



**Poseidon's A/BB/B/C  
Autumn Splash  
November 7-9, 2014  
SANCTION NO. VS-15-10**



<b>SANCTION:</b>	<ul style="list-style-type: none"><li>Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-15-10</b></li><li>USA Swimming, Inc., Virginia Swimming, Inc., Poseidon Swimming and Collegiate Schools Aquatics Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li></ul>
<b>LOCATION:</b>	Collegiate Schools Aquatic Center, 5050 Ridgedale Parkway, Richmond, VA 23234 Phone: 804-447-2487 (Poseidon Office); 804-271-8271 (CSAC front desk)
<b>FACILITY:</b>	<ul style="list-style-type: none"><li>The Collegiate School Aquatic Center provides 2 indoor pools and supporting amenities including hospitality, a swim shop, classroom and wireless internet.</li><li>The 50-meter competition pool with bulkhead offers two 25 yard competition pools with a depth of seven feet and seven inches at the sides and eight feet and two inches in the center. Competition lanes are a minimum of 9 feet wide swum wall to bulkhead.</li><li>Indoor 6 lane 25 yard pool for continuous warm-up, cool-down.</li><li>Non-Turbulent Lane Markers in both pools</li><li>Omega Starting Blocks, CTS6 with automatic and semi-automatic timing, backup Dolphin wireless stopwatches.</li><li>Spectator seating for 700 plus.</li><li>The competition course has not yet been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4). The course with movable bulkheads will be certified prior to competition.</li></ul>
<b>MEET DIRECTOR:</b>	Name: Michelle Stoll Email: <a href="mailto:admin@poseidonswimming.com">admin@poseidonswimming.com</a> Phone: 804-447-2487
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"><li>Open to USA Swimming registered athletes registered before the first day of the meet.</li><li>No on-deck athlete registration will be permitted.</li><li>Age on November 7, 2014 will determine age for the entire meet.</li></ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"><li>Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</li><li>The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li></ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"><li>The 500 free will be offered Friday PM for all age groups. Events 1-8 will be swum fastest to slowest.</li><li>All 13 and older swimmers will swim in the morning session Saturday and Sunday.</li><li>All 12 and younger swimmers will swim in the afternoon session Saturday and Sunday.</li><li>A session will be held Saturday evening for the 1650 free. All 1650 events will swim fastest to slowest.</li><li>All events will be timed finals.</li><li>Dual courses may be run for part or all of this meet to accommodate the number of swimmers and still not create too lengthy a session.</li></ul>
<b>WARM-UP:</b>	<ul style="list-style-type: none"><li>Friday evening session: general warm-ups 4:00 PM, competition start 5:00 PM.</li><li>Morning sessions: Warm-ups at 7:00 AM competition starts at 8:00 AM.</li><li>Afternoon sessions: Warm-ups not before 12:30 PM; competition starts not before 1:30 PM.</li><li>Saturday evening session: General warm-ups not before 4:30 PM, competition not before 5:30 PM.</li></ul>

	<ul style="list-style-type: none"> <li>• Lane assignment and warm-up times for individual clubs will be posted on the Poseidon website no later than Tuesday, November 4, 2014 5:00 PM, and will also be emailed to the contact person of the participating clubs.</li> <li>• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.</li> </ul>
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS THURSDAY, OCTOBER 30, 2014.</b></p> <ul style="list-style-type: none"> <li>• Entries must be submitted in short course times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.</li> <li>• Teams must submit entries via email.</li> <li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.</li> <li>• Coach Time (CT) and “No Time” (NT) entries will be accepted for events in which a swimmer does not have a time of record. CT must be slower than an “A” time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li> <li>• Swimmers may enter 1 event Friday, <b>4 individual events per day Saturday and Sunday.</b></li> <li>• Entries will be processed in the order received and <b>accepted to</b> the greatest extent possible without exceeding the 4-hour/session timeline limit.</li> <li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding.</li> <li>• Email entries to: Marla Shreve, <a href="mailto:entries@poseidonswimming.com">entries@poseidonswimming.com</a></li> <li>• Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.</li> </ul>
<b>FEES:</b>	<p>Individual events: \$5.50 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: Poseidon Swimming</li> <li>• Mail payment to: Poseidon Swimming, 5050 Ridgedale Parkway, Richmond, VA 23234</li> <li>• Payment must be received by November 7, 2014 for entries.</li> <li>• Failure to pay entry fees by this deadline could result in teams being barred from the meet.</li> <li>• <b>IMPORTANT:</b> If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual events: Ribbons will be awarded for first through eighth place.</li> <li>• Awards will be given for the following age groups: 8 &amp; Y, 9-10, 11-12, 13-14, 15 &amp; O.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• All individual events except for the following will be pre-seeded; events 1-8 500 free; events 29-32, 400 IM; events 63 &amp; 64, 400 IM; events 65 &amp; 68, 1650 free.</li> <li>• These events, 1-8, 29-32, 63-68, will require a positive check-in to swim.</li> <li>• Positive check-in will close 45 minutes prior to the start of each session.</li> <li>• Events 1 – 8, 500 free and 65 – 68, 1650 free will be swum fastest to slowest.</li> <li>• <b>SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT.</b></li> </ul>
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li>• <b>Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with USA Swimming before the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the</li> </ul>

	swimmer is unattached, the fine will be levied on the swimmer.
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The current USA Swimming Rules and Regulations will apply.</li> <li>• Any swimmer entered in the meet must be certified by a USAS member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• The overhead start procedure may be used for the all sessions at the discretion of the Referee.</li> <li>• Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>.</li> <li>• Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.</li> <li>• In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> <li>○ Coaches who have valid USA Swimming credentials but who are unable to provide them upon request will be issued temporary credentials by the meet director</li> <li>○ Coaches with expired or non-current credentials will be required to leave the deck area.</li> </ul> </li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: Bob Rustin, <a href="mailto:bob.a.rustin@usa.dupont.com">bob.a.rustin@usa.dupont.com</a></b>  <b>Phone: 804-387-8736</b></p> <ul style="list-style-type: none"> <li>• Officials will be needed for all positions and all sessions for this meet.</li> <li>• Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Georgia Coopersmith, <a href="mailto:Georgia.coopersmith@dars.virginia.gov">Georgia.coopersmith@dars.virginia.gov</a> no later than Sunday November 2, 2014.</li> <li>• Officials briefing will take place 1 hour before the beginning of each session.</li> </ul>
<b>SAFETY:</b>	Virginia Swimming Meet Safety Procedures will be in effect.
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>• Swimmers in events 1-8 must provide one timer. Swimmers in events 65-68 must provide their own timers.</li> <li>• Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.</li> <li>• The number of timers required per club and their lane assignments will be posted on the Poseidon website no later than Tuesday, November 4, 2014 and will also be emailed to the contact person of each of the individual clubs.</li> </ul>
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>• Meet programs will be sold for \$10.</li> <li>• Concessions will be available during the meet featuring products by Martin's, Coca-Cola, and Ukrop's Homestyle Foods. Concessions will open for warm-ups and during competition each day. It will close 1 hour prior to the estimated end time of the meet each day.</li> <li>• Coaches' and officials' hospitality will include a light dinner on Friday and breakfast and lunch Saturday and Sunday. Hospitality will be hosted in the weight room just off the pool deck.</li> <li>• Disco Sports will be the meet vendor for swim gear.</li> <li>• If necessary, overflow parking will be available at the Martin's behind the aquatic center.</li> </ul>
<b>FACILITY RULES:</b>	<ul style="list-style-type: none"> <li>• No glass containers of any kind are permitted in the facility.</li> <li>• Lawn/deck chairs are not permitted in the grandstand.</li> <li>• No spectators/parents will be allowed on deck unless working the meet.</li> <li>• No smoking is allowed on the campus.</li> <li>• Doors are not to be propped open (HVAC) and the front door is the only entry/exit door from the facility.</li> <li>• A full set of rules is attached at the end of this announcement.</li> </ul>
<b>DIRECTIONS:</b>	Go to <a href="http://www.poseidonswimming.com">www.poseidonswimming.com</a> for directions.
<b>HOTELS:</b>	Go to <a href="http://www.poseidonswimming.com">www.poseidonswimming.com</a> , click Meets/Events, then Visitor Hotel Info.

**2014 Autumn Splash, November 7-9, 2014  
ORDER OF EVENTS**

**Friday, November 7, 2014**

**PM Distance Session**

**Warm-up: 4:00 PM; Start 5:00 PM**

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	10 & Y 500 free **+	2
3	11-12 500 free **+	4
5	13-14 500 free **+	6
7	15 & older 500 free ** +	8

**Saturday, November 8, 2014**

**Saturday Morning Session  
Warm-up: 7:00 AM; Start: 8:00 AM**

**Saturday Afternoon Session  
Warm-up: 12:30 PM; Start: 1:30 PM  
(Times are approximate)**

<u>Girls</u>	<u>Events</u>	<u>Boys</u>	<u>Girls</u>	<u>Events</u>	<u>Boys</u>
9	13-14 200 fly	10	33	10& Y 200 free	34
11	15 & O 200 fly	12	35	11-12 200 free	36
13	13-14 50 free	14	37	10 & Y 100 IM	38
15	15 & O 50 free	16	39	11-12 100 IM	40
17	13-14 100 breast	18	41	8 & Y 25 free	42
19	15 & O 100 breast	20	43	10 & Y 50 free	44
21	13-14 200 back	22	45	11-12 50 free	46
23	15 & O 200 back	24	47	10 & Y 100 back	48
25	13-14 100 free	26	49	11-12 100 back	50
27	15 & O 100 free	28	51	8 & Y 25 breast	52
29	13 -14 400 IM **	30	53	10 & Y 50 breast	54
31	15 & O 400 IM **	32	55	11-12 50 breast	56
			57	11-12 200 breast	58
	**requires positive check -in		59	10 & Y 100 fly	60
			61	11-12 100 fly	62
			63	11-12 400 IM **	64

**Saturday Evening Session  
General Warm-up: 4:30 PM; Start 5:30 PM  
Times are approximate**

\*\* positive check-in  
+swim fastest to slowest

65	11-14 1650 free** +	66
67	15 & O 1650 free** +	68

## Sunday, November 9, 2014

<b>Sunday Morning Session</b> Warm-up: 7:00 AM; Start: 8:00 AM			<b>Sunday Afternoon Session</b> Warm-up: 12:30 PM; Start: 1:30 PM (Times are approximate)		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>	<u>Girls</u>	<u>Events</u>	<u>Boys</u>
69	13-14 200 free	70	89	10 & Y 200 IM	90
71	15 & O 200 free	71	91	11-12 200 IM	92
72	13-14 200 breast	73	93	10 & Y 100 free	94
75	15 & O 200 breast	75	95	11-12 100 free	96
77	13-14 100 back	77	97	10 & Y 100 breast	98
79	15 & O 100 back	80	99	11-12 100 breast	100
81	13-14 100 fly	82	101	8 & Y 25 back	102
83	15 & O 100 fly	84	103	10 & Y 50 back	104
85	13-14 200 IM	86	105	11-12 200 back	106
87	15 & O 200 IM	88	107	11-12 50 back	108
			109	8 & Y 25 fly	110
			111	10 & Y 50 fly	112
			113	11-12 50 fly	114
			115	11-12 200 fly	116