

# 2006 AAU JUNIOR OLYMPIC GAMES

## SWIMMING

- LOCATION:** Midtown Community Center - 570 McLawhorne Drive, Newport News, Virginia 23601
- DATES:**
- |                                      |                            |                                  |
|--------------------------------------|----------------------------|----------------------------------|
| Monday, July 31                      | Athlete Check-In           | Virginia Beach Convention Center |
| Monday, July 31                      | Practice & Coaches Meeting | Midtown Community Center         |
| Monday, July 31                      | Celebration of Athletes    | Norfolk State University         |
| Tuesday, August 1 - Friday, August 4 | Competition                | Midtown Community Center         |
- AGE DIVISIONS:** Girls & Boys: 10 & Under 11-12 13-14 15-18  
Athlete's age on the first day of competition shall determine the division of the competitor.
- ENTRY FEE:** \$42.00 per swimmer, \$35.00 per coach. No personal checks will be accepted. All entry fees must be in the form of either a cashier's check or money order and should be made payable to **2006 AAU Junior Olympic Games**. Please do not send cash. All entry fees are non-refundable.
- ENTRY DEADLINE:** All entries must be received by **Wednesday, July 12**. Overnight delivery is strongly advised. ALL ENTRIES MUST BE RECEIVED BY THE DEADLINE DATE OR YOU WILL NOT BE ALLOWED TO COMPETE.
- We encourage all coaches who have the ability to send entries on a formatted HY-Tek disk in addition to the completed paper entry form.**
- ATHLETES and COACHES** must send entry forms and fees to the following address:
- 2006 AAU Junior Olympic Games  
Attn: Swimming  
222 Central Park Avenue, Suite 1010  
Virginia Beach, VA 23462**
- AAU MEMBERSHIP:** All athletes and coaches must be members of their AAU Club and be able to present their 2006 AAU membership card at CHECK-IN. Athlete membership is \$12.00 and non-athlete (coach) membership is \$14.00. AAU membership can be obtained on the web site at [www.aausports.org](http://www.aausports.org) or by contacting your local AAU Office at 1-800-AAU-4USA.
- ENTRY LIMIT:** Three (3) individual events per day, exclusive of relays. Any individual may only swim eight (8) events during the entire meet, exclusive of relays. Relay swimmers **can not** swim both a Club and mixed relay of the same event.
- COMPETITION FORMAT:** This meet is pre-seeded WITH THE EXCEPTION OF RELAYS WHICH WILL BE DECK ENTERED. All 10 & Under events will swim as Timed Finals during the Prelim sessions. All other events will swim as Prelims and Finals except the 400 meter Freestyle for the 11-12 age group and the 1500 meter Freestyle for the 13-14 and 15-18 age group events and relays which will swim as Timed Finals only.
- RULES:** This meet will be an approved competition conducted under [current USA](#) Swimming & AAU Swimming rules.
- SANCTION:** [Approved competition by USA Swimming/Virginia Swimming, VS-06-05A.](#)
- QUALIFICATION:** First, second, and third place finishers in AAU Club Swimming Championship Meets in individual events under 400M, will qualify for this AAU National Championship, in only those events unless they meet the time standards below to qualify in other events. Swimmers must list their Club Championship time on the entry form and bring their time verification from the Club Championship.
- In addition, swimmers who meet or beat the U.S. Swimming long course ***"A" minimum time standard for all 200M, 400M and 1500M events and "BB" time standards for events under 200M are eligible to compete*** in the events where they meet the minimum time standards. Qualification for the 400M and 1500M is time only. The time standard must have been met during a bona fide competition, during the period of July 8, 2005 through the entry deadline of July 7, 2006, whether it was AAU, USA Swimming, YMCA, Boys and Girls Club, Parks & Recreation, etc. No attempts against time are acceptable as a means of qualification. **No yard times will be accepted. Yard times must be converted to long course meter times!**
- ENTRY TIME VERIFICATION:** Time verification must be provided for 400M and 1500M events prior to the event. Swimmers placing first, second or third in the Club Championship must also provide time verification from the Club meet. For all other events the Meet Director reserves the right to request time verification and reject entries whose qualifying times cannot be substantiated. **Proof of Time may be requested at the time the entry is received, before the start of the meet (at coaches meeting) or during the meet by the Meet Director or Meet Referee.** Times may only be proved by presentation of Final meet results from a bona fide meet. Failure to provide proper time verification will result in a fine of \$25.00 per event or disqualification.

## COACHES CREDENTIALS:

Coaches must complete the Coach's Entry Form and submit the \$35.00 coach's entry fee, in order to receive the coach's pass which allows access into any of the venues for the AAU Junior Olympic Games. Coach entries received after July 14 will require an additional \$10 late fee. All coaches must be non-athlete members of the AAU.

Only coaches meeting the certification requirements below will be eligible to receive credentials allowing access to the deck.

Coaches' certification requirements are as follows:

1. Current certification in CPR and First Aid.
2. American Red Cross Coaches Safety Training and First Aid, American Red Cross, or YMCA Life Guard Training

Swimmers with no certified coach will be assigned to another team for practice and warm-up.

Deck Access Coaches' Credentials will be provided to teams as follows:

|            |                  |           |
|------------|------------------|-----------|
| 1 – 5      | Swimmers Entered | 1 Coach   |
| 6 – 10     | Swimmers Entered | 2 Coaches |
| 11 – 20    | Swimmers Entered | 3 Coaches |
| 21 & Above | Swimmers Entered | 4 Coaches |

**One of the coaches, per the schedule above, must be designated as the Team Head Coach at the Coaches Meeting on July 31. Only these coaches will receive a coach's packet, be allowed on the deck and attend coaches meetings.**

COACHES PACKET WILL INCLUDE: Meet Information Sheet, Meet Schedule, Meet Psych Sheet, Relay Entry Forms, Scratch Sheets, Computer Input Error Form, Facility Map, Deck Information, Joel Ferrell Award Nomination Form, Coach Credentials / Deck Access

## COACHES MEETING:

A mandatory coaches meeting will take place at **4:00 p.m. on July 31** at the Midtown Community Center. Coaches packets, including meeting information, meet schedule, meet entry psych sheet, relay forms, scratch sheets, entry input error form, facility map, deck information and coach deck access credentials, will be available for the coached identified on the Entry form (see Team Coaches section).

## DECK ACCESS:

2006 AAU Junior Olympic Games credentials (Athlete, Coach, Official, and Volunteer) will be required to be shown for access to the deck. In addition, Coaches must also be able to present the AAU required coaches certifications during the meet.

## AWARDS:

**INDIVIDUAL:** AAU Junior Olympic Games medals will be awarded to the TOP eight (8) finishers in each individual AGE GROUP EVENT. Ribbons will be awarded to athletes placing 9<sup>th</sup> – 16<sup>th</sup>.

**RELAYS:** AAU Junior Olympic Games medals will be awarded to every team member on each of the TOP eight (8) places in all AGE GROUP RELAY EVENTS. Ribbons will be awarded to each relay team member placing 9<sup>th</sup> – 16<sup>th</sup>. **The Club and Mixed Relay events are separate.**

**AWARD CEREMONIES:** AAU Junior Olympic Games medals will be formally presented to the TOP three (3) finishers during award ceremonies following the completion of the events.

## RELAYS:

***Determining criteria for Club vs. Mixed Relays:***

**CLUB:** Only ONE (1) AAU Club is represented on the relay team regardless of team affiliation. More than one (1) relay team per Club is encouraged in each age group event.

**MIXED RELAY:** TWO (2) or more Clubs are represented on the relay team regardless of team affiliation.

Relay events – Age Group, Club and Mixed – may be seeded together in the same heats but will be scored separately.

## SCRATCH MEETINGS:

Will be held each morning at 8:00 am for each morning session. No swimmer may scratch an event to enter another. The scratch procedures will be in accordance with current USA Swimming policies (207.9.C).

**DECK ENTRIES:**

**INDIVIDUAL EVENTS:** No Deck entries will be accepted.

**RELAYS:** All relays will be deck entered by submitting Relay Entry Forms, included in coach's packet, (full relay for Club teams and individual swimmers for Mixed Relays) to the meet director as follows:

400 Meter Club Medley Relay – Due to meet director no later than 8:00 AM First day of meet.

400 Meter Club Freestyle Relay – Due to meet director no later than 10:00 AM Second day of meet

200 Meter Club Medley Relay – Due to meet director no later than 10:00 AM Third day of meet.

200 Meter Club Freestyle Relay – Due to meet director no later than 10:00 AM Third day of meet

400 Meter Mixed Freestyle Relay – Due to meet director no later than 8:00 AM Second day of meet

200 Meter Mixed Freestyle Relay – Due to meet director no later than 1:00 PM Third day of meet

Mixed Relays will be formed by the Meet Director or Meet Referee based on the entries received.

**In the event the facility does not meet USA Swimming pool depth requirements, in water starts will be required for swimmers #2 and #4 for 200M Relay Events.**

**FINALS  
QUALIFIERS:**

Will have thirty (30) minutes after results are announced to scratch with the announcer. If you do not scratch from the finals and do not swim, you will be disqualified from the meet. **Make sure you check with the meet referee to see where the announcer will be stationed.**

**PRACTICE:**

**Limited practice times will be available on Monday, July 31.** Times to be announced. Athletes must check-in at the Registration Site before they may practice. Additional information will be available on-line at [www.aaujrogames.org](http://www.aaujrogames.org).

**ENTRY CONFIRMATION:** TO CONFIRM THAT WE HAVE RECEIVED YOUR ENTRY PACKET:

- It is recommended to use an overnight mail service (i.e. FedEx, UPS) in order to track your entry. You can track your packet with the airbill number. If you receive confirmation that your entry was delivered, then your entry has been received and will be processed if complete.
- If your email address is on the entry form, you will receive an email confirmation once your entry has been processed. Due to the volume of entries, please allow 7 to 10 days for processing. Coaches, if your email address is listed on multiple athlete forms you will receive multiple emails. Please note that email accounts with spam blocks and controls might not receive the confirmation.

The Host Committee has spent many hours planning and preparing for this AAU Event. In order to make it a great success, we are asking for your cooperation. It is the responsibility of the coach, designated person of the team, or athlete to return **all** the necessary monies and completed forms by the **deadline date**. It is not the responsibility of the LOC or the AAU to make sure all are completed, **ONLY TO ACCEPT OR REJECT ENTRY(S) BASED ON DOCUMENTS SUBMITTED.**

**CHECK-IN:**

**Pre-Registration:** It is extremely important that all entries be received in Hampton Roads, VA no later than the above-mentioned deadline date. **ENTRY FORM (S) RECEIVED BEYOND THAT DATE WILL NOT BE ACCEPTED!** Of course, we want as many athletes as possible to participate, so please get all entry forms in on time. Again, guaranteed overnight delivery will become mandatory if it is the only way to ensure compliance with the deadline date.

**On-Site Check-In:** Check-In for athletes, coaches, clubs and teams participating in the AAU Junior Olympic Games will be held at the Virginia Beach Convention Center located at 1000 19<sup>th</sup> Street, Virginia Beach, VA 23451. On-site parking is complimentary. Please follow the posted signs to the Check-In Area. For check-in hours, mapping and additional directions please consult your Event Handbook or visit [www.aaujrogames.org](http://www.aaujrogames.org).

**DIRECTIONS TO  
CHECK-IN:**

**Directions to the Virginia Beach Convention Center**

Take I-264 East to the end of the interstate.

Take a right on Parks Avenue (first stop light at the end of the expressway)

Continue on Parks for about a block (crossing over 19<sup>th</sup> Street).

Complimentary parking for the Convention Center is located on the right.

**CELEBRATION  
OF ATHLETES:**

The 2006 AAU Junior Olympic Games **Celebration of Athletes** will be held at Dick Price Stadium on the campus of Norfolk State University on Monday, July 31 at 7:30 p.m. All athletes are encouraged to attend, as you won't want to miss this year's celebration. Check the web site at [www.aaujrogames.org](http://www.aaujrogames.org) for more announcements on the **Celebration of Athletes**.

Parking is limited on the campus of Norfolk State University. To facilitate your arrival at the event, there will be a shuttle system available. The shuttle buses will run continuously from designated parking areas prior to the event and will be returning to the parking lots immediately following the ceremony. A detailed map will be provided at athlete check-in.

**HOUSING:**

Anthony Travel is the official housing agency for the AAU Junior Olympic Games in Hampton Roads. Anthony Travel will handle all requests for hotels. For a complete listing of properties please see the housing section of the Handbook or visit the web site [www.aaurogames.org](http://www.aaurogames.org). **To make reservations, you must call Anthony Travel toll-free at 800-736-6377 or reserve your rooms on-line at [www.aaurogames.org](http://www.aaurogames.org).** You will need to have the following information ready when making reservations:

1. The sport you will be competing in
2. The number of people in your party
3. The number of rooms you need
4. Your arrival and departure dates
5. Your credit card number

Important: Hotels may require a deposit. Please check with Anthony Travel regarding deposit requirements and cancellation policies. AAU is not responsible for any refunds from cancellations.

**PARKING:**

The majority of venues for the 2006 AAU Junior Olympic Games will offer complimentary parking. However, some locations may have parking fees including Chrysler Hall, Norfolk State University and the Hampton Roads Convention Center.

Also, please note that some hotels will charge for parking at their location. These prices vary. Please contact your hotel directly for more information on parking fees.

**TRANSPORTATION:**

All athletes, coaches, and fans are responsible for their own transportation to and from all activities, events, and hotels.

**SECURITY:**

All 2006 AAU Junior Olympic Games facilities maintain the right to search any bags, backpacks, purses, jackets, etc. throughout the duration of the 2006 AAU Junior Olympic Games.

**FOOD:**

All 2006 AAU Junior Olympic Games facilities maintain exclusive rights to concessions. Outside food and beverage are not permitted throughout the duration of the 2006 AAU Junior Olympic Games.

**ADMISSION FEE:**

Each sport is a part of the 2006 AAU Junior Olympic Games. Admission to all venues and the Celebration of Athletes for credentialed participants is included in your entry fee. Please note that you must check-in and pick up your athlete or coach credential prior to receiving admittance into any venue, including the Celebration of Athletes. All other spectators will be able to enjoy any of the sporting events and ceremonies throughout the 2006 AAU Junior Olympic Games by purchasing an admission ticket that is valid for all the sports involved in the Games. For more information on ticket options, please refer to the Event Handbook or visit [www.aaurogames.org](http://www.aaurogames.org).

**PARTICIPATION:**

The AAU can not and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has sanctioned (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.

**INFORMATION:**

**AAU SWIMMING CHAIR:**

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