>	20.49	22.69	23.79
57.69	55.69	50.59	<b>100 FREESTYLE</b>	44.89	49.59	52.19
2:04.49	2:00.19	1:49.09	<b>200 FREESTYLE</b>	1:38.89	1:49.49	1:54.09
4:20.89	4:09.99	4:49.49	<b>400/500 FREESTYLE</b>	4:27.19	3:51.29	4:02.99
8:56.29	8:43.39	10:01.09	<b>800 FREESTYLE</b>	9:20.99*	8:10.89*	8:24.29*
17:06.69*	16:35.19*	16:46.89*	<b>1500 FREESTYLE</b>	15:34.99	15:17.19	16:06.49
1:05.39	1:01.59	56.09	<b>100 BACKSTROKE</b>	49.99	55.69	58.69
2:19.99	2:14.09	2:00.99	<b>200 BACKSTROKE</b>	1:48.79	2:00.89	2:07.19
1:13.29	1:10.99	1:03.59	<b>100 BREASTSTROKE</b>	56.29	1:02.59	1:05.59
2:38.09	2:33.79	2:17.49	<b>200 BREASTSTROKE</b>	2:02.59	2:17.49	2:22.79
1:03.09	1:00.89	55.39	<b>100 BUTTERFLY</b>	49.19	53.89	56.19
2:17.29	2:13.49	2:01.49	<b>200 BUTTERFLY</b>	1:49.69	2:00.09	2:05.09
2:21.49	2:15.59	2:02.89	<b>200 IM</b>	1:50.49	2:02.09	2:08.79
4:57.79	4:48.29	4:21.39	<b>400 IM</b>	3:56.59	4:21.99	4:34.29
3:58.39	3:57.19	3:31.99	<b>4 x 100 Free Relay</b>	3:05.89	3:26.59	3:33.59
8:40.99	8:34.89	7:40.59	<b>4 x 200 Free Relay</b>	6:55.79	7:42.29	7:53.79
4:25.89	4:23.99	3:56.89	<b>4 x 100 Medley Relay</b>	3:27.29	3:51.59	3:55.69

**Qualifying period is July 1, 2005 through the entry deadline.**

**\*These times may be used to qualify for the Olympic Distance events.**