

## Individual Top Times

### Show Long Course Only

| Time                           | P/F/S | Event |      |        |           |                                            |
|--------------------------------|-------|-------|------|--------|-----------|--------------------------------------------|
| <b>Maya Atkins (14) W</b>      |       |       |      |        |           | <b>PSDN-VA</b>                             |
| 29.45 L                        | LCZ   | F     | 50   | Free   | 5/8/2014  | Poseidon Classic 2014                      |
| 1:22.65 L                      | LCZ   | F     | 100  | Breast | 5/30/2014 | River City Open A/BB/B/C                   |
| 2:54.32 L                      | LCZ   | F     | 200  | Breast | 5/30/2014 | River City Open A/BB/B/C                   |
| <b>Caroline Baber (14) W</b>   |       |       |      |        |           | <b>NOVA-VA</b>                             |
| 29.11 L                        | LCZ   | F     | 50   | Free   | 5/16/2014 | 2014 NC NCAC Josh Weaver Meet              |
| 1:02.43 L                      | LCZ   | P     | 100  | Free   | 8/7/2013  | 2013 Eastern Zone Long Course Championship |
| 9:53.95 L                      | LCZ   | F     | 800  | Free   | 6/20/2014 | 2014 Last Chance Meet                      |
| 19:02.44 L                     | LCZ   | F     | 1500 | Free   | 5/30/2014 | 2014 TAC LC Spring Luau                    |
| 1:22.88 L                      | LCZ   | P     | 100  | Breast | 6/26/2014 | 2014 BSS TYR Summer Classic                |
| 2:33.95 L                      | LCZ   | P     | 200  | IM     | 8/7/2013  | 2013 Eastern Zone Long Course Championship |
| 5:26.56 L                      | LCZ   | P     | 400  | IM     | 8/7/2013  | 2013 Eastern Zone Long Course Championship |
| <b>Sonora Baker (14) W</b>     |       |       |      |        |           | <b>BAC-VA</b>                              |
| 28.63 L                        | LCZ   | F     | 50   | Free   | 5/8/2014  | Poseidon Classic 2014                      |
| 1:03.08 L                      | LCZ   | P     | 100  | Free   | 8/7/2013  | 2013 Eastern Zone Long Course Championship |
| 1:07.90 L                      | LCZ   | F     | 100  | Back   | 5/8/2014  | Poseidon Classic 2014                      |
| 2:30.65 L                      | LCZ   | P     | 200  | Back   | 8/7/2013  | 2013 Eastern Zone Long Course Championship |
| 1:08.84 L                      | LCZ   | F     | 100  | Fly    | 5/8/2014  | Poseidon Classic 2014                      |
| 2:33.51 L                      | LCZ   | F     | 200  | Fly    | 5/30/2014 | River City Open A/BB/B/C                   |
| <b>Carter Bristow (14) W</b>   |       |       |      |        |           | <b>NOVA-VA</b>                             |
| 29.27 L                        | LCZ   | P     | 50   | Free   | 6/26/2014 | 2014 BSS TYR Summer Classic                |
| 2:16.44 L                      | LCZ   | P     | 200  | Free   | 5/16/2014 | 2014 NC NCAC Josh Weaver Meet              |
| 1:22.00 L                      | LCZ   | P     | 100  | Breast | 8/7/2013  | 2013 Eastern Zone Long Course Championship |
| 2:55.92 L                      | LCZ   | P     | 200  | Breast | 8/7/2013  | 2013 Eastern Zone Long Course Championship |
| 1:08.43 L                      | LCZ   | F     | 100  | Fly    | 5/30/2014 | 2014 TAC LC Spring Luau                    |
| 2:34.83 L                      | LCZ   | P     | 200  | IM     | 5/16/2014 | 2014 NC NCAC Josh Weaver Meet              |
| 5:22.43 L                      | LCZ   | F     | 400  | IM     | 5/30/2014 | 2014 TAC LC Spring Luau                    |
| <b>Mary Burt (13) W</b>        |       |       |      |        |           | <b>TIDE-VA</b>                             |
| 1:11.29 L                      | LCZ   | F     | 100  | Back   | 5/2/2014  | Tide Speedo Spring Challenge A/BB/B/C      |
| 2:31.40 L                      | LCZ   | F     | 200  | Back   | 5/30/2014 | 2014 TAC LC Spring Luau                    |
| 1:10.70 L                      | LCZ   | F     | 100  | Fly    | 5/2/2014  | Tide Speedo Spring Challenge A/BB/B/C      |
| 2:33.96 L                      | LCZ   | F     | 200  | IM     | 5/30/2014 | 2014 TAC LC Spring Luau                    |
| <b>Cailin Carroll (14) W</b>   |       |       |      |        |           | <b>QSTS-VA</b>                             |
| 29.17 L                        | LCZ   | F     | 50   | Free   | 5/8/2014  | Poseidon Classic 2014                      |
| 1:02.55 L                      | LCZ   | P     | 100  | Free   | 5/8/2014  | Poseidon Classic 2014                      |
| 1:22.06 L                      | LCZ   | P     | 100  | Breast | 5/8/2014  | Poseidon Classic 2014                      |
| <b>Skyler DeWall (14) W</b>    |       |       |      |        |           | <b>SEVA-VA</b>                             |
| 1:23.33 L                      | LCZ   | F     | 100  | Breast | 5/30/2014 | 2014 TAC LC Spring Luau                    |
| <b>Callie Dickinson (14) W</b> |       |       |      |        |           | <b>TIDE-VA</b>                             |
| 1:07.14 L                      | LCZ   | F     | 100  | Back   | 6/20/2014 | 2014 Last Chance Meet                      |
| 2:21.21 L                      | LCZ   | F     | 200  | Back   | 6/20/2014 | 2014 Last Chance Meet                      |
| 1:18.96 L                      | LCZ   | F     | 100  | Breast | 6/20/2014 | 2014 Last Chance Meet                      |
| 2:51.14 L                      | LCZ   | P     | 200  | Breast | 8/7/2013  | 2013 Eastern Zone Long Course Championship |
| 1:06.54 L                      | LCZ   | F     | 100  | Fly    | 6/20/2014 | 2014 Last Chance Meet                      |
| 2:29.12 L                      | LCZ   | F     | 200  | IM     | 6/20/2014 | 2014 Last Chance Meet                      |
| 5:16.80 L                      | LCZ   | F     | 400  | IM     | 5/2/2014  | Tide Speedo Spring Challenge A/BB/B/C      |
| <b>Grace Edwards (14) W</b>    |       |       |      |        |           | <b>NOVA-VA</b>                             |
| 1:22.08 L                      | LCZ   | F     | 100  | Breast | 6/26/2014 | 2014 BSS TYR Summer Classic                |
| 5:27.95 L                      | LCZ   | F     | 400  | IM     | 6/26/2014 | 2014 BSS TYR Summer Classic                |
| <b>Lindsey Fanz (14) W</b>     |       |       |      |        |           | <b>VSI-VA</b>                              |
| 27.90 L                        | LCZ   | S     | 50   | Free   | 8/7/2013  | 2013 Eastern Zone Long Course Championship |
| 1:01.68 L                      | LCZ   | F     | 100  | Free   | 5/30/2014 | River City Open A/BB/B/C                   |
| 2:12.37 L                      | LCZ   | F     | 200  | Free   | 5/8/2014  | Poseidon Classic 2014                      |
| 4:40.03 L                      | LCZ   | F     | 400  | Free   | 6/20/2014 | 2014 Last Chance Meet                      |
| 1:12.53 L                      | LCZ   | P     | 100  | Back   | 8/7/2013  | 2013 Eastern Zone Long Course Championship |
| <b>Emma Farney (13) W</b>      |       |       |      |        |           | <b>NOVA-VA</b>                             |
| 2:35.26 L                      | LCZ   | F     | 200  | Back   | 6/26/2014 | 2014 BSS TYR Summer Classic                |
| <b>Sara Gaston (13) W</b>      |       |       |      |        |           | <b>VSI-VA</b>                              |
| 28.90 L                        | LCZ   | F     | 50   | Free   | 8/7/2013  | 2013 Eastern Zone Long Course Championship |

## Individual Top Times

### Show Long Course Only

| Time                     | P/F/S | Event |      |        |           |                                            |         |  |
|--------------------------|-------|-------|------|--------|-----------|--------------------------------------------|---------|--|
| Sara Gaston (13) W       |       |       |      |        |           |                                            | VSI-VA  |  |
| 1:01.46 L                | LCZ   | F     | 100  | Free   | 8/7/2013  | 2013 Eastern Zone Long Course Championship |         |  |
| 2:13.18 L                | LCZ   | F     | 200  | Free   | 5/8/2014  | Poseidon Classic 2014                      |         |  |
| 4:45.66 L                | LCZ   | F     | 400  | Free   | 5/8/2014  | Poseidon Classic 2014                      |         |  |
| 1:08.68 L                | LCZ   | F     | 100  | Back   | 5/8/2014  | Poseidon Classic 2014                      |         |  |
| 2:34.90 L                | LCZ   | F     | 200  | Back   | 5/8/2014  | Poseidon Classic 2014                      |         |  |
| Maura Graff (13) W       |       |       |      |        |           |                                            | NOVA-VA |  |
| 28.95 L                  | LCZ   | F     | 50   | Free   | 6/26/2014 | 2014 BSS TYR Summer Classic                |         |  |
| 1:21.72 L                | LCZ   | F     | 100  | Breast | 6/26/2014 | 2014 BSS TYR Summer Classic                |         |  |
| 1:09.92 L                | LCZ   | F     | 100  | Fly    | 6/26/2014 | 2014 BSS TYR Summer Classic                |         |  |
| Madeleine Hadd (14) W    |       |       |      |        |           |                                            | NOVA-VA |  |
| 1:02.47 L                | LCZ   | P     | 100  | Free   | 6/13/2014 | 2014 SE TNAQ June Invitational             |         |  |
| 2:12.84 L                | LCZ   | F     | 200  | Free   | 6/13/2014 | 2014 SE TNAQ June Invitational             |         |  |
| 4:39.61 L                | LCZ   | F     | 400  | Free   | 5/16/2014 | 2014 NC NCAC Josh Weaver Meet              |         |  |
| 1:10.12 L                | LCZ   | P     | 100  | Fly    | 6/13/2014 | 2014 SE TNAQ June Invitational             |         |  |
| Whittney Hamilton (13) W |       |       |      |        |           |                                            | GATR-VA |  |
| 1:09.85 L                | LCZ   | S     | 100  | Fly    | 6/13/2014 | 2014 SE TNAQ June Invitational             |         |  |
| Kayla Hobson (13) W      |       |       |      |        |           |                                            | PSDN-VA |  |
| 1:10.78 L                | LCZ   | F     | 100  | Fly    | 6/20/2014 | 2014 Last Chance Meet                      |         |  |
| Katharine Hofmann (14) W |       |       |      |        |           |                                            | BASS-VA |  |
| 1:12.84 L                | LCZ   | F     | 100  | Back   | 5/30/2014 | 2014 TAC LC Spring Luau                    |         |  |
| 2:34.20 L                | LCZ   | F     | 200  | Back   | 5/30/2014 | 2014 TAC LC Spring Luau                    |         |  |
| 1:08.60 L                | LCZ   | F     | 100  | Fly    | 5/30/2014 | 2014 TAC LC Spring Luau                    |         |  |
| Ashley Huang (14) W      |       |       |      |        |           |                                            | CYAC-VA |  |
| 1:11.81 L                | LCZ   | F     | 100  | Back   | 5/3/2014  | 2014 Jeff Rouse Open Invitational          |         |  |
| 1:08.80 L                | LCZ   | F     | 100  | Fly    | 5/3/2014  | 2014 Jeff Rouse Open Invitational          |         |  |
| 2:34.82 L                | LCZ   | F     | 200  | Fly    | 6/27/2014 | Subway Commonwealth Games of Virginia      |         |  |
| Kristin Johnson (14) W   |       |       |      |        |           |                                            | ODAC-VA |  |
| 1:12.14 L                | LCZ   | F     | 100  | Back   | 6/26/2014 | 2014 BSS TYR Summer Classic                |         |  |
| Danika Katzer (14) W     |       |       |      |        |           |                                            | SEVA-VA |  |
| 28.97 L                  | LCZ   | F     | 50   | Free   | 5/8/2014  | Poseidon Classic 2014                      |         |  |
| 1:01.44 L                | LCZ   | F     | 100  | Free   | 6/20/2014 | CGBD Summer Madness LC Invitational        |         |  |
| 2:11.41 L                | LCZ   | F     | 200  | Free   | 6/20/2014 | CGBD Summer Madness LC Invitational        |         |  |
| 4:41.35 L                | LCZ   | F     | 400  | Free   | 5/8/2014  | Poseidon Classic 2014                      |         |  |
| 9:40.60 L                | LCZ   | F     | 800  | Free   | 6/20/2014 | CGBD Summer Madness LC Invitational        |         |  |
| 18:42.62 L               | LCZ   | F     | 1500 | Free   | 5/8/2014  | Poseidon Classic 2014                      |         |  |
| 1:12.64 L                | LCZ   | F     | 100  | Back   | 6/20/2014 | CGBD Summer Madness LC Invitational        |         |  |
| 2:34.79 L                | LCZ   | F     | 200  | Back   | 5/8/2014  | Poseidon Classic 2014                      |         |  |
| 1:19.89 L                | LCZ   | F     | 100  | Breast | 5/30/2014 | 2014 TAC LC Spring Luau                    |         |  |
| 2:50.07 L                | LCZ   | F     | 200  | Breast | 5/8/2014  | Poseidon Classic 2014                      |         |  |
| 1:07.28 L                | LCZ   | F     | 100  | Fly    | 6/20/2014 | CGBD Summer Madness LC Invitational        |         |  |
| 2:28.98 L                | LCZ   | F     | 200  | Fly    | 6/20/2014 | CGBD Summer Madness LC Invitational        |         |  |
| 2:28.58 L                | LCZ   | F     | 200  | IM     | 5/30/2014 | 2014 TAC LC Spring Luau                    |         |  |
| 5:13.40 L                | LCZ   | F     | 400  | IM     | 5/30/2014 | 2014 TAC LC Spring Luau                    |         |  |
| Bronwyn Keating (14) W   |       |       |      |        |           |                                            | VYAC-VA |  |
| 29.28 L                  | LCZ   | S     | 50   | Free   | 6/20/2014 | CGBD Summer Madness LC Invitational        |         |  |
| 1:12.23 L                | LCZ   | F     | 100  | Back   | 3/29/2014 | 2014 SEVA LC Head Start Meet               |         |  |
| Elizabeth Kramer (14) W  |       |       |      |        |           |                                            | BAC-VA  |  |
| 28.92 L                  | LCZ   | F     | 50   | Free   | 6/20/2014 | 2014 Last Chance Meet                      |         |  |
| 1:01.96 L                | LCZ   | F     | 100  | Free   | 6/20/2014 | 2014 Last Chance Meet                      |         |  |
| 2:15.32 L                | LCZ   | F     | 200  | Free   | 6/20/2014 | 2014 Last Chance Meet                      |         |  |
| 4:46.61 L                | LCZ   | F     | 400  | Free   | 6/20/2014 | 2014 Last Chance Meet                      |         |  |
| 1:12.60 L                | LCZ   | F     | 100  | Back   | 5/8/2014  | Poseidon Classic 2014                      |         |  |
| 2:33.87 L                | LCZ   | F     | 200  | Back   | 5/8/2014  | Poseidon Classic 2014                      |         |  |
| Caroline Kulp (13) W     |       |       |      |        |           |                                            | GATR-VA |  |
| 2:14.79 L                | LCZ   | F     | 200  | Free   | 5/8/2014  | Poseidon Classic 2014                      |         |  |
| 4:40.14 L                | LCZ   | F     | 400  | Free   | 5/8/2014  | Poseidon Classic 2014                      |         |  |
| 1:20.72 L                | LCZ   | P     | 100  | Breast | 5/8/2014  | Poseidon Classic 2014                      |         |  |
| 1:09.57 L                | LCZ   | P     | 100  | Fly    | 5/8/2014  | Poseidon Classic 2014                      |         |  |

## Show Long Course Only

| Time                      |   | P/F/S |   | Event |        |           |                                         |         |
|---------------------------|---|-------|---|-------|--------|-----------|-----------------------------------------|---------|
| Caroline Kulp (13) W      |   |       |   |       |        |           |                                         | GATR-VA |
| 2:32.13                   | L | LCZ   | F | 200   | IM     | 5/8/2014  | Poseidon Classic 2014                   |         |
| 5:22.14                   | L | LCZ   | F | 400   | IM     | 5/8/2014  | Poseidon Classic 2014                   |         |
| Abigail Larson (14) W     |   |       |   |       |        |           |                                         | CGBD-VA |
| 28.50                     | L | LCZ   | F | 50    | Free   | 5/2/2014  | Tide Speedo Spring Challenge A/BB/B/C   |         |
| Tara LaRusso (14) W       |   |       |   |       |        |           |                                         | TIDE-VA |
| 28.99                     | L | LCZ   | F | 50    | Free   | 5/30/2014 | 2014 TAC LC Spring Luau                 |         |
| 1:03.16                   | L | LCZ   | F | 100   | Free   | 5/30/2014 | 2014 TAC LC Spring Luau                 |         |
| 1:08.77                   | L | LCZ   | F | 100   | Back   | 5/2/2014  | Tide Speedo Spring Challenge A/BB/B/C   |         |
| 2:29.87                   | L | LCZ   | F | 200   | Back   | 5/30/2014 | 2014 TAC LC Spring Luau                 |         |
| 1:10.04                   | L | LCZ   | F | 100   | Fly    | 5/2/2014  | Tide Speedo Spring Challenge A/BB/B/C   |         |
| 2:34.08                   | L | LCZ   | F | 200   | IM     | 5/30/2014 | 2014 TAC LC Spring Luau                 |         |
| Mackenzie Lawson (14) W   |   |       |   |       |        |           |                                         | CYAC-VA |
| 1:23.51                   | L | LCZ   | F | 100   | Breast | 6/27/2014 | Subway Commonwealth Games of Virginia   |         |
| Sarah Loomis (14) W       |   |       |   |       |        |           |                                         | SMAC-VA |
| 18:52.88                  | L | LCZ   | F | 1500  | Free   | 6/27/2014 | Subway Commonwealth Games of Virginia   |         |
| Jordan MacIsaac (13) W    |   |       |   |       |        |           |                                         | STAT-VA |
| 1:23.06                   | L | LCZ   | P | 100   | Breast | 5/23/2014 | 2014 PV Virginia LC State Championships |         |
| Sarah Malloy (14) W       |   |       |   |       |        |           |                                         | NOVA-VA |
| 29.07                     | L | LCZ   | F | 50    | Free   | 6/26/2014 | 2014 BSS TYR Summer Classic             |         |
| 1:03.26                   | L | LCZ   | P | 100   | Free   | 6/26/2014 | 2014 BSS TYR Summer Classic             |         |
| 1:10.86                   | L | LCZ   | F | 100   | Fly    | 5/8/2014  | Poseidon Classic 2014                   |         |
| Chelsea Marsteller (14) W |   |       |   |       |        |           |                                         | CGBD-VA |
| 28.42                     | L | LCZ   | F | 50    | Free   | 6/20/2014 | CGBD Summer Madness LC Invitational     |         |
| 1:12.68                   | L | LCZ   | F | 100   | Back   | 6/20/2014 | CGBD Summer Madness LC Invitational     |         |
| 2:32.55                   | L | LCZ   | F | 200   | Back   | 5/30/2014 | River City Open A/BB/B/C                |         |
| 1:20.47                   | L | LCZ   | F | 100   | Breast | 5/16/2014 | 2014 NC NCAC Josh Weaver Meet           |         |
| 1:09.49                   | L | LCZ   | F | 100   | Fly    | 6/20/2014 | CGBD Summer Madness LC Invitational     |         |
| 2:32.73                   | L | LCZ   | F | 200   | IM     | 6/20/2014 | CGBD Summer Madness LC Invitational     |         |
| Riley McDonald (14) W     |   |       |   |       |        |           |                                         | STAT-VA |
| 29.29                     | L | LCZ   | P | 50    | Free   | 6/20/2014 | CGBD Summer Madness LC Invitational     |         |
| Lauren Meeker (14) W      |   |       |   |       |        |           |                                         | NOVA-VA |
| 2:15.15                   | L | LCZ   | F | 200   | Free   | 5/8/2014  | Poseidon Classic 2014                   |         |
| 4:41.76                   | L | LCZ   | F | 400   | Free   | 5/8/2014  | Poseidon Classic 2014                   |         |
| 1:11.11                   | L | LCZ   | F | 100   | Back   | 5/8/2014  | Poseidon Classic 2014                   |         |
| 2:30.94                   | L | LCZ   | F | 200   | Back   | 6/26/2014 | 2014 BSS TYR Summer Classic             |         |
| 1:08.64                   | L | LCZ   | P | 100   | Fly    | 6/26/2014 | 2014 BSS TYR Summer Classic             |         |
| 2:28.74                   | L | LCZ   | F | 200   | Fly    | 6/26/2014 | 2014 BSS TYR Summer Classic             |         |
| 2:34.92                   | L | LCZ   | P | 200   | IM     | 5/8/2014  | Poseidon Classic 2014                   |         |
| 5:19.01                   | L | LCZ   | F | 400   | IM     | 5/8/2014  | Poseidon Classic 2014                   |         |
| Ashley Meyer (14) W       |   |       |   |       |        |           |                                         | NOVA-VA |
| 2:54.51                   | L | LCZ   | P | 200   | Breast | 6/26/2014 | 2014 BSS TYR Summer Classic             |         |
| Sabrina Mikeal (14) W     |   |       |   |       |        |           |                                         | STAT-VA |
| 28.84                     | L | LCZ   | F | 50    | Free   | 5/23/2014 | 2014 PV Virginia LC State Championships |         |
| 1:02.66                   | L | LCZ   | F | 100   | Free   | 6/20/2014 | CGBD Summer Madness LC Invitational     |         |
| 2:15.94                   | L | LCZ   | F | 200   | Free   | 6/20/2014 | CGBD Summer Madness LC Invitational     |         |
| 1:12.07                   | L | LCZ   | F | 100   | Back   | 5/17/2014 | Williamsburg Aquatic Club Spring Splash |         |
| 2:35.06                   | L | LCZ   | F | 200   | Back   | 6/20/2014 | CGBD Summer Madness LC Invitational     |         |
| 1:06.82                   | L | LCZ   | F | 100   | Fly    | 6/20/2014 | CGBD Summer Madness LC Invitational     |         |
| Morgan Miller (14) W      |   |       |   |       |        |           |                                         | SEVA-VA |
| 19:08.93                  | L | LCZ   | F | 1500  | Free   | 5/8/2014  | Poseidon Classic 2014                   |         |
| 1:12.95                   | L | LCZ   | F | 100   | Back   | 4/25/2014 | 2014 MD NAAC Carol Chidester Memo       |         |
| 2:34.37                   | L | LCZ   | F | 200   | Back   | 6/20/2014 | CGBD Summer Madness LC Invitational     |         |
| 1:09.75                   | L | LCZ   | F | 100   | Fly    | 6/20/2014 | CGBD Summer Madness LC Invitational     |         |
| 2:36.27                   | L | LCZ   | F | 200   | Fly    | 5/30/2014 | 2014 TAC LC Spring Luau                 |         |
| Zoe Moore (14) W          |   |       |   |       |        |           |                                         | PSDN-VA |
| 2:56.16                   | L | LCZ   | P | 200   | Breast | 5/8/2014  | Poseidon Classic 2014                   |         |
| Maddie Morello (14) W     |   |       |   |       |        |           |                                         | CGBD-VA |

## Individual Top Times

### Show Long Course Only

| Time                            | P/F/S | Event      |                |                                            |  |  |
|---------------------------------|-------|------------|----------------|--------------------------------------------|--|--|
| <b>Maddie Morello (14) W</b>    |       |            | <b>CGBD-VA</b> |                                            |  |  |
| 27.64 L                         | LCZ F | 50 Free    | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| 1:02.17 L                       | LCZ F | 100 Free   | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| 2:14.32 L                       | LCZ F | 200 Free   | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| 1:11.56 L                       | LCZ F | 100 Back   | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| 2:33.47 L                       | LCZ F | 200 Back   | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| 1:23.51 L                       | LCZ F | 100 Breast | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| 2:32.06 L                       | LCZ F | 200 IM     | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| <b>Emma Muzzy (13) W</b>        |       |            | <b>GATR-VA</b> |                                            |  |  |
| 29.37 L                         | LCZ F | 50 Free    | 6/13/2014      | 2014 SE TNAQ June Invitational             |  |  |
| 2:15.92 L                       | LCZ P | 200 Free   | 6/13/2014      | 2014 SE TNAQ June Invitational             |  |  |
| 1:11.44 L                       | LCZ F | 100 Back   | 6/13/2014      | 2014 SE TNAQ June Invitational             |  |  |
| 2:30.32 L                       | LCZ F | 200 Back   | 6/13/2014      | 2014 SE TNAQ June Invitational             |  |  |
| 2:54.92 L                       | LCZ F | 200 Breast | 6/13/2014      | 2014 SE TNAQ June Invitational             |  |  |
| 5:15.58 L                       | LCZ P | 400 IM     | 6/13/2014      | 2014 SE TNAQ June Invitational             |  |  |
| <b>Lauryn Nilson (14) W</b>     |       |            | <b>NOVA-VA</b> |                                            |  |  |
| 1:12.29 L                       | LCZ F | 100 Back   | 6/26/2014      | 2014 BSS TYR Summer Classic                |  |  |
| 1:10.42 L                       | LCZ P | 100 Fly    | 6/26/2014      | 2014 BSS TYR Summer Classic                |  |  |
| 2:30.57 L                       | LCZ P | 200 Fly    | 6/26/2014      | 2014 BSS TYR Summer Classic                |  |  |
| <b>Gabriella Oliveri (14) W</b> |       |            | <b>PSDN-VA</b> |                                            |  |  |
| 28.79 L                         | LCZ F | 50 Free    | 6/20/2014      | 2014 Last Chance Meet                      |  |  |
| <b>Meaghan Payne (14) W</b>     |       |            | <b>QSTS-VA</b> |                                            |  |  |
| 28.77 L                         | LCZ F | 50 Free    | 5/8/2014       | Poseidon Classic 2014                      |  |  |
| <b>Ashley Pearson (14) W</b>    |       |            | <b>RAYS-VA</b> |                                            |  |  |
| 29.03 L                         | LCZ F | 50 Free    | 5/3/2014       | 2014 PV SNOW LC Spring Classic             |  |  |
| 1:02.30 L                       | LCZ F | 100 Free   | 5/30/2014      | River City Open A/BB/B/C                   |  |  |
| <b>Anna Pope (14) W</b>         |       |            | <b>PSDN-VA</b> |                                            |  |  |
| 28.99 L                         | LCZ F | 50 Free    | 6/20/2014      | 2014 Last Chance Meet                      |  |  |
| <b>Peyton Proffitt (13) W</b>   |       |            | <b>NOVA-VA</b> |                                            |  |  |
| 1:23.25 L                       | LCZ P | 100 Breast | 6/26/2014      | 2014 BSS TYR Summer Classic                |  |  |
| <b>Erin Quinn (13) W</b>        |       |            | <b>QDD-VA</b>  |                                            |  |  |
| 29.28 L                         | LCZ F | 50 Free    | 6/20/2014      | 2014 Winchester LC Invitational A/BB/B/C   |  |  |
| 1:03.63 L                       | LCZ P | 100 Free   | 8/7/2013       | 2013 Eastern Zone Long Course Championship |  |  |
| 9:52.21 L                       | LCZ F | 800 Free   | 6/20/2014      | 2014 Winchester LC Invitational A/BB/B/C   |  |  |
| <b>Shelby Raber (13) W</b>      |       |            | <b>HOKI-VA</b> |                                            |  |  |
| 2:34.08 L                       | LCZ F | 200 Back   | 5/3/2014       | 2014 HOKI CCA LY YRVS MAY Quad Meet        |  |  |
| <b>Carter Roehrle (14) W</b>    |       |            | <b>WAC-VA</b>  |                                            |  |  |
| 19:11.24 L                      | LCZ F | 1500 Free  | 5/17/2014      | Williamsburg Aquatic Club Spring Splash    |  |  |
| <b>Rebecca Rogers (14) W</b>    |       |            | <b>NOVA-VA</b> |                                            |  |  |
| 19:02.26 L                      | LCZ F | 1500 Free  | 5/30/2014      | 2014 TAC LC Spring Luau                    |  |  |
| 1:09.36 L                       | LCZ P | 100 Fly    | 6/26/2014      | 2014 BSS TYR Summer Classic                |  |  |
| 2:31.36 L                       | LCZ P | 200 Fly    | 6/26/2014      | 2014 BSS TYR Summer Classic                |  |  |
| 5:26.38 L                       | LCZ F | 400 IM     | 5/16/2014      | 2014 NC NCAC Josh Weaver Meet              |  |  |
| <b>Charlotte Rumsey (14) W</b>  |       |            | <b>SMAC-VA</b> |                                            |  |  |
| 1:03.22 L                       | LCZ P | 100 Free   | 6/13/2014      | 2014 SE TNAQ June Invitational             |  |  |
| 2:14.78 L                       | LCZ P | 200 Free   | 6/13/2014      | 2014 SE TNAQ June Invitational             |  |  |
| 4:46.71 L                       | LCZ F | 400 Free   | 6/13/2014      | 2014 SE TNAQ June Invitational             |  |  |
| 9:53.55 L                       | LCZ F | 800 Free   | 6/13/2014      | 2014 SE TNAQ June Invitational             |  |  |
| 1:09.96 L                       | LCZ P | 100 Fly    | 8/7/2013       | 2013 Eastern Zone Long Course Championship |  |  |
| 2:34.87 L                       | LCZ P | 200 IM     | 8/7/2013       | 2013 Eastern Zone Long Course Championship |  |  |
| 5:22.12 L                       | LCZ F | 400 IM     | 6/27/2014      | Subway Commonwealth Games of Virginia      |  |  |
| <b>Annelise Sanchez (14) W</b>  |       |            | <b>NOVA-VA</b> |                                            |  |  |
| 1:02.42 L                       | LCZ F | 100 Free   | 6/27/2014      | Subway Commonwealth Games of Virginia      |  |  |
| 2:15.37 L                       | LCZ F | 200 Free   | 6/27/2014      | Subway Commonwealth Games of Virginia      |  |  |
| 4:44.01 L                       | LCZ F | 400 Free   | 6/27/2014      | Subway Commonwealth Games of Virginia      |  |  |
| <b>Alexandra Slayton (14) W</b> |       |            | <b>CGBD-VA</b> |                                            |  |  |
| 27.96 L                         | LCZ F | 50 Free    | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| 1:01.61 L                       | LCZ F | 100 Free   | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |

## Individual Top Times

### Show Long Course Only

| Time                             | P/F/S | Event      |                |                                            |  |  |
|----------------------------------|-------|------------|----------------|--------------------------------------------|--|--|
| <b>Alexandra Slayton (14) W</b>  |       |            | <b>CGBD-VA</b> |                                            |  |  |
| 2:13.24 L                        | LCZ F | 200 Free   | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| 4:44.93 L                        | LCZ F | 400 Free   | 5/30/2014      | River City Open A/BB/B/C                   |  |  |
| 1:10.71 L                        | LCZ F | 100 Back   | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| 2:33.18 L                        | LCZ F | 200 Back   | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| 1:08.19 L                        | LCZ P | 100 Fly    | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| 2:32.76 L                        | LCZ P | 200 IM     | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| <b>Apryl Stahl (13) W</b>        |       |            | <b>VSI-VA</b>  |                                            |  |  |
| 4:44.47 L                        | LCZ P | 400 Free   | 8/7/2013       | 2013 Eastern Zone Long Course Championship |  |  |
| 9:53.96 L                        | LCZ F | 800 Free   | 6/6/2014       | SNOW Long Course Invitational              |  |  |
| 2:56.33 L                        | LCZ P | 200 Breast | 8/7/2013       | 2013 Eastern Zone Long Course Championship |  |  |
| 1:08.97 L                        | LCZ F | 100 Fly    | 8/7/2013       | 2013 Eastern Zone Long Course Championship |  |  |
| 2:28.93 L                        | LCZ P | 200 Fly    | 8/7/2013       | 2013 Eastern Zone Long Course Championship |  |  |
| 2:32.89 L                        | LCZ P | 200 IM     | 8/7/2013       | 2013 Eastern Zone Long Course Championship |  |  |
| 5:17.63 L                        | LCZ F | 400 IM     | 6/6/2014       | SNOW Long Course Invitational              |  |  |
| <b>Shelby Stanley (13) W</b>     |       |            | <b>CCA-VA</b>  |                                            |  |  |
| 1:09.69 L                        | LCZ F | 100 Fly    | 5/3/2014       | 2014 HOKI CCA LY YRVS MAY Quad Meet        |  |  |
| <b>Taylor Summerlin (14) W</b>   |       |            | <b>GATR-VA</b> |                                            |  |  |
| 2:55.07 L                        | LCZ F | 200 Breast | 6/13/2014      | 2014 SE TNAQ June Invitational             |  |  |
| 5:25.31 L                        | LCZ P | 400 IM     | 6/13/2014      | 2014 SE TNAQ June Invitational             |  |  |
| <b>Sophie Svoboda (14) W</b>     |       |            | <b>PSDN-VA</b> |                                            |  |  |
| 29.04 L                          | LCZ F | 50 Free    | 5/8/2014       | Poseidon Classic 2014                      |  |  |
| 1:03.31 L                        | LCZ F | 100 Free   | 6/20/2014      | 2014 Last Chance Meet                      |  |  |
| 2:55.62 L                        | LCZ P | 200 Breast | 5/8/2014       | Poseidon Classic 2014                      |  |  |
| 1:06.50 L                        | LCZ F | 100 Fly    | 6/20/2014      | 2014 Last Chance Meet                      |  |  |
| <b>Jenna Thompson (13) W</b>     |       |            | <b>VSI-VA</b>  |                                            |  |  |
| 28.60 L                          | LCZ F | 50 Free    | 8/7/2013       | 2013 Eastern Zone Long Course Championship |  |  |
| 18:59.89 L                       | LCZ F | 1500 Free  | 5/8/2014       | Poseidon Classic 2014                      |  |  |
| <b>Jacqueline Tinneny (13) W</b> |       |            | <b>SEVA-VA</b> |                                            |  |  |
| 1:02.94 L                        | LCZ F | 100 Free   | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| 2:14.77 L                        | LCZ F | 200 Free   | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| 4:43.42 L                        | LCZ F | 400 Free   | 5/30/2014      | 2014 TAC LC Spring Luau                    |  |  |
| 9:45.17 L                        | LCZ F | 800 Free   | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| 19:01.51 L                       | LCZ F | 1500 Free  | 5/8/2014       | Poseidon Classic 2014                      |  |  |
| 1:18.18 L                        | LCZ F | 100 Breast | 5/30/2014      | 2014 TAC LC Spring Luau                    |  |  |
| 2:50.04 L                        | LCZ F | 200 Breast | 5/8/2014       | Poseidon Classic 2014                      |  |  |
| 1:09.13 L                        | LCZ F | 100 Fly    | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| 2:36.97 L                        | LCZ F | 200 Fly    | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| 2:30.66 L                        | LCZ F | 200 IM     | 5/30/2014      | 2014 TAC LC Spring Luau                    |  |  |
| 5:20.14 L                        | LCZ P | 400 IM     | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |
| <b>Maria Vinson (14) W</b>       |       |            | <b>NOVA-VA</b> |                                            |  |  |
| 2:34.82 L                        | LCZ F | 200 IM     | 6/20/2014      | 2014 Last Chance Meet                      |  |  |
| 5:27.89 L                        | LCZ F | 400 IM     | 6/20/2014      | 2014 Last Chance Meet                      |  |  |
| <b>Maren Weathersby (14) W</b>   |       |            | <b>CYAC-VA</b> |                                            |  |  |
| 1:11.64 L                        | LCZ F | 100 Back   | 6/27/2014      | Subway Commonwealth Games of Virginia      |  |  |
| 1:09.95 L                        | LCZ F | 100 Fly    | 6/27/2014      | Subway Commonwealth Games of Virginia      |  |  |
| <b>Cabell Whitlow (14) W</b>     |       |            | <b>GATR-VA</b> |                                            |  |  |
| 4:46.93 L                        | LCZ F | 400 Free   | 6/13/2014      | 2014 SE TNAQ June Invitational             |  |  |
| 2:32.61 L                        | LCZ P | 200 Fly    | 6/13/2014      | 2014 SE TNAQ June Invitational             |  |  |
| 2:35.55 L                        | LCZ P | 200 IM     | 6/13/2014      | 2014 SE TNAQ June Invitational             |  |  |
| 5:27.83 L                        | LCZ F | 400 IM     | 6/13/2014      | 2014 SE TNAQ June Invitational             |  |  |
| <b>Katrina Yankovich (13) W</b>  |       |            | <b>RPST-VA</b> |                                            |  |  |
| 28.75 L                          | LCZ P | 50 Free    | 6/20/2014      | CGBD Summer Madness LC Invitational        |  |  |